

Damascus Regional Park and Town Y1368

Damascus, Maryland

20k, 10k and 5k Walks

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YRE Description

Damascus Recreational Park sits on 284 acres and has multiple outdoor athletic fields and courts for general recreation opportunities. As part of the former Art in the Parks initiative, Wind Harps by sculptor Rodney Carroll was installed in the park in 1992. The towering musical sculpture serves as a landmark for the park and emits calming sounds when the winds blow into the strings.

There are four trails;

- 10k Regional Park trail
- 5k Regional Park trail
- 10k Town trail
- 7k Town trail

The trails can be combined for 20k.

The park trail is both asphalt and boardwalk. As it follows the Magruder Branch Stream Valley, it offers views of the surrounding upland forests and provides wonderful birding opportunities. The boardwalk sections of the trail span the stream and associated wetland areas.

The town trail is on concrete sidewalks through the nearby neighborhood(s).

Registering for the Walk

- Participant Fee: The Seneca Valley Sugarloafers Volksmarch club charges a \$4 per person participation fee for all participants aged 13 and older. This fee helps cover event costs.

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- Ensuring Your IVV Credit: To ensure you receive IVV event and distance credit for your walk, please do NOT check the “No Credit” box during registration if you are 13 years or older. This step is important for tracking your progress in Volkssporting!

Accessing Walk Information (OSB PDF Download)

For your convenience, you can download a comprehensive PDF file containing detailed walk information, maps and instructions for your chosen route.

- There is a small, upfront \$2 download fee for this PDF.
- Reimbursement for the PDF: We'll credit this \$2 download fee back to you when you complete your walk using the OSB “Finish Table” and pay the \$4 participant fee. Think of it as a prepayment that gets returned when you finish!

After You Have Completed the Walk

After completing your walk, please return to the OSB and log your finish at the “Finish Table” within 60 days of the event registration. Be sure to include the walk date, distance, and any AVA Special Programs that apply to this event (see the AVA Special Programs section in this document).

If walking for IVV credit, your event and distance credits will be recorded automatically.

Driving Directions to the Regional Park and Town Trail Start

Address: Damascus Regional Park, 23723 Kings Valley Rd, Damascus, MD 20872

GPS Coordinates: 39.246880, -77.224062

Plus code: 6QWG+QM Damascus, Maryland

Plus codes are based on latitude and longitude. By using a simpler code system, they are intended to be shorter and easier to use than traditional global coordinates.

Directions:

Take Washington National Pike (I-270), Exit 16, Ridge Rd (MD-27N) toward Damascus

Continue 4.4 miles to Kings Valley Rd

Turn Right on Kings Valley Rd. for 0.6 miles

Turn Left into the parking area for the Park.

Please be considerate of other guests and park away from the Picnic Shelters.

Damascus Regional Park Trail

10k, 5k AVA rating 2A

There are restrooms at the start of this trail in Shelter C, when it is open. There are no other restrooms along this trail.

In case of Emergency: Dial 911.

*For event assistance contact **Mike Cannon** at **(301) 540-0466***

From the parking lot, start with Shelter C on right.

1. **Straight** past metal gate and continue on the paved trail (Magruder Branch) until you get to Sweepstakes Rd. (2.5k)

Decision Point: 5k Trail / 10k Trail Split

5k Trail

2. **Turn Around and retrace your steps** to Shelter C parking lot, our start/finish point.

