



**The First State Webfooters
Welcomes You to
Newark, Delaware**

AVA Sanctioned Year Round Walks

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Newark, Delaware is home to the University of Delaware. There are three trails for this event—the 5K and 10K trials will take you through the lovely campus of the University as well as past many restaurants, small shops, and brew pubs. The 6K trail is an out and back along a paved rails to trails route.

Registration:

Registration takes place online using the AVA Online Start Box (OSB) or Physical Start Box (PSB). Please use either the OSB or PSB to register and complete the event---do not mix the two registration formats. For the Online Start Box register on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (both 5K and 10K are available) and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

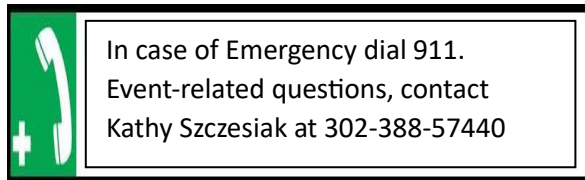
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Start/Finish Point Location:

The start point for all 3 trails (5K, 6K, and 10K) is the Courtyard Marriott at 400 David Hollowell Drive, Newark DE.

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- **Start Point:** Courtyard Marriott, 400 David Hollowell Drive, Newark DE
- **Restrooms** are available at the start point and at restaurants along the route (5K/10K)
- **Parking** is available at the hotel
- **Restaurants: There are many places to eat in Newark along both the 5K and 10K trails**
- **Special Programs:** Walking the United States
 - Walking the USA A-Z (all routes)
 - Par for the Course (all routes)
 - Walking with America's Veterans (5 and 10K routes)
 - Rails to Trails (6K route)
- **Directions:** I-95 to Delaware Exit 1B. Follow 896 North into Newark, (Rd. is re-named South College Ave.). Go to the dead end of College Ave. and turn left onto Main St. Staying in the right lane, go one (1) block at the fork in Rd. bear right over the railRd. tracks. Proceed through traffic light at Cleveland Ave. Heading up the hill look to right for signs to University of Delaware-Laird Campus. Turn right on David Hollowell Dr. DC/Baltimore. If your GPS does not recognize "David Hollowell Dr", use 200 New London Rd. Newark DE 19710

