

Instructions for
WSU-Vancouver, WA Walk
5/10 Km, rated 2B

Walk Start Location: Vista Meadows Park at 14518 NE 29th Ave, Vancouver, WA.
GPS Coords: 45.7268, -122.64102.

Driving Directions: NORTHBOUND: From I-5, take NE 134th Street, Exit 7. Turn right (east) on NE 134th St. LEFT on NE 29th Ave to park on the left at top of hill. From I-205 southbound, take NE 134th Street, Exit 36. SOUTHBOUND: From I-5, take I-205 (Exit 7). Stay in right-hand lane and very shortly take NE 134th Street, Exit 36. Turn left (east) onto NE 134th St, then LEFT on NE 29th Avenue to park.

Park on NE 29th Ave near park.

Restrooms several buildings on the WSU campus.

Walk Completion and Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

"Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

Washington State University Walk – YRE 1905

5 km - Rated 1A

Challenges – AVA – Walk like an Olympian

Oregon (WOC) 2020 (Quad, Palm, Park, Ped. Bridge, Playground, Rec Center) 2021 (Trail, University & Used)
Washington (ESVA) 2021 (Medical & Sustenance)

1. **ENTER** Vista Meadows Park and walk to far side of park to exit on path onto 26th Ave.
2. **LEFT** on 26th Av. to 144th St.
3. **RIGHT** on 144th to 24th Av.
4. **RIGHT** on 24th Av. to enter nature trail and continue to first street (148th St.) (0.9 km)
5. **RIGHT** at 148th St crossing 29th Ave. and continue on asphalt path entering WSU campus. **CROSS** entrance road and continue on path as it bears left. Continue to the sidewalk just before the first building on your right
6. **RIGHT** on the sidewalk and continue passing 2 buildings then bear left. Continue on the sidewalk until reaching four way intersection. (2.0km)
7. **SHARP RIGHT** going downhill staying **RIGHT** at the next intersection headed into a wooded area. Continue to the middle of a pedestrian bridge
8. **TURN AROUND** and go back the way you came to the first “Y”.
9. **RIGHT** at the “Y” and follow the sidewalk next to the street over the traffic bridge to the next paved sidewalk on your left.
10. **LEFT** on the sidewalk to the “Y”.
11. **RIGHT** at the “Y” to the main campus sidewalk. (3.2km)
12. **CROSS** the Main campus sidewalk, bear right a few meters then **LEFT** headed for the Firstenburg Student Commons and the Science and Engineering Building.
13. **LEFT** at the next intersection 33 meters to the end of the Science and Engineering building.
14. **RIGHT** at the next intersection keeping the parking on your left and building on your right, through the parking lot, crossing the main entrance road and continue on sidewalk.
15. **LEFT** at all intersections going up above the Amphitheatre, and past the viewing area.
16. **CONTINUE** back down past the first parking lot to the next intersection.
17. **RIGHT** at the next intersection and **CROSS** the Main Entrance Rd. Continue on the sidewalk as it jogs back to the Main campus Sidewalk.
18. **RIGHT** on the Main campus sidewalk and follow it past all the buildings and bears right to the WSU entrance Rd.
19. **CROSS** the entrance Rd and straight to 29th Ave.
20. **LEFT** on 29th Ave to finish and your car.

Vancouver USA Volkssporters
Thank You
For walking with us

POC: Barbara 360-573-6048

Emergency: call 911

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited

Washington State University Walk – YRE 1905

10 km - Rated 1A

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4. **RIGHT** on 24th Av. to enter nature trail and continue to first street (148th St.) (0.9 km)
5. **RIGHT** at 148th St crossing 29th Ave. and continue on asphalt path entering WSU campus. **CROSS** entrance road and continue on path as it bears left. Continue to the sidewalk just past the first building on your right. This is Firstenburg Fountain. On clear day looking east is Mt Hood and North is Mt St Helens (*2nd bldg. is Library with Restrooms*)
6. **RIGHT** on the sidewalk walking down steps. Continue passing 2 buildings on right to “T”
7. **LEFT** at the “T” to 4 way intersection.
8. **SHARP RIGHT** going downhill staying **RIGHT** at the next intersection headed into a wooded area. Continue on trail in woods to the middle of a pedestrian bridge
9. **TURN AROUND** and go back the way you came to the first “Y”.
10. **RIGHT** at the “Y” and follow the sidewalk next to the street over the traffic bridge till it ends. **CROSS RIGHT** and **LEFT** on the same street walking on the right side of the street to 159th St.
11. **RIGHT** on 159th to 100 meters before 50th Ave.
12. **RIGHT** on a natural trail before 50th Ave. and continue circling a large meadow, note the wind power generators. Continue circling the large meadow until reaching the paved sidewalk back along 159th St.
13. **LEFT** on 159th to Main Entrance Road.
14. **RIGHT** on Main Entrance Road to marked Crosswalk going left into a parking lot.
15. **LEFT** on the crosswalk through the parking lot and continue to sidewalk that is in between 2 buildings (Clark College and Science and Engineering Bldgs.). Continue on sidewalk as it bears left until it intersects with the main campus sidewalk.
16. **RIGHT** on the main Campus sidewalk going uphill passing the next building on the right, Firstenburg Student Commons, to 4 way sidewalk intersection.
17. **RIGHT** on the sidewalk keeping the Classroom Building/short-term parking on your left and Commons Bldg. on your right until reaching the main campus entrance road.
18. **CROSS** road and enter sidewalk going **LEFT** at first intersection.
19. **LEFT** again a short distance and continue on the trail as it weaves its way to above the Amphitheatre.
20. **CONTINUE** on sidewalk as it goes down going right at the next two intersections until you again reach the Main Entrance Road
21. **CROSS** Main Entrance Road and continue straight on sidewalk passing the Science and Engineering Bldg. on your left, Bookstore on your right and Student Commons on your left to Main Campus Sidewalk.
22. **RIGHT** on the Main Campus Sidewalk and follow it past all the buildings and bears right to the WSU entrance Rd.
23. **CROSS** the entrance Rd and straight to 29th Ave.
24. **LEFT** on 29th Ave to finish and your car.