10k Trail

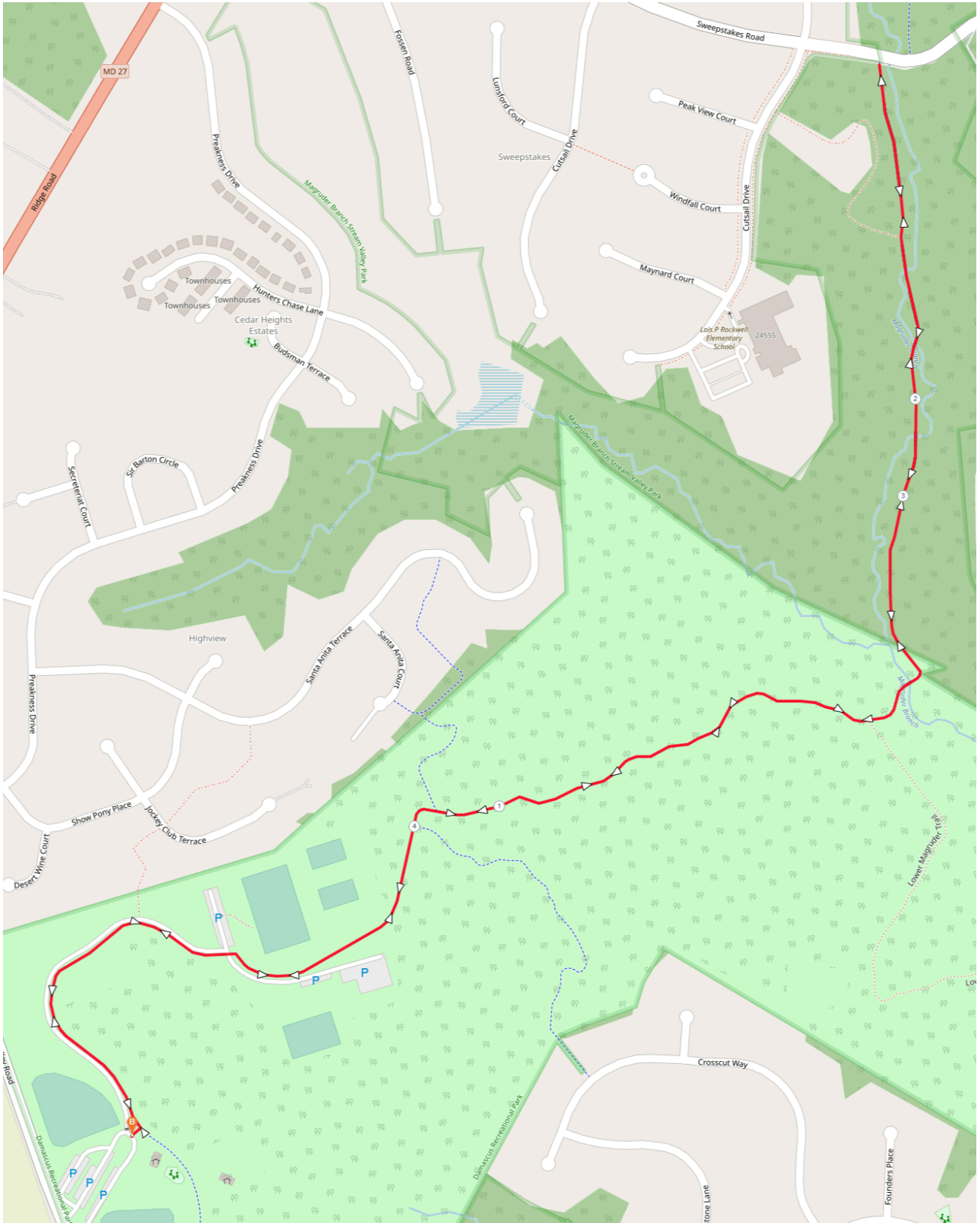
3. **Cross** Sweepstakes Rd. and continue on paved trail for another 2.5k to Valley Park Dr. (5k)
4. **Turn Around** and retrace your steps back to the Shelter C parking lot, our start/finish point.
 - a. Cross Sweepstakes Rd.

*Thank you for walking our
Sugarloafer year-round today!*

We hope you enjoyed this trail.

