

The Twin State Volkssport Association Welcomes You to the Seasonal Walk of Burlington, Vermont

Our new Burlington walk will give the walker the choice of a waterfront and downtown walk, or a UVM and local history walk. They can be combined for a long walk of about 15k, or can be done in parts.

Burlington is called the Queen City, dating back to its days as a major port along Lake Champlain. Downtown includes Ben & Jerry's, (ice cream parlor which originated in Burlington), great architecture and Church Street, a pedestrian mall with many stores and restaurants. UVM is the state university, with several campuses. There are many historical homes and buildings along the walks, including Rev. Young's home at College and Willard, which was a stop on the underground railroad.

Walk Registration:

Please use the online start box provided by the California Volkssport Association website (www.cva4u.org). Follow the left side link, 'Online Start Box', and the instructions provided to sign a waiver and register for this event. Payments for event credit and directions use Paypal. The directions and insert cards are PDFs that you can download and print as needed. The POC does not provide event directions or accept alternate payment methods.

The following link is to a webpage containing a YouTube video demonstrating the user features of the Online Start Box:

<http://nodegreen.com/olsb/>

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Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account and select the "Maps / Finish" tab. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may later choose to print out.

Start Point:

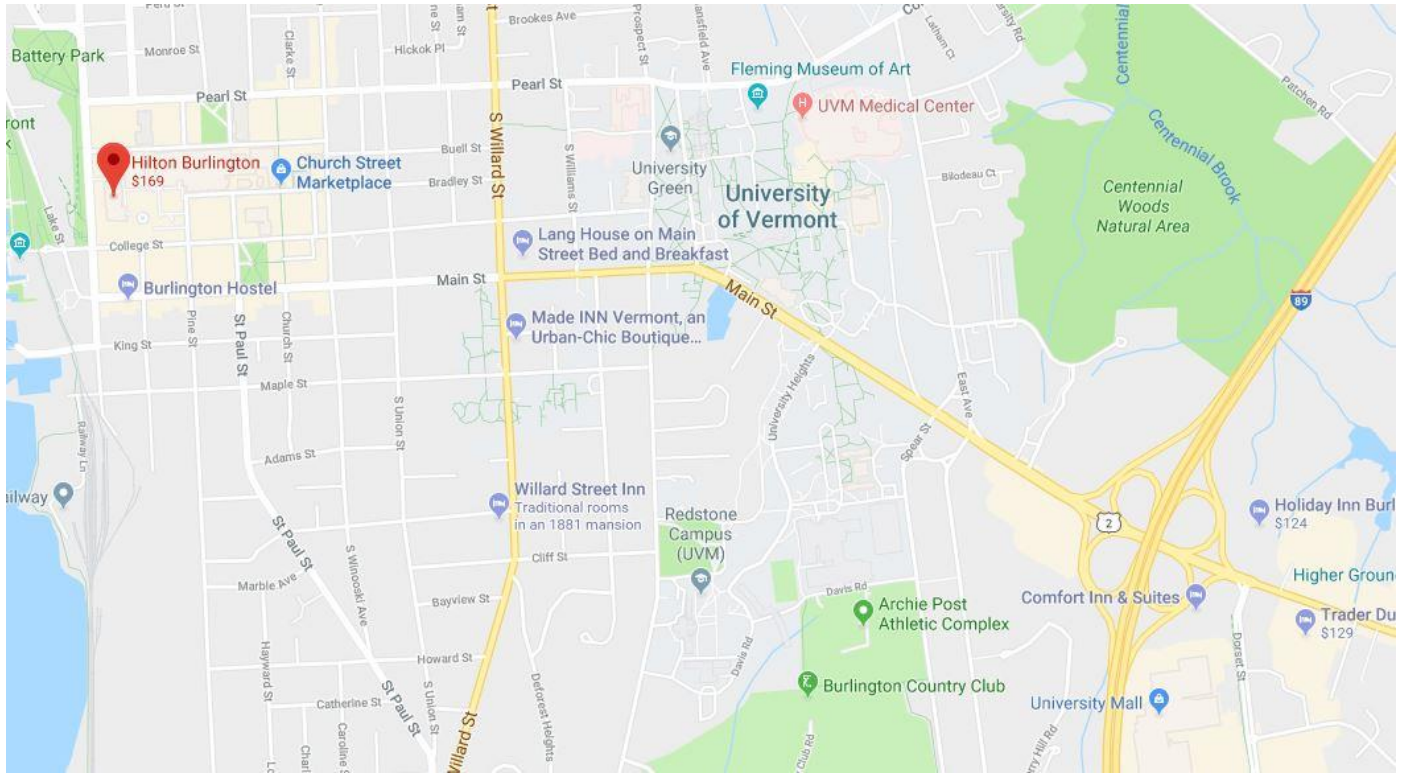
The walk begins outside the Burlington Hilton hotel at 60 Battery Street. Driving directions are on the next page. Restrooms are available at the Hilton Hotel. As they have hosted our walk box on the past, they are used to walkers coming in to use them.

DRIVING DIRECTIONS TO START POINT

From I-89, take exit 14W, towards Burlington. Continue on US 2, passing the UVM campus, and descending a long hill. US 2 becomes Main Street. Continue all the way down the hill for about 2 miles until you reach Battery Street.

For parking for the walk, your best bets are the Lakeview Garage (41 Cherry Street) or the College Street garage (60 College Street). Both are within a block of Battery Street near the Hilton, where the walk starts. See the attached map. For the College Street garage, take your next right on College Street, then LEFT into the garage. For the Lakeview garage, continue on Battery Street to Cherry Street, then RIGHT and into the garage.

