

**WELCOME TO THE
GRAND COULEE - TOWN AND DAM - SEASONAL WALK Y1921**

In Grant, Douglas and Okanogan Counties, Washington
Central Washington Sun Striders

Upper 5K (Grant County only) is rated 3A due to hills and stairs

Lower 5K (All 3 Counties) is rated 1B.

**The visitor center is in Grant County, the town of Grand Coulee is in Douglas County
and the town of Coulee Dam is in Okanogan County**

This on-line packet contains the following 3 pages of information:

1. This informational page with driving directions to the walk start and restroom information.
- 2 and 3. Walk directions and map for the two (upper and lower) 5K walk routes (2 pages).

Driving Directions to Walk Start - Grand Coulee Dam Visitor Center - Lincoln Avenue and SR 155 North, Grand Coulee, Wa. 99133. (509)-633-9265 **N 47.96038 W 118.98663**

Westbound from Spokane area: West on US 2 to Wilbur. North on SR 174 to Grand Coulee. North on SR 155 to the Grand Coulee Dam Visitor Center (signed).

Eastbound from Seattle area: East on I-90. Take exit 151. North on SR 283 and SR 28 to Soap Lake. North on SR 17 to US 2. East on US 2. North on SR 155 to the Grand Coulee Dam Visitor Center (signed).

Parking Info

There is free parking in the visitor center parking lots both above and below the visitor center.

Restroom Information and alternate start location

Restrooms are available in the Visitor Center when it is open. If the center is closed, the only available restrooms along the walk route are at the casino across the river in Coulee Dam (along the Lower 5K route). The casino address is: 515 Birch Street, Coulee Dam, WA. 99116. If you want to start your walk at the casino, start with walk direction #34. If the visitor center is closed, there are no restrooms along the upper 5K route.

Thanks for participating and we hope you enjoy your walk in Grand Coulee and Coulee Dam.

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GRAND COULEE, WA. 5 km & 10 km SEASONAL WALKS Y1921 CENTRAL WASHINGTON SUN STRIDERS - RATED 1B and 3A

NOTE: This 10 km walk consists of the Upper Grand Coulee Dam 5 km walk and the lower Coulee Dam Historic City 5 km walk. Each can be walked separately or combined for 10 km.

Upper Grand Coulee Dam 5 km (Grant County only) - Rated 3A

THIS 5K IS NOT SUITABLE FOR WHEELCHAIRS OR

STROLLERS due to short steep hill and a flight of stairs. Water at start point only for this 5K.

1. Leave visitor center and follow sidewalk **straight** ahead (parking lot on your right).
2. Follow sidewalk along parking lot curve to end of rock wall. Take paved path **uphill** - steep path for 800 ft. that **zigzags** to a flight of stairs.
3. Take stairs **up** to parking lot and overview area of the power plants.
4. Continue on sidewalk **uphill** to parking lot at pump-generating plant. (1 km at grassy tree area on right)
5. Pass the dam and the water pumping plant and turn **LEFT** on sidewalk at bust of F. D. Roosevelt to plaque overlooking lake.
6. Turn **RIGHT** and **return** on sidewalk to road.
7. Turn **LEFT** and continue **uphill** past parking lots. At end of second parking lot (opposite Grand Coulee Admin Office) follow paved path at left of guardrail.
8. Pathway **continues** and overlooks Crescent Bay on left. (2 km opposite yellowish-green building on your right with 7 windows).
9. **Cross** the gravel road that goes into the bay area and **continue** along the highway into the roadside park to view the flagpoles.
10. Turn **around** and **return** on same path and sidewalks to visitors center. Do not walk into FDR overlook on way back.

The walk directions and map may only be used in conjunction with a signed AVA athletic waiver. All other uses are prohibited.

