



Franconia Notch Flume Gorge Event

Event ID: 112890 2019/Y1370

The Flume Gorge is a natural gorge extending 800 feet horizontally
at the base of Mount Liberty in
Franconia Notch State Park in New Hampshire.
The adventure begins at the Flume Gorge Visitor Center.

Directions: Follow signs from Exit 34A of I-93

Address: 852 Daniel Webster Hwy, Lincoln, NH 03251

Further driving directions and trail maps are in the included park brochure.

The Flume Gorge operating dates for 2019 are May 10 - October 20.

Current operating hours and fees can be found on their website:

<https://www.nhstateparks.org/visit/park-sites/flume-gorge>

Phone for Visitor Center: (603) 745-8391

Restrooms, water, and food can be found at the visitor center.

Pets are not permitted at Flume Gorge and Visitor Center. Pets are only permitted in Franconia Notch State Park in designated dog walks in the Flume & Tramway parking lots.

Special Programs: Bridges-Spanning the USA, Ice Cream Parlors, Make a Wish at a Water Fountain, Walking the USA A-Z

Included for downloading:

- a) Walk Instructions - trail options & other event information
- b) Franconia Notch State Park brochure

CANNON

(603) 823-8800
cannontram.com



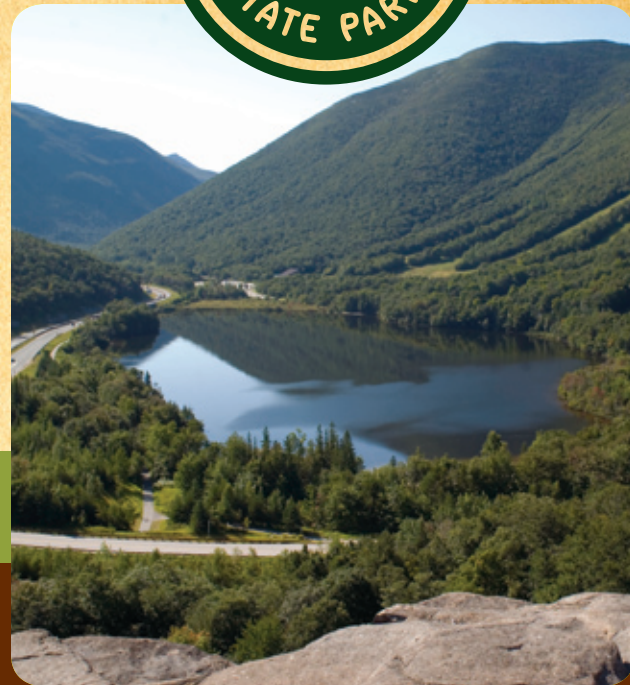
The Flume Gorge

(603) 745-8391
flumegorge.com

CANNON



The Flume Gorge



The Flume Gorge
Cannon Mountain Aerial Tramway
Echo Lake Beach
Cannon RV Park
Recreational Trail
Lafayette Campground
And More!



What's in a Notch?

Franconia Notch is a spectacular mountain pass traversed by a unique parkway winding between the high peaks of the Kinsman and Franconia mountain ranges. Formed 200 million years ago, the Flume Gorge and Cannon Mountain are at the center of Franconia Notch and are two of New England's most popular natural geological wonders.

Spend a day or camp for a week discovering the wonders of Franconia Notch State Park, from narrow granite passages and scenic pools to steep waterfalls, covered bridges and the Cannon Mountain Aerial Tramway.

The Notch offers cafeterias, gift shops, a campground, RV park, educational exhibits, walking and hiking trails, bike paths, spectacular scenery, a glacially-formed lake with boat rentals, a sandy beach and much more!