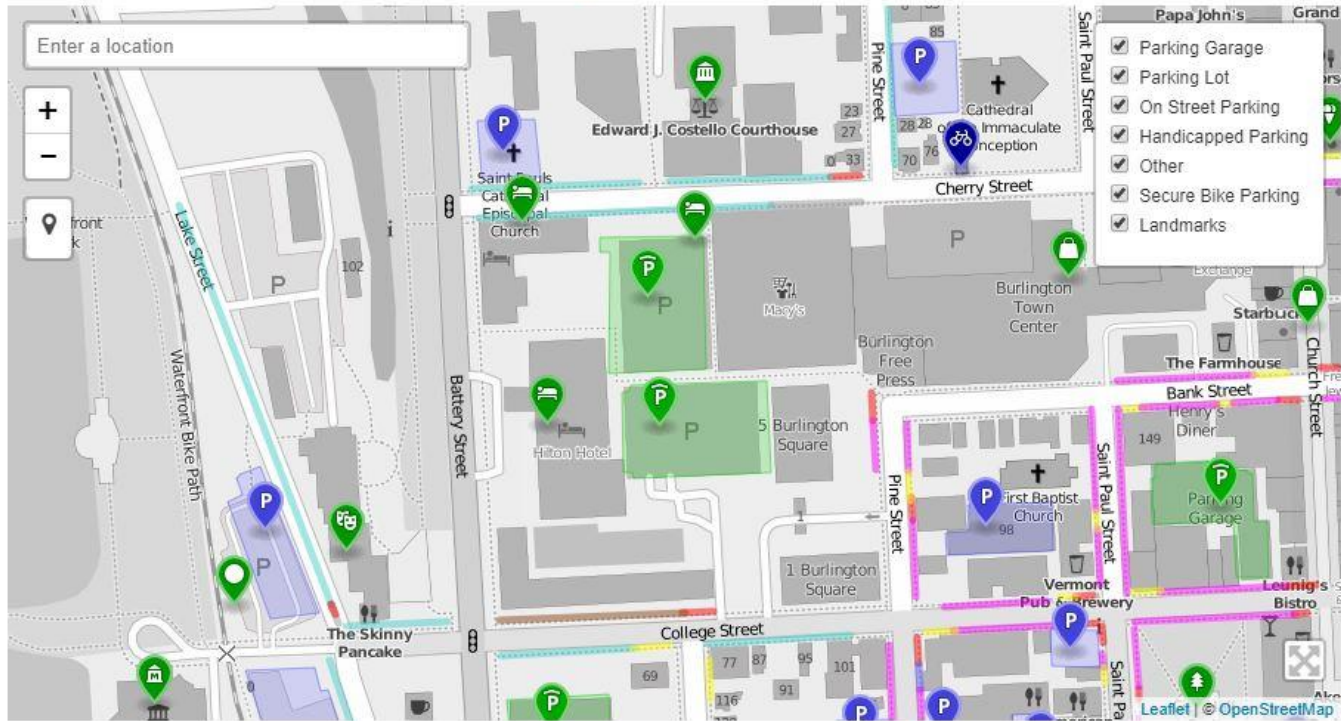
BURLINGTON START POINT MAP



Parking Map for Downtown Burlington, Vermont


Park Burlington's interactive map is a great way to plan your trip to downtown BTV ahead of time. The mobile-responsive map will let you know where the many on-street and off-street parking options are in Burlington, as well as, all publicly accessible secure bike parking options; view all bike parking options [here!](#) As we continue to develop the map, we'd appreciate your input and feedback: [click here to fill out a quick survey!](#)

[Click here for instructions on how to use the interactive map!](#)



Please note: Handicapped parking is free at all meters and [City-run garages](#) with the proper display of a placard or plate. All metered parking and City-run garages are free on Sundays and [City Holidays!](#) City-run garages include: Marketplace Garage (147 Cherry St.), Lakeview Garage (41 Cherry St.) and College Street Garage (60 College St.).

Emergency Numbers:

	<p>In case of Emergency: Dial 911</p> <p>Event related assistance: C Phillips: (802) 343-3033</p>
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Walk Overview:

The 5 km walk will visit Burlington's vibrant and historic downtown, including the Church Street marketplace, and a short walk along the waterfront with its parks and the Echo Center, a science center and aquarium featuring Lake Champlain. The 10 km walk will include a longer walk along Burlington's newly redesigned bike path.

Special Programs:

Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Treasure Hunt - A way to walk our precious trails, Underground Railroad, United States Post Offices, Vice Presidential Walks, Walk the USA - Street by Street, Walking America's Ports of Call, Walking the Path of Inventions

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

5 km Walking Instructions:

1. Standing in front of the Hilton, RIGHT; go to Cherry Street light. The cathedral you see on the corner is St. Paul's Cathedral, Episcopal, a late 20th century replacement for a lost gem, the former St. Paul's.
2. LEFT to cross Battery Street, RIGHT on path.
3. Walk along the path enjoying panoramic views of Lake Champlain and the Adirondacks. Cross a small drive into Battery Park. *Battery Park is so named because it was a military camp in the War of 1812. A British ship attacked our shores in August 1813, and Burlington was successfully defended from this point. A single cannon in the park commemorates this event. Take your time and see the monuments in the park.* Diagonally cross the park, passing bandstand on your left.
4. Just before exit to the park, sharp LEFT and walk around the park along the drive and behind the bandstand.
5. The drive returns to Battery Street. Cross Battery Street onto Pearl Street, continuing straight ahead along Pearl Street. *Take a look at the buildings around you as you approach Church Street. The large modern rectangular building on the L on the corner of Pearl and Elmwood is the Federal Building and Courthouse, and the main post office for Burlington. The church with the white spire is the Unitarian Church dating from 1816, one of many historic churches on our walk, and the one that Church Street is named for. The large Romanesque red brick building to your right is the Masonic Temple, 1897. Look for the pyramid shapes in the roof, a Masonic motif. Adjacent to it, on the other side of the street, is the Richardson Building, known for generations as Abernathy's Department Store. It now houses shops and condos.*
6. RIGHT on Church Street. *Open to traffic until the 1980s, it became a pedestrian mall and is now known as Church Street Marketplace. There are many great restaurants and stores here. You can enjoy downtown Burlington at its heart.*
7. LEFT at Cherry Street. Walk towards the First Congregational Church ahead of you; it is a fine example of Greek Revival, with a unique bell tower.
8. Cross South Winooski at the crosswalk and turn RIGHT..
9. LEFT onto Buell Street. Notice the 1st United Methodist church on the corner. This end of Buell is on the Historic Register for its Victorian homes. Continue on Buell two short blocks to South Union.
10. RIGHT on South Union.
11. After passing Bradley Street on the left, and a funeral home on the right, RIGHT on sidewalk passing through a long parking lot. You then pass the entrance to City Market, another great place to shop for food.
12. At City Market, LEFT on South Winooski. At College Street (several VPs had connections to UVM), Fletcher Free Library is on the corner. You may want to visit this wonderful library. After your visit, exit the library to LEFT on College Street.
13. LEFT on South Winooski, passing the fire department.
14. RIGHT onto Main Street. Observe the Chittenden County Courthouse, which was originally a Customs House. Walk one block to Church Street.
15. RIGHT on Church Street. Pass Burlington's City Hall, the Romanesque Ethan Allen fire station of 1887, and the Italianate Howard Opera House, 1879.
16. LEFT on Bank Street
17. LEFT on St. Paul Street, passing the 1st Baptist Church on the right.
18. At the corner of St. Paul and College, look around you. *On the empty SW corner once stood the gas station that was the first home of Ben & Jerry's. On the NE Corner is a redstone bank, known for many years as the Burlington Savings Bank. On the SE corner is City Hall Park.* Cross the intersection and enter the park.
19. Go to the fountain in the middle of the park, and then bear right toward the corner (St. Paul and Main). Observe the art deco Flynn Theater across the street.
20. RIGHT on Main street downhill towards the lake for two blocks.
21. LEFT on South Champlain.
22. RIGHT on King Street. *The brick house at 35 King Street is the Gideon King House, dated from 1798. King had a monopoly on*

shipping "from Whitehall NY to St Jean Quebec" in the early 1800s. The street plan for Burlington was approved in this house.

23. LEFT on Battery Street for one block.
24. RIGHT on Maple Street. *The stone building on the corner is the Old Stone Store, 1827. This is a splendid remnant of the Queen City's waterfront heyday, built of Isle La Motte limestone, for Timothy Follett, an early shipping magnate.*
25. Cross the RR tracks and RIGHT on the Burlington bike path. Follow the path past the King Street docks (seasonal ferry to NY), continuing behind the old train depot, Union Station, 1913. Continue on the path to the Echo Lake Aquarium Science Center,

a maritime museum, another great place to visit.

26. Near the Echo Center, RIGHT on College Street. *Straight ahead up the hill you will see a beautiful old white house, now the Pomerleau Insurance Agency. This mansion was built in 1840 for Timothy Follett. Follett, first president of the Rutland Railroad, had this Greek Revival designed by famous architect Ammi B. Young, who also designed the State Capitol Building in Montpelier.*
27. At Battery Street, LEFT and continue half a block to the starting point at the Hilton. You have finished 5k.

10 km Walking Instructions:

1. Exit the front door of the Hilton, TR; go to Cherry Street light. *The cathedral you see on the corner is St. Paul's Cathedral, Episcopal, a late 20th century replacement for a lost gem, the former St. Paul's.*
2. LEFT to cross Battery Street, RIGHT on path.
3. Walk along the path enjoying panoramic views of Lake Champlain and the Adirondacks. Cross a small drive into Battery Park. *Battery Park is so named because it was a military camp in the War of 1812. A British ship attacked our shores in August 1813, and Burlington was successfully defended from this point. A single cannon in the park commemorates this event. Take your time and see the monuments in the park.* Diagonally cross the park, passing bandstand on your left.
4. Note the police station across the street as you leave the park. Walk to the right of it, along North Avenue to Depot Street.
5. At Depot Street, turn sharp LEFT walking down a steep hill, towards Waterfront Park.
6. At the stop sign, cross the railway track and continue ahead to a concrete walkway. LEFT on this walkway and follow it as it gets closer to the lake. Continue to follow the concrete walkway along the water's edge.
7. LEFT and pass the entrance to the Echo Center, a wonderful museum to stop and explore. Near the RR tracks, RIGHT to continue on the bike/rec path, walking parallel to the RR tracks. The path will pass Perkins Pier on the right, another nice place to relax and view the lake.
8. You will be on the recreation path/bike trail for approximately the next 3k. Follow signs for the bike path. For much of the way you will be walking along the waterfront; at other times you will be near the railroad tracks. Enjoy the art work along the way.
9. Continue to follow the bike trail as it takes a RIGHT onto Harrison Avenue. Continue on Harrison past Conger and Central. Stay on the bike trail as it turns left at Proctor Place.
10. The path continues across a bridge approaching Oak Ledge Park. Look for the miniature Stonehenge on your left. Continue down the path to the far end of the beach. You have traveled 5 km.
11. When you are ready, return via the same route, retracing your steps out of the park and back along the bike path for about 3k.
12. At Maple Street, exit the bike path and RIGHT.
13. At Battery Street, LEFT. *Note the stone building, Old Stone Store 1827. This is a splendid remnant of the Queen City's waterfront heyday, built of Isle La Motte limestone, for Timothy Follett, an early shipping magnate. (+++++8K DIVERGES HERE—SEE NOTES ON THE NEXT PAGE FOR THE REST OF 8K INSTRUCTIONS)*
14. For those going 10K, RIGHT on King Street. *The brick house at 35 King Street is the Gideon King House, dated from 1798. King had a monopoly on shipping "from Whitehall NY to St Jean Quebec" in the early 1800s. The street plan for Burlington was approved in this house. Continue to 43-45 King Street. This was the Captain White place. Two brothers of this name captained ships belonging to Gideon King. In more recent times it was the Chickenbone, a bar here for decades.*
15. At South Champlain Street, LEFT.
16. On Main Street, RIGHT. On Main, you will ascend the hill for two blocks, crossing Pine and St. Paul Streets. Just beyond you, you will observe the art deco Flynn Theater.
17. At St. Paul Street, LEFT, crossing Main at crosswalk, into City Hall Park. Go diagonally through the park to the fountain. From the fountain, bear left leading to the corner of St. Paul and College Street. *This is a memorable corner of Burlington. On the empty SW corner once stood the gas station that was the first home of Ben & Jerry's. On the NE Corner is a redstone bank, known for many years as the Burlington Savings Bank.*
18. RIGHT on College Street (away from the lake), crossing Church Street (a pedestrian mall with lots of stores and restaurants). Cross South Winooski Street, passing the Fletcher Free Library on the right. You may want to stop and visit it if it's open. It has an excellent local history room.

