

Monroe Parks, Lake Tye & Green Belts YR1977

5K and 10K



Interlaken Trailblazers welcomes you to Monroe Parks, Lake Tye and Green Belts YR1977

Starting Point: Monroe YMCA Parking lot (YMCA is currently closed)

Restrooms at Lake Tye Park (1K,9K) and Valley Hospital (3K)

Driving Directions: 4033 Fryelands Blvd, Monroe, WA 98272. From I-5 in Everett, take Hwy 2 to Monroe Right one block on Fryelands to YMCA on left. From Seattle take Hwy 522 to Hwy 2 west, turn right to Fryelands, left to YMCA on left.

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Special Programs: AVA – A-Z (M) Walking with American Veterans

ESVA: Brewery , Frontline Heroes



Emergency Dial 911 POC: Barb Byers, for walk direction information

Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.).

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

POC:

Barb Byers

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(206)679-6920

History

Monroe is a city in Snohomish County, Washington, United States. It is located at the confluence of the Skykomish, Snohomish, and Snoqualmie rivers in the Cascade foothills, about 30 miles (48 km) northeast of Seattle. Monroe was originally founded in 1864 as the town of Park Place, located at the river confluence among several existing settlements in the Tulaco Valley. The townsite was previously a trading post used by the indigenous Skykomish people. Park Place was renamed to Monroe in 1890 to honor U.S. President James Monroe, and was moved northeast to be near the tracks of the Great Northern Railway, which was constructed in 1892. Monroe was incorporated in 1902 and was selected as the home of a major condensed milk plant and the state reformatory.

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Emergency: Dial 911

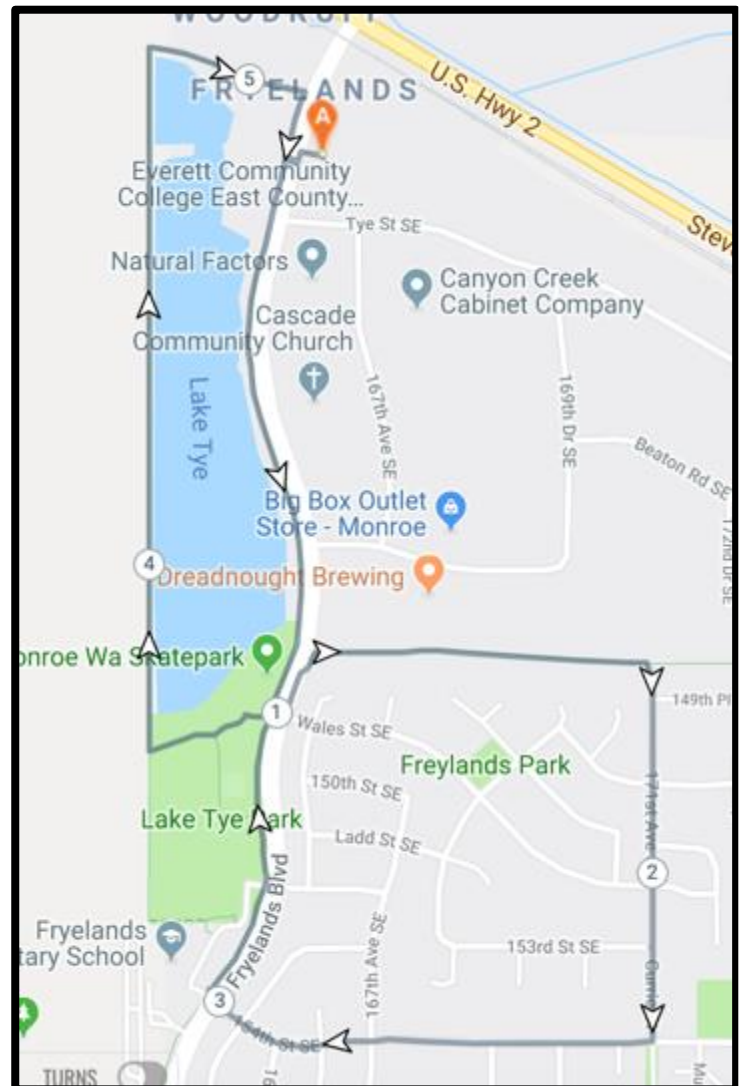
Monroe Parks, Lake Tye & Green Belts YR 1977 Walk 5km (3.1 miles) Rated 1A

Start; YMCA of Snohomish County, 14033 Fryelands Boulevard, Monroe, WA
Please park away from building.

