



**Sound Steppers Volkssport Club
Shoreline Interurban YRE #1390
6K and 12K Event rated 1A
Walgreens - 17500 Midvale Ave N,
OR Shoreline North/185TH Link Station**



Explore the City of Shoreline through neighborhoods, Ronald Bog, Twin Ponds, schools, parks, and recreation areas. The Interurban Trail takes you over two pedestrian bridges, past Echo Lake, and Sky Nursery where you can stop for coffee and enjoy touring this popular nursery in Shoreline.

Starting Point Options:

Physical start box at Walgreens @17524 Aurora Ave. N, Shoreline, WA 98133 **OR**
On-line Start box for Shoreline North/185th St Link Station for both 6k and 12K.

Driving Directions:

From I-5: take exit #176. Southbound: **TURN LEFT** onto N 175th St. Northbound: **TURN RIGHT** onto N 175th St. **TURN RIGHT** onto Midvale Ave N. Walgreens is on your left, but we encourage parking at City Hall, on Midvale, or Trader Joes.

Restrooms: Trader Joe's, City Hall (open M-F), Twin Ponds Park, Link Station, and Shoreline Park.

Emergency Dial 911

Point of contact: Sandi Severtsen (206)406-1762 or sandisevertsen@gmail.com

Please use either the Online Start Box(OSB) or Physical Start Box (PSB) to register and complete the event. DO NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Walk completion and credit: Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. Nevertheless, a fee of \$2 for downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to walker's Event Bank when he/she submits the walk completion info as a paying for credit walker. Note, however, the \$2 "coupon" for the downloaded PDF expires in 60 days.

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Thanks for participating and we hope you enjoy your walk along the Shoreline Interurban



Shoreline North Link Station

5th Ave NE and NE 185th St.

