

Scotia, NY Walks

There are three available walks. The 5K and 6K walks are rated 1A and the 10K walk is rated 2A.

Starting Point: The Glen Sanders Mansion Phone: 518-374-7262
1 Glen Ave.
Scotia, NY 12302 Website: www.glensandersmansion.com

The Glen Sanders Mansion is currently only open to private parties and hotel guests. Please do not enter the mansion. There are restrooms available at the Stewart's and Dunkin' Donuts along the route.

DIRECTIONS TO START: Scotia is located in eastern New York State, 12 miles northwest of Albany and on the opposite side of the Mohawk River from Schenectady.

From the East: Use Exit 25 of the New York Thruway and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St. (Rt. 5) Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

From the North: Use I-87 south to Exit 6. Bear right to follow Route 7 west toward Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Rte. 5). Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

OR: Using Route 50 south from Saratoga Springs/Ballston Spa, continue to the end at Mohawk Ave/Route 5. Left on Mohawk to Glen Ave. (a small street just before the light). Right on Glen Ave and then left into the Glen Sanders parking lot.

From the West: Use Exit 26 of the New York State Thruway and follow I-890 East to Exit 4B. Off the ramp, bear to the left and follow the sign to Scotia (Route 5). Left at traffic light at State St, and drive over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

Course Description: Located just west of Schenectady, crossing over the Mohawk River by way of the Western Gateway Bridge, is the village of Scotia. In the 1650's, Alexander Lindsey bought this land from the Iroquois Indians. He named his estate Scotia, in memory of the Scottish hills of his native country. The walks follow streets and sidewalks along the Mohawk River and paved paths through Collins Park. The Glen Sanders Mansion (starting point) is the oldest building along the Mohawk River. George Washington was a friend of The Glen Family and stayed at the Mansion.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

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POC: Vera Weiss, 518-399-1798

E-mail: scotiawalk@walkescv.org

Scotia, NY 5K Walk – 1A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on S. Ballston Ave. and walk to Riverside Ave.

Note the historical marker at Riverside & Ballston Ave. was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.

3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
5. **RIGHT** on Larkin St. to S. Reynolds St.
6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the Underground Railroad. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave to Riverside Pl.
8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St to Elliott St
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Glen Ave.
12. **RIGHT** on Glen Ave. to S. Reynolds St.
13. **LEFT** on S. Reynolds St. to Mohawk Ave.
14. **FIRST RIGHT** onto Mohawk Ave. Continue to the second traffic light at the corner of Ten Broeck St. and Mohawk Ave.
15. **LEFT** at the crosswalk to cross Mohawk Ave.

16. **RIGHT** to cross Ten Broeck Ave. (*The Village Hall is behind the old fire station at this corner.*)

17. **CONTINUE** walking along Mohawk Ave. to the next traffic light at N. Ballston Ave. *Along the way you'll pass Payettes's Musical Traders, for all things musical. (Step to the Beat)*

18. Using the pedestrian button and crosswalk, **CAREFULLY CROSS N. Ballston Ave. being aware of traffic turning from Mohawk Ave. onto N. Ballston Ave (Rt. 50).**

19. **CONTINUE** walking along Mohawk Ave. to the Scotia Library, also known as the Abraham Glen Home.

20. **LEFT** on the sidewalk that leads to the front of the library to the path located to the left of the library. (*Notice the Veterans Memorial in front of the library.*)

21. **RIGHT** on this path to Rotary Circle.

22. **FIRST RIGHT** off Rotary Circle to another paved path. Pass a green building which houses some bathrooms opened in the summer months. Follow this path to Schonowee Ave. (*Note the basketball and tennis courts in the park. Par for the Course Jumpin' Jacks is across the street. This is a great restaurant to have a bite to eat and/or a nice cold ice cream! It is open from the end of March to just before Labor Day.*)

23. **RIGHT** on Schonowee Ave. to Mohawk Ave.

24. **Slight RIGHT** on Mohawk Ave to crosswalk.

25. **CROSS** Mohawk Ave.

26. **LEFT** immediately to cross Glen Ave. and return to the Start Point at the Glen Sanders Mansion parking lot.

Scotia, NY 5K Walk – 1A

SPECIAL PROGRAMS	
Town Halls/City Halls	Step to the Beat
Walking with America's Veterans	Par for the Course

AFTER YOUR EVENT: Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable Special Programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying-for-credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Scotia, NY 6K Walk – 1A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on S. Ballston Ave. and walk to Riverside Ave.

Note the historical marker at Riverside & Ballston Ave. This was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.

3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
5. **RIGHT** on Larkin St. to S. Reynolds St.
6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the Underground Railroad. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave. to Riverside Pl.
8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St to Elliott St.
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Charles St.
12. **LEFT** on Charles St. to Bradberry St.
13. **RIGHT** on Bradberry St. to Sanders Ave.
14. **LEFT** on Sanders Ave. to Cramer Ave.
15. **RIGHT** on Cramer Ave. to Glen Ave.
16. **RIGHT** on Glen Ave. to S. Reynolds St
17. **LEFT** on S. Reynolds St. to Mohawk Ave.
18. **FIRST RIGHT** onto Mohawk Ave. Continue to the second traffic light at the corner of Ten Broeck St. and Mohawk Ave.