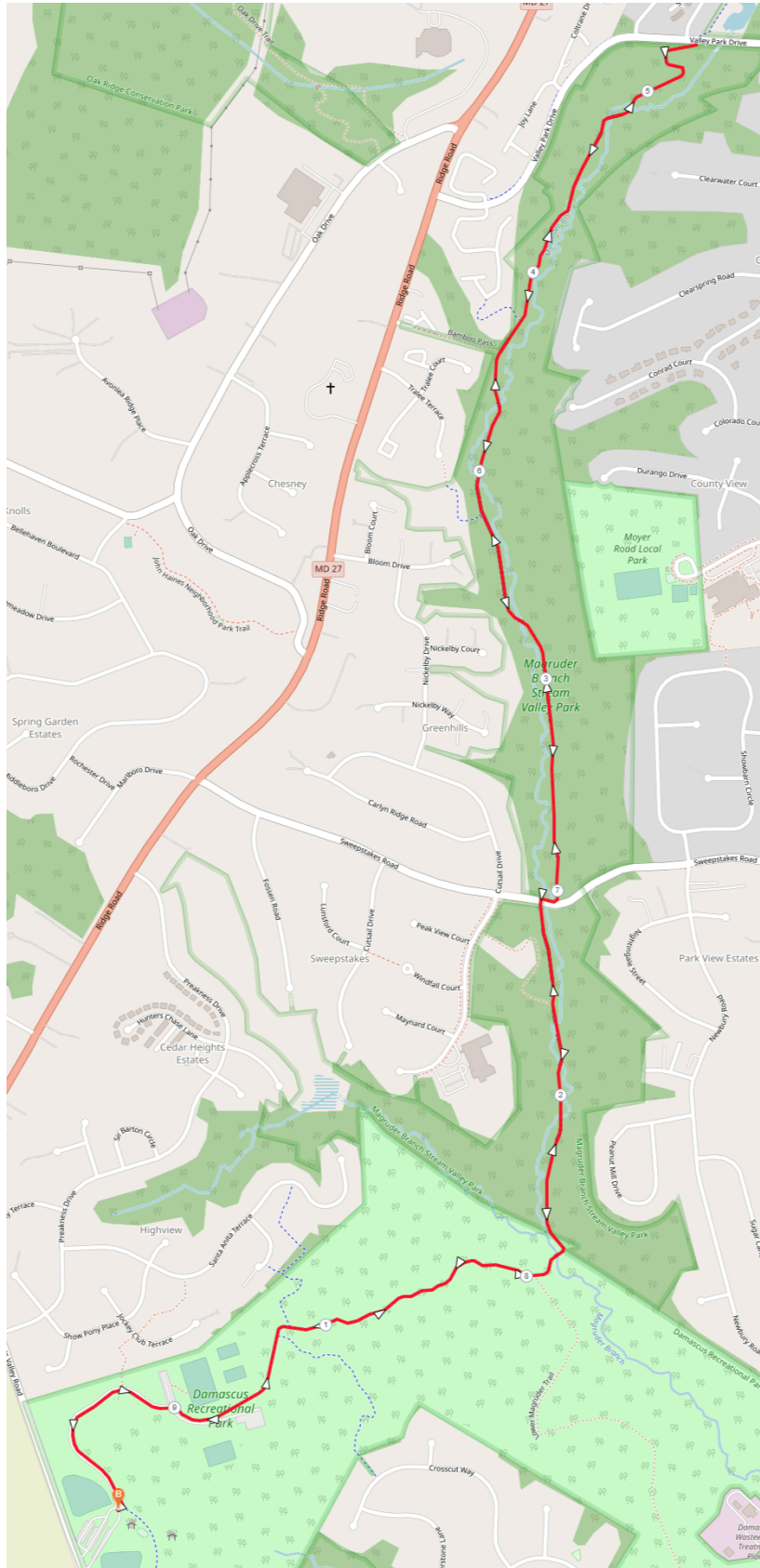
These walk directions and maps may only be used with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Damascus Regional Park and Town Y1368



5k Map created using plotaroute.com, map data by OpenStreetMap Contributors

Damascus Regional Park and Town Y1368



10k Map created using plotaroute.com, map data by OpenStreetMap Contributors

Damascus Neighborhood Trail

6k and 10k Trails - AVA rating 2A

There are restrooms at the start of this trail in the back of the Shelter C building, when it is open.

In case of Emergency: Dial 911.

*For event assistance contact **Mike Cannon** at (301) 540-0466*

From the parking lot, start with Shelter C on right.

1. **Straight** past the metal gate and **Turn Right** on the asphalt path toward Shelter C.
 - a. Pass Shelter C on right
 - b. Pass playground on right
 - c. Pass tennis courts on right
 - d. Pass basketball courts on right and Shelter on left (restrooms open in season).
2. **Follow** trail uphill through the parking lot to Stop sign at Kings Valley Rd.
3. **Bear Left** on asphalt path, paralleling Kings Valley Rd.
4. **Cross** Founders' Way to fire hydrant and continue **Straight** on sidewalk.
5. **Follow** sidewalk on left side of Buckmeadow Ln (no sign).
6. **Turn Left** on Buckridge Dr to STOP sign at Founders Way.
7. **Cross** Founders Way **and Turn Right** on sidewalk.
8. **Turn Right** on Puritan Way (first street on right) to Stop sign at Founders Way.
 - a. Cross Elk Grove Terr.
 - b. Cross Puritan Place.
9. **Turn Right** on the sidewalk of Founders Way.
10. **Straight** on Log House Ct., crossing Log House Rd.
11. At the barns, **Turn Around** and retrace

your steps to Log House Rd.