Walgreens Store

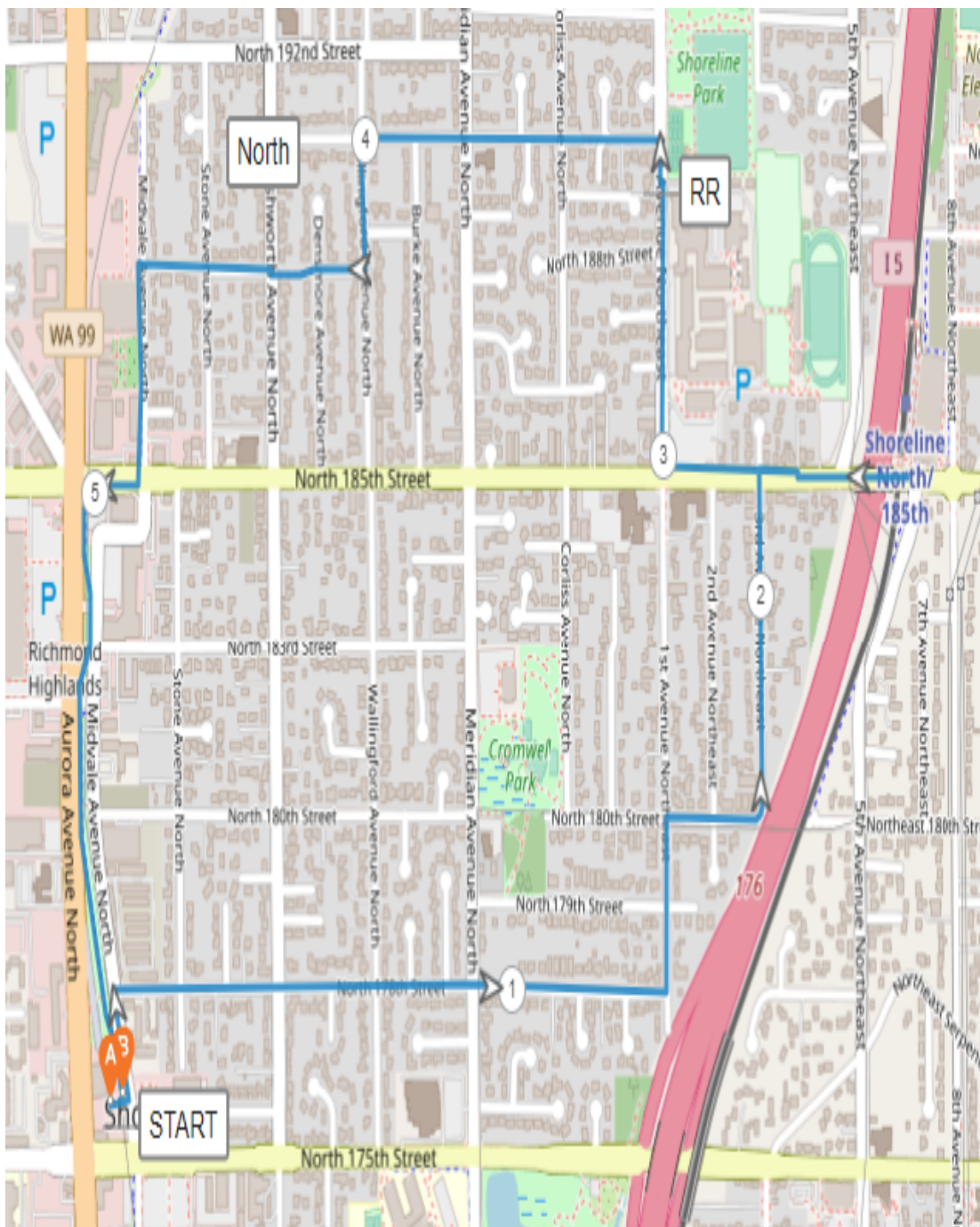
17524 Aurora Ave N, Shoreline

7k rated 1A Y1390

POC Sandi 206-546-6644

1. With your back to Walgreens, facing the parking lot, **TURN LEFT** to exit.
2. Cross and **TURN LEFT** onto Midvale Ave N.
3. **TURN RIGHT** on N 178th St.
4. Follow N 178th St, carefully crossing Meridian Ave N, continuing to 1st Ave NE.
5. **TURN LEFT** onto 1st Ave NE.
6. **TURN RIGHT** NE 180th St.
7. **TURN LEFT** on 3rd Ave NE.\
8. **TURN RIGHT** onto NE 185th St.
9. Walk on the right side of I-5 bridge.
10. **TURN LEFT** at traffic light, at 5th Ave NE. You have arrived at the entrance of the Shoreline N/185th St Link Station.
11. **TURN LEFT** on N 185th St. (skip #12)
12. **LINK RIDERS: WALK UP EXIT STAIRS TO N 185TH STREET. TURN RIGHT ON 185TH.**
13. **(BOTH LINK RIDERS AND CONTINUING WALKERS)** Walking on 185th street, walk across I-5 bridge, crossing 5th Ave NE, continue straight to **1st Ave NE**
14. **STEPS 15-17 ONLY FOR USE OF RESTROOM. OTHERWISE, SKIP TO STEP 17.**
15. **RESTROOMS AVAILABLE: TURN RIGHT** on driveway between brick building (Shoreline District Office) and Tennis Courts. Just beyond the tennis courts are stairs to your left. Restroom building is at the top of the stairs.
16. Return back the way you came, by walking down the stairs,
17. At the bottom of the stairs, **TURN RIGHT** to return to 1st Ave NE.
18. At 1st Ave NE, **CROSS** and **TURN RIGHT** on 1st Ave NE.
19. **TURN LEFT** on N 190th St.
20. Walk on paved "pass thru" trail between houses on N 190th St. to continue on 190th.
21. Carefully cross Meridian Ave N, continuing on N 190th St.
22. **TURN LEFT** on Wallingford Ave N.
23. **TURN RIGHT** on N 188th St.
24. Cross Densmore Ave N, and continue **STRAIGHT** on DENSMORE PATHWAY (look for sign)
25. Continue on N 188th St, crossing streets Ashworth, Stone, and Midvale Ave N.
26. **TURN LEFT** on Interurban Trail passing Sky Nursery on your right
27. Cross N 185th St. and **TURN RIGHT.**
28. **Pass bus stop, driveway, and then TURN LEFT** to join Interurban Trail. **DO NOT WALK UP TO HWY 99 CORNER.**
29. Trail turns into Midvale Ave N. Turn right on driveway back to Walgreens start.
30. **FOR WALKERS WHO ARE RETURNING TO THE LINK STATION follow #31 - #34.:**
31. Continue on Midvale Ave N.
32. At traffic light, cross Midvale Ave N
33. **TURN LEFT** to continue on Midvale Ave N.
34. **Continue walk directions at #3.**

