

## **Kansas City, MO – Westport 5K YRE 1759 WALK DIRECTIONS**

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This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

In case of emergency: Dial 911

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**Start/Finish point** is in the parking lot of the Sunfresh Grocery Store. The address for the store is: 4001 Mill St, Kansas City, MO 64111. There are restrooms located within the store at the start of the walk. There are no other restrooms available during the walk.

**Directions from Downtown Kansas City, MO (Southbound):** From downtown Kansas City, MO take I-35 S (to Wichita). Use the left 2 lanes to take exit 1A for Southwest Trafficway. Merge onto SW Trafficway. Follow SW Trafficway about 2 miles and turn left on Mill St. Make a quick left to turn into parking lot for Sunfresh Grocery Store.

**Directions towards Downtown Kansas City, MO (Northbound):** On northbound I-35 (coming from Wichita, KS), Head north on I-35 N. Use the right lane to take exit 233A to merge onto Mission Rd. Merge onto Mission Rd. Turn left onto W 43rd Ave. Continue onto Westport Rd. Turn left to stay on Westport Rd. Turn left onto SW Trafficway. Turn right onto Mill St. Make a quick left to turn into parking lot for Sunfresh Grocery Store.

**Special Programs (SP):** Walking the USA A – Z (“Jackson”); Walking Missouri Counties (Platte County); A-MAZE-ing Labyrinths, Step to the Beat, Walking With America’s Veterans

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### **WALK COMPLETION AND CREDIT**

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submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

Please refer any questions or comments on this walk to the walk POC:

Barbara Buehrer

[walkerbarb7@gmail.com](mailto:walkerbarb7@gmail.com)

Phone: (816) 679-3480

### **Location of Special Programs for 5K and 10K walks**

#### **A-MAZE-ing Labyrinths –**

5K walk - #18 glass labyrinth

10K walk - #18 glass labyrinth

#### **Step to the Beat –**

5K walk - #3-4 Westport has several businesses that host live music

10K walk - #3-4 Westport has several businesses that host live music

#### **Walking With America's Veterans –**

5K walk - #7 Vietnam Veterans Memorial

10K walk - #7 Vietnam Veterans Memorial

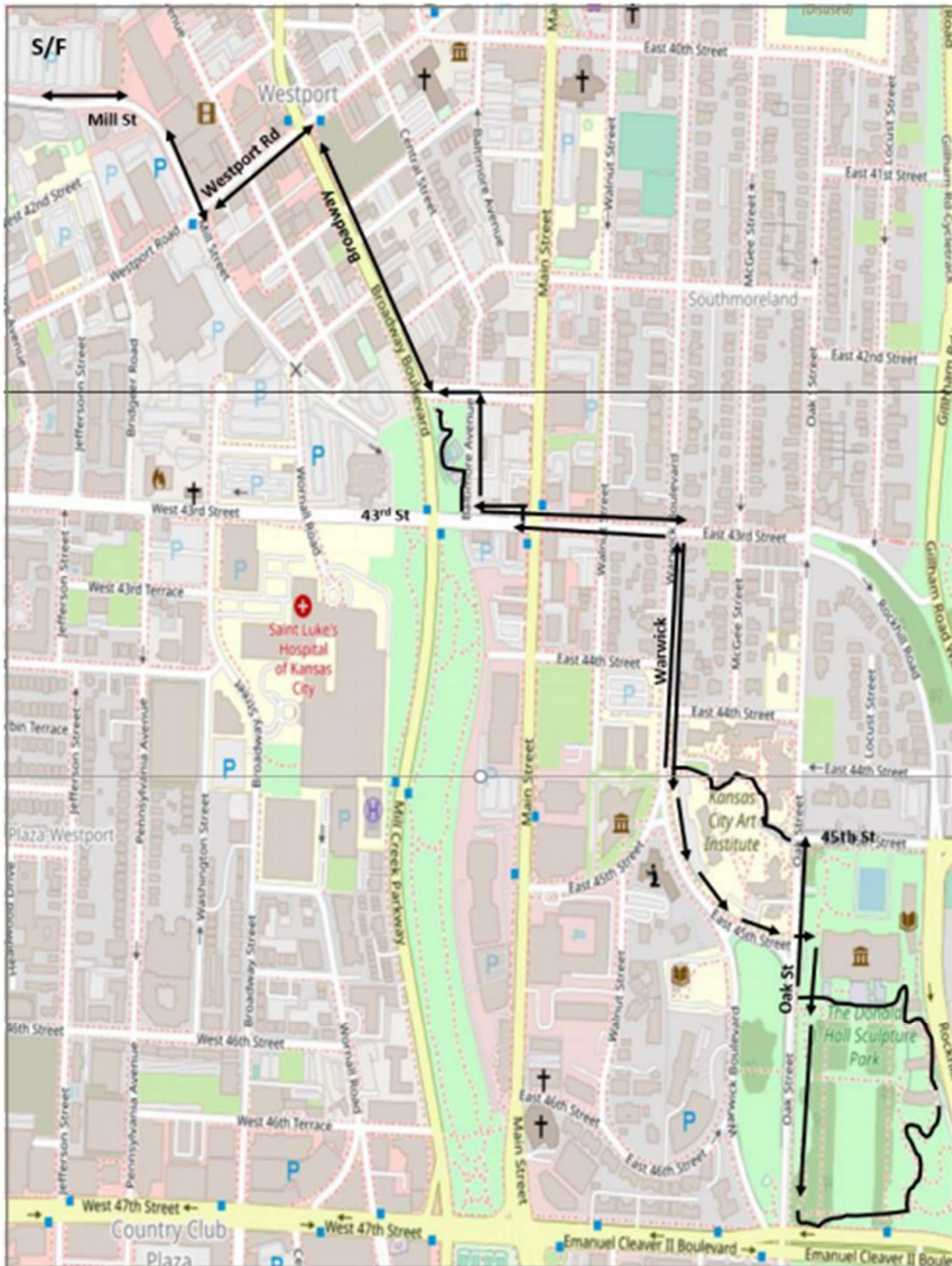
The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website ([my.ava.org](http://my.ava.org)) for information on other walks in the Kansas City area.

