



**The First State Webfooters
Welcomes You to
Bethany Beach, Delaware
AVA Sanctioned Year Round Walks**



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Bethany Beach, Delaware is a small, family-oriented resort town. There are two 5K trails for this event, with different start points. The Beach trail takes you on the Bethany Boardwalk and through the charming beach town. The other trail in Ocean View (approx. 2 miles away from Bethany) is primarily on the Assawoman Canal Trail in a more wooded setting. Numerous special programs are available on both trails.

Registration:

Registration takes place online using the AVA Online Start Box (OSB) or Physical Start Box (PSB). Please use either the OSB or PSB to register and complete the event---do not mix the two registration formats. For the Online Start Box register on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (both 5K and 10K are available) and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

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Use the following table to guide what portion of this document you may wish to print out.

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Start/Finish Point Location:

There are 2 different 5K trails for the Bethany Beach event, each with a different start point. One trail is in Bethany Beach and the other is on the Assawoman Trail in Ocean View/Bethany. To complete 10K, you can either walk each 5K trail (driving about 2 miles between the 2 trails) or complete either 5K twice.

Bethany Beach Trail:

- **Start Point:** Bethany Beach Hotel 39642 Jefferson Bridge Rd, Bethany Beach DE
- **Restrooms** are available at the start/point at the Bethany Bridge Hotel
- **Parking** is available at the hotel and nearby commercial businesses
- There are several restaurants in Bethany along the trail
- **Special Programs:** Walking the United States
 - Walking the USA A-Z
 - Par for the Course
 - Walking with America's Veterans
 - Town Halls/City Halls
- **Directions:** From DE-1 Coastal Highway, turn onto Jefferson Bridge Rd to start point

Ocean View/Assawoman Trail:

- **Start Point:** Ocean View Town Hall in John West Park, 32 West Ave Ocean View, DE
- **Restrooms** are available at the start point (in the rear of the Town Hall near the playground)
- **Parking**--Ample free parking is located at the start
- Nearby restaurants (short driving distance) include the Bethany Diner and the Ocean View Brewing Company.
- **Special Programs:** Walking the United States
 - Walking the USA A-Z
 - Par for the Course
 - Walking with America's Veterans
 - Town Halls/City Halls
- **Directions:** From DE-1 Coastal Highway, turn west on Garfield Parkway (Rt 26) in Bethany. Garfield Parkway becomes Atlantic Ave. Left on West Ave to start.



In case of Emergency dial 911.
Event-related questions, contact
Margie MacLeish (302) 222-8269

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Bethany Beach 5K

1. Leave the Bethany Beach Hotel and walk straight to the first street (Jefferson Bridge Road). Right on Jefferson Bridge Rd. Left on Pennsylvania Avenue.

2. As you reach the commercial area of Bethany Beach, turn right on Garfield Parkway to the end of it. Cross the street and turn left on the other side. Walk back and cross Pennsylvania Ave to Route 1 (wooden totem pole on your left). Turn around

and retrace your steps to Pennsylvania Ave.

3. Left on Pennsylvania Ave. Right on 5th Street. Right on Atlantic Avenue.

4. Left on 2nd Street. Proceed to the boardwalk and turn right to walk on the boardwalk with the beach on your left. Follow the boardwalk to the end.

5. Right on Parkwood Street. First left on Atlantic Ave.

6. Right on Cedarwood Lane. Left on Pennsylvania Ave. Right on Jefferson Bridge Road to return to the start point, Bethany Beach Hotel.

Bethany Beach 5K Route



**Assawoman Trail/Bethany Beach-
Ocean View 5K**

1. With the front of the Ocean View town hall (Town Hall Special Program) to your back, proceed to Osprey Lane in front of you. Walk down Osprey Lane to the sidewalk that goes into the woods. Follow this sidewalk to the Assawoman Trail.

2. Turn left on the trail and, with the canal on your right, proceed on the trail until the end. Turn around and walk to the other end of the trail (with canal on your left). Turn around and retrace your steps to the sidewalk where you entered the trail.

3. Walk back out on the sidewalk to Osprey Lane. Left on Osprey Lane and continue on Osprey as it bends to the right (first right) and then to the left.

4. Return to West Avenue. The town hall is now in front of you. Left on West Avenue. Right on Church Ave to the next street (Central Avenue). Note the church on the left. Turn around and proceed back to the town hall. Note Veteran's memorial and playground near the start (Walking with America's Veterans and Par for the Course Special Programs)

Ocean View/Assawoman Canal Trail 5K Route