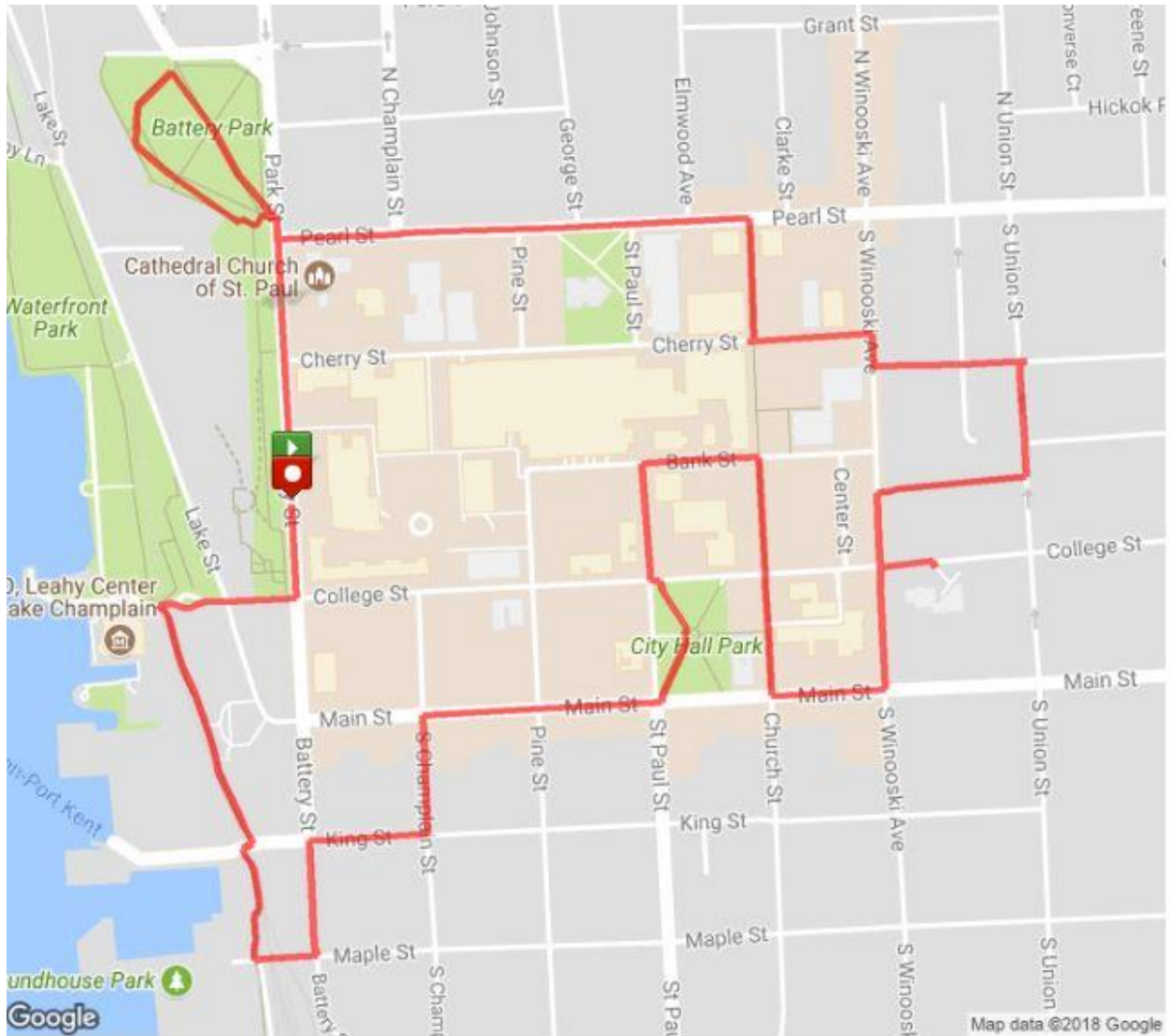
- 19. Exiting the library, LEFT to return to the corner of South Winooski and College.
- 20. RIGHT onto South Winooski. Notice two historic churches on your right; first the Methodist, and then the Congregational.
- 21. At Cherry Street, LEFT. Take Cherry Street all the way down past Church Street* (observe the beautiful Unitarian church to your right) to St. Paul's Cathedral on your right, a 20th century Episcopal church.
- 22. At Battery, LEFT to return to the Start/Finish at the Hilton.

**At Church Street, you may want to diverge from the walk to grab a bite to eat. There are many great restaurants and stores here. Enjoy downtown Burlington at its heart.*

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8K INSTRUCTIONS Continued:

- From the Old Stone Store, you will continue on Battery Street straight back to the Hilton and the starting point. At King Street, look left to see the King Street docks. At One Main Street, look left at the front of Union Station. This is a 1916 building.
- *As you approach College Street, look to your left for Burlington Bay Market and Deli, a great place for lunch or a maple creemee. To your right, before the condos, look up the street to a beautiful old white house, now the Pomerleau Insurance Agency. This mansion was built in 1840 for Timothy Follett. Follett, first president of the Rutland Railroad, had this Greek Revival designed by famous architect Ammi B. Young, who also designed the State Capitol Building in Montpelier.*
- Past College Street, continue half a block to the Hilton SP.

