

## Instruction for Boise, ID 5/11km Capital Walks

**Walk Start Location:** Downtown Boise YMCA at 1050 W. State St, Boise, ID 83702, GPS: 43.6206, -116.2031, phone: 208-344-5501. **Restrooms** available at YMCA and several parks along the route.

**Driving Directions:** 1050 W. State St, Boise, ID at the corner of N 11th St and W. State St. Take I-84, City Center exit. Stay on left side of hwy. Turn left on 11th. Proceed straight on 11th to State. YMCA on right. **Park** in the YMCA lot on a 3 hour limit or across the street.

**Walk Completion and Credit:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

"Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

These walking directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. For emergencies contact 911. Walk owner is Tom Baltes and he can be reached at 505-298-1256.

**CAPITAL MICRO-BREW TOUR**  
Sponsored by Treasure Valley Volkssports  
5K Rated 1A, Stamp #1553

Park in YMCA lot across W. State St from Y (3 hr limit) or nearby and start from the State St side of the building. Capitol building at N. 7<sup>th</sup> St and W. State St can be toured as a detour from route at start or finish of walk. Restrooms available at the Y and Julia Davis Park.

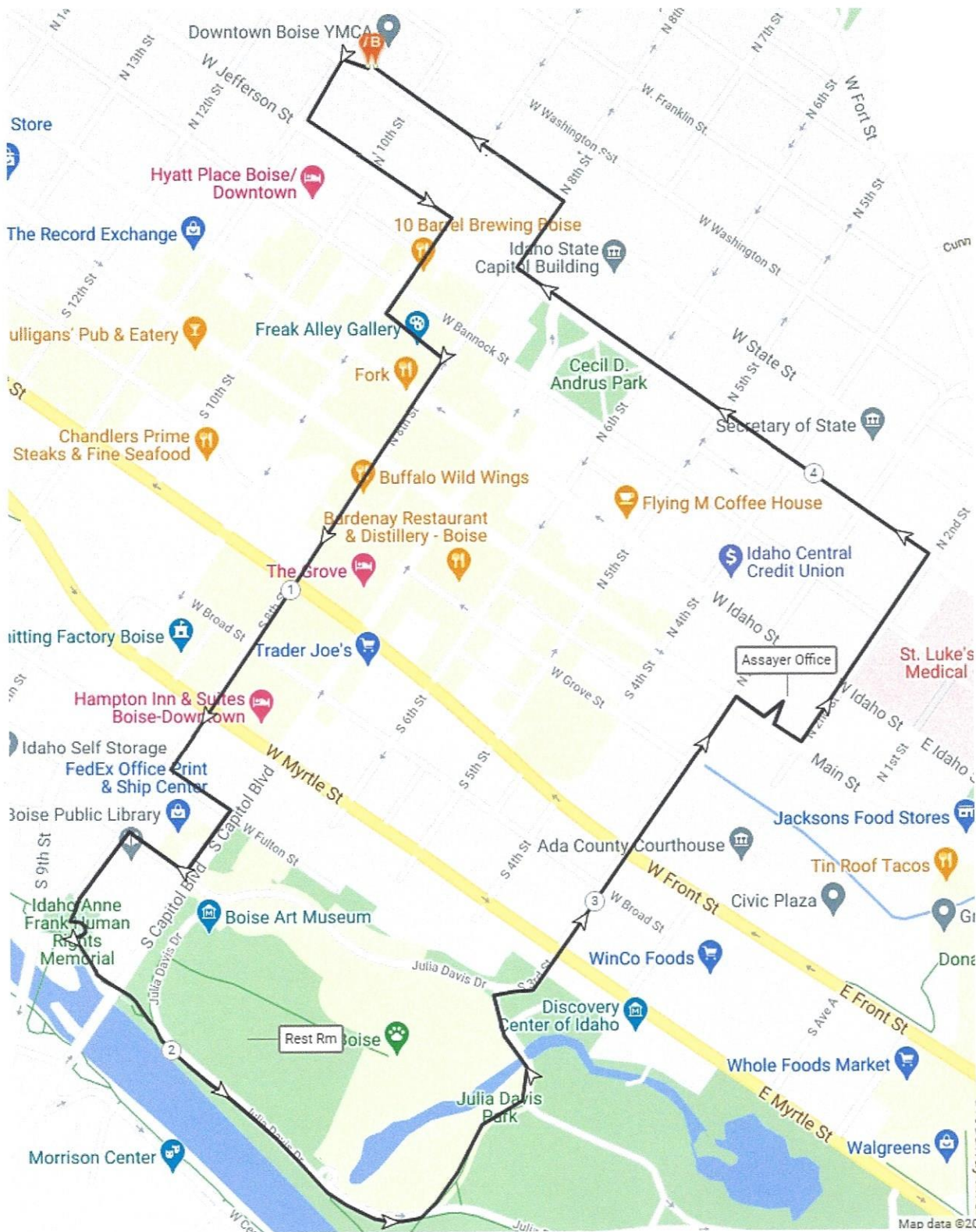
1. **RIGHT** on W. State St to N. 11<sup>th</sup> St.
2. **LEFT** on N. 11<sup>th</sup> St for one block.
3. **LEFT** on W. Jefferson St for two blocks.
4. **CROSS & RIGHT** on N. 9<sup>th</sup> St for 1 1/2 blocks passing 10 Barrel Brewing to Freak Alley Gallery (no sign).
5. **LEFT** into Freak Alley to N. 8<sup>th</sup> St and take time to view murals on the walls in the alley.
6. **RIGHT** on N. 8<sup>th</sup> St with Bittercreek Ale on left (good place for a meal and beverage) to W. Fulton St.
7. **LEFT** on W. Fulton St to S. Capitol Blvd (*Smoke and Thyme pub on right*)
8. **RIGHT** on S. Capitol Blvd to River St.
9. **RIGHT** at River St to S. 8<sup>th</sup> St.
10. **LEFT** on S. 8<sup>th</sup> St to the Idaho Anne Frank Human Rights Memorial.
11. **LEFT** on Greenbelt Trail after touring the memorial and proceed under S. Capitol Blvd with Boise River on right and Julia Davis Dr (no sign) on the left. (*restroom in park behind band shell*)
12. **LEFT** across Julia Davis Dr at the next path after passing a roundabout. (*Pedestrian bridge over the Boise River on the right leads to BSU campus.*)
13. **CONTINUE** on path to a street (no sign) and **LEFT** to Julia Davis Dr on the other side of the park.
14. **RIGHT** on Julia Davis Dr *which becomes S. 3<sup>rd</sup> St and continue to Main Street.*
15. **RIGHT** on Main St half a block and enter walkway to see the historic Assay Office. Return to Main St after reading the buildings information sign.
16. **LEFT** on Main St to N. 2<sup>nd</sup> St.
17. **LEFT** on N. 2<sup>nd</sup> St to W. Jefferson St.
18. **LEFT** on W. Jefferson St to N. 8<sup>th</sup> St passing the Capitol building. (*Tour if you like and return to W. Jefferson St.*)
19. **RIGHT** on N. 8<sup>th</sup> St to W. State St.
20. **CROSS** and **LEFT** on W. State St and return to the YMCA in three blocks.

