



The York White Rose Wanderers  
Welcomes You to  
**York Heritage Rail Trail Bike #1**  
15K, 34K, 54K

An AVA Sanctioned Year-Round Event



Head north from **Hanover Junction Station** on a ride filled with history, scenery, and flexible distances—choose **15 km, 34 km, or 54 km** round trip depending on how far you'd like to go. This ride along the former Northern Central Railway line offers a mix of charming small towns, historic sites, and parkland, making it a rewarding adventure for cyclists of all levels.

- **Hanover Junction Station** – Built in 1851, this restored Civil War-era station served as a crucial hub for the Northern Central Railway. Troops, supplies, and even President Abraham Lincoln passed through here, including on his way to give the Gettysburg Address in 1863. Today, it stands as a museum and starting point for your ride.
- **Seven Valleys** – Founded in the early 1800s, this town prospered thanks to local mills and the railway. Its charming setting at the meeting of valleys makes it a scenic stop, steeped in railroad heritage.
- **Howard Tunnel** – Built in 1838, Howard Tunnel is the oldest continuously operated railroad tunnel in the United States. Still in use today, it stands as a remarkable engineering achievement and a reminder of the critical role railroads played in linking communities and commerce. *(15K Turnaround)*
- **York City** – Known as the “first capital of the United States,” York briefly hosted the Continental Congress during the Revolutionary War. Cyclists can stop near the site of the **Colonial Courthouse**, where the Articles of Confederation were adopted in 1777. Today, York is a vibrant city that blends colonial history with modern energy. *(34K Turnaround)*
- **John Rudy Park** – At the northern end of the route, this expansive county park offers trails, open space, and a welcome rest before your return trip. *(54K Turnaround)*

This ride is more than just distance on a bike—it's a journey through the history of York County and the nation itself. Whether you turn around at Gladfelter Station, Downtown York, or continue to John Rudy Park, you'll enjoy a unique mix of nature, heritage, and exercise along this storied railway corridor.

**Event Registration:**

Registration takes place online using that AVA Online Start Box, on [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

**Bike Completion and Bike Credit:**

Once you have physically completed the route, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

**Starting Point Location:**

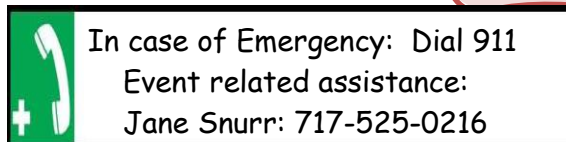
**Hanover Junction Access:**

2433 Seven Valleys Rd, Seven Valleys, PA 17360

**Restrooms:**

Located at the start point and several locations along trail.

**Emergency Numbers:**



**IMPORTANT INFORMATION:**

- Always wear a helmet
- Riders must yield to horses and walkers
- Carry water on this event
- Limited bike repair facilities available
- “Carry In, Carry Out” your trash

### 15K & 34K Bike Direction for YHRT #1 Bike Directions: (1B)

- Face the trail from the parking lot with Hanover Junction Station on your right.
- Cross the Railroad tracks and turn left to join the trail.

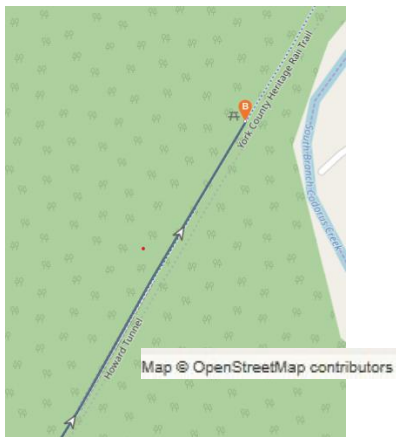
#### 15KM Riders

Just past the Howard Tunnel ride to a picnic table on the left, turn around to return to Hanover Junction Station.

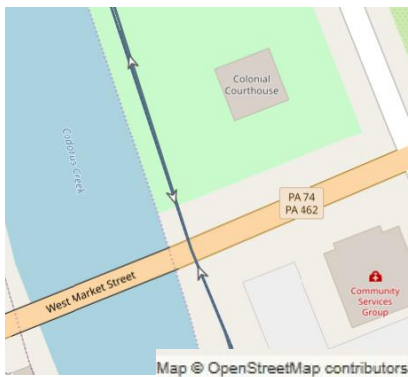
#### 34KM Riders


Continue through Seven Valleys, Gladfelter Station, Southern York City to the Colonial Courthouse on your right. Turn around to return to Hanover Junction Station.