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Mapping provided by

<https://openstreetmap.org/copyright>



Shoreline Interurban- Walgreens

N. 175th and Midvale Ave. N., Shoreline, WA

Shoreline North/185th St Link Station

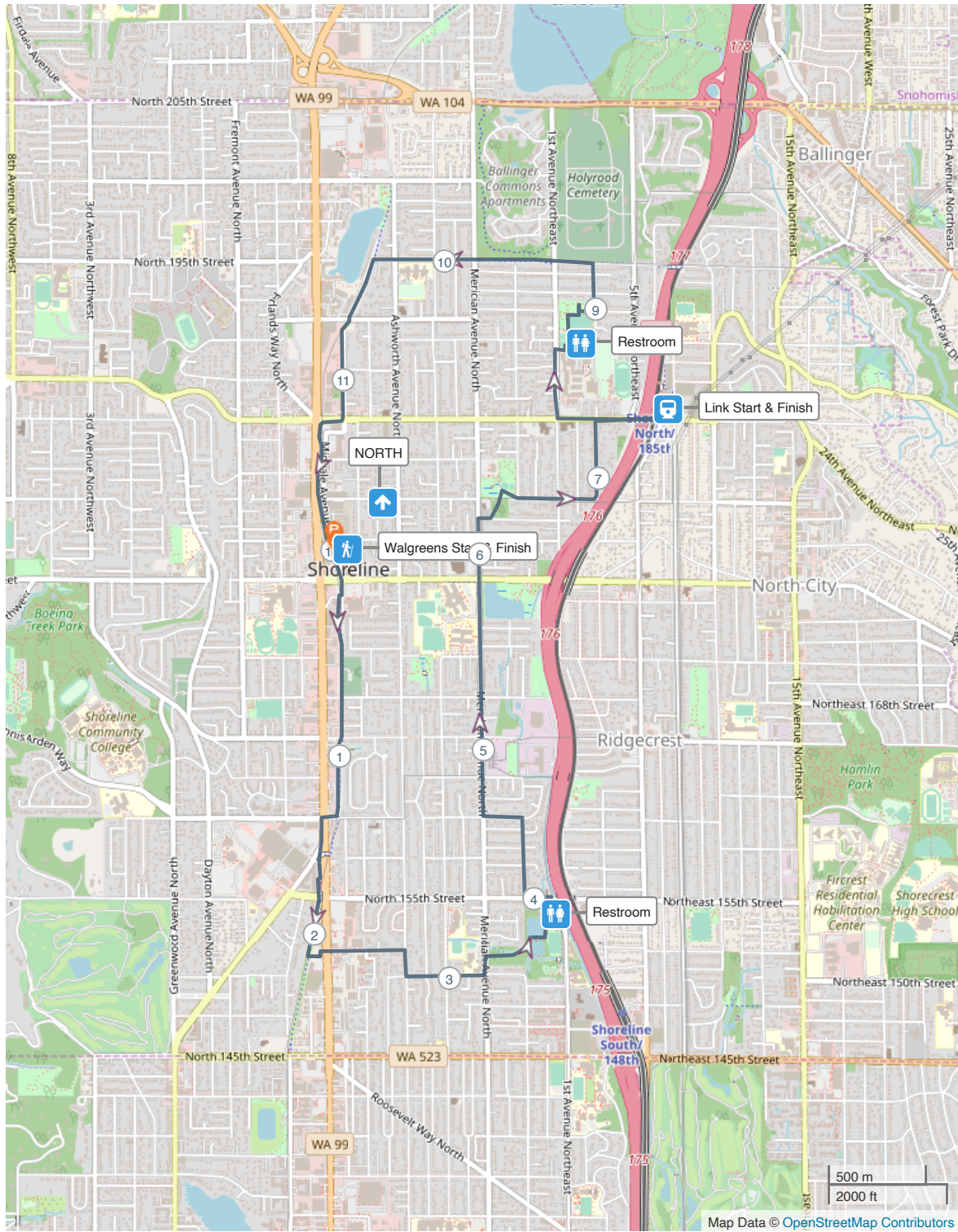
Start at #28 directions

12K - rated 1A Event Stamp Y1390

Restrooms-Twin Ponds, Link, SL Tennis Courts

1. With your back to Walgreens, facing the parking lot, **TURN LEFT** to exit.
2. **TURN RIGHT** on Midvale Ave N..
3. Cross N 175th St., continuing straight ahead
4. Interurban Trail is on your right at 4 posts.
5. Follow Interurban Trail across pedestrian bridges; crossing Aurora Ave N. and N 155th. Continue on the Interurban Trail (2k) .
6. In a short distance, **TURN LEFT** across grass/trees to McDonald's parking lot. Go straight toward Aurora Ave N.
7. Cross Aurora Ave N at N 152nd crosswalk.
8. Continue on N 152nd St. to Ashworth Ave N .
9. At end of N 152nd St. **TURN RIGHT** at Ashworth Ave. N. (No sign) onto asphalt trail which becomes a street. (2.6K)
10. **TURN LEFT** at N 150th Street.
11. Cross Meridian Ave N and **TURN LEFT**.
12. In a short distance, you'll see a yellow fire hydrant on your left, and a sign on your right for "Trail of the Cedars at Twin Ponds Park."**TURN RIGHT** onto the trail.
13. Following maintained gravel trail, turning left and then right right to cross over bridge between the Twin Ponds.
14. When you reach soccer field, **TURN LEFT** onto trail.
15. Cross (muddy) grass area to paved trail to past Children Play area on your right, continue to Restrooms.
16. Paved trail leads to parking lot. Exit right by the parking to 1st Ave N and N 155th.
17. Cross N 155th at crosswalk and **TURN LEFT**.
18. **TURN RIGHT** on Corliss.
19. **TURN LEFT** on N 160th (4.5K)
20. **TURN RIGHT** on Meridian Ave N. Continue on Meridian, crossing N 175th.
21. **TURN RIGHT** on N 179th. (6.1K)