We hope you've enjoyed this walk through our thriving capital city and perhaps enjoyed our flourishing micro-brew scene. If you have time we invite you to experience another of our walks from the physical startbox at the Y or through the online start box.

# NORTH Capital – Micro-Brew Tour 5km, Y1553, Boise, ID



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11K Rated 1A, Stamp #1553

Park in YMCA lot across W. State St from Y (3 hr limit) or nearby and start from the State St side of the building. Capitol at N. 7<sup>th</sup> St and W. State St can be toured as a detour from route at start or finish of walk. Restrooms available at the Y, Julia Davis Park and Camel's Back Park.

1. **LEFT** on W. State St to N. 9<sup>th</sup> St.
2. **CROSS & RIGHT** on N. 9<sup>th</sup> St for 2 1/2 blocks passing 10 Barrel Brewing to Freak Alley Gallery (no sign).
3. **LEFT** into Freak Alley to N. 8<sup>th</sup> St and take time to view murals on the walls in the alley.
4. **RIGHT** on N. 8<sup>th</sup> St with Bittercreek Ale on left (good place for a meal and beverage) to W. Fulton St.
5. **LEFT** on W. Fulton St to S. Capitol Blvd (*Smoke and Thyme pub on right*)
6. **RIGHT** on S. Capitol Blvd to River St.
7. **CROSS & LEFT** at River St to enter Julia Davis Park. (Boise Art Museum in front of you)
8. **RIGHT** on Capitol Blvd a short distance to first sidewalk on left to join Greenbelt Trail. Trail follows Julia Davis Dr (no sign) to right and bends left with Boise River on your right.
9. **CONTINUE** on Greenbelt Trail under Broadway Bridge to the RAM Plaza. **[3k]**
10. **EXIT LEFT** from Greenbelt thru RAM Plaza to E. Park Blvd. (*RAM restaurant and brewery*)
11. **LEFT** on Park Blvd to S. Broadway Ave.
12. **RIGHT** on S. Broadway Ave, which becomes N. Ave B and then becomes E. Fort St just before roundabout. **[4k at E. Bannock St by hosp.]**
13. **CONTINUE** around roundabout to remain on E. Fort St to next main intersection staying **RIGHT** onto W. Fort St to N. 6<sup>th</sup> St.
14. **RIGHT** on N. 6<sup>th</sup> St thru Memorial Park to Sherman St
15. **LEFT** on Sherman St to N. 10<sup>th</sup> St. **[6k]**
16. **RIGHT** on N. 10<sup>th</sup> St to Heron St. (*LFL at 1710 10<sup>th</sup> St.*)
17. **LEFT** on Heron St to N. 13<sup>th</sup> St. **[7k]**
18. **RIGHT** on N. 13<sup>th</sup> St. (*Restrooms in Camel's Back Park.*)
19. **LEFT** on Irene St to N Harrison Blvd.
20. **CROSS & LEFT** on N. Harrison Blvd to W. Brumback St.
21. **LEFT** on W. Brumback St to N 13<sup>th</sup> St.
22. **RIGHT** on N. 13<sup>th</sup> St thru historic Hyde Park area. **[10k after Hyde Park]**
23. **CONTINUE** on N.13<sup>th</sup> St thru a right bend at W. Fort St and on to W. Hays St.
24. **LEFT** on W. Hays St to N. 8<sup>th</sup> St.
25. **RIGHT** on N. 8<sup>th</sup> St to W. State St.
26. **RIGHT** on W. State St and back to the Y.

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