

Angle Lake Light Rail Station – Y2394

Sea-Tac Volkssports Club © 2022 Issue date: March, 2022. POC: Fran Carson 206-788-7969 In case of Emergencies: dial 911.

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

All other uses are prohibited.

<u>Table of Contents:</u>	<u>Page number in this packet:</u>
General Information	1
Parking Map	2
10K walk directions	3
10K map & “Points of Interest” list	4
5K walk directions, map & “Points of Interest” list	5

Notice for registrants using this Online Start Box:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match (for example, by registering using the OSB, then completing your event using the PSB, nor signing the PSB log sheet). The sponsoring club only receives credit for an OSB participant when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Reminder: OSB registered users should be sure to log back in to the OSB system after doing the event, to “finish/complete” your online registration, by entering your participation date, distance, and any special programs.

There are two walk options:

10K – rated 2A: The 10K route walks through the neighborhood around Angle Lake, and then through the public-facing side of SeaTac Airport, before returning to the start at Angle Lake Light Rail Station.

5K – rated 2A: The 5K route walks through the neighborhood around Angle Lake, and does not go to the airport.

Restrooms:

Across the street from the Light Rail Station, there are two gas stations with restrooms, which are for customers only (you could buy a water or a power bar). For the 5K route, there is a restroom about half-way along the route, at Angle Lake Park (restroom at park may be open only seasonally). There are public restrooms on the 10K route, at about 3K at Valley View Park (restroom at park may be open only seasonally) and at about 7K, at the airport.

Comments:

Pets are not allowed on Light Rail, but allowed on the route if arriving otherwise. The 10K route walks through the airport, where pets are not allowed; however the walk directions offer an alternate route which bypasses the airport, for those walking with pets. Both routes may be difficult for strollers and wheelchairs (no guarantee all sidewalk corners have curb cuts for wheelchairs).

Start point address:

Angle Lake Light Rail Station

19955 28th Ave. S.

SeaTac, WA 98188

(47° 25' 23.376"N 122° 17' 53.592"W)

Driving Directions:

From I-5 northbound, take exit 151 (S. 200th St. / Military Rd.). At end of exit ramp, turn left and continue for 0.4 miles, crossing over I-5. At the next traffic light, turn left onto S. 200th St. Continue for 0.5 miles to Angle Lake Light Rail Station on your left. For parking options, see next page for driving directions and map to free parking.

From I-5 southbound, take exit 151 (S. 200th St. / Military Rd.). At end of exit ramp, continue straight on S. 200th St., as per directions above. For parking options, see next page for driving directions and map to free parking.

Angle Lake Light Rail Station – Y2394

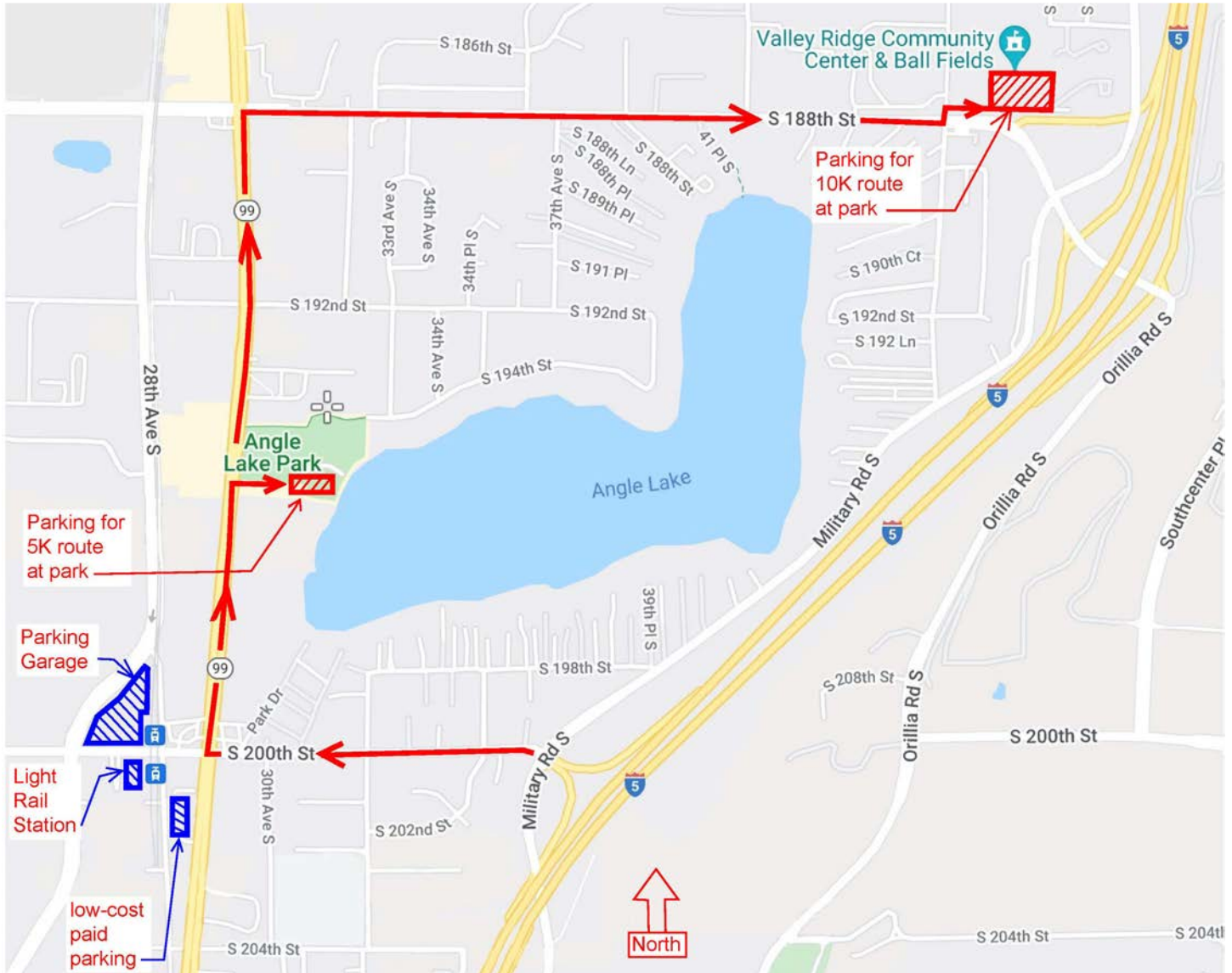
Sea-Tac Volkssports Club © 2022 Issue date: March, 2022. POC: Fran Carson 206-788-7969 In case of Emergencies: dial 911.
These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.
All other uses are prohibited.

