

WELCOME TO THE
APPLE CAPITAL RECREATION TRAIL - SEASONAL BIKE EVENT - Y2354
In Chelan and Douglas Counties, Washington
Rated 1A Central Washington Sun Striders

This on-line packet contains the following 3 pages of information:

1. This informational page which includes the driving directions to the start point.
2. Step by step bike riding directions for the entire event. (one page)
3. A map for the entire event. (one page)

DRIVING DIRECTIONS TO THE START

This seasonal bike event starts at the East Wenatchee 19th Street Trailhead parking lot for the Apple Capital Recreation Loop Trail. **Coordinates: N 47.43412 W 120.30184 W**

From Quincy, take SR 28 to East Wenatchee. In East Wenatchee, continue straight (north) on SR 28 West through the Grant Road intersection and also the roundabout. Turn left on 19th Street NW and just after a small brown sign that says Loop Trail Parking, turn left on an unsigned street that leads to the parking lot on your right.

From Wenatchee, take US2 East across the Columbia River bridge to the stop light. Turn right on SR 28 East toward East Wenatchee. Turn right on 19th Street NW and just after a small brown sign that says Loop Trail Parking, turn left on an unsigned street that leads to the parking lot on your right.

On 19th Street NW, **if** you get to where the road curves to the right, you have missed the unsigned street that takes you to the Loop Trail parking lot.

APPLE CAPITAL REC LOOP TRAIL AND EXTENSIONS INFORMATION

This seasonal bike riding event includes the Apple Capital Rec Trail which makes a loop on both sides of the river in East Wenatchee and Wenatchee. It crosses two bridges over the river making a 16 K loop on a paved recreation trail. There are also two separate out and back extensions off the loop trail. One paved extension trail goes north along the east side of the river 16 K roundtrip to Lincoln Rock State Park and the other goes south along the east side of the river 17 K roundtrip to Hydro Park. Except for a very short portion in Wenatchee where you are riding in a bike lane next to Hawley Street, this entire trail system is on paved recreation trails separate from any streets.

RESTROOM INFORMATION

Restrooms are available at the starting point in the Russell Congdon Recognition Plaza area. There are other restrooms along the way in Wenatchee's Riverfront Park, Confluence State Park, Hydro Park, and at Lincoln Rock State Park.

Thanks for participating and we hope you enjoy your bike ride along the Apple Capital Recreation Trail.

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APPLE CAPITAL REC LOOP TRAIL SEASONAL BIKE EVENT - Y2354
CENTRAL WASHINGTON SUN STRIDERS - RATING 1A

16 K Apple Capital Loop Trail

1. From the corner of the parking lot, **follow** the paved trail through the small park and plaza to the "T" at the paved Apple Capital Rec Loop Trail. Note the signs for when you return to this point at the end.
(Restrooms and water fountain are at the plaza area and there is a Bavarian Volkssport Club brick below the list of Power Walkers to the right of the center).
2. Turn **RIGHT** on the paved trail. River is on your left.
3. **1 K** and **2 1/4 K** are trail intersections to the right. Go **STRAIGHT** on the rec loop trail.
4. **3 1/4 K** is the 32nd Place trail junction to the right with a *pit toilet*. Go **STRAIGHT** on the rec loop trail.
5. **4 1/2 K** is a junction with a trail to the left which is the 8 K paved trail to Lincoln Rock State Park. Go **STRAIGHT** on the rec loop trail. It will **CURVE** to the left as it rises up onto the Hwy 2 bridge and goes across the Columbia River to the Wenatchee side.
6. At the end of the bridge, go **LEFT** at the Y and downhill. The trail will make a hairpin **LEFT** turn.
7. **6 1/4 K** and **6 1/2 K** are 2 junctions to the left. Go **STRAIGHT**. You are in Confluence St. Park.
8. **7 K** **CROSS** the state park road. *Restrooms* in park.
9. **CROSS** the Wenatchee River. Go **STRAIGHT** at next junction (**7 1/2 K**) *Pit Toilet at junction*.
10. Parallel RR tracks and go into warehouse district. Turn **LEFT** on paved trail that parallels Hawley St.
11. **8 3/4 K** Where Hawley turns right, **ANGLE LEFT** on paved trail and enter Walla Walla Point Pk. There are many access trails. Stay on main trail through park. *Restrooms* at various locations in park.
12. **12 1/4 K** At Worthen Street (unmarked), turn **LEFT** on the trail that parallels Worthen St.
13. Just before the Old Wenatchee Bridge, turn **RIGHT** on the incline which curves onto the bridge.
14. **CROSS** the bridge and Turn **LEFT** on the trail.
15. **16 K** Turn **RIGHT** on the paved access trail back to Congdon Plaza and your vehicle.