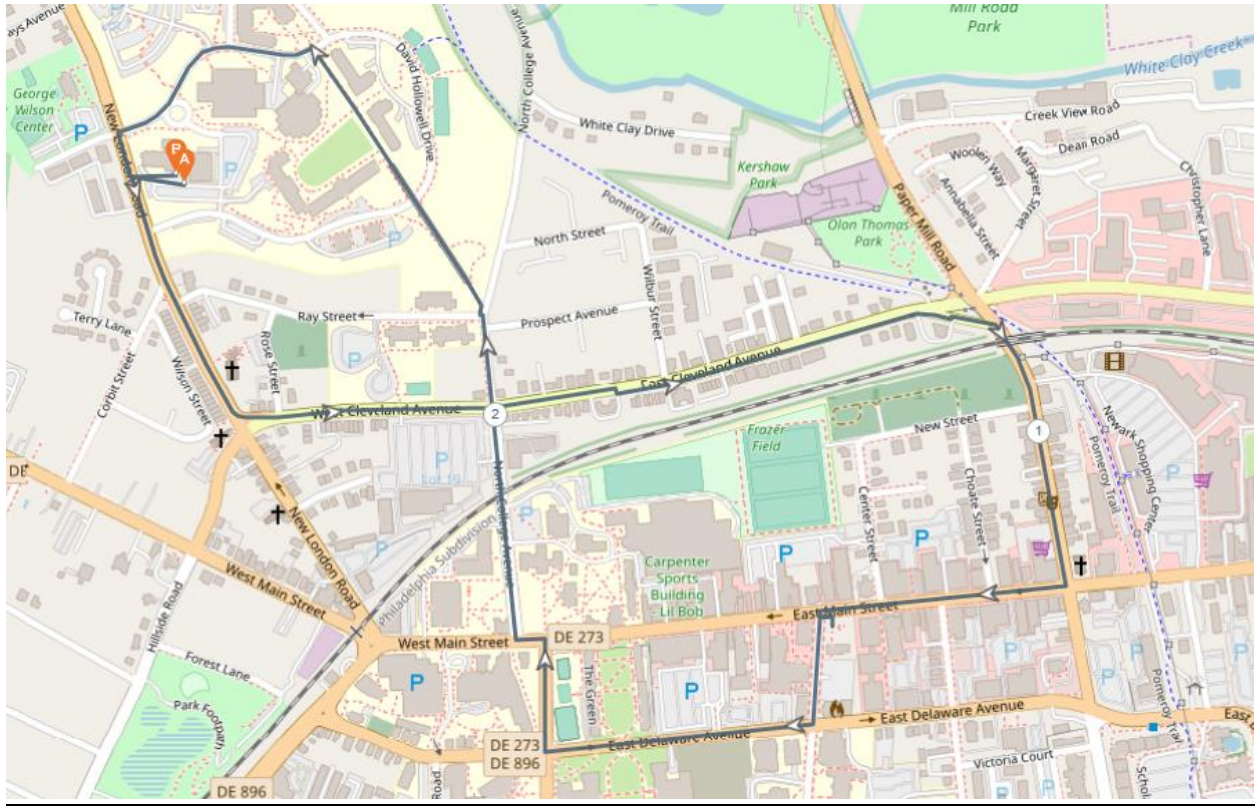


These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Newark, DE 5K Directions

1. Leave the Courtyard Marriott lobby and turn right through the parking lot. Follow the steps down to the street (New London Rd.)
2. Left on New London Rd to West Cleveland Ave.
3. Left on W. Cleveland to North Chapel St.
4. Right on North Chapel St to East Main St.
5. Right on E. Main St to Academy St.
6. Left on Academy St.
7. Enter the courtyard on the corner where there is a War Veterans Memorial.
8. From the memorial, turn right and follow the sidewalk to Academy St.
9. Left on Academy St. to East Delaware Ave.
10. Right on E. Delaware Ave to South College St.
11. Right on S. College St to W. Main St.
12. Cross W. Main St and continue on N. College St (name changes at Main St).
13. Cross Ray St.
14. Follow a brick sidewalk on the left leading to college dorms.
15. Follow this sidewalk (skywalk) to the first street you come to after a set of U of D gates (David Hollowell Dr.).
16. Left on David Hollowell Dr. to New London Rd
17. Left on New London Rd to the steps on your left to the hotel (start/finish point).