## **Kansas City, MO – Westport 5K YRE 1759 WALK DIRECTIONS**

1. Exit SunFresh, turn left, and follow Mill St on the sidewalk to Westport Rd.
2. There is a four-way stop at the corner of Westport Rd and Mill St.
3. Cross Westport Rd carefully at the four-way stop, and turn left.
4. Cross Broadway Blvd with the light, turn right, and walk several blocks to a memorial park.
5. Cross Vietnam Veterans Memorial Dr with care and enter the park.
6. You will see a fountain in the park.
7. Follow the sidewalk past the fountain and memorial to the end of the park. The sidewalk will exit onto Baltimore Ave.
8. Turn right on Baltimore Ave and then left on W 43<sup>rd</sup> St.
9. At Main St turn right and cross W 43<sup>rd</sup> St with the light.
10. Use the light and cross Main St.
11. Continue walking on 43<sup>rd</sup> St.
12. Cross Warwick Blvd and turn right.
13. Follow the sidewalk along Warwick Blvd. You will see the Kansas City Art Institute on your left and Kemper Museum of Contemporary Art and the back of the Unitarian Universalist Church on your right.
14. Veer to the left at the Y until you reach Oak St (no sign). Carefully cross Oak St (traffic on Oak St does not stop).
15. From the crosswalk, walk straight into a drive.
16. You will find a red brick path near the trash containers. You will be looking at the side of the Nelson-Akins Museum of Art. Turn right and walk on the red brick path (use caution as this path can be slick due to water, mud and/or snow).
17. At the SEATED WOMAN sculpture follow the path as it turns to the left. Continue on the red brick path passing the shuttlecocks on your left.
18. At the Y, follow the left red brick path toward the very modern building passing the glass labyrinth on your left (explore the maze if you desire.)
19. Continue up the hill and turn right on the gray brick path walking toward the THREE BOWLS sculpture.
20. Continue on the gray brick path going by 3 buildings on your left.
21. Continue on the gray brick path going through the zigzag that makes 4 turns.
22. Follow the gray brick path and just before coming to the end make a sharp left so you are walking in the opposite direction on the ramp.
23. Walk down the ramp continuing past the landscape circle and turn right.
24. Walk past the THINKER sculpture on your right.
25. Curve right after the next landscape circle and then take the stairs on the left.
26. Follow the red brick path to Oak St and turn right on the sidewalk.
27. Walk past the Kansas City Art Institute on your left.
28. At E 45th St turn, crossing Oak St and enter the Kansas City Art Institute grounds/drive. (Walt Disney was an Art Institute student.)
29. Walk past two stone walls on your right and then turn right on the sidewalk.
30. Veer left at the Y.
31. Turn left at the first opportunity where you will pass a porch with two stone frogs.
32. Curve to the right and then curve to the left walking toward the brick gate.
33. Exit the gates and turn right on Warwick Blvd.
34. Turn left on E 43<sup>rd</sup> St.
35. Cross Main with the light and turn right. Cross 43<sup>rd</sup> St with the light and turn left.
36. Turn right on Baltimore Ave.
37. Turn left on Vietnam Veterans Memorial Dr.
38. Turn right on Broadway Blvd.
39. Turn left on Westport Rd.