Franconia Notch State Park Operations Schedule

Flume Gorge *
SEASON: May – October

Cannon Mountain Aerial Tramway *
SEASON: May – October

Echo Lake Beach *
SEASON: June – August

Cannon RV Park *
SEASON: Year-round
Call 1-877-NHPARKS for reservations

Lafayette Place Campground *
SEASON: Memorial Day weekend through Columbus Day weekend
Call 1-877-NHPARKS for reservations

Franconia Notch Recreation Trail *
SEASON: Year-round

The Basin, Boise Rock, Lafayette Bridge, Profile Lake
SEASON: Year-round

New England Ski Museum
SEASON: Year-round

Note: Schedules are subject to change without notice.
* No pets allowed.

Franconia Notch State Park is conveniently located on New Hampshire's I-93, Exits 34A, B & C.

Approximate Drive Times:

Manchester 1.5 hrs
North Conway 1 hr
Portsmouth 2 hrs
Boston 2.5 hrs
Laconia 1 hr
Keene 2 hrs

Franconia Notch State Park
NH Department of Resources and Economic Development
Division of Parks and Recreation



NHSTATEPARKS.ORG

Enjoy two attractions for one low price!
FRANCONIA NOTCH DISCOVERY PASS

Available at the Flume Gorge and Cannon Mountain Aerial Tramway





The Flume Gorge



The Flume Covered Bridge



Recreational Trail



Cannon Mountain Aerial Tramway



Cannon Mountain



Old Man of the Mountain Historic Site

EXIT 34A The Flume Gorge, Gilman Visitor Center and a two-mile self-guided nature walk are located at this exit. The Flume is a natural gorge with spectacular waterfalls, vistas and covered bridges. The visitor center offers restrooms, a cafeteria, gift shop, historical displays and a free introductory movie about the park.

Pull-Offs Between Exits 34A and 34B

Basin Pull-Off
(north & southbound) The Basin is a large granite pothole that was created by a glacier more than 15,000 years ago. This stop features walking paths to the Basin (ten minute walk), picnic tables and an entrance to Franconia Notch State Park.

Trailhead Parking Pull-Off
(northbound only) Ideal for hikers on the Franconia Ridge trail system (Bridal Path and Falling Waters trailhead—8.9 mile loop, 7-8 hour hike). Picnic tables available.

Lafayette Place Campground Pull-Off
(southbound only; northbound travelers should use exit 34B to reverse direction) Offering 97 wooded campsites, a camp store, showers, a hiker information cabin and parking for hikers and Franconia Notch State Park Recreational Trail users. Campground reservations can be made January-October by calling 1-877-NHPARKS.

Boise Rock Pull-Off
(northbound only) This rock was made famous when Thomas Boise used it for shelter during a blizzard in the 1800s. Amazing views of Cannon Cliffs. Picnic tables available.

Profile Lake Trailhead Parking Pull-Off
(southbound only) Excellent views of Profile Lake and Franconia Notch. Boat launch available, fly fishing only.



The Basin



Lafayette Campground

EXIT 34B Park at this exit for the Cannon Mountain Aerial Tramway and the Old Man of the Mountain Historic Site and Museum. The tramway takes visitors to sweeping panoramic views at the summit of Cannon Mountain where you'll find a cafeteria, restrooms, walking paths and an observation tower. At the base there are restrooms, a cafeteria and a gift shop. Learn about the famous stone profile featured on the state quarter at the Old Man of the Mountain Historic Site. At this exit you'll also find the New England Ski Museum, open daily free of charge from noon to 5 p.m.

EXIT 34C Echo Lake Beach and Cannon RV Park are located at this exit. The beach, open in June, July and August, offers visitors bathrooms, lifeguards, boat rentals and a snack shop. Cannon RV Park is open year-round and the parking area is also a base for hikers. Park at the Governor Gallen Memorial to walk onto Sunset Bridge where you'll be treated to spectacular views of Sunset Hill, Mt. Lafayette and beyond. The Cannon

Mountain Ski Area base lodge is located at this exit as well. For RV Park reservations please call 1-877-NHPARKS.



