

Gladstone – Shoal Creek, MO 5K YRE 1788 WALK DIRECTIONS

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This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

In case of emergency: Dial 911

Start/Finish point: The walk begins at the parking lot in front of the tennis courts at Happy Rock Park in Gladstone, MO. The official address for the park is: 7600 NE Antioch Rd, Kansas City, MO 64119. There are two restrooms located within the park. The first is across the street from the tennis courts where you are parked. The other restroom will be located at direction step 11. The restrooms are seasonal (April-October), but the city does put porta-potties near the restrooms in the winter months.

Directions from Downtown Kansas City, MO (Northbound): From downtown Kansas City, MO take I29/35N (To Iowa). Keep right at the fork to continue on I-35 N, follow signs for Interstate 35 N/Des Moines. Take exit 10 for N Brighton Ave. Turn left onto N Brighton Ave. Turn left onto NE Pleasant Valley Rd. At the traffic circle, take the 1st exit. Slight right onto NE Antioch Rd. Turn right onto Happy Rock Park Rd and quick left into parking lot in front of tennis courts.

Directions towards Downtown Kansas City, MO (Southbound): On southbound I-35 (coming from Iowa), Head south on I-35 S. Take exit 16 for MO-152 toward Liberty. Keep right at the fork and merge onto MO-152 W. Take the N Brighton Ave exit. Use any lane to turn left onto N Brighton Ave. Turn right onto NE 80th St. Turn left onto NE Antioch Rd. Turn left onto Happy Rock Park Rd and quick left into parking lot in front of tennis courts.

Special Programs (SP): Walking the USA A – Z (“G”); Walking Missouri Counties (Clay County); Par for the Course

WALK COMPLETION AND CREDIT

Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they

have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

Please refer any questions or comments on this walk to the walk POC:

Phyllis Gall

phyllis8739@att.net

Phone: 816-506-3134

Location of Special Programs for the 5K and 10K walks

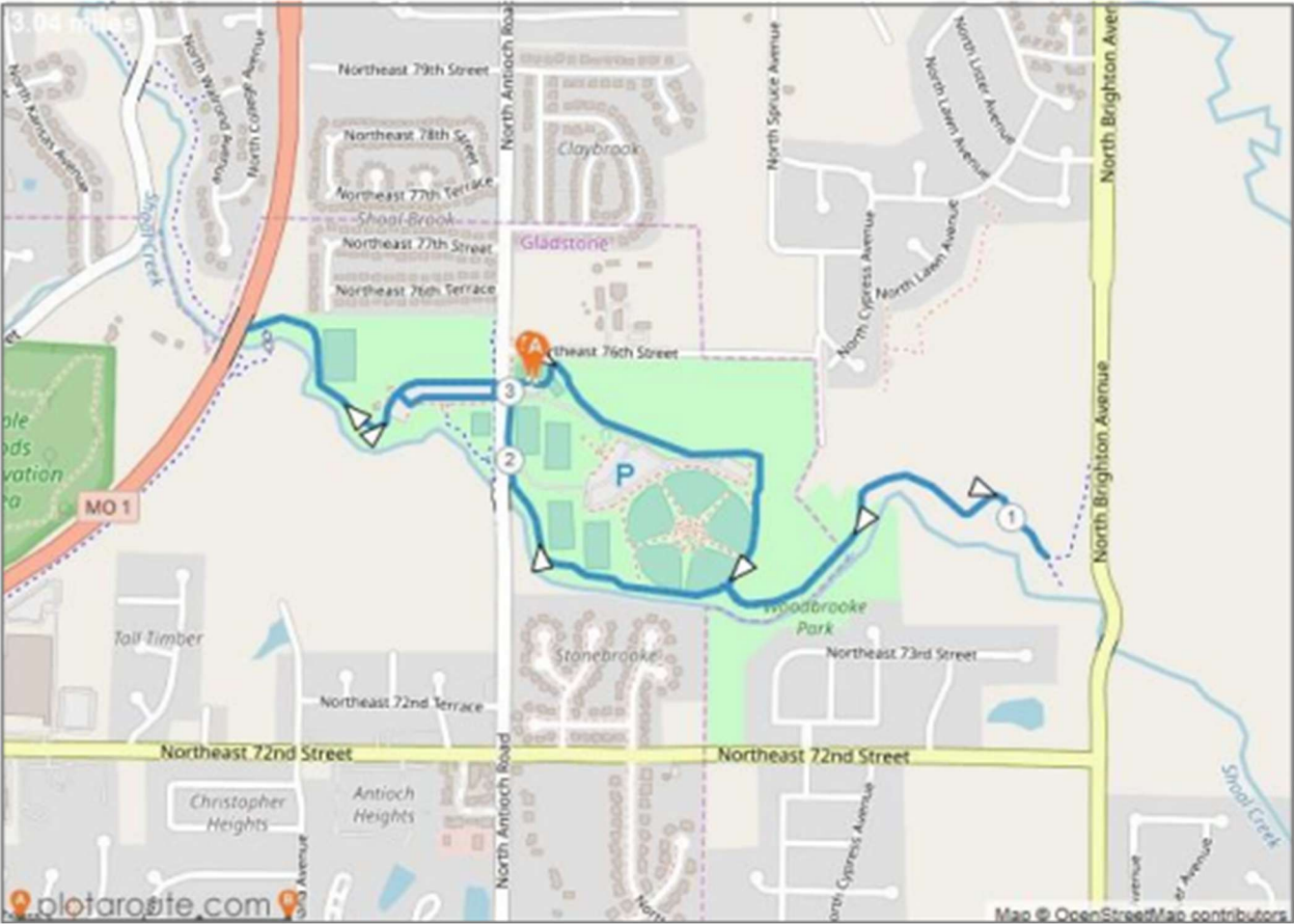
Par for the Course - #1 start at the tennis courts; #4 & #5 walking by the baseball fields; #10 walking by soccer fields

