

Seward Park – YRE 1562

Emerald City Wanderers © 2022 Issue date: January, 2022. POC: Daryl Troyer (206) 937-1561 In case of Emergencies: dial 911.

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

All other uses are prohibited.

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Walk Description

10K – rated 1A: This route begins 3 miles south of the physical start box. Start point is the Mt. Baker Rowing Center. The walk follows the path and sidewalks next to Lake Washington Blvd, enters Seward Park and walks the paved perimeter path around the Park. Walk along the lovely neighborhood of Seward Park with views of Lake Washington and beyond.

5K – rated 1A: The 5 K walk begins at Seward Park and circles the main paved trail of the park.

This walk can be accessed from the Online Start Box or the Physical Start Box at Leschi Market.

Notice for registrants using this Online Start Box: Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match (for example, by registering using the OSB, then completing your event using the PSB, nor signing the PSB log sheet). The sponsoring club only receives credit for an OSB participant when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Reminder: OSB registered users should be sure to log back in to the OSB system after doing the event, to “finish/complete” your online registration, by entering your participation date, distance, and any special programs.

Restrooms: Restrooms available at the Mt. Baker Rowing Center and Seward Park.

Comments:

Pets allowed on walk. Owners are responsible for leash laws and clean up.

Wheelchairs: yes

Strollers: yes

Note: There 3 sets of driving directions:

1. Directions to Physical Start Box at Leschi Market
2. Directions from Leschi Market to the 5 & 10 walk start points
3. Directions for OSB users going directly to the start points.

1. For Physical Start Box Users:

Physical Start Box address:

Note: The Market is the start box location only and not the start location.

Leschi Market
103 Lakeside Avenue,
Seattle WA, 98122

Hours: 8:00 am to 8:00 pm

Start Box Packet is hanging in a clear plastic holder at the right of the door as you enter. (Above the newspapers) (47.6020, 122.2855)

Driving Directions to Physical Start Box:

I-5 Northbound: Take Exit 164 A to James. Turn right on James and go up hill, moving to the right lane. Turn right on Boren and move to the left lane. Continue on Boren downhill to Yesler (stoplight). Turn left on Yesler and continue 1.2 miles to 32nd St. Turn left on 32nd and continue downhill as the street winds down to Lake Washington. Right on Lake Washington Blvd. (becomes Lakeside Ave.). Leschi Market will be on your right. Please do not park in store lot. Parking available in front of park or in park lot while you register.

I-5 Southbound: Take Exit 165A to James. Turn left on James and follow the directions above.

2. Directions from the Physical Start Box to Walk Start locations:

Driving Directions to 10K Start Point at Mt. Baker Rowing Center/Stan Sayres Park (3800 Lake Washington Blvd. S) from Leschi Market: Turn right and proceed south (keep lake on your left) for 3 miles to the Mt. Baker Rowing Center/Stan Sayres Park on your left. Turn Left into parking lot.

Directions to 5K Start Point at Seward Park (5900 Lake Washington Blvd S. Seattle 98118) from

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Leschi Market: Drive 4.5 miles south (keeping the lake on your left) to Seward Park. Park in the Seward Park lot.

3. Driving Directions for Online Start Box Users:

10K Start Point: Mt. Baker Rowing & Sailing Center, Stan Sayres Park: 3800 Lake Washington Blvd. S. 47.570466, -122.277714

From I 5 Northbound:

Take exit #163 on your right onto South Columbian Way/West Seattle Bridge. Stay to the right going uphill on Columbian Way and move to the left lane. Turn right onto S. Spokane St. Turn left onto 23rd Ave. S. Turn right onto S. McClellan St. Turn left onto S. Ferris Pl. Make a slight right onto Lakewood Ave. S. Turn left onto S. Horton for .4 M. Turn left into parking lot of Mt. Baker Rowing Center.

From I 5 Southbound: Take exit #164 for I-90 E toward Bellevue. Keep left at the fork and follow signs for I-90E/Bellevue/Spokane. Take Exit 3 for Rainier Ave S. Turn right onto Rainier Ave. S. Turn left onto S. McClellan and follow directions above.

5K Start Point: Seward Park, 5900 Lake Washington Blvd S. Seattle 98118
47.5503N, 122.2649 W

I-5 Northbound: Take exit 157, M.L. King Way. Keep right and follow signs for M.L. King Way. Merge onto Martin Luther King Jr. Way S. Turn right onto S. Cloverdale St. Turn left onto Seward Park Ave. S., Turn right to stay on Seward Park Ave. S. Turn right onto S. Juneau St. Turn right onto Lake Washington Blvd. S. Turn left onto Seward Park Rd. Enter the Park. Parking available in Park lots or street parking.

I-5 Southbound: Take exit #164 for I-90 E toward Bellevue. Keep left at the fork and follow signs for I-90E/Bellevue/Spokane. Take Exit 3 for Rainier Ave S. Turn right onto Rainier Ave. S. Continue for 3 miles and turn left onto S. Orcas St. Take a slight left onto Lake Washington Blvd. S. and turn right to stay on Lake Washington Blvd. S. Turn left onto Seward Park Rd. and enter the park. Parking in lots or nearby street parking.

