



## **San Juan Capistrano**

An AVA Sanctioned Year Round Event

This walk offers a 5K and a 10K option and is rated 1A. This interesting walk features Mission San Juan Capistrano and the "oldest neighborhood in California". The walk continues through parks and along bike trails in this fascinating town

### **Walk Registration:**

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

### **Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

### **Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

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## **Driving Directions to Start**

Hennessey's Tavern-31761 Camino Capistrano San Juan Capistrano, CA 92657. Exit I-5 on Ortega Hwy (exit 82). You must be in the right lane. Head West on Ortega Hwy. Turn left onto Camino Capistrano and right into the Hennessey's Parking Lot. Restrooms available in restaurant and in parks along route

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

**IN CASE OF EMERGENCY DIAL 911**

**FOR EVENT RELATED QUESTIONS CALL Dottie Schwieger (951) 505-9738 or email [HiDotWalk@aol.com](mailto:HiDotWalk@aol.com)**

**These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited**

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## ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000	←	Turn left on Camino Capistrano
2	0.033		Cross Ortega Hwy to the mission
3	0.050	→	Continue up Camino Capistrano with the mission on your right
4	0.375	→	Turn right onto Acjachema Street
5	0.508	↘	Turn sharp right onto El Camino Real
6	0.889	→	Turn right onto Ortega Highway. You should be back at the mission entrance
7	0.981	→	Cross El Camino Capistrano and turn right along it. After the restaurants and antique shops, you will walk along the long park beside the train track on a black top sidewalk. A restroom is at the middle of the park. At its end, walk on the shoulder of the street to Oso Rd
8	2.710	←	Turn left onto Oso Road for one block
9	2.794	←	Turn left onto Avenida de la Vista. Follow it to the end of the cul de sac
10	4.231	→	Turn right onto Trabuco Creek Trail
11	4.288	←	Turn left at fork to head into Los Rios Historic District
12	4.453	←	Turn left onto Ramos St
13	4.701	→	Turn right onto Los Rios Street and walk down to the railroad crossing
14	4.867	←	Turn left and cross the tracks. This is the Amtrak station, restrooms will be on your right
15	4.920	↘	Keep right along Verdugo to Camino Capistrano
16	5.006	←	Turn left on Camino Capistrano
17	5.050		Return to the start point

# San Juan Capistrano 10K



## ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		Right on Camino Capistrano passing many historic buildings
2	0.222	←	Turn left onto Forster Street
3	0.292		Go straight ahead around the fountain and up the stairs. Cross the pavement to the corner or F
4	0.315	→	Right into the park passing the restrooms to the ramada in the back of the park
5	0.336	←	Left through the ramada passing the flagpole and staying on the path as it slants left to a historic marker near the fence
6	0.356	→	Right on El Camino Real, passing Blas Aquilar Adobe/Museum, Camino Real Playhouse
7	0.501		Cross Ortega Hwy at the signal ( Mission on the left)
8	0.510		Stay on this side of El Camino Real until you reach the interesting historic plaque on the right near El Horno
9	0.925		Carefully cross El Camino Real at El Horno and turn right walking along the bike lane to La Zanja
10	1.231	←	Turn left onto La Zanja Street, walking to Camino Capistrano
11	1.354		Cross Camino Capistrano to the sidewalk on the other side
12	1.376	→	Right on the sidewalk crossing La Zanja. Stay on the sidewalk for about 1/2 mile to the restroom building
13	1.947		Turn around at the restrooms and retrace your steps to La Zanja
14	2.547		Cross La Zanja and then cross Camino Capistrano to continue down Camino Capistrano. Notice the stone wall across the field. This was a WPA project in 1936-1939
15	2.913		Walk along past the Stone Field, Old Union High School and the Mission Basilica
16	3.233		Stay beside the Mission walls and then cross Ortega Hwy back into the downtown area
17	3.409		Slant left moving through the Veterans Park and back onto Camino Capistrano. You will pass the Ellinger Bldg with its glass block facade. Built in 1939, it seems so out of place in this historic area
18	3.501	↖	Cross Forster and the fountain to the Egan House (Harmony Hall) originally built in 1883
19	3.516	←	Turn left about 1/2 block past the Egan House into the Mercado Village Plaza (Cafe Mozart)
20	3.542	→	Go past the fountain to the tile mural on the left showing Earth, Fire, & Water. (Twin Winton Mural), then turn around and retrace your steps exiting the plaza
21	3.578	←	Turn left onto Camino Capistrano crossing Del Obispo at the traffic signal
22	3.718	↘	Turn sharp right onto Del Obispo Street going past the RR tracks to Paseo Adelanto
23	3.988	←	Turn left onto Paseo Adelanto traveling past the Post Office and City Gall to the end of the street (Historic San Juan Springs Dance Hall)
24	4.763	←	Pass on the left side of the Dance Hall Bldg, moving into Descanso Park. Veer right past the BBQs and picnic tables to the bike trail (restrooms)
25	4.836	←	Turn left onto San Juan Creek Trail to the bridge. Turn right crossing the bridge to the other side
26	4.883	→	Turn right onto San Juan Creek Trail (West Trabuco Creek Trail)

No	Km	Turn	Directions
27	5.662	➔	Turn right onto Del Obispo Street crossing the bridge
28	5.730	←	Cross Paseo Adelanto and Turn left onto Paseo Adelanto
29	5.946	➔	Turn right onto the narrow road just past the ITO Nursery. Go past the Petting Zoo to Los Rios
30	6.139	←	Left on Los Rios (RR tracks and station on right) you are now in the Historic District. Continue to the end of Los Rios and turn left
31	6.491	←	Left on Lobo (1st street) and left again on Ramos
32	6.773	➔	Right on Los Rios back to the Historical Park on right ( stop sign just ahead)
33	6.901	➔	Turn right into the Historical Park following the wall on the left (Fascinating reading)
34	6.956	➔	Continue past the wall veering right toward the restrooms
35	6.996		Keep left just past the restrooms walking under the ramada and past the playground to the dirt path
36	7.066	➔	Turn right onto the path to the road.
37	7.268	←	Left crossing the road to the bike path
38	7.311	➔	Turn right onto Trabuco Creek Trail to its end at Avenida de la Vista
39	7.534	←	Turn left onto Avenida de la Vista passing La Purisima, Santa Barbara, and Santa Clara
40	7.944	↘	Turn sharp right onto La Zanja Street, cross RR tracks
41	8.218	➔	Turn right onto Camino Capistrano
42	8.950		Return to finish