22. In a block, **TURN LEFT** into Cromwell Park, crossing a small bridge. Stay on the path.
23. **TURN RIGHT** on the path between the swings and the BB field. Exit the park at 180th, and continue to 3rd Ave NE.
24. **TURN LEFT** on 3rd Ave NE
25. **TURN RIGHT** onto N 185th St. (7.0K).
26. Walk across I-5 bridge, **TURN LEFT** at traffic light, on 5th Ave NE.
27. You have arrived at the entrance of the Shoreline N/185th St Link Station. **TURN LEFT** on N 185th St. (skip #28)
28. **Link riders: walk up exit stairs to N 185th St and TURN RIGHT**
29. Walk across I-5 bridge, crossing 5th Ave NE, continue straight to **1st Ave NE**
30. **TURN RIGHT** at 1st Ave NE passing Shoreline Center.
31. **TURN RIGHT** into driveway at North Entrance to Shoreline Center. Pass Tennis Courts on your left
32. **TURN LEFT** to go up stairs to RESTROOMS.
33. **TURN RIGHT** to walk toward Soccer Fields and **TURN LEFT**.
34. **TURN RIGHT** at corner of fields.
35. **TURN LEFT** up stairs, staying straight on trail in park.
36. Path turns right with Children's play area on your right and homes/fences on your left.(This is a short distance from the stairs to 3rd Ave NE.)
37. **TURN LEFT** on 3rd Ave. NE.(7.7K)
38. Cross 195th St. and **TURN LEFT**. HolyRood Cemetery is on your right.
39. Cross 1st Ave NE. Keep walking straight ahead to Meridian Ave N.
40. Carefully cross Meridian Ave N, and continue on 195th to Stone Ave. N. (9K)
41. Interurban Trail is to the left on Stone Ave N. **TURN LEFT** onto Interurban Trail.
42. Follow Interurban Trail to Midvale Ave N, passing Sky Nursery on your right
43. Cross N 185th St.and **TURN RIGHT**.
44. Pass bus stop, driveway, and then **TURN LEFT** in half a block back on trail. Do not walk to the corner of Aurora Ave (US 99).
45. **TURN RIGHT** before you reach 175th into the Walgreens parking lot. (12K)
46. **LINK WALKERS- continue on Midvale Ave N to cross 175th at Light. Continue with #3 directions**
47. Hope you enjoyed your walk!