Thank you for bike riding our event.
POC: J. Blazek 509-899-6535

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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If there is an emergency, call 911.

16 K R/T Lincoln Rock St Pk extension

16. At #5 (above), turn **LEFT (0 K)** and curve under the Hwy 2 bridge. Stay **LEFT** at the next 2 junctions.
17. **CROSS** several way trails. Stay on main trail.
18. **7 K** **CROSS** 2 small bridges.
19. **7 1/2 K** **CROSS** a paved road that goes to Rocky Reach Dam.
20. **8 1/4 K** Lincoln Rock State Park road.
21. Turn **AROUND** and return the way you came.

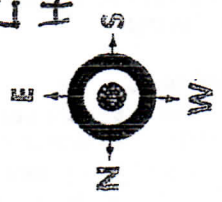
17 K R/T from parking lot to Hydro Pk

22. From the corner of the parking lot, **follow** the paved trail through the small park and plaza to the "T" at the paved Apple Capital Rec Loop Trail. Note the signs for when you return to this point at the end.
23. Turn **LEFT** on the paved trail. River is on your right.
24. **3 K** **CROSS** under the Hwy 285 bridge.
25. Just after the bridge is a bike trail junction. Turn **sharp RIGHT** onto the trail keeping Hwy 28 on your left and the river on your right.
26. At next trail junction, stay **STRAIGHT**.
27. **6 1/2 K** Trail **ANGLES** across a park access road in a crosswalk and then parallels the park road on the right side for a short distance.
28. Turn **RIGHT** in front of the *restrooms*.
29. Turn **LEFT** at the paved triangular trail junction.
30. **7 1/2 K** and **7 3/4 K** are side trails to the left. Angle **RIGHT** at the Y and the *restrooms*.
31. **8 1/2 K** End of the trail. Turn **AROUND** and return the way you came.
32. Turn **RIGHT** on paved access trail back to Congdon Plaza and your vehicle.