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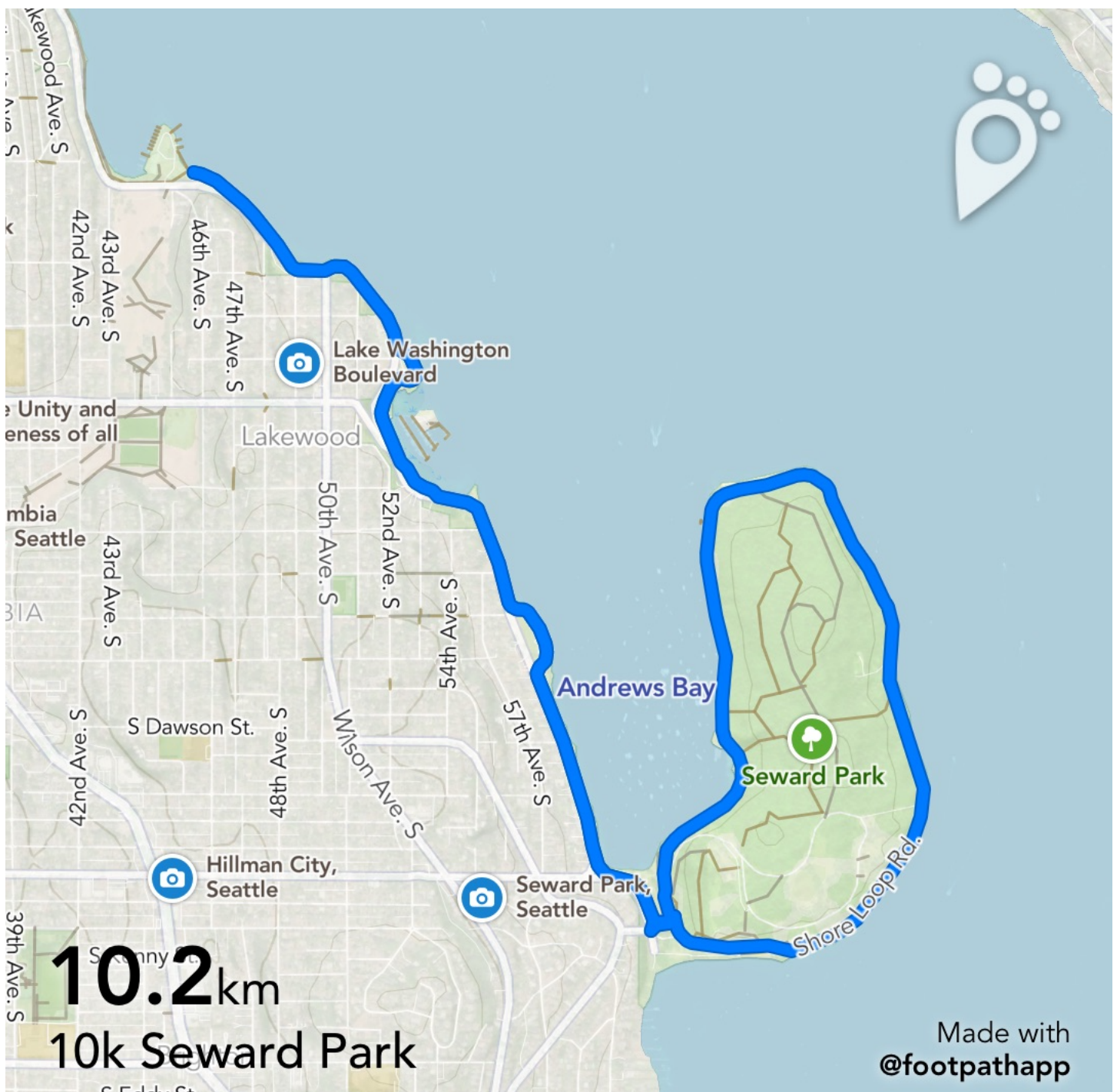
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10K Walking Directions & Map

1. Begin your walk from the parking lot of the Mt. Baker Rowing Center/Stan Sayres Park.
2. From the boat launch kiosk in the parking lot, take the paved path along the lakefront, keeping the lake on your left. There are restrooms available at the Rowing Center.
3. Continue on the path and sidewalks to Seward Park (2.5K). Restrooms across the entry road next to the Seward Park Community Center.
4. Turn right from the restrooms and take the paved path along the lake – the lower path.
5. Keep the lake on your left and circle the park (Bailey Peninsula). Look for wildlife – otter and eagles are possible. Loop is 5K.
6. Return to the restrooms and turn LEFT back on Lake Washington Blvd. S.
7. Continue along the path returning to the start. Enjoy the spectacular views all along the way.



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5K Walking Directions & Map:

1. Walk begins from the Community Center/Restrooms of Seward Park.
2. Leaving the restrooms, turn right and enter the wide paved path - the lower path.
3. Keeping the lake on your left, circle the park (Bailey Peninsula). Enjoy the views and look for wildlife such as otters and eagles.
4. Return to the restroom building.

If you registered on the online start box, logon and go to the Finish to complete your registration.

