

LAGUNA NIGUEL -- ORANGE COUNTY

Y1342 Rated: 1A 5k/10k Walk

Special Programs: Bridges – Pedestrian Bridge over streambed at Laguna Niguel Regional Park; Point Of Reference – Legend of Laguna Niguel Regional Park 3 mile/ 5K Course; Treasure Hunt – California is the Golden State; Walk in a City Park – Yosemite Park; Walk the USA – A-Z –L; Walk the USA Street by Street -- Yosemite Rd. > Yosemite, KY, Big Bend Dr. > Big Bend, CA, LA, WI; Oregon’s 4J’s – Jewelry – Jewelry By Angelo and Japanese – Sushi Japanese Dining.

Start: Ted’s Place Restaurant, 23900 Aliso Creek, Laguna Niguel, CA 92677.

Directions to Start: Take I-5 La Paz exit (Laguna Niguel Regional Park). Go South several miles, turn right on Aliso Creek. Park near burger restaurant on left side of the street before the stoplight at Dorine.

1. Walk out the back door to the sidewalk in front of Round Table Pizza, turn Left to the end of the stores, then Right to exit the driveway on your left which takes you to La Paz Road.
2. Turn Right just past the hiking sign. Walk the sidewalk curving to your Right, past the first road on your right with a sign to shelter #1 & 2. Take this road to its end which is gated. Walk facing traffic or on the shoulder of the road.
3. Option # A = For dry weather only. This trail will be closed after rain.
B = For wet or dry weather. This trail can be walked in any weather.
A = Walk around the locked gate and turn Left on the sidewalk to the hiking/horse trail sign on your Left. Walk it and at the second trail sign take the Left fork. Follow it along a wooden fence until the fence ends. Then walk straight ahead on the blacktop or on its right shoulder, up the hill ahead to the boathouse.
B = If it is wet out or it has rained, use this walk. Retrace your steps to the end of this road to a stop sign. Turn Right, stay on this main road along the Right side of the lake. Walk on the side of the road facing traffic or on the trail on its shoulder up a hill to the boathouse. **5K skip to #6**
A & # B = At the boathouse you may continue walking the blacktop, sidewalk, bike path or along the edge of the lake to its end. Go past the foot bridge on your Left to the wide road / bike path, under a car bridge, by the YWCA/YMCA, past three bridges on your Left, down the bike path to its end at Crown Valley Parkway.
4. Take the sidewalk Left of the gate going downhill, along a stream, past two bridges on your Left to the end of the sidewalk. Turn Left over the third bridge, then Right to retrace your steps to the lake. After passing the “Y”

you may want to use the sand trail on your Right that parallels the bike trail you walked on before.

5. Walk the bike trail that goes under the car bridge to a hiking sign at a fork in the trail. Wheelchairs, strollers, or if the trails are wet, may take the Left trail and retrace to the start/finish on the Left side of the lake. Others, go Right at the fork on a sandy trail, over a footbridge, on the Right side of the lake.
6. Just before the dam, take the tunnel at your Right to the street sidewalk on Yosemite Road and to Big Bend Drive. Cross it, turn Left one street, then right on Caswell Court.

In case of EMERGENCY dial 911

Event related assistance:
Neil Cohen 818-789-3929

7. Turn Left into the park, keeping the park on your right. Take all paths around the park until you meet some steps leading up to Yosemite Road. Go Right on Yosemite and through the tunnel, then turn Right on the path again along the side of the lake.
8. Continue on around the lake using the sidewalk and keeping to the Right of the parking area. Take a Right on the road, past the entrance to the continuation of this sidewalk. Go Right past the grass triangle. Retrace your trail back to your car.

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Laguna Niguel 10km