12. **Cross** Log House Rd **and Straight** on the left side of Founders Way.
 - a. Cross Puritan Way. (4 k)
 - b. Pass Founders Ct.
 - c. Cross Elk Grove Ter.
 - d. Pass Founders Pl.
13. **Turn Right** on Crosscut Way.
 - a. Pass Crosscut Ct.
14. Immediately after #10229 on mailbox across street, **Turn Right** on asphalt path to T-intersection.

Decision Point: 6k Trail / 10k Trail Split **6k Trail**

16. **Turn Left** on Magruder Branch Trail uphill to return to Shelter C parking lot, our start/finish point.

10k Trail

17. **Turn Right** on Magruder Branch Trail for a very short distance.
18. **Turn Left** on asphalt trail at post marked "To Santa Anita Ct."
19. Immediately after the yellow metal post, **Turn Right** uphill on trail. (Do not walk straight on the road.)
20. **Turn Left** on 1st trail (wood-&-wire fence on left).
21. **Turn Left** at trail end on Santa Anita Ter. (6 k)
 - a. Cross Santa Anita Ct.
 - b. Cross Show Pony Pl.

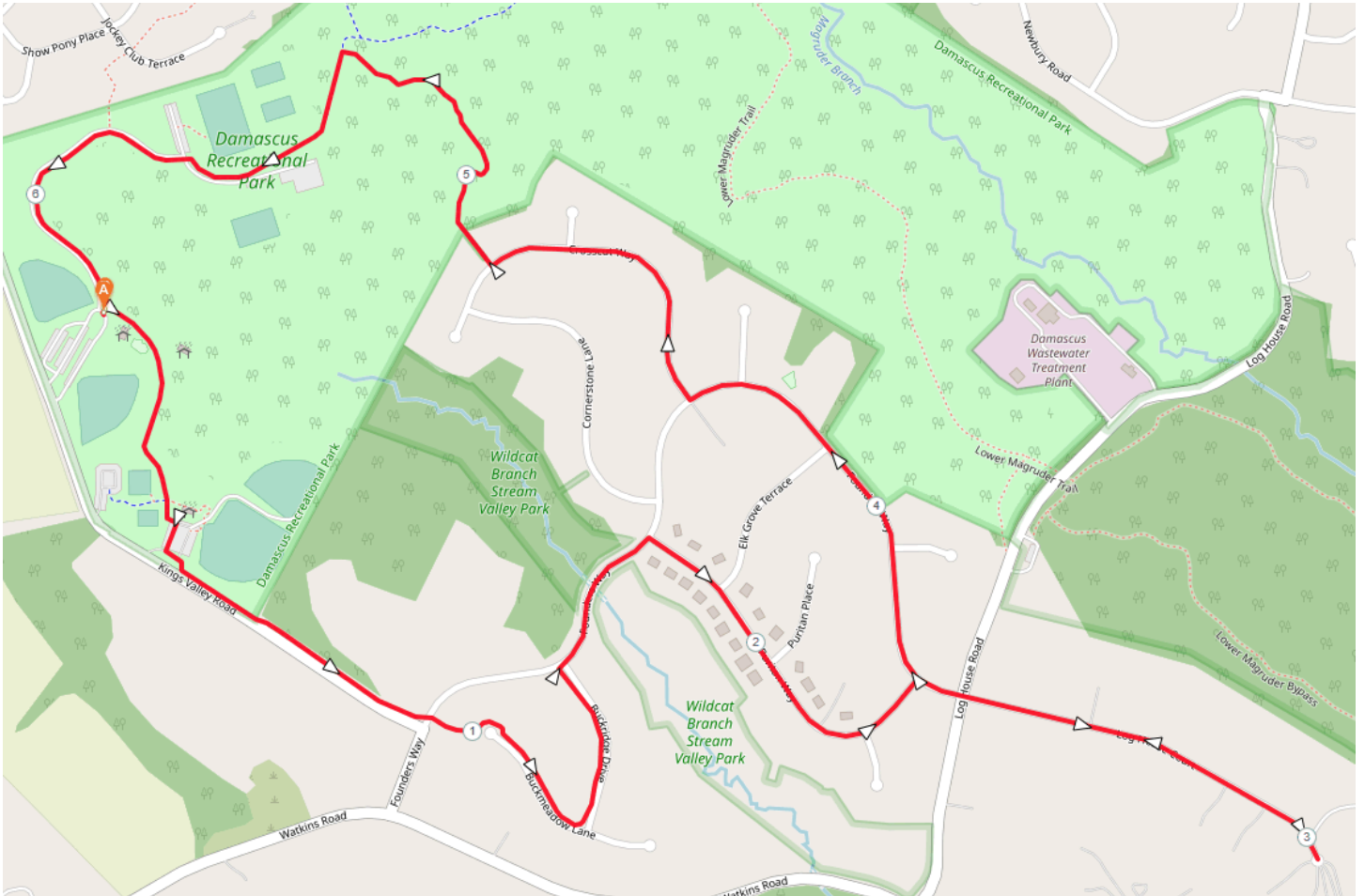
Damascus Neighborhood Trail - 10k and 6k