19. **LEFT** at the crosswalk to cross Mohawk Ave.
20. **RIGHT** to cross Ten Broeck Ave. (*The Village Hall is behind the old fire station at this corner.*)
21. **CONTINUE** walking along Mohawk Ave. to the next traffic light at N. Ballston Ave. *Along the way you'll pass Payettes's Musical Traders, for all things musical. (Step to the Beat)*
22. Using the pedestrian button and crosswalk, **CAREFULLY CROSS N. Ballston Ave. being aware of traffic turning from Mohawk Ave. onto N. Ballston Ave (Rt. 50).**
23. **CONTINUE** walking along Mohawk Ave. to the Scotia Library, also known as the Abraham Glen Home.
24. **LEFT** on the sidewalk that leads to the front of the library to the path located to the left of the library. (*Notice the Veterans Memorial in front of the library.*)
25. **RIGHT** on this path to Rotary Circle.
26. **FIRST RIGHT** off Rotary Circle to another paved path. Pass a green building which houses some bathrooms opened in the summer months. Follow this path to Schonowee Ave. (*Note the basketball and tennis courts in the park. Par for the Course*)
Jumpin' Jacks is across the street. This is a great outdoor restaurant to have a bite to eat and/or a nice cold ice cream! Open from the end of March to just before Labor Day.
27. **RIGHT** on Schonowee Ave. to Mohawk Ave.
28. **Slight RIGHT** on Mohawk Ave to crosswalk.
29. **CROSS** Mohawk Ave.
30. **LEFT** immediately to cross Glen Ave. and return to the Start Point at the Glen Sanders Mansion parking lot.

Scotia, NY 6K Walk – 1A

SPECIAL PROGRAMS	
Town Halls/City Halls	Step to the Beat
Walking with America's Veterans	Par for the Course

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Scotia 6k Walk



Refers to corresponding number on directions sheet

Scotia, NY 10K Walk – 2A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on S. Ballston Ave. and walk to Riverside Ave.
Note the historical marker at Riverside Ave. & Ballston Ave. was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.
3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
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6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the Underground Railroad. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave. to Riverside Pl.
8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St. to Elliott St.
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Charles St.
12. **LEFT** on Charles St. to Bradberry St.
13. **RIGHT** on Bradberry St. to Sanders Ave.
14. **LEFT** on Sanders Ave. to Cramer Ave.
15. **RIGHT** on Cramer Ave. to Glen Ave.
16. **RIGHT** on Glen Ave. to S. Reynolds St.
17. **LEFT** on S. Reynolds St. to Mohawk Ave.
18. **FIRST RIGHT** onto Mohawk Ave. Continue to the second traffic light at the corner of Ten Broeck St. and Mohawk Ave.

19. **LEFT** at the crosswalk to cross Mohawk Ave.
20. **RIGHT** to cross Ten Broeck Ave. (*The Village Hall is behind the old fire station at this corner.*)
21. **CONTINUE** walking along Mohawk Ave. to the next traffic light at N. Ballston Ave. *Along the way you'll pass Payettes's Musical Traders, for all things musical. (Step to the Beat)*
22. Using the pedestrian button and crosswalk, **CAREFULLY CROSS N. Ballston Ave. being aware of traffic turning from Mohawk Ave. onto N. Ballston Ave (Rt. 50).**
23. **LEFT** on N. Ballston Ave., pass the First Reformed Church on the right and continue to Irving Rd.
24. **RIGHT** on Irving Rd. to Van Winkler Ave.
25. **RIGHT** on Van Winkler Ave. to Washington Rd.
26. **LEFT** on Washington Rd. to Knickerbocker Rd.
27. **RIGHT** on Knickerbocker Rd. to Sunnyside Rd.
28. **LEFT** on Sunnyside Rd. (no sign), to Washington Ave.
29. **RIGHT** on Washington Ave. to Livingston Ave.
30. **RIGHT** on Livingston Ave., which becomes Lee Ave. at the curve, to Schonowee Ave.
31. **RIGHT** on Schonowee Ave. for a short distance. The Mohawk River will be on your left. Look for the Beukendall Temple and then, an entrance into Collins Park.
32. **RIGHT** into Collins Park. You will see a green Rules & Regulation sign on your left and a Freedom Park Event Parking sign on the right.
33. **CONTINUE** past the first parking area and the Babe Ruth Scotia-Glenville Baseball Bob Moore Stadium, both on the left. (Par for the Course)

Scotia, NY 10K Walk – 2A

- 34. CONTINUE** through the next parking lot and follow the paved path straight ahead passing the picnic tables on your right. Collins Lake will also be on your right.
- 35. CONTINUE** past the Lions Club Splash Park to the Rotary Circle.
- 36. RIGHT** to walk counterclockwise around the Rotary Circle. (During the summer, the blue building with pictures of children on it has bathrooms open to the public.) Pass the Kiwanis Kiddies Park. Look for the first right on the circle.
- 37. RIGHT** off the circle to another paved path. The tennis courts will be on your left.
- 38. LOOK** for the parking lot of the library and take the path leading to the right of the library building.
- 39. LEFT** to pass in front of the Scotia Library to Mohawk Ave. The library is housed in the historic Abraham Glen Home. (*Notice the Veterans Memorial in front of the library.*)
- 40. LEFT** on Mohawk Ave. to next intersection, across from Glen Ave.
- 41. RIGHT** to cross over Mohawk Ave. at the crosswalk to Glen Ave.
- 42. LEFT** immediately to cross Glen Ave. and return to the Start Point at the Glen Sanders Mansion parking lot.

SPECIAL PROGRAMS	
Town Halls/City Halls	Step to the Beat
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