5 KM WALK MAP



10 KM WALK MAP



VERMONT'S TWIN STATE VOLKSSPORT ASSOCIATION

VERMONT IS *THE GREEN MOUNTAIN STATE*

2018 Year Round

<p><u>Montpelier, VT</u> - <u>Capital Walk</u></p>	<p>January 1 - December 31</p>	<p><u>Bridges - Spanning the USA, Make a Wish at a Water Fountain, National Register of Historic Places, State Capital, State Street Sashay, Take a Walk In a City Park, Underground Railroad, United States Post Offices, Walking the USA A - Z</u> Nation's smallest capital. The 10k and the 5k Capital routes include the State House, interesting architecture, Nat Reg Hist properties. Our 10k is rated 2A for one long hill, while the 5k is rated 1A. New for 2016 is a 5K Park route, entirely in Hubbard Park, rated 3B for hills and trails, offering a view of the State House from the top of the town. <u>More Capitol info</u>. Our starting point now has better parking, and very informative employees to welcome you to the capital of Vermont. Our trailmaster has rerouted the trails to highlight the many buildings in Montpelier on the Natl Register. New route (2015) along Stonecutters Way. New route (2016) to support park special program; drive to park avoiding steep incline, 5k within park.</p>
<p><u>Stowe, VT</u></p>	<p>January 1 - December 31</p>	<p><u>Bridges - Spanning the USA, Honoring Our Flag, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Trekking With the Trees, United States Post Offices, Walking the Path of Inventions, Walk the USA - Street by Street, Walking the USA A - Z</u> POC summer: PO Box 113, Hancock NH 03449 (802)498-8688. Daily dawn to dusk. Trail in heart of Green Mtns, place of YR rec activities & great fall colors. Walk is along stream, on Stowe rec path, through wooded area; spectacular view Mt Mansfield, VT's highest peak. Alternate winter route provided. Home of MariaVonTrapp ("Sound</p>

		<p>of Music" fame); VT#1 tourist attraction, Ben/Jerry's, not far away. Host hotel serves meals. Winter equipment rental in town. It is said that Stowe is "a little bit of Austria in Vermont." There is an Alpine feel to this beautiful mountain town. Ben & Jerry's ice cream plant is a short ride away on Rt 100 in Waterbury. Our walk has been extended to YR to take advantage of Stowe's popular winter season activities & spectacular fall colors. The Rec trail groomed for cross country skiing and/or snowshoes in season.</p>
<p><u>Portsmouth, NH</u></p>	<p>January 1 - December 31</p>	<p><u>Alternative Capitals, Border Crossings, Bridges - Spanning the USA, Food For Thought, Ice Cream Parlors, National Register of Historic Places, State Street Sashay, Take a Walk In a City Park, Walking America's Ports of Call</u> Event highlights long history of Portsmouth, first settled as "Strawbery Banke' in 1630, & its role in War for Independence, Civil War, & its current role as one of New Hampshire's few seaports. 6k is available, but requires driving to a different Start Pt. Daily dawn to dusk. Portsmouth was the capital of the English province of NH, before the Revolution. Many historic sites. This is a Border Walk; walking over Memorial Bridge to Maine. The city park is Prescott. The Port is on the Piscataqua River. Exeter has the only still operating Worcester Lunch Car, a very early design of diners.</p>
<p><u>Concord, NH - Capital Walk</u></p>	<p>January 1 - December 31</p>	<p><u>Honoring Our Flag, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, State Capital, State Street Sashay, Take a Walk In a City Park, Treasure Hunt - A way to walk our precious trails, Underground Railroad, Vice Presidential Walks, Walk the USA - Street by Street</u> Daily, dawn to dusk. Trail includes State Capitol, historic downtown Concord & President Franklin Pierce manse & grave site. Vice President Henry Wilson attended Concord schools. Amoskeag known for steam fire engine invention. Capitol made of Concord granite. Walk includes White Park.</p>

2018 SEASONAL EVENTS

Many Different Start and Closing Dates

<p><u>Burlington, VT</u> - <u>Waterfront, Downtown, and UVM</u></p>	<p>May 1 - December 31</p>	<p><u>Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Treasure Hunt - A way to walk our precious trails, Underground Railroad, United States Post Offices, Vice Presidential Walks, Walk the USA - Street by Street, Walking America's Ports of Call, Walking the Path of Inventions</u> Our new Burlington walk will give the walker the choice of a waterfront and downtown walk, or a UVM and local history walk. They can be combined for a long walk of about 20k, or can be done in parts. PPSFBurlington is called the Queen City, dating back to its days as a major port along Lake Champlain. Downtown includes Ben & Jerry's, (ice cream parlor which originated in Burlington), great architecture and Church Street, pedestrian mall with many stores and restaurants. UVM is the state university, with several campuses. There are many historical homes and buildings along the walk, including Rev. Young's home at College and Willard, which was a stop on the underground railroad. Note that there is a significant hill to ascend from downtown to UVM.</p>
<p><u>Exeter, NH - Former Capital</u></p>	<p>April 1 - December 31</p>	<p><u>Alternative Capitals, Amphitheatres, Bridges - Spanning the USA, National Parks Centennial Challenge, National Register of Historic Places, State Street Sashay</u> Alternate trail available where difficult for wheelchairs & strollers. Exeter was State Capital during Am. Revolution. Settled in 1638, it is a town rich in history & architecture. Walk along Squamscott River, thru beautiful Phillips Exeter Academy campus & visits Powder House used to store gunpowder 'removed' from Ft. William & Mary prior to start of Revolution & later used at Battle of Bunker Hill. Daily dawn to dusk. Amphitheater in Swasey Parkway. Gilman Garrison house is National Historic Landmark.</p>
<p><u>Littleton, NH</u></p>	<p>April 1 - December 31</p>	<p><u>Bridges - Spanning the USA, Honoring Our Flag, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, United States Post Offices, Walk the USA - Street by Street, Walking the Path of Inventions, You'll Never Walk Alone</u> "One of America's top ten dream towns";</p>

