



Long Beach/Naples/Belmont Shores 5&11K An AVA Sanctioned Year Round Event

This walk offers a 5K and a 11K option and is rated 1A. The 5 & 11 K trail goes through Naples Island Canals and along Second Street shops, and restaurants, and through the Marine Park area. The 11K continues along the Peninsula Boardwalk, Seawalk, Alamitos Bay State Park, and the bike trail

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account, click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

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Use the following table to guide what portion of this document you may wish to print out.

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Driving Directions to Start

Gelsons-6255 East Second Street, Long Beach, CA 90803. From the 405 either direction: Exit on 7th/22 West to Studebaker South. Left on Studebaker to Westminster/2nd St(dead end). Right on E 2nd St., past PCH (Pacific Coast Highway) one block to Marina Dr. Right into Gelson parking lot

The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB

IN CASE OF EMERGENCY DIAL 911

For event related questions contact Kathy Bundy, bunznkatz7@gmail.com, (951)218-3755

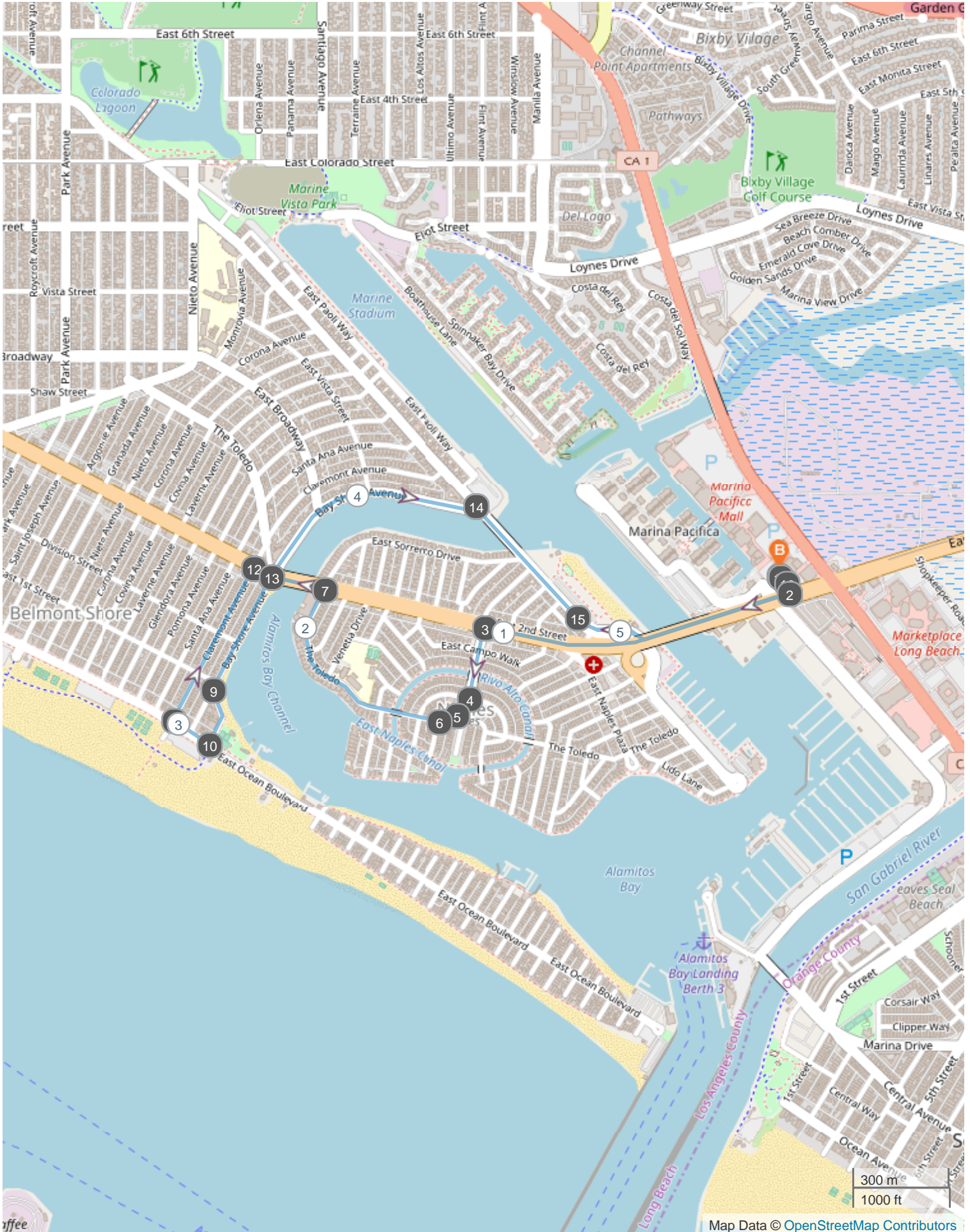
These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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5km Route Directions