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1. **LEFT** from YMCA to crosswalk on Fryelands Blvd. (no sign).
2. **CROSS** and **LEFT** past stores & along Lake Tye to crosswalk at Wales St. SE (**Restrooms in the park**)
3. **CROSS** Fryelands Blvd at crosswalk and turn **LEFT**. (1K)
4. **RIGHT** on greenbelt trail to first path.
5. **RIGHT** on path extending to 171st Ave SE.
6. **STRAIGHT** on 171st Ave SE to 154th Street SE.
7. **RIGHT** on 154th Street SE to Fryelands Blvd and **CROSS**.
8. **RIGHT** on Trail next to Fryelands Blvd to Lake Tye Park. **3.8km**
9. **LEFT** at ball courts in Lake Tye Park.
10. **RIGHT** past **Restrooms/water** to path going around lake clockwise. (Veteran memorial here)
11. **STRAIGHT** on path keeping lake to right for a long straight portion.
12. **RIGHT** on first path past lake to Fryelands Blvd.
13. **RIGHT** to crosswalk going back to the YMCA. **5.3km**

Hope you enjoyed your walk and thanks for coming



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Emergency: Dial 911

Monroe Parks, Lake Tye & Green Belts YR 1977 Walk 10km (6.2 miles) Rated 1A

Start; YMCA of Snohomish County, 14033 Fryelands Boulevard, Monroe, WA
Please park away from building.

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1. **LEFT** from YMCA to crosswalk on Fryelands Blvd.
2. **CROSS** and **LEFT** past stores & along Lake Tye to crosswalk at Wales. (**Restrooms**)
3. **CROSS** Fryelands at crosswalk and turn **LEFT**. **1km**
4. **RIGHT** on greenbelt trail through Stanton Meadows Park to 149th St.
5. **LEFT** on 149 St unmarked to 179 Ave.
6. **CROSS & LEFT** behind first building to Hospital entrance. (**Restrooms**)
7. **LEFT** back to 179 Ave (3km)
8. **LEFT** on 179th Ave to 154th St SE.
9. **RIGHT** on 154th St SE to Hilding Drive SE.
10. **RIGHT** on Hilding Drive making loop around park back to 154th St SE.
11. **RIGHT** on 154th St SE to 175th Ave SE.
12. **LEFT** on crosswalk to Trail head. (4km)
13. **STRAIGHT** on Trail to "T" on path.
14. **RIGHT** on path crossing Currie St. & 170th Dr. SE to next "T".
15. **RIGHT** on path looping **LEFT** to 168th Ave. (5km)
16. **LEFT** on 168th. As it turns to become 157th, **CROSS** and enter the paved path.
17. **RIGHT** on path to trail.
18. **LEFT** on next trail which will pass Meadows Park.
19. Continue straight ahead at next "Y".
20. **RIGHT** at paved "Y" by houses to Roma Dr. SE.
21. **STRAIGHT** to Currie Rd.
22. **RIGHT** on Currie Rd, passing 166th Dr, to trail head. (6km)
23. **RIGHT** on trail then **LEFT** to Fryelands Blvd.
24. **RIGHT** on Fryelands Blvd, past 161st to trail head.
25. **RIGHT** on trail head to Lords Lake Ave. (unmarked)
26. **LEFT** on Lords Lake Ave to 156th St. (7km)
27. **LEFT** on 156th St. crossing Fryelands Blvd.
28. **RIGHT** on Trail next to Fryelands Blvd to Lake Tye Park.
29. **LEFT** at ball courts in Lake Tye Park.
30. **RIGHT** past **Restrooms** to path going around lake clockwise.
31. **STRAIGHT** on path keeping lake to right for a long straight portion. (9km)
32. **RIGHT** on first path past lake to Fryelands Blvd.
33. **RIGHT** to crosswalk going back to the YMCA. (10 km)

Hope you enjoyed your walk and thanks for coming!

Monroe10K (10.012 km)