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1. Facing the tennis courts, turn right on sidewalk. Walk to the end of the tennis courts.
2. LEFT on sidewalk and continue up hill and on sidewalk.
3. CONTINUE on trail until you reach a “Y”. Take either the RIGHT or LEFT sidewalk (LEFT will take you through some trees, RIGHT will follow the parking lot).
4. CONTINUE on trail about 100’ until you reach a “Y” in the trail.
5. LEFT on the sidewalk. Follow this trail until you reach a “T” close to N. Brighton Ave.
6. TURN AROUND and walk back to where you branched off from the main trail near the baseball fields.
7. LEFT to continue on walking trail.
8. CROSS one park road and a second park road. The tennis courts and your car will be just on your right.
9. LEFT and use the crosswalk to cross over N. Antioch Rd.
10. QUICK RIGHT and then LEFT to continue on sidewalk. Parking lot will be on your left, soccer fields on your right.
11. LEFT on sidewalk at restrooms.
12. VEER RIGHT at end of parking lot and follow trail past the baseball fields on your right and Shoal Creek on your LEFT.
13. Continue on trail until you reach the first overpass (Antioch Rd).
14. TURN AROUND and follow the trail back through the park until you reach your car and the end of the walk.

The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website (my.ava.org) for information on other walks in the Kansas City area.

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Gladstone – Shoal Creek, MO 10K YRE 1788 WALK DIRECTIONS