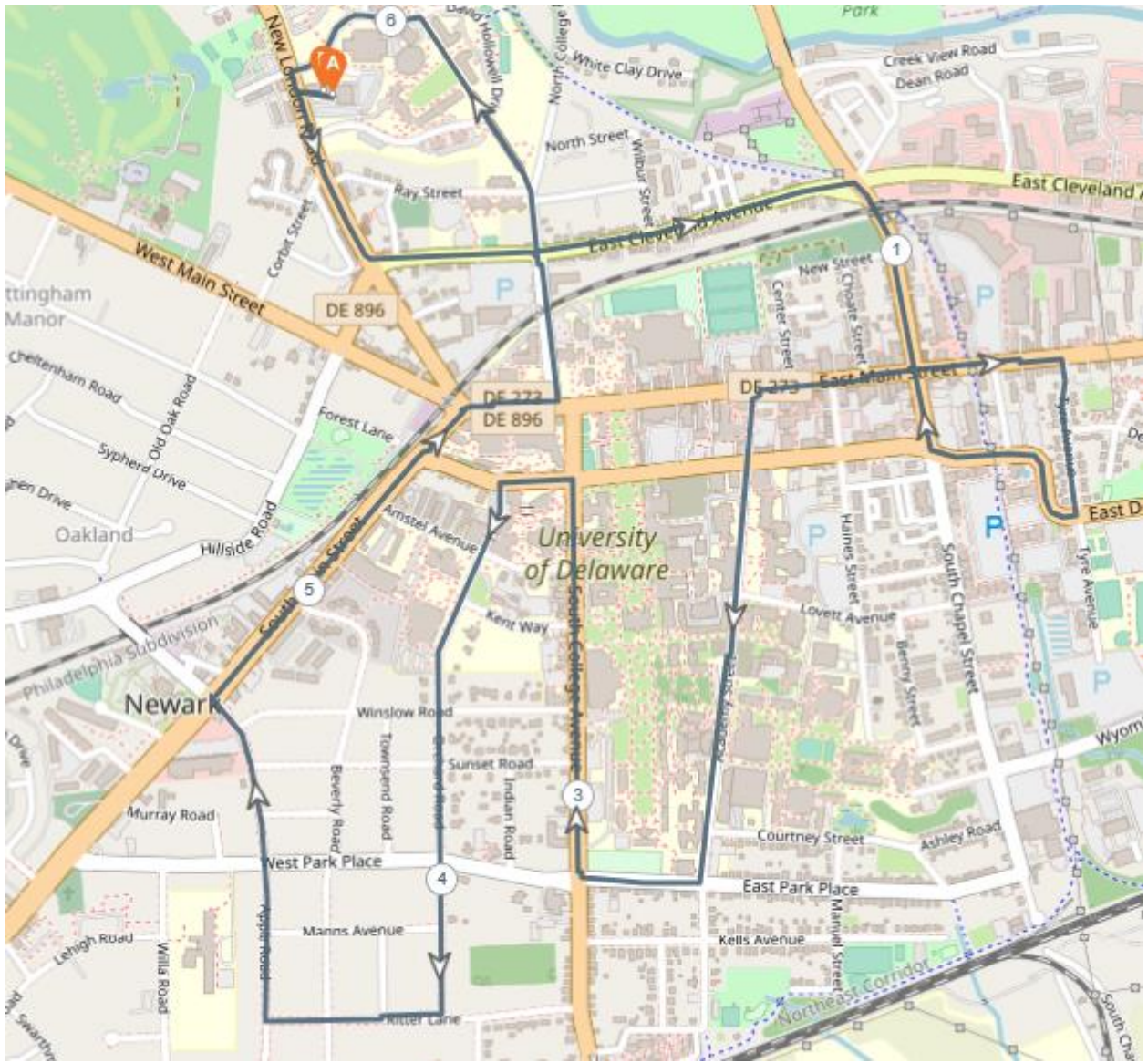
Newark, DE 5K Map



Newark, DE 10K Directions

1. Leave the Courtyard Marriott lobby and turn right through the parking lot. Follow the steps down to the street (New London Rd.)
2. Left on New London Rd to West Cleveland Ave.
3. Left on W. Cleveland to North Chapel St.
4. Right on N. Chapel St to East Main St.
5. Left on E. Main to Tyre Ave.
6. Right on Tyre Ave to E. Delaware Ave.
7. Right on E. Delaware Ave to South Chapel St.
8. Right on S. Chapel St. to East Main St.
9. Left on E. Main St to Academy St. Enter the courtyard on the corner where there is a War Veterans Memorial.
10. From the memorial turn right and follow the courtyard to Academy St. Left on E. Academy St to East Park Place.
11. Right on E. Park Pl to South College Ave.
12. Right on S. College to W. Delaware Ave.
13. Left on W. Delaware Ave to Orchard Rd.
14. Left on Orchard Rd to Ritter Lane
15. Right on Ritter Lane to Apple Rd.
16. Right on Apple Rd. to South Main St.
17. Right on S. Main St to West Main St.
18. Carefully Cross W. Main St. Right on West Main to North College Ave.
19. Left on North College Ave. to Ray St. Cross Ray St.
20. Take the brick sidewalk on your left leading to college dorms. Continue on the sidewalk (skywalk) to the first street you come to immediately after a set of U of D gates (Davide Hollowell Dr).
21. Left on David Hollowell Dr to New London Rd.
22. Left on New London Rd to the steps on your left to return to the hotel/start point.

Newark, DE 10K Map



Newark, DE 6K Directions—Pomeroy & Newark Rail Trail

1. This rails to trails route is an out and back. Leave the Courtyard Marriott lobby and turn right through the parking lot. Follow the steps down to the street (New London Rd.)
2. Turn right on New London Rd. Go one short block and turn right on David Hollowell Dr.
3. Follow David Hollowell Dr to the rail trail entrance. The entrance to the Pomeroy and Newark Rail Trail will be on your left (small brown sign at the entrance) and is the paved path located between the sand volleyball court and tennis courts.
4. Turn right onto the trail and continue to E. Cleveland Ave. At the crosswalk, cross Cleveland Ave and use the next immediate crosswalk to cross Chapel St.
5. Continue on paved Pomeroy and Newark Rail Trail (note signage for Pomeroy Trail/North Chapel St & Newark Bikeways).
6. The trail will cross Main St., Delaware Ave., and Wyoming Rd. Follow to the “V” in the trail where it splits and connects with James Hall Trail.
THIS IS THE TURNAROUND POINT.
7. Turn around and retrace your steps to return to the Courtyard Marriott start point.

Newark, DE 6K Map

