



**Midland Walkabout
Welcomes You to
The Midland Mall Walk
An AVA Sanctioned Year Round Event**



The walk is entirely inside the Midland Park Mall. This walk is excellent during bad weather or the summer, when it is very hot. There is a food court. The mall is open Mon-Sat: 9am-9pm and Sun: 9am-6pm. By starting early, you can avoid the mall crowds, but exterior doors might not open until 9am.

Walk Registration:

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account, click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Starting Point Location:

Midland Park Mall, 4511 N. Midkiff Rd, Midland, TX 79705. The Mall is near the corner of North Loop 250 and Midkiff. From Loop 250, you can take the Midkiff Exit. From I-20, you can take the Midkiff Exit and head north. We suggest parking near and entering the mall at the Fuddruckers Food court entrance.




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Emergency Numbers:

	In case of Emergency: Dial 911
	Event related assistance:
	Carolyn Petersen: 432-697-4310

Walking Instructions:

<p>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</p>

Note: The Midland Walkabout club is not responsible for any lighter weight of your wallet nor increased credit card balances that might occur in conjunction with your participation in this event.

Restrooms:

There are two restrooms in the mall as indicated on the map below.

Walk Directions:

5 km Walk - Four laps around the interior of the mall (including the insets to the entrances and larger stores).

10 km Walk - Nine laps around the interior of the mall (including the insets to the entrances and larger stores).