No	Km	Directions
1	0.000	Exit Gelson's parking lot and cross 2nd St
2	0.070	Turn right onto 2nd Street. Cross Marina Dr, Cross bridge and continue to Ravenna Dr
3	1.058	Turn left onto North Ravenna Drive, over bridge.
4	1.285	Turn right onto Naples Plaza, walk across fountain circle
5	1.363	Turn right onto Neapolitan Lane West
6	1.428	Turn right onto The Toledo across Riva Alto Canal bridge
7	2.128	Turn left onto 2nd Street cross over bridge to Bayshore Ave
8	2.297	Turn left onto Bay Shore Avenue
9	2.694	Keep left onto 54th Place toward the basketball courts and proceed to Ocean Blvd
10	2.880	Turn right onto East Ocean Boulevard
11	3.014	Turn right onto Claremont Avenue
12	3.553	Turn right onto 2nd Street
13	3.617	Turn left onto Bay Shore Avenue
14	4.384	Turn right onto East Appian Way crossing bridge
15	4.855	Continue on Appian Way, veer right onto tree covered lane before 2nd St bridge
16	5.888	Turn sharp left on 2nd St and cross bridge to starting point
17	5.920	FINISH

Naples Island/Belmont Shore 5km



11km Route Directions

No	Km	Directions
1	0.003	Exit parking lot and turn right onto Second Street
2	0.643	Cross Marina Drive and bridge. Continue on Second to Ravenna Dr
3	1.254	Turn left onto North Ravenna Drive
4	1.500	Turn right onto Naples Plaza
5	1.578	Turn right onto Neapolitan Lane West
6	1.643	Turn right onto The Toledo crossing the Riva Alto Canal Bridge onto 2nd Street
7	2.344	Turn left onto 2nd Street, cross over the bridge to Bayshore Ave
8	2.512	Turn left onto Bay Shore Avenue
9	2.909	Keep left onto 54th Place toward the basketball courts and proceed to Ocean Blvd.
10	3.095	Turn left onto East Ocean Boulevard
11	3.507	Turn left onto 55th Place
12	3.574	Turn left and follow Seaside Walk (boardwalk) to end (69th PI-6903 on corner)
13	4.644	Left on 69th PI to Ocean Blvd
14	4.715	Turn right onto East Ocean Boulevard to end. Follow one way street to right(restrooms) then to Life Guard Station
15	4.921	Turn around East Ocean Boulevard) and continue on right hand side

16	5.116	Turn right onto 69th Place then turn left onto sand, walking close to houses. (Or bypass sand, continue on Ocean Blvd to 55th place and jump to step 19)
17	5.423	At 4 tall palm trees on left, enter Bayshore Walk via concrete stairs (65th PI)
18	6.244	Turn left at end (55th PI)
19	6.278	Cross Ocean Blvd, turn right and continue on East Ocean Boulevard
20	6.295	Turn right onto East Ocean Boulevard
21	6.719	Turn left onto at 54th onto Shoreline Bike Path. (Restroom at Granada)
22	7.461	Turn right on Granada
23	8.113	Turn right onto 2nd Street
24	8.721	Cross street then turn left onto Bayshore Ave
25	9.475	Turn right onto East Appian Way
26	9.946	Keep right onto East Appian Way onto tree covered lane before 2nd St bridge
27	10.010	Turn sharp right onto East 2nd Street
28	10.150	Turn slight left onto East 2nd Street
29	10.835	Turn sharp left onto Pacific Coast Highway, CA 1 and return to starting point
30	11.003	FINISH

Naples Island/Belmont Shore 11km