- 40. Turn right on Mill St and follow sidewalk past The Big Biscuit to SunFresh/Start Point.

### **Kansas City, MO – Westport 5K YRE 1759 WALK DIRECTIONS**



## **Kansas City, MO – Westport 10K YRE 1759 WALK DIRECTIONS**

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**Special Programs (SP):** Walking the USA A – Z (“Jackson”); Walking Missouri Counties (Platte County); A-MAZE-ing Labyrinths, Step to the Beat, Walking With America’s Veterans

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5K walk - #18 glass labyrinth

10K walk - #18 glass labyrinth

#### **Step to the Beat –**

5K walk - #3-4 Westport has several businesses that host live music

10K walk - #3-4 Westport has several businesses that host live music

#### **Walking With America's Veterans –**

5K walk - #7 Vietnam Veterans Memorial

10K walk - #7 Vietnam Veterans Memorial

## **Kansas City, MO – Westport 10K YRE 1759 WALK DIRECTIONS**

1. Exit SunFresh, turn left, and follow Mill St on the sidewalk to Westport Rd.
2. There is a four-way stop at the corner of Westport Rd and Mill St.
3. Cross Westport Rd carefully at the four-way stop, and turn left.
4. Cross Broadway Blvd with the light, turn right, and walk several blocks to a memorial park.
5. Cross Vietnam Veterans Memorial Dr with care and enter the park.
6. You will see a fountain in the park.
7. Follow the sidewalk past the fountain and memorial to the end of the park. The sidewalk will exit onto Baltimore Ave.
8. Turn right on Baltimore Ave and then left on W 43<sup>rd</sup> St.
9. At Main St turn right and cross W 43<sup>rd</sup> St with the light.
10. Use the light and cross Main St.
11. Continue walking on 43<sup>rd</sup> St.
12. Cross Warwick Blvd and turn right.
13. Follow the sidewalk along Warwick Blvd. You will see the Kansas City Art Institute on your left and Kemper Museum of Contemporary Art and the back of the Unitarian Universalist Church on your right.
14. Veer left at the Y until you reach Oak St (no sign). Carefully cross Oak St (traffic on Oak St does not stop).
15. From the crosswalk, walk straight into a drive.
16. You will find a red brick path near the trash containers. You will be looking at the side of the Nelson-Akins Museum of Art. Turn right and walk on the red brick path (use caution as this path can be slick due to water, mud and/or snow).
17. At the SEATED WOMAN sculpture follow the path as it turns to the left. Continue on the red brick path passing the shuttlecocks on your left.
18. At the Y, follow the left red brick path toward the very modern building passing the glass labyrinth on your left (explore the maze if you desire.)
19. Continue up the hill and turn right on the gray brick path walking toward the THREE BOWLS sculpture.
20. Continue on the gray brick path going by 3 buildings on your left.
21. Continue on the gray brick path going through the zigzag that makes 4 turns.
22. Follow the gray brick path and just before coming to the end make a sharp left so you are walking in the opposite direction on the ramp.
23. Walk down the ramp continuing past the landscape circle and turn right.
24. Walk past the THINKER sculpture on your right.
25. Curve right after the next landscape circle and then take the stairs on the left.
26. Follow the red brick path to Oak St and turn right on the sidewalk.
27. Pass the Kansas City Art Institute on your left, and continue to E 45th St.
28. Turn right on E 45th Street, and take an immediate right on the brick path.
29. At the sign for STANDING FIGURES, turn left.
30. Turn left at the driveway, and then turn right on the sidewalk. You are now on E 45th St again.
31. Turn right on Rockhill Rd. Cross Emanuel Cleaver II Blvd with the light.
32. Turn left and cross Rockhill Rd with the light.
33. Walk along Emmanuel Cleaver II Blvd. Notice the stone houses to your right.
34. Turn right on Harrison St. If you get to the traffic light, you have gone too far. The Master Garden sign will be on your right, and the Planned Parenthood Building will be on the left. Cross Harrison St and turn right on the sidewalk.