22. **Turn Right** on Preakness Dr.
 - a. Pass Glade Valley Ter.
 - b. Pass Secretariat Ct.
 - c. Pass Sir Barton Cir. (twice).
 - d. Pass Budsman Ter.
 - e. Pass Hunters Chase La.
23. **Continue** on Preakness Dr. to #24318 on left (last house before Ridge Rd.)
24. At #24318 (last house on left before Ridge Rd), **Turn Around and retrace** your steps on Preakness Dr.
 - a. Cross Hunters Chase La.
 - b. Cross Budsman Ter.
25. **Turn Right** on Sir Barton Cir.
26. **Turn Right** on Preakness Dr.
 - a. Pass Secretariat Ct.
 - b. Pass Glade Valley Ter.
 - c. Cross Santa Anita Terr.
27. **Turn Left** on Show Pony Pl. (see top of stop sign)
 - a. Pass Desert Wine Ct.
28. **Turn Right** on Jockey Club Ter. (sign on left).
29. Immediately after 1st black lamppost, **Turn Right** on the asphalt path.
30. Walk down steps and **Turn Left**.
31. At Y-intersection, **Turn Right** on an unmarked trail.
 - a. Cross Damascus Regional Park main road.
32. **Turn Right** on the path along the left side of park road.
33. When Shelter C is ahead, **Veer Right** across the grass to the parking lot.

