

Houston Medical Center Walk

Houston Happy Hikers Welcomes You to Houston, TX. The walk can be done as a 5 or 10 K.

Walk Registration: Registration takes place online using AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost."

Table of Contents:

Use the following to guide what portions of this document you may wish to print:

Section Contents	Page
Introduction, Walk Registration/Completion	1
Driving and Walk Directions for 5K & 11K	2 & 3
Maps	4



In case of Emergency Call: 911

Event related assistance:

David Ramsey: 832-387-6780

WALK SAFELY – Do not assume drivers see you or that intersections are four-way stops

These walk directions and map may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Starting Point Location: Double Tree by Hilton Medical Center, 6800 Main Street, 77030 for 10K

Driving Directions: From Sugar Land, TX take I-69 North, Exit HWY 90, Becomes Main Street.

Restrooms: Restrooms located at hotel

Directions: "Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

**Directions for Medical Center walk 5k/10K
Houston Happy Hikers, Houston, TX**

**Welcome to our Medical Center Year Round
Event.**

1. **EXIT** the Doubletree Suites front entrance [use upper right map on reverse]
2. **←LT** towards MAIN STREET [no sign]
3. **←LT** on Main to DRYDEN.
4. **RT→** on Dryden to FANNIN
5. **CROSS** Fannin with the light at Dryden.
6. **←LT** on Fannin.
7. **RT→** on JOHN FREEMAN ST. passing the Neurosensory Building to the street's end, then
8. **←LT** across John Freeman St. to the sidewalk in front of the Jesse Jones/Texas Medical Center Library, [approximately ½ block].
9. **←LT** on the sidewalk in front of the Library to Webber Plaza.
10. **RT→** passing through Webber Plaza to Ross Sterling [1st street –no sign]
11. **RT→** on Ross Sterling to EAST CULLEN.
12. **RT→** on East Cullen, [street becomes BERTNER].
13. **CT↑** on Bertner through the Medical Center to BATES.
14. **←LT** on Bates, past the entrance to M.D. Anderson Cancer Center [on left].
15. **CROSS** Bates at the intersection of Bates and Elliot Dr. and enter the Dorothy Hudson Memorial Garden. Follow the path through the Garden and exit at the corner of M.D. ANDERSON BLVD. and HOLCOMBE.
16. **CROSS** Holcombe at traffic signal, then
17. **RT→** on Holcombe, noting the parks and fountains on your left.
18. **CT↑** crossing Fannin to MAIN [switch to lower left map on reverse].
19. **CROSS** Main at traffic light.

(5K option – ←LT on Main, RT→ on Glen Haven, RT→ on Greenbriar, RT→ on Holcombe, cross Holcombe at Main, and continue to the FINISH.)

20. **←LT** on Main to NORTH BRAESWOOD.
21. **RT→** on N. Braeswood to KELVING.
22. **RT→** on Kelving one block to UNDERWOOD.
23. **←LT** on Underwood to dead end at KIRBY.
24. **CROSS** Kirby, then
25. **←RT** on Kirby to BELLEFONTAINE.
26. **←LT** on Bellefontaine to BROMPTON.
27. **RT→** on Brompton to HOLCOMBE.
28. **RT→** on Holcombe to Kirby. **CROSS** Kirby.
29. **RT→** on Kirby to MARONEAL.
30. **←LT** on Maroneal to GREENBRIAR.
31. **RT→** on Greenbriar to GLEN HAVEN.
32. **RT→** on Glen Haven to KELVING.
33. **←LT** on Kelving to BLUE BONNET BLVD.
34. **←LT** on Blue Bonnet to GREENBRIAR.
35. **CT↑** on Greenbriar to MAIN.
36. **←LT** on Main to PRESSLER and **CROSS** Pressler.
37. **←LT** on PRESSLER.
38. **RIGHT DIAGONAL** through Wortham Park and the dancing water fountains to MAIN [if blocked, **CT↑** to Holcombe and turn **RT→** on Holcombe to Main].
39. **CROSS** Holcombe at Main and continue to the Doubletree Suites and **FINISH**.

Copyright 2025 Houston Happy Hikers