35. Follow a short gravel path to the parking lot in front of the Missouri Conservation Discovery Center. Walk to the front door. If the center is open, there are restrooms.
36. Exit the Conservation Center or turn around and walk toward the small shed in the distance. At the second walk on the right, turn right.
37. At the picnic shelter veer right. At the T turn left.
38. Continue following the path. You will pass a teepee on your left.
39. When you reach the back of the building, turn right, walking toward the picnic shelter.
40. Turn right on the sidewalk which is right before the picnic shelter. At the pond, turn right.
41. At the Y veer right.
42. Continue walking though the parking lot. Cross Rockhill Rd with the light.
43. Enter the parking lot of the Kauffman Gardens and enter the gardens through the main gate. Restrooms are available here when open.
44. Walk around the fountain area to the back of the gardens and then walk around the back of the building to the main gate.
45. Walk to Rockhill Rd and turn right. Just before the bridge, turn right on the path which leads to Brush Creek.
46. Walk under the bridge and pass stairs on your right.
47. Just before you go under the second bridge, turn right on the path leading up to the street.
48. At the light (Ward Parkway and Main St/Brookside Blvd), turn right.
49. Turn right on Emanuel Cleaver II Blvd. Winstead's is a good place to eat or to get ice cream.
50. At Rockhill Rd, turn left and cross Emanuel Cleaver II Blvd with the light.
51. Turn left and continuing walking on Emanuel Cleaver II Blvd to Main St. Cross Main St with the light carefully.
52. Turn right on the sidewalk into Mill Creek Park. Head for the fountain. Standing in front of a bench and facing the fountain, veer to the left. Walk to the Y.
53. At the Y, veer left.
54. At the next Y, veer to the left.
55. Cross 43rd Street with care.
56. Turn right and walk to Baltimore Ave. Turn left and follow the path that enters the Vietnam Veterans Memorial Park. Follow the sidewalk through the park.
57. Cross Vietnam Veterans Memorial Dr. Continue on Broadway Blvd to Westport Rd.
58. Cross Westport Rd with the light.
59. Turn left and cross Broadway with the light.
60. Continue walking on Westport Rd until you reach Mill Street. Turn right.
61. Follow the sidewalk back to Sun Fresh, the start and finish.

The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website ([my.ava.org](http://my.ava.org)) for information on other walks in the Kansas City area.



Thanks for walking with the Clay-Platte Trackers of Kansas City. Please enjoy our other YREs:

Gladstone, MO – Shoal Creek Trail (Special programs: Par for the Course)

Kansas City, MO – Downtown KCMO (Special programs: Grain Elevator: Monarchs of the Plains, Step to the Beat, Walking With the Wild Things)

Kansas City, MO – Line Creek Trail (Walking With the Wild Things)

Kansas City, MO – Monuments (Special programs: Grain Elevators: Monarchs of the Plains, Par for the Course, Walking With the Wild Things, Walking With America's Veterans)

Kansas City, MO – Westport (Special programs: A-MAZE-ing Labyrinths, Step to the Beat, Walking With America's Veterans)

Liberty, MO – Town (Special programs: Step to the Beat, Walking With America's Veterans)

North Kansas City, MO – NKC Town (Special programs: Grain Elevators, Par for the Course, Step to the Beat, Walking With America's Veterans)

Parkville, MO – English Landing Trail (Special programs: Anniversaries Hurrah, Grain Elevators: Monarchs to the Plains, Par for the Course, Step to the Beat, Walking With America's Veterans)