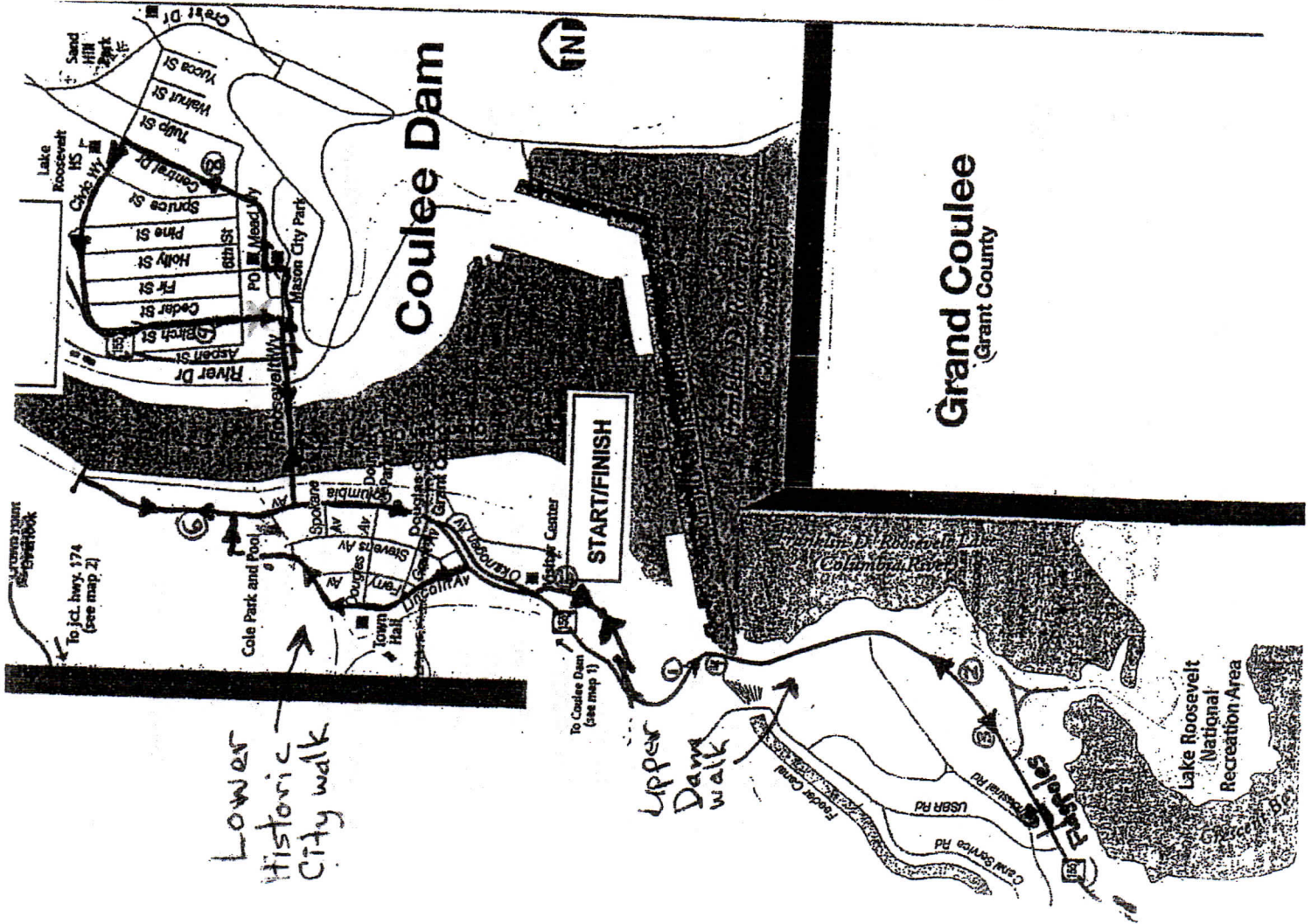
POC: J. Blazek (509) 899-6535 jlb2

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If there is an Emergency, call 911. If the visitor center is closed, restrooms may only be available across the river at the casino in Coulee Dam.

Lower Historic City 5K (Grant, Douglas and Okanogan Cos. Rated 1B.