Vancouver USA Volkssporters

Thank You

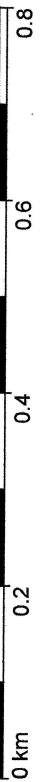
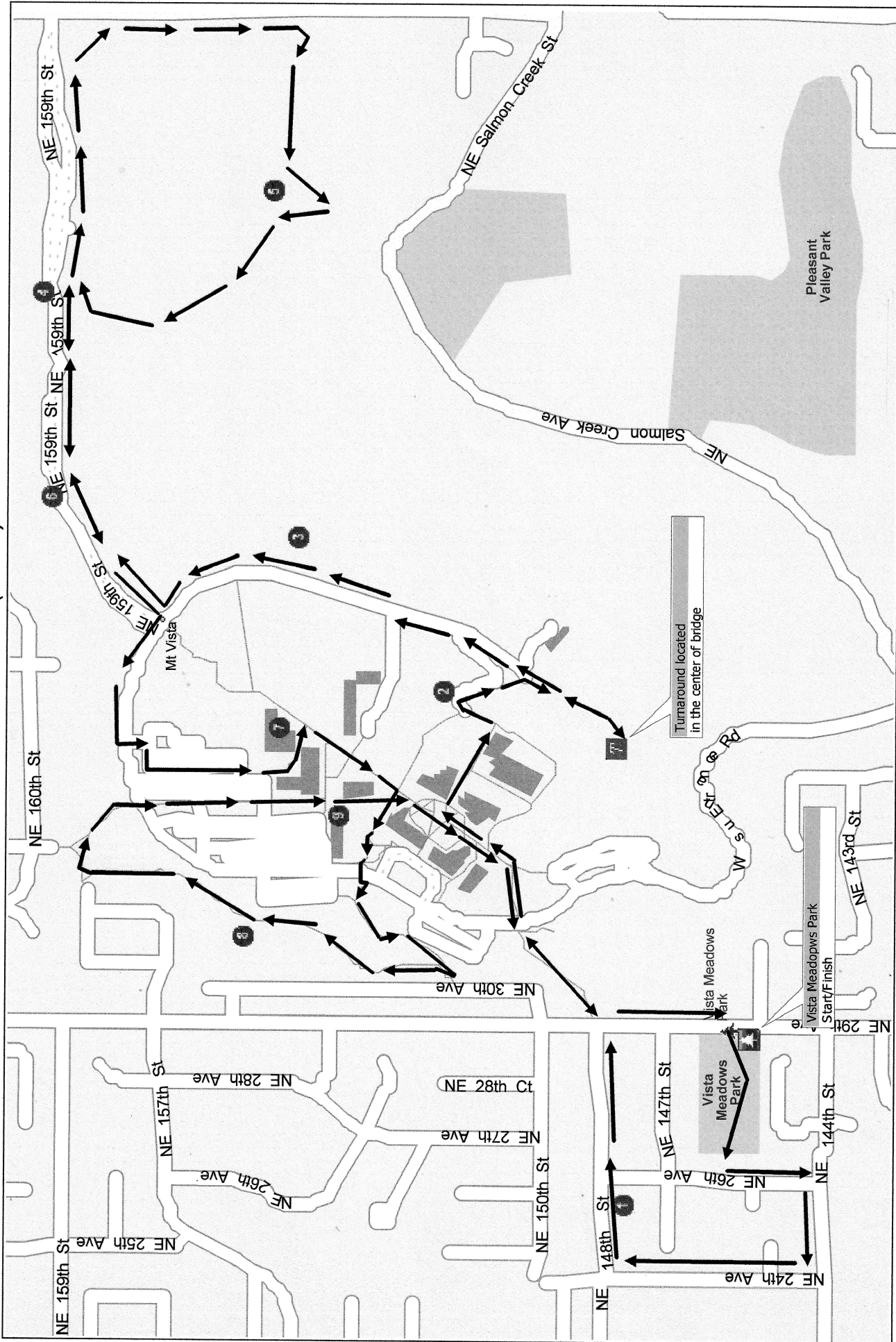
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2022 WSU 10 km (const)



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