*Thank you for walking our
Sugarloafer year-round today!*

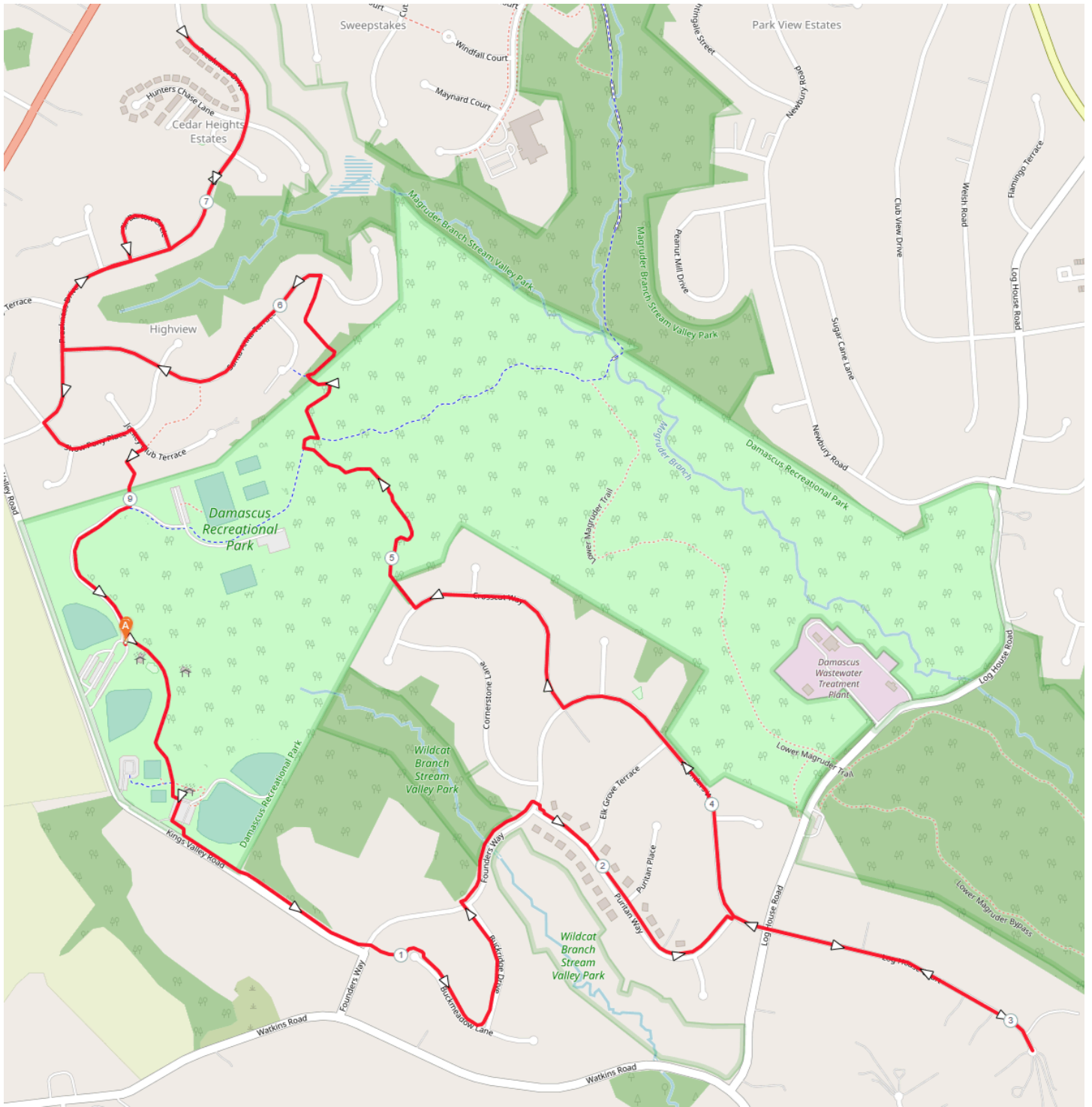
We hope you enjoyed this trail.

Damascus Neighborhood Trail - 10k and 6k



6k Map created using plotaroute.com, map data by OpenStreetMap Contributors

Damascus Neighborhood Trail - 10k and 6k



10k Map created using plotaroute.com, map data by OpenStreetMap Contributors

Internet Resources

Damascus Regional Park:

<https://www.montgomeryparks.org/parks-and-trails/damascus-recreational-park/>

Park Map:

https://www.montgomeryparks.org/uploads/2016/08/Magruder-Branch-Trails_a11y.pdf

Damascus Maryland: https://en.wikipedia.org/wiki/Damascus,_Maryland

Geographic region: [https://en.wikipedia.org/wiki/Piedmont_\(United_States\)](https://en.wikipedia.org/wiki/Piedmont_(United_States))

Club Information: [Seneca Valley Sugarloafers Volksmarch Club](#)

AVA National Programs

This YRE qualifies for all AVA National Programs:

- Walking the United States (50 States) → Maryland
- Walking the USA (A - Z) → D for Damascus
- Centurion Achievement Challenge → 1 event
- IVV Americas

AVA Special Programs

RP→ Regional Park 10k, 5k

NT→ Neighborhood Trail - 10k, 6k

Program Name	Years	RP	NT	Information
A-MAZE-ing Labyrinths	2024 2027			
Anniversaries Hurrah	2026 2026			
Appalachian Trail	2018 2029			
Grain Elevators: Monarchs of the Plains	2025 2028			
Lighthouses II	2023 2026			
Par for the Course	2023 2026	X	X	Neighborhood Trail - instruction #2
Rails-to-Trails	2022 2026			
Step to the Beat	2024 2027			
Walking with America's Veterans	2021 2028			