Shoreline Interurban 12K With Link Option



48. Point of Contact Sandi Severtsen 206-4061762.
For Emergency call 911.

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ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

WALK NAME: Shoreline Interurban	WALK NUMBER: 1390
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CURRENT ESVA SPECIAL PROGRAMS

Please note the years [in brackets] that each challenge is active.

39 COUNTIES - (ONGOING)	KING			
DISCOVER YOUR STATE AND NATIONAL PARKS [2026-2028]				
TELL ME A STORY [2025-2027]	12K- Arcane comic store (152 nd), Meridian Park Elementary School library, Little Free Libraries			
THAT'S ENTERTAINMENT [2024-2026]	CULTURAL	FAIRS, FESTIVALS, ARCADES Seasonal fairs	CRAFTS/HOBBIES	SPORTS VENUES Shoreline School District Stadium (Track, Soccer, Football)

PREVIOUS ESVA SPECIAL PROGRAMS

Patches for books received past the end date will be sent while supplies last. No refunds.

FRONTLINE HEROES [2021-2023]	MEDICAL CENTERS Optum (by Trader Joes (12k only)	DELIVERY SERVICES	SUSTENANCE PROVIDERS Trader Joes	ESSENTIAL SERVICES
ON THE ROAD AGAIN [2022-2024]	ONLY APPLIES TO TRADITIONAL EVENTS			
STROLLING ALONG THE RIVERS [2023-2025]	12K – Meridian Creek in Cromwell Park			

CURRENT OTSVA SPECIAL PROGRAMS

For more information on OTSVA go to: <https://www.otsva.org/challenges.html>

BUTTERFLY [2026-2028]	6k has Butterfly
PEACE POLES [2024-2026]	

CURRENT AVA SPECIAL PROGRAMS

For more information on AVA go to: <https://cb.ava.org/specprog.php>

Most programs allow the participants up to 12 months from the official end date to complete.

50 STATES/51 CAPITALS	[ONGOING]	Washington
A-Z (Walking the US A-Z)	[ONGOING]	Shoreline
A-MAZ-ING LABYRINTHS	[2024-2026]	
ANNIVERSARIES HURRAH	[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.
GRAIN ELEVATORS: MONARCHS OF THE PLAINS	[2025-2027]	
IVV-AMERICAS	[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.
LIGHTHOUSES II	[2023-2025]	
PAR FOR THE COURSE	[2023-2025]	Soccerfields, tennis courts, playgrounds
RAILS TO TRAILS	[2022-2025]	Shoreline Interurban
STEP TO THE BEAT	[2024-2026]	
WALKING WITH AMERICAN VETERANS	[2021-2027]	City Hall Plaza – veterans honored
WALKING WITH THE WILD THINGS	[2025-2027]	