		<p>lovely New England town is a triumph of historic preservation. Award winning Main St focus of 6K: walk through covered bridge; working grist mill; world's longest candy counter; many historic buildings, shops & restaurants; at library, statue "Pollyanna", creation of local author; enjoy Ammonoosuc riverwalk; & Dells, a conservation area. 10K adds route to Remick Park, with more challenging elevation. "Live in a walkable community" is motto of Littleton. Your host Diner has the best breakfast in NH says Food Network. 6K, 1B; 10K, 2B. 6a-dusk. See more info: Littleton Area Chamber. Both 6K & 10K are offered. Optional 1k from either route to add ice cream shop. Optional shorter wheelchair or stroller friendly route including the historic Main Street only is available, rated 1A, along paved surfaces. No pets allowed in cemetery.</p>
<p>Brattleboro, VT</p>	<p>May 1 - December 31</p>	<p><u>Border Crossings, Bridges - Spanning the USA, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Underground Railroad, United States Post Offices, Walking America's Ports of Call, Walking the Path of Inventions</u></p> <p>Brattleboro is a lovely historic town with restaurants, coffee shops, and much Vermont charm. Our 5k highlights the downtown and a nearby residential area. The 10k explores more of the industrial history of the town, passing the Estey Organ warehouse. 5k is relatively flat, with a few small hills. 10k has more elevation. Optional 1k take the bridge to NH to see an island where a dance hall once stood, plus optional brewpub. Our host is an historic art deco hotel and theater in the center of downtown Brattleboro. (Walk box at hotel) Ask about discount for volkssporters staying at the Latchis. Parking on the street and hotel parking is very limited, but several parking lots are close by and reasonably priced. Pets not permitted in buildings. Elisha Otis, inventor of the elevator, lived in Brattleboro at one time. The Connecticut River was navigable, and a DAR marker on Main St near the Whetstone Brook Falls points to where the docks once stood. Ice Cream Shop is Blueberry Haus on Elliot St near our start. Underground RR was the Charles Frost shoemaker shop on Flat Street on 10k, opposite the Organ factory.</p>

[Chimney Point,
VT -
Champlain
VT/NY](#)

**May 1 -
November 30
WEB
REGISTRATION
ONLY**

[Animal Safari, Border Crossings, Bridges -
Spanning the USA, Honoring Our Flag,
Lakes and Reservoirs, National Register of
Historic Places, Points of Reference, Walking
America's Ports of Call](#)

[WEB REGISTRATION ONLY](#)

[\(www.cva4u.org\)](http://www.cva4u.org) Start: Chimney Point, VT
A walk history and bridge lovers will enjoy.
The site has been important as a passage
between shores for millenia. On both sides
stood forts in 18th century; state historic sites
of Crown Point NY & Chimney Point VT are
united by the bridge. Explore both on this
walk. Walk daylight hrs only. Historic sites
close for season before walk does; plan
accordingly. No free walkers for OLSB
walks with TSVA. [Info for Crown Point, NY.](#)
[Info for Chimney Pt VT.](#)

While beginning and ending on VT side,
most of walk is on trails within Crown Pt.
Historic Site in NY. Award is large beautiful
patch of new Bridge. Bust by Rodin featured
on lighthouse on NY side, as is sculpture of
Samuel de Champlain. Bridge nearly half
mile long; you cross it twice on walk;
separate pedestrian & bike lanes. Both 5/10K
visit both sites in both states; 10K includes
more of Crown Point trails. Restrooms at
Museum & grounds of Crown Pt HS; food &
restroom at Start. Completed in late 2011, the
new bridge replaces one imploded in 2009.
Our choice for animal safari is Champ, the
Champlain Monster. As of Aug 2015, Host is
closed on Tuesdays. Check [The Bridge
Restaurant VT](#)

[Woodstock, VT](#)

**May 1 -
November 11**

[Bridges - Spanning the USA, Honoring Our
Flag, Ice Cream Parlors, National Parks
Centennial Challenge, National Register of
Historic Places, Points of Reference, Take a
Walk In a City Park, Trekking With the
Trees, Underground Railroad, United States
Post Offices](#)

This offers choice of hike up Mt Tom, a visit
to National Park, or walk through historic
Woodstock, noted for its shops, culture, town
square. 11/10/8K walks 3B; 5K, 1B. Shares
walkbox with Quechee, 8 mi. away. 9am-
5pm daily; call before Memorial Day or after
Columbus Day. Start at Quechee Visitors
Center, stamp books & drive 8 mi to
[Woodstock](#). Woodstock's Mt Tom trails are
among our favorite walks in our club's 30
year history. Plan to take time, & stamp your

