



## Tallahassee Capital – FSU Campus YRE #1985



In case of Emergency: Dial 911  
Event related assistance:  
Diana Sherrill 904-608-4689  
Bill Spaulding 253-414-8224

**Distance:** 5K

**Difficulty Level:** 2A

**AVA Challenges:** Par-for-the-Course; Step to the Beat; Walking the United States (50 States/51 Capitals); Walking the USA A-Z; Anniversaries Hurrah; cc: Leon County.

**Start Point:** Governors Inn, 209 S. Adams St., Tallahassee, FL 32301. Some public parking available on streets near start point. Meter parking is free on weekends. Kleman Plaza Parking Garage is at 306 S. Duval St.

**Restrooms** are available in public establishments all along the route.

1. With your back to the hotel, turn **LEFT** on Adams Street.
2. **LEFT** on Jefferson (before the flower median).
3. **RIGHT** on Monroe Street. (Florida State Capitol Museum inside on the right).
4. Pass the Historic Capitol Building. Go down the stairs and veer **LEFT** to get on the sidewalk.
5. **RIGHT** on Madison Street for 2 blocks.

6. **RIGHT** on Duval Street (street sign overhead behind you).
7. At the stairs on your right, go up to the Dolphin Sculpture behind the capitol. Big Photo Op!
8. Go back down the stairs to Duval Street (view the Supreme Court). Walk **RIGHT** on Duval Street.
9. **LEFT** on Pensacola Street. Walk on left side of the street.
10. Pass the Museum of Florida History State Library and Archives on your left.
11. Pass the Donald L. Tucker Civic Center on your left and then the College of Law on your right.
12. **RIGHT** on Railroad Ave./South MacComb Street for one block.
13. **LEFT** on Jefferson Street for about 4 blocks. **SPLIT WITH 10K**
14. **RIGHT** on Woodward about 4 blocks to *Integration Sculpture* in roundabout.
15. **RIGHT** at *Integration Sculpture* (toward emergency call box on left).
16. Just past the HCB Classroom Building immediately on your right, bear **RIGHT** passing the bike racks on your right onto diagonal sidewalk.
17. Turn **LEFT** at the major sidewalk toward the Strozier Library on your left.
18. From the front of the library entrance, walk onto Landis Green toward the sculpture fountain in the center of the green.
19. Keep the sculptures and fountain on your right and follow the diagonal sidewalk on your left.

**Don't forget to log back into the Online Start Box system to "finish/complete" your online registration after doing the event.**


20. Bear **RIGHT** on Honor's Way (unmarked).
21. Walk through the arches.
22. Turn **LEFT** onto University Way (unmarked) toward Gilchrist Hall and Broward Hall on your left.
23. Cross Convocation Way (unmarked) and walk beside Westcott Hall keeping Westcott on your left. (Although there is a sign on the middle of Westcott Hall, it's easy to miss. Just continue straight and you will pass Westcott Hall on your left.)
24. Bear **LEFT** on sidewalk to circular drive in front of Westcott Hall.
25. **Continue** around the fountain, keeping the fountain on your right.
26. **Continue** around the circular drive and **EXIT** through the pedestrian arch.
27. **LEFT** on South Copeland Street. Bill's bookstore on right. **Restrooms**.
28. **Cross** Park Avenue and turn **RIGHT**. See cemetery on your left ahead. **Cross** Martin Luther King, turn **LEFT**. At center of block turn **RIGHT** into Tallahassee Chain of Parks. Walk through the linear parks between the two one-way streets comprising West Park Avenue.
29. **Cross** Adams Street at the crosswalk and turn **RIGHT**. Pass West College Avenue. The Start/Finish is the Governors Inn Hotel on the left.

Congratulations! You have completed the Tallahassee Capital-FSU Campus 5K Walk. The First Coast Trail Forgers hope you enjoyed your walk.





## Tallahassee Capital – FSU Campus YRE #1985

	In case of Emergency: Dial 911 Event related assistance: Diana Sherrill 904-608-4689 Bill Spaulding 253-414-8224
----------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------

**Distance:** 10K

**Difficulty Level:** 2A

**AVA Challenges:** Par-for-the-Course; Step to the Beat; Walking with America's Veterans; Walking the United States (50 States/51 Capitals); Walking the USA A-Z; Anniversaries Hurrah; cc: Leon County.

**Start Point:** Governors Inn, 209 S. Adams St., Tallahassee, FL 32301. Some public parking available on streets near start point. Meter parking is free on weekends. Kleman Plaza Parking Garage is at 306 S. Duval St. **Restrooms** are available in public establishments all along the route.