This map and directions may only be used  
**15KM Turn Around**



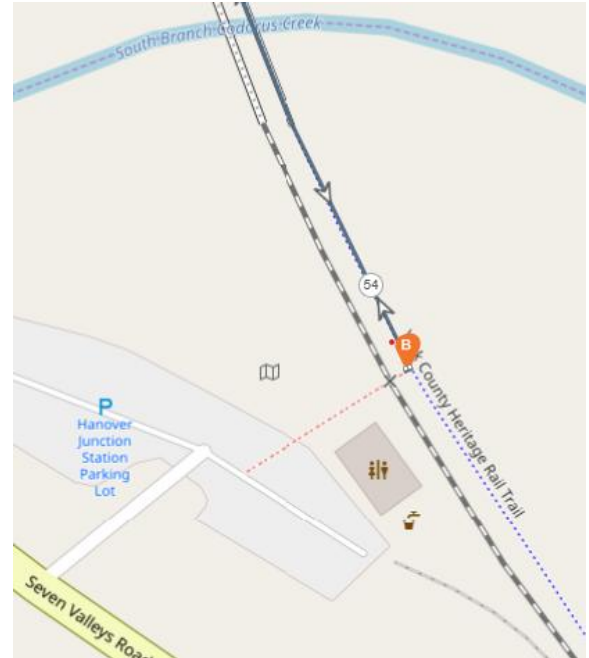
#### 34KM Turn Around



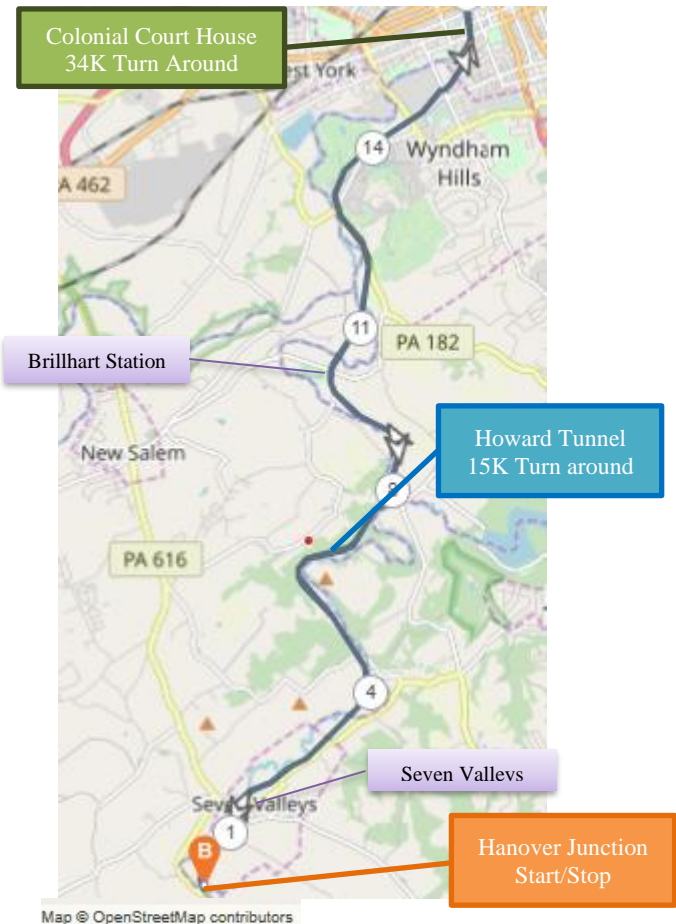
 In case of Emergency: Dial 911  
Event related assistance:  
Jane Snurr: 717-525-0216

in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

#### Start Point:



#### Full Trail



### 54K Bike Direction for YHRT #1

#### Bike Directions: (2B)

- Face the trail from the parking lot with Hanover Junction Station on your right.
- Cross the Railroad tracks and turn left to join the trail.
- Continue on the trail until you reach southern York City (Passing York College on the right)

**MULTIPLE ROAD CROSSINGS IN DOWNTOWN YORK. MAY NEED TO DISMOUNT AT SEVERAL LOCATIONS**

- Cross Princess Street, King Street and Market Street to Colonial Courthouse on Right.
- Continue past Colonial Courthouse and over Philadelphia Street and Beaver Street.
- At North George Street, carefully cross the road and turn left to cross the bridge

- Immediately across the bridge turn right to rejoin the trail.
- Continue to end of trail at John Rudy Park.
- Turn around to return to START.

**This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

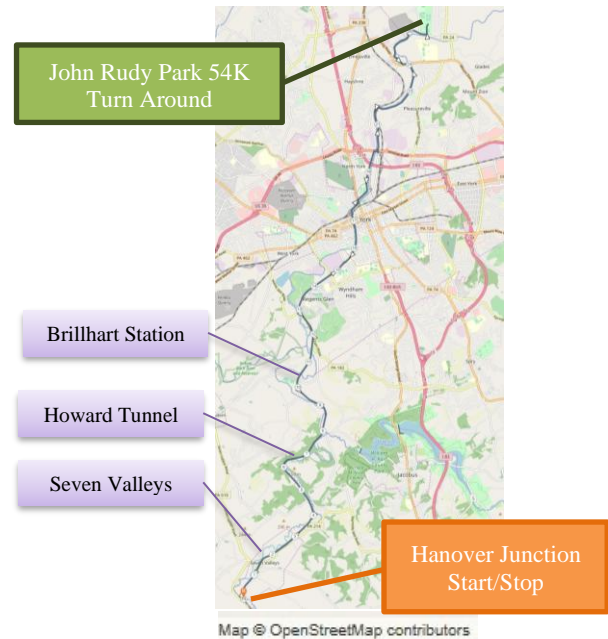
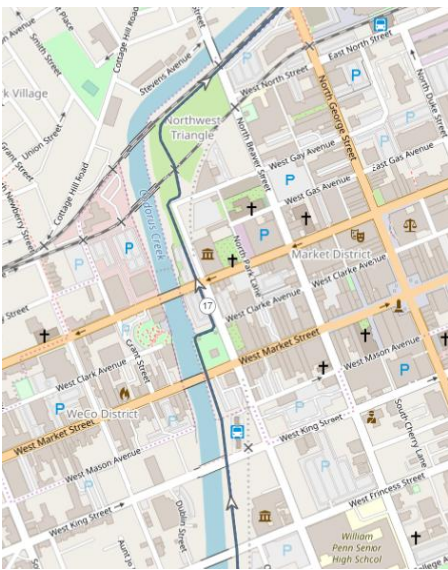
#### Start Point:



#### Downtown York #1

#### Downtown York #2

#### Full Trail



#### For 34K and 54K Riders-

Once you get into York City there are various restaurants and Central Market (Tue, Thur, Sat) on Market Street, Beaver Street, and George Street. When facing Colonial Courthouse on Philadelphia Street turn right away from the creek to find these shops and restaurants.

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