The Millennium Trail
Franconia Notch State Park has been recognized with the Centennial Medallion Award and the recreation trail has been designated as New Hampshire's Millennium Trail.

FRANCONIA NOTCH FLUME GORGE AVA SANCTIONED SEASONAL WALK INSTRUCTIONS

You have several options here at Franconia Notch State Park.

Our Main Event, the Flume Walk, is a hike on natural surfaces, rated 3, with some steep inclines. You should see the free movie first, and then (if you are doing the Flume walk) pay the state park admission* and get the park's guide. There are also trail maps available. Enjoy the flume! (* free for NH seniors)

If you choose the Flume walk, plan to spend the bulk of your time here. It takes quite a lot longer than your basic flat 3.2 km. You could spend your day here. Or, you may have time for more afterwards!

THE OPTIONS with the FLUME:

AVA requires at least 5k for our shortest walk, no matter the terrain or difficulty. Our Regional Director has made an exception for this walk. On busy days here, the walk to and from the your car may make up the difference anyway! However, here are two more options.

A) drive to the Basin trail head, and walk the short walk to the Basin, which is a lovely small waterfall flowing into a granite pothole about 20' wide. This is about 2k.

OR

B) ask the rangers for their suggestion on any walk you want along the Pemi. Design it yourself! We've sanctioned up to 20k here, any 20k (or part thereof) along the Pemi. They can estimate distances for you.

OPTIONS WITHOUT THE FLUME WALK: (ALTERNATE FLATTER TRAIL with no park admission fee)

Can't take the incline of the Flume walk? Too late to complete the Flume walk? Want a longer, more level walk? We recommend the Pemigewasset (Pemi) trail from the Basin to Profile Lake, which is a relatively flat and family friendly hike. This portion is about 6.5 k, 13k with return. Ask the rangers for more information, a map or trail guide, and get their input on conditions. You can self design your walk along the Pemi, but **stay on the trails, pay attention to the weather, and stay safe.**

Consult the rangers about the trails. You are a guest of the Park, and you can take any trail you choose. However, if you venture off on your own, away from the trails described, it does not count for IVV credit. We have sanctioned the 5k including the Flume walk, the basin trail, and up to 20k of the Pemi. Any portion along the sanctioned route(s) can be counted for event or distance credit.

It is a wonderful park. Enjoy it, be safe, come back.

A trail map from the Park's website is included. You can also pick one up at the park, as well as the guide to the Flume trail. The information from the park rangers will be more helpful to you because they will know current conditions weather hazards, and so on.

Franconia Notch is in the White Mountains of New Hampshire. When this walk begins there is still snow on the mountains, and often again at the end of our season. Expect temperatures ten to 20 degrees lower than in lower elevations. Bring a sweatshirt, snacks, good footwear, bug spray, water, and a hiking pole, depending on how you want to structure your walk.

TSVA has an A award for this event, which is a picture of the covered bridge in the park. You can mail our treasurer the sum of four dollars and she will mail you our patch. Please remember to give us your mailing address. Make checks payable to TSVA, c/o Carolyn Adams, PO Box 151, South Ryegate Vermont, 05069. Our treasurer can be reached by email @ carri757@gmail.com.

We are pleased to bring you a taste of Franconia Notch State Park as an AVA sanctioned walk. Twin States Volkssport is an all volunteer group, dedicated to noncompetitive walks in Vermont and NH. We encourage your feedback, and gratefully accept any and all donations to keep our trails open. Thanks for coming!

“These walk directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.”

A NOTE ABOUT GPS: They have been found to be very unreliable in this mountainous area. Use the park directions. The Flume Gorge Visitor Center is located with signs from Exit 34A.

Emergency number: 911. Park number (603) 823-8800

The park's website: <https://www.nhstateparks.org/visit/park-sites/flume-gorge>

POC is Carolyn Adams. She is not local to the park. Email preferred. See above.

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