1. With your back to the hotel, turn **LEFT** on Adams Street.
2. **LEFT** on Jefferson (before the flower median).
3. **RIGHT** on Monroe Street. (Florida State Capitol Museum inside on the right).
4. Pass the Historic Capitol Building. Go down the stairs and veer **LEFT** to get on the sidewalk.
5. **RIGHT** on Madison Street for 2 blocks.
6. **RIGHT** on Duval Street (street sign overhead behind you).
7. At the stairs on your right, go up to the Dolphin Sculpture behind the capitol. Big Photo Op!

8. Go back down the stairs to Duval Street (view the Supreme Court). Walk **RIGHT** on Duval Street.
9. **LEFT** on Pensacola Street. Walk on left side of the street.
10. Pass the Museum of Florida History State Library and Archives on your left.
11. Pass the Donald L. Tucker Civic Center on your left and then the College of Law on your right.
12. **RIGHT** on Railroad Ave./South MacComb Street for one block.
13. **LEFT** on Jefferson Street for about 5 blocks.  
**SPLIT WITH 5K**
14. At roundabout use crosswalk and walk **RIGHT** keeping roundabout on your left
15. **LEFT** on Varsity (unmarked) for 1/2 block to Pensacola Street.
16. **RIGHT** on West Pensacola Street.
17. **RIGHT** on Chieftain Way toward FSU Circus.
18. Pass the Bobby Bowden Field, the P.K. Wetherell Building and Dick Howser Baseball Field on your left. Keep the FSU Circus on right.
19. Pass Tully Volleyball Gym on your right. See Scott Speicher Tennis Center on right.
20. **RIGHT** on W. Call Street onto the promenade.
21. Follow brick promenade.
22. View *Integration Sculpture* in roundabout and **Continue** straight ahead (toward emergency call box on left).
23. Just past the HCB Classroom Building immediately on your right, bear **RIGHT** passing the bike racks on your right onto diagonal sidewalk.
24. Turn **LEFT** at the major sidewalk toward the Strozier Library on your left.
25. From the front of the library entrance, walk onto Landis Green toward the sculpture fountain in the center of the green.
26. Keep the sculptures and fountain on your right and follow the diagonal sidewalk on your left.
27. Bear **RIGHT** on Honor's Way (unmarked).
28. Walk through the arches.

29. Turn **LEFT** onto University Way (unmarked) toward Gilchrist Hall and Broward Hall on your left.
30. Cross Convocation Way (unmarked) and walk beside Westcott Hall keeping Westcott on your left. (Although there is a sign on the middle of Westcott Hall, it's easy to miss. Just continue straight and you will pass Westcott Hall on your left.)
31. Bear **LEFT** on sidewalk to circular drive in front of Westcott Hall.
32. **Continue** around the fountain keeping the fountain on your right.
33. **Continue** around the circular drive and **EXIT** through the pedestrian arch.
34. **LEFT** on South Copeland Street. Bill's Bookstore on right. **(Restrooms)**
35. Cross Park and turn **RIGHT**. See cemetery on your left.
36. Cross Martin Luther King and turn **RIGHT** to College Avenue for one block.
37. **LEFT** on College Avenue. See IMAX Challenger Learning Center on right.
38. **RIGHT** on Monroe.
39. Pass the Florida State Capitol.
40. At Gaines Street, cross Monroe Street at the crosswalk and **continue** south on Monroe Street to the Cascades Park Monroe Street entrance on the left. (If you get to the railroad overpass, you've gone too far.)
41. Enter the park and veer **RIGHT** to the Welcome sign.
42. Turn **RIGHT** at the Welcome sign following the Whole Park trail. Follow the perimeter of the Park keeping the water to your left.
43. Pass the flagpole and turn **RIGHT** keeping the waterfall on your left.
44. Walk through the amphitheater and continue on the Whole Park Trail. Pass the Myers Park Gate. Pass the Korean War Memorial on your left.
45. Arrive at Lafayette Street Gate (G2). Cross Old St. Augustine Road and view Smokey Hollow Commemoration.
46. Walk **straight** ahead to exit the Park at Pensacola Street Gate (G1) Turn **LEFT** on Pensacola Street.
47. Turn **RIGHT** on Gadsden Street (unmarked) for 4 blocks.
48. Turn **LEFT** on E. Call Street for 4 blocks.
49. Turn **LEFT** on N. Duval Street for 4 blocks.
50. Turn **LEFT** on Pensacola Street for 1 block.
51. Turn **LEFT** on Adams. The start/finish point is ahead on the right.

Congratulations! You have completed the Tallahassee Capital-FSU Campus 10K Walk. The First Coast Trail Forgers hope you enjoyed your walk.

**Don't forget to log back into the Online Start Box system to "finish/complete" your online registration after doing the event.**