Parking Directions and Map:

Parking at the Light Rail Station garage is free but is for Light Rail users only.

Parking for the 5K route is available at Angle Lake Park. From S. 200th St., turn **RIGHT** onto International Blvd. (Hwy 99). Continue 0.4 miles, then turn **RIGHT** in to Angle Lake Park. To start your walk, begin at number 12 on the walk directions.

Parking for the 10K route is available at Valley Ridge Park. From S. 200th St., turn **RIGHT** onto International Blvd. (Hwy 99). Then turn **RIGHT** on S. 188th St. Continue 1 mile to Valley Ridge Park at 46th Ave. S. (traffic light). **LEFT** at 46th, then immediate **RIGHT** to enter the park and the parking lot. To start your walk, begin at number 9 on the walk directions.



Or, for low-cost paid parking near the start location, you can park at Skyway Inn, at 20045 International Blvd (Hwy 99). It is open 24-hours a day. Located one block south of the Angle Lake Light Rail Station – see map above.



Angle Lake Light Rail Station – Y2394 – 10K – 2A

Sea-Tac Volkssports Club © 2022 Issue date: March, 2022. POC: Fran Carson 206-788-7969 In case of Emergencies: dial 911.

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

All other uses are prohibited. Dot in margin indicates Point of Interest. See next page.

- 1.) Exit Angle Lake Station (take elevator to street level). Walk on left side of S. 200th St. toward the busy intersection at International Blvd. (Hwy 99).
- 2.) **CROSS** Hwy 99 carefully. Continue on 200th, left side.
- 3.) **LEFT** on 32nd Ave. S. Walk one block.
- 4.) **RIGHT** on S. 198th St. Walk to the end at Military Rd.
- 5.) **LEFT** on Military Rd. S. Continue on Military Road, walking on left shoulder. **USE EXTREME CAUTION.** Walk single file where the shoulder narrows.
- 6.) **LEFT** on 46th Ave. S. Walk to the end at S. 188th St.
- 7.) Using the walk signals, **CROSS** S. 188th St., and then **RIGHT** to **CROSS** 46th Ave. S. Continue on the sidewalk on the left side of 188th for one block.
- 8.) Just before the crosswalk at the next road, turn **LEFT** onto the sidewalk which passes through a black metal fence and continues toward a parking lot beyond.
- 9.) **CROSS** the unmarked road (S. 187th Pl.) and walk carefully through the parking lot to the building beyond (has a red roof – restrooms during park hours).
- 10.) Walk to the left of the building, across the plaza, onto the asphalt path between the play structures.
- 11.) **RIGHT** on the asphalt path, passing Soccer Field 2 on your left. Continue around two sides of Soccer Field 2.
- 12.) **LEFT** on the path between Soccer Field 2 on your left and Soccer Field 3 on your right. Continue straight, to the end, to