

**2025 TRAIL OF THE COEUR D'ALENES  
SANCTION # 127220/YRB 2075**

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These bike directions and maps may only be used with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**The Lilac City Volkssport Association is pleased to offer this opportunity to participate in an AVA sanctioned event in the panhandle of Idaho.**

This sanctioned event has numerous lengths for the participant to choose from. The entire length of the Trail of the Coeur d'Alenes is 73 miles (115K) and there are numerous trailheads from which the participant can elect to start at and then go in either direction as an out and back or to a neighboring trailhead. Each day that you elect to participate requires a separate registration and fee. Depending on which section of the trail you select you can qualify for one or more of the following:

**AVA Special Programs:** Walking the 50 State (ID), Walking with an American Veteran, Rails to Trails

**ESVA Challenges:** Stroll along the River, Front Line Heroes

This route crosses bridges and along lakes and rivers...trail can be slippery bike responsibly.

***The Lilac City Volkssport Association hopes you enjoyed this event in the Idaho Panhandle.  
Please come again.***

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**Safety and general information from the website:**  
[parksandrecreation.idaho.gov/parks/trail-coeur-d-alenes](https://parksandrecreation.idaho.gov/parks/trail-coeur-d-alenes)

The trail is part of the environmental cleanup in partnership between the Union Pacific Railroad, US Government, State of Idaho, and the Coeur d'Alene Tribe. The thick layer of asphalt on the trail and the gravel barriers along the trail serve to isolate contaminants and allow the area to be used again. Although not all of the trail is susceptible to recontamination, it's best to use caution and follow trail rules. The section between Plummer and Harrison has been thoroughly cleaned and is not susceptible to recontamination. Because the section between Harrison and Mullan is vulnerable to flooding, contaminants may be in the soil around the trail. Please stay on the trail and in designated picnic areas.

### **Protect yourself by:**

- ✓ Staying on the trail.
- ✓ Wash hands and face before eating.
- ✓ Eat at designated waysides and trailheads.
- ✓ Remove dirt from clothes, toys, pets, shoes, and equipment before leaving the area.
- ✓ Don't let children play near shorelines or off the trail.
- ✓ Carry water for drinking and washing.

### **EMERGENCY CALL 911**

**POC: Allan Heritage (360) 904-7236**

**REPORTABLE INCIDENT CONTACT POC**

**NOTE: SOME AREAS OF THE TRAIL DO NOT HAVE CELL PHONE SERVICE.**

### **TRAILHEADS WEST TO EAST (off US 95)**

- Plummer, ID (Mile 0)
  - From CDA resort north on Northwest Blvd, right on ramp to US95, south on US 95. On the northern edges of Plummer the trail starts on the west side of highway
- Heyburn State Park Trailhead/Plummer Point (Milepost 6.0)
  - From CDA resort north on Northwest Blvd, right on ramp to US95, south on US 95. In Plummer turn left (east) on Idaho 5 to Heyburn State Park
- Chatcolet Lake (Mile 7.2)

## TRAILHEADS WEST TO EAST (driving directions begin from I-90)

- Harrison Marina (Mile 15.3)
  - East on I-90 to Idaho 97 (Exit 22) south to Harrison, right on Harrison Street to Marina Trailhead
- Springston (Mile 18.3)
  - East on I-90 to Idaho 97 (Exit 22) south toward Harrison for 26 miles, left on Blue Lake Rd (if you cross the river you have gone too far), 1.8 miles to trailhead which is over the wooden plank bridge
- Medimont (Mile 25.8)
  - East on I-90 to Idaho 97 (Exit 22) south to Harrison, continue through Harrison on Idaho 97 to Intersection with Idaho 3, turn left on Idaho 3 to Medimont Rd, turn left to Medimont and trailhead parking on left after the boat launch, or
  - East on I-90 to Idaho 3 (Exit 34) turn right and continue on Idaho 3 passing Black Rock trailhead to Rainey Hill Rd, turn right to Medimont Rd, turn right to trailhead parking
- Black Rock (Mile 31.3)
  - East on I-90 to Idaho 3 (Exit 34) turn right and continue on Idaho 3 through Rose Lake to trailhead parking on right
- Bull Run (Mile 33.5)
  - East on I-90 to Idaho 3 (Exit 34) turn right and continue to Rose Lake, turn left on Bull Run, cross the Coeur d'Alene River to trailhead parking (immediately after crossing the trail) on right
- Cataldo (Mile 42.0)
  - East on I-90 to Cataldo (Exit 40), right under freeway to Canyon (very short distance) turn left and turn immediately left into trailhead parking
- Enaville (Mile 47.0)
  - East on I-90 to Exit 43, left over freeway on Coeur d'Alene River Road for 1.1 miles to trailhead parking on left immediately after crossing trail
- Pine Creek (Mile 48.7)
  - East on I-90 to Pinehurst (Exit 45) left under freeway to trailhead parking on left (look for small trailhead sign)
- Smeltonville (Mile 51.1)
  - East on I-90 to Exit 48, right a very short distance to Commerce, left to trailhead parking (across the trail is The Espresso Barn)
- Silver Mountain (Mile 53.1)
  - East on I-90 to Kellogg (Exit 50)
    - right on Bunker Ave, right to trailhead in parking lot across from Silver Mountain Resort or
    - continue to State Street, turn right to city park (RR Available)
- Kellogg Depot (Mile 53.8)

- East on I-90 to Kellogg (Exit 51), right on Division to old Kellogg Depot on left, turn and drive past the Depot to the trailhead parking
- Elizabeth Park (Mile 55.2)
  - East on I-90 to Kellogg (Exit 51), left under freeway to Cameron, right on Cameron becomes Silver Valley Rd and take first right under freeway (Gold Mine on left) to trailhead parking on left
- Shont (Mile 57.4)
  - East on I-90 to Exit 54, right a very short distance to trailhead parking on left
- Osburn (Mile 60.4)
  - East on I-90 to Osburn (Exit 57) sign at bottom of ramp points right. Right to Mullan Ave, left on Mullan Ave to 6<sup>th</sup> St, right on 6<sup>th</sup> to Trailhead
- Wallace (Mile 64.6)
  - East on I-90 to Exit 61, right into Wallace
    - Information Center (RR) at bottom of ramp, park here and walk under freeway to trail, or
    - Right at end of ramp, left at stop and follow street, becomes 5<sup>th</sup>, turn left at Pine to 6<sup>th</sup> (Depot across the street) turn left under freeway to trailhead parking on right
- Mullan (Mile 71.4)
  - East on I-90 to Mullan (Exit 68), follow road under freeway to 2<sup>nd</sup> and trailhead parking on left