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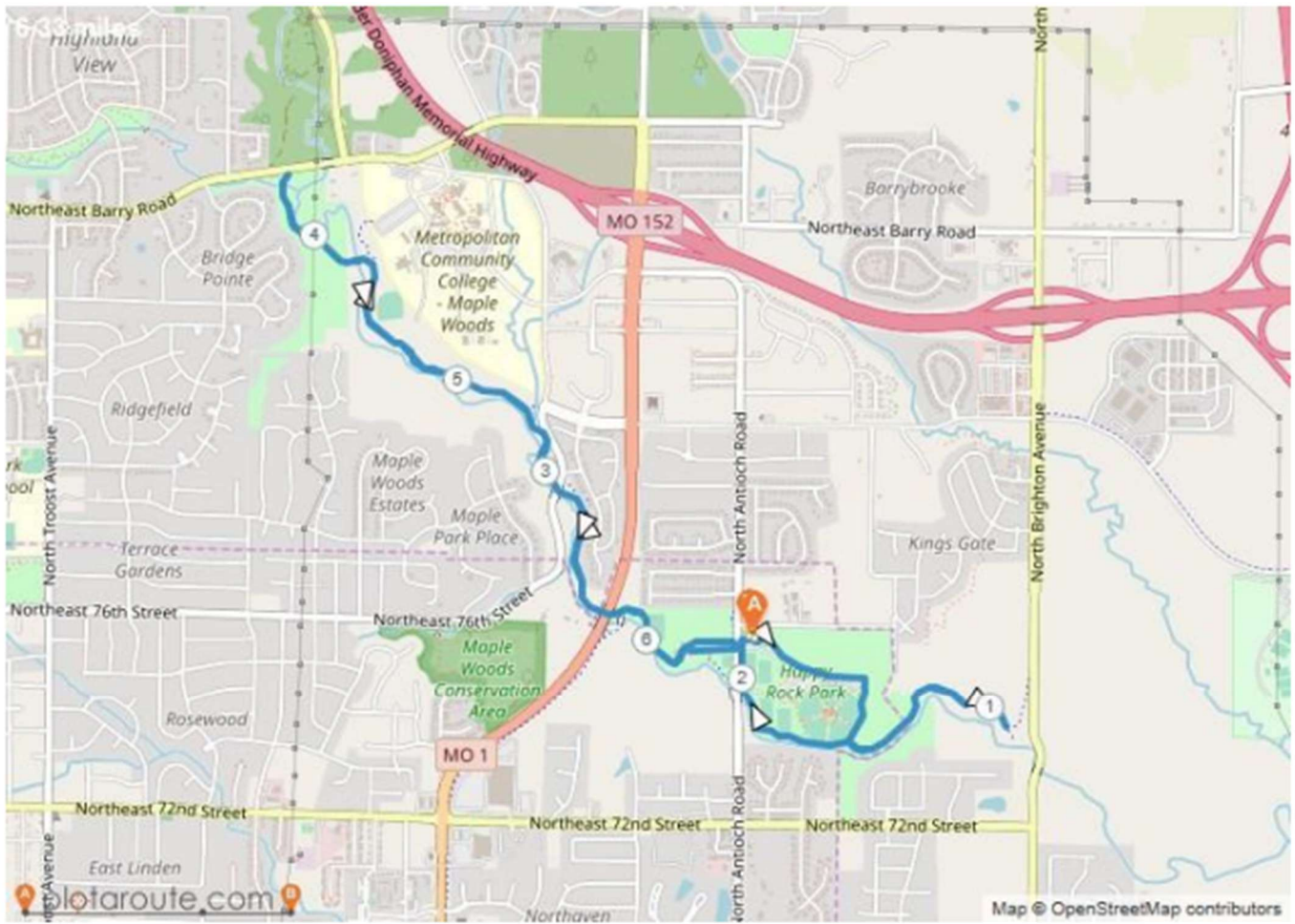
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4. CONTINUE on trail about 100’ until you reach a “Y” in the trail.
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6. TURN AROUND and walk back to where you branched off from the main trail near the baseball fields.
7. LEFT to continue on walking trail.
8. CROSS one park road and a second park road. The tennis courts and your car will be just on your right.
9. Turn LEFT and use the crosswalk to cross over N. Antioch Rd.
10. QUICK RIGHT and then LEFT to continue on sidewalk. Parking lot will be on your left, soccer fields on your right.
11. LEFT on sidewalk at restrooms.
12. VEER RIGHT at end of parking lot and follow trail past the baseball fields on your right and Shoal Creek on your left.
13. After the .2 mile marker (MM) CONTINUE STRAIGHT on trail to go under the first overpass (Antioch Rd).
14. After the .5 MM and “Doggy Pit Stop” at the “Y” take a LEFT to go under the second overpass (Agnes Ave).
15. CONTINUE on trail. At the .9 MM at the “Y” take a LEFT.
16. After the 1.5 MM at the “Y” take a LEFT and cross a small pedestrian bridge.
17. CONTINUE on trail until you get to the 1.9 MM which goes into a very small parking lot. The road ahead of you will be Barry Rd.
18. TURN AROUND at this parking lot and retrace your steps. Cross the pedestrian bridge and continue on the trail.
19. After the 1.1 MM at the “Y” take a RIGHT.
20. CONTINUE on trail walking under two overpasses returning to the baseball fields. Stay on the trail all the way back to the tennis courts and your car.

The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website (my.ava.org) for information on other walks in the Kansas City area.

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Thanks for walking with the Clay-Platte Trackers of Kansas City. Please enjoy our other YREs:

Gladstone, MO – Shoal Creek Trail (Special programs: Par for the Course)

Kansas City, MO – Downtown KCMO (Special programs: Grain Elevator: Monarchs of the Plains, Step to the Beat, Walking With Wild Things)

Kansas City, MO – Line Creek Trail (Walking With Wild Things)

Kansas City, MO – Monuments (Special programs: Grain Elevators: Monarchs of the Plains, Par for the Course, Walking With the Wild Things, Walking With America's Veterans)

Kansas City, MO – Westport (Special programs: A-MAZE-ing Labyrinths, Step to the Beat, Walking With America's Veterans)

Liberty, MO – Town (Special programs: Step to the Beat, Walking With America's Veterans)

North Kansas City, MO – NKC Town (Special programs: Grain Elevators, Par for the Course, Step to the Beat, Walking With America's Veterans)

Parkville, MO – English Landing Trail (Special programs: Grain Elevators: Monarchs to the Plains, Par for the Course, Step to the Beat, Walking With America's Veterans)