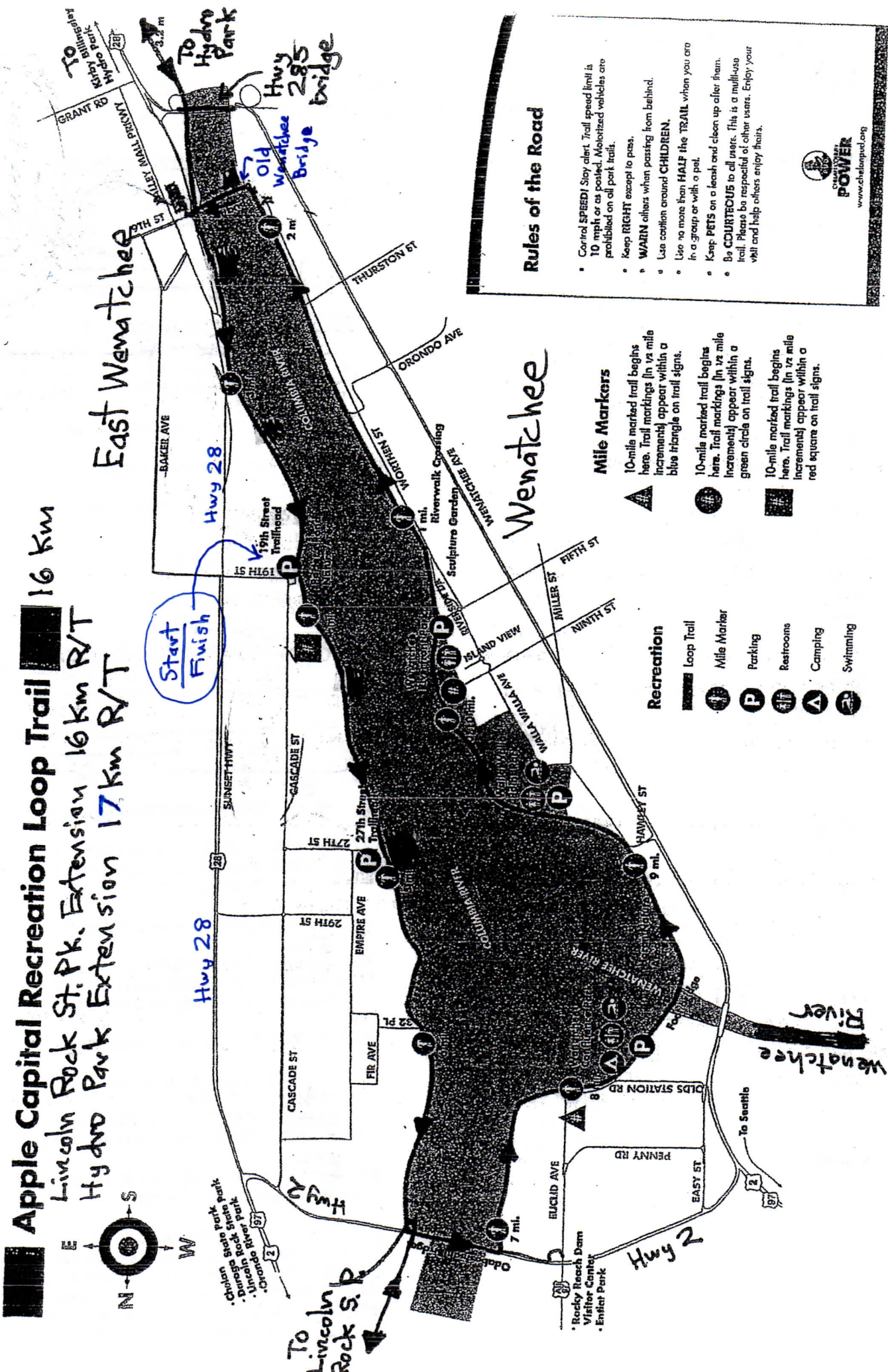
Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the event. The OSB system does not deduct any fee from an event bank until they have submitted event completion info including the date the event was ridden, the distance ridden, and the selection of applicable special programs that bike rider is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a bike rider's Event Bank when he/she submits the event completion info as a paying for credit bike rider.) The \$2 "coupon" for the downloaded pdf expires in 60 days.

Apple Capital Recreation Loop Trail 16 Km

Lincoln Rock St. Pk. Extension 16 Km R/T
 Hydro Park Extension 17 Km R/T



- Chelan State State Park
- Dungeness Rock & Park
- Lincoln River Park
- Grandview Park



- **Control SPEED!** Stay alert. Trail speed limit is 10 mph or as posted. Motorized vehicles are prohibited on all park trails.
- Keep **RIGHT** except to pass.
- **WARN** others when passing from behind.
- Use caution around **CHILDREN**.
- Use no more than **HALF** the **TRAIL** when you are in a group or with a pet.
- Keep **PETS** on a leash and clean up after them.
- Be **COURTEOUS** to all users. This is a multi-use trail. Please be respectful of other users. Enjoy your visit and help others enjoy theirs.

Mile Markers

- **10-mile marked trail begins here.** Trail markings (in 1/2 mile increments) appear within a blue triangle on trail signs.
- **10-mile marked trail begins here.** Trail markings (in 1/2 mile increments) appear within a green circle on trail signs.
- **10-mile marked trail begins here.** Trail markings (in 1/2 mile increments) appear within a red square on trail signs.

Recreation

- Loop Trail
- Mile Marker
- Parking
- Restrooms
- Camping
- Swimming