11. Leave visitor center, turn **RIGHT** towards the highway. Follow sidewalk and **cross** SR 155 at crosswalk next to visitors center.
12. Turn **RIGHT** and follow sidewalk to first road on left (Lincoln Ave. - no street sign) (Notice "Government Camp" Historic sign)
13. Turn **LEFT** onto Lincoln, go past the Columbia River Inn, and **continue uphill** past town hall (large white building). "Admin Building" H.S. Across street is "Dormitories for Single Employees" H.S.
14. **Continue** across parking lot to "Train Tunnel" H.S.
15. Turn **RIGHT** and **proceed** down hill to historical sign marker (Cole Park).
- 16 Turn **LEFT** and **cross** wooden walk bridge to Cole Park, named in honor of first mayor of Grand Coulee City.
17. Walk halfway around marker and **continue** towards "Columbia School" H.S.
18. Turn **RIGHT** to street, then **LEFT** at stop sign at Columbia Ave. (1 km at 409 Columbia Ave. across street).
19. **Proceed** to "Candy Point Trail H.S. marker near end of street.
20. Turn **RIGHT** and cross street, then turn **RIGHT** again to continue back towards town on Columbia Avenue.
21. **Follow** sidewalk to bridge, turn **LEFT** and **cross** the bridge over the river. (Placards on history of area on the bridge).
22. **Continue** to stoplight; **cross** River Drive in crosswalk, then turn **RIGHT** and cross Roosevelt Way in crosswalk.
23. Turn **RIGHT** and **proceed** a short way towards the bridge.
24. Turn **LEFT** at Downriver Trail sign, then **LEFT** again. (2 km at gully bridge).
25. **Continue** on trail, **pass** flagpole and "After Work" statue. At statue, turn **RIGHT** and **continue uphill** on paved path to Roosevelt Way.
26. Turn **RIGHT** (Do not cross Roosevelt) following sidewalk to double cyclone fence gates.
27. Turn **LEFT**, **cross** Roosevelt, and **follow** sidewalk along park (Fir Street).



28. Turn **RIGHT** on Mead Way. ("Mason City Park" H.S.) Restrooms at Info Center.

28. **Continue** along Mead until it angles **LEFT** and becomes Central Drive.

29. **Follow** Central Dr. past historic church on right (*made of natural rock from the Coulee area*).

30. **Cross** 6th at the crosswalk. Spruce St appears to go straight while Central Drive veers a little to the right. **Continue** on Central Drive.

31. At Civic Way, turn **LEFT** and cross Central. **Continue** on Civic Way opposite Lake Roosevelt High School.

32. **Continue** downhill on Civic Way to Cedar Street. (5 blocks). (3 km at Civic Way and Spruce St.)

33. **Cross** Cedar Street and **follow** sidewalk around corner to Birch Street.

34. Turn **LEFT** on Birch and **proceed** uphill to Roosevelt Way.

35. **Cross** Roosevelt at crosswalk and **follow** paved path (Downriver Trail) to the right and go past the flagpole. (4 km at flagpole).

36. **Continue** on paved path back to Roosevelt Way. Turn **LEFT** and cross the bridge over the river. (*Placards on bridge about dam construction*).

37. Turn **LEFT** at end of bridge onto sidewalk on Columbia Ave (unmarked).

38. **Continue** along Columbia Ave (**Pass** Douglas Park on left) almost to an entrance road that goes into a parking lot for viewing the dam.

39. Angle **LEFT** on the paved path to go to a brown "dog on leash" sign and then turn **RIGHT** and carefully **cross** the entrance road (no crosswalk). **USE CAUTION AS CARS MAY NOT STOP**.

40. Turn **RIGHT** on the sidewalk and **proceed** around the curve to the left and uphill along Okanogan Ave. (Hwy 155) back to the Visitor's Center (5 km).

Thank you for walking our Grand Coulee walk.

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's event bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion info as a paying for credit walker.) The \$2 "coupon" for the downloaded pdf expires in 60 days.