		<p>books first so you do not have to rush to return to Quechee by closing time. Remote start by mail may be possible; contact the POC by email with as much lead time as possible. Longer trails with scenic outlooks via Mt. Tom's historic forest stands along paths & carriage trails. A 5K rated 1B offering the picturesque village & Nat'l Park available. Mt. Tom's 20 mi of trails & carriage roads maintained by Nat'l Park Service, as part of Marsh Billings Rockefeller NHP; trails open without charge. Park has Rockefeller mansion, & Billings Farm Museum, both worth a visit; admission charged. Abolitionist and Judge Titus Hutchinson had a stop on the Underground Railroad at his home on the green, at corner of Elm and Central.</p>
<p><u>Lincoln, NH - Franconia Notch State Park</u></p>	<p>May 1 - October 28</p>	<p><u>Boardwalks, Bridges - Spanning the USA, Ice Cream Parlors, Lakes and Reservoirs, Make a Wish at a Water Fountain, Walking the USA A - Z</u></p> <p>Franconia Notch St Pk voted #1 by Yankee Magazine readers; allow sufficient time to enjoy Park. Opt for relatively level, free Pemi trail, or more challenging & spectacular Flume Gorge (paid area). Flume Gorge counts as 5k, 3B, pass 2 covered bridges, splendid waterfalls, interesting rock formations; more like mtn hike. Bring correct footwear/clothing & water. Route steep; not recommended in wet weather. Use free bus that shortens ascent/distance. Other distances/grades available. Nice color patch A award. We have sanctioned up to 20k of the Pemi trail, for which there is no park admission. Walkers urged to stay on marked trails & be cautious of weather conditions. Free park maps available at VC. IMPORTANT: Use rangers as your resource for alternate trails. Pemi has a variety of terrain and difficulty you may choose with ranger assistance. Please note start & end dates dictated by weather. Check their website or call park if arriving early or late in season. There is a campground in Park. Ask about Discovery pass, which is a reduced ticket combining the Flume & Cannon Mtn Aerial Tramway. We recommend a full day to enjoy Park & area. If starting late or driving to another trail head, you may stamp your book & pick up your award before leaving the VC. Pemi trail passes Profile Lake. There are boardwalks in</p>

		<p>the gorge. An ice cream shop at the Visitors Center.</p>
<p><u>Quechee, VT - Vermont's Grand Canyon</u></p>	<p>May 1 - November 11</p>	<p><u>Bridges - Spanning the USA, Honoring Our Flag, National Register of Historic Places, Walk the USA - Street by Street, Walking the USA A - Z</u></p> <p>While not like Grand Canyon, AZ, this mile-long gorge is unique in New England; stunning views best seen at bridge on Rt 4 very near to Visitors Center. Trails into gorge are considered an easy hike. Campground at nearby state park. Open Daily 9a-5p; call before Memorial Day or after Columbus Day in case hours change. Get your Q in VT. Note that there is some road walking without sidewalks on part of this walk. Also close by, many stores with VT products and historic diner. In Village of Quechee, along 10k, fine dining, craft shops, & historic mill area. Simon Pearce makes handblown glass & pottery, and its restaurant overlooks the falls. Qualifies for hard to find "Q" in A to Z. Woodstock's Mt Tom, 8 mi away, would make great day of walking/hiking in this area. Quechee and Woodstock walks share same walkbox in Quechee. Trail starts at Visitor Cntr along Ottaquechee River, and includes stunning view into VT's deepest gorge, formed by glacial activity more than 13K yrs ago. Shorter walk goes down into gorge and back along state park area. 10k continues into Village of Q; historic buildings, craft shops, and restaurants.</p>
<p><u>Keene, NH</u></p>	<p>May 1 - December 31</p>	<p><u>Amphitheatres, Honoring Our Flag, Ice Cream Parlors, National Register of Historic Places, Take a Walk In a City Park, United States Post Offices, Vice Presidential Walks, Walking the Path of Inventions</u></p> <p>Keene is a college town known for its beauty and music. The free Music Festival is in Aug or Sept each year. Located in the beautiful Monadnock Region. Our starting point is near the trail system. There are two 5k walks which can be walked as one 10k. The city walk includes the historic parts of town, beautiful architecture, and part of the college (KSU) campus. The other is a park walk for the special program. There is ample free parking around the CVS, and there are restaurants nearby. Store is open from 8 am to 10 pm, but walk only during daylight hours. Town walk is mostly on sidewalks or</p>

		<p>paved surfaces, relatively little elevation. The Park walk has more varied surfaces. 1A to 2B, Many buildings near Central Square on NHR including Cheshire Co Courthouse. John Wright, inventor of Wright's silver polish, was from Keene. Several Ice cream shops including Life is Sweet and Walpole Creamery. (POC recommends Walpole.) You can get Gerald R. Ford for your VP book either here or in Peterborough; as President he visited both cities in 1975.</p>
<p><u>White River Junction, VT - VT/NH Border Walk</u></p>	<p>April 1 - December 31</p>	<p><u>Border Crossings, Bridges - Spanning the USA, Honoring Our Flag, National Register of Historic Places, Points of Reference, Take a Walk In a City Park, Trekking With the Trees, United States Post Offices, Vice Presidential Walks, Walking the Path of Inventions</u></p> <p>Our White River Junction walk returns as a Border Crossing event, crossing into West Lebanon NH. Historic Railroad town in VT, with operating Amtrak train station if you want to come by rail. Our walk includes town parks and local history. Daily 7a to Dusk. POC informs us there may be construction that will affect the walk. Alternate routes may be used. Listed on the National Register of Historic Places, Hotel Coolidge is located in the heart of the village of White River Junction. Many local shops and trendy diners, cafes, a martini bar and other dining are within walking distance, right next door to the Briggs Opera House. White River Jct. is so named as it is located at the junction of the Connecticut River and the White River, in the town of Hartford VT. Considered the heart of Central Vermont and the Upper Valley Region of Vermont and New Hampshire. Our walk will cross the Connecticut into New Hampshire. Vice President Walks for Calvin Coolidge.</p>
<p><u>Norwich VT/ Hanover, NH - Appalachian Trail - Border Walk - Dartmouth College</u></p>	<p>May 1 - November 30</p>	<p><u>Appalachian Trail, Border Crossings, Bridges - Spanning the USA, Ice Cream Parlors, Make a Wish at a Water Fountain, Vice Presidential Walks</u></p> <p><u>WEB REGISTRATION ONLY</u> <u>(www.cva4u.org)</u></p> <p>This is an Appalachian Trail event for NH only, and a border crossing. A variety of choices are available including a 3C hike of 5k, a 5k 2A town walk in either town can combined as a 10k. A walking stick and</p>

		<p>water is recommended for the hike. TSVA is happy to bring back our Hanover and Norwich walk, with a new option for AT trail hiking. Norwich can be a stand alone 5k with alternate startpoint. Similarly, a 5k Hanover walk can be done without the AT portion. For hikers, we offer a 3k hike option to Velvet Rocks shelter rated 3C. The complete circuit would be 13k. Nelson Rockefeller, Vice President under Ford, was a 1930 graduate of Dartmouth College.</p>
<p><u>Middlebury, VT</u></p>	<p>May 1 - December 31</p>	<p><u>Animal Safari, Boardwalks, Bridges - Spanning the USA, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Underground Railroad, United States Post Offices, Walking the Path of Inventions</u> <u>WEB REGISTRATION ONLY</u> <u>(www.cva4u.org)</u> Middlebury is the shire town of Addison County, and a college town of some renown. The 10k crosses the Otter Creek through an unusual double covered bridge. Pastoral scenes with some rolling hills and much flat terrain. Our former President and great friend to volkssporting, Charlotte Phillips, has allowed us to continue to run Middlebury, now through OLSB. This has been one of our favorites for 20 years. The Middlebury Inn opened in 1827 and serves a wonderful afternoon tea. John Deere, inventor, was a student at Middlebury. Many buildings in town and at college on NHR. 88 Main Street was a stop on the Underground RR. Bridges on both 5k and 10k. No pets permitted in buildings, and only part of the route is wheelchair accessible. There are no free walkers on this walk.</p>
<p><u>Peterborough, NH - Our Town</u></p>	<p>May 1 - October 31</p>	<p><u>Amphitheatres, Honoring Our Flag, Ice Cream Parlors, Make a Wish at a Water Fountain, National Register of Historic Places, Take a Walk In a City Park, Trekking With the Trees, Underground Railroad, United States Post Offices, Vice Presidential Walks, Walk the USA - Street by Street, Walking the USA A - Z, You'll Never Walk Alone</u> <u>WEB REGISTRATION ONLY</u> <u>(www.cva4u.org)</u> Peterborough is an historic and attractive town in southern NH. "Our Town" by Thornton Wilder was modeled on this town. The Moses Cheney House was a</p>

		<p>station on the Underground RR. Many shops and restaurants to enjoy nearby. Our walk can be done as a 5k in town, a 6k that includes the Moses Cheney House, or an 11k with both loops. The town walk remains mostly in the historic area, while the longer walk includes some residential areas.</p> <p>Underground RR - Moses Cheney House VP: Gerald Ford (visited as President, 1975.) Ice Cream Shop is Ava Marie 43 Grove St. ; Horsehead fountain near town hall. Goes through Putnam Park. Our POC has a summer home in nearby Hancock, email and phone will reach her. No pets in buildings.</p>
<p><u>Derby Line, VT</u> = <u>International Border Walk</u></p>	<p>May 1 - November 30</p>	<p><u>Border Crossings, Bridges - Spanning the USA, Honoring Our Flag, National Register of Historic Places, United States Post Offices</u> <u>WEB REGISTRATION ONLY</u> <u>(www.cva4u.org)</u> Our Derby Line walk is for those who want a unique border walk experience. Nearby is Newport which is on Lake Memphremagog, a resort destination here and in Canada. Derby Line is literally on the Canadian border, and Haskell library is in both countries. Those without a passport may visit the library. Those with a passport can see the rest of the community, which is almost entirely in Canada. We have permission from the CVF to continue the walk in Stanstead Quebec, but all walkers must have appropriate ID and check in at both border entries. More info on our website. There are no free walkers for this walk. PLEASE NOTE: The NEWPORT portion of this walk is temporarily unavailable, returning om 2018. The Derby Line portion of the Derby Line Stanstead walk is less than 3k; to get 5 or 10k, you MUST have a passport or enhanced ID. Derby Line is a very small community that is the gateway to Stanstead Quebec. Those without a passport can still enter the library to be in both countries, and earn your border crossing qualifier. Those with passports can extend their walk into Canada. Haskell Library is on the National Register. Our Newport walk will be back in 2018 as an adjunct to this to allow a full 10k (or more) in the US. Driving to a different site is required.</p>
<p><u>Killington, VT - Appalachian Trail -</u></p>	<p>May 15 - October 30</p>	<p><u>Appalachian Trail, Boardwalks, Vice Presidential Walks, Walking the USA A - Z</u> <u>WEB REGISTRATION ONLY</u></p>

<p><u>Thundering Falls - Gifford Woods</u></p>		<p>www.cva4u.org This is an Appalachian Trail event. The walk offers several choices of length and terrain up to 10 k. Most are 3B to 3C. Walking stick and water suggested. Sights include Thundering Falls, Kent Pond, Gifford Woods State Park, and old growth forests. You are in Coolidge State Forest, qualifier for Vice Presidents. Many lodging options nearby. Camping available at Gifford Woods State Park, open late May to mid Oct. There are no free walkers for this event. Dogs on leash only. No restrooms at start but are at Gifford Woods State Park in season.</p>
<p><u>Millinocket, ME - Appalachian Trail - Baxter State Park</u></p>	<p>May 15 - September 30</p>	<p><u>Appalachian Trail, Bridges - Spanning the USA, Walking the USA A - Z</u> <u>WEB REGISTRATION ONLY</u> www.cva4u.org Features two out & back trails both of which originate at Daicy Pond Campground; include Big and Little Niagara Falls. Optional extension or repark to hike Katahdin Stream Falls. Iconic AT footbridges, rocks and roots on trail. Entry fee required. Consult <u>park website</u>. Beautiful waterfalls reward you on this easy hike in Baxter State Park. Walking stick, sturdy foot gear, water, and bug dope recommended. We have sanctioned up to 20k, but consult with park materials to design your hike safely and for conditions. This event has no free walkers. Campers do not pay additional entry or parking fee.</p>

Last Updated: Tax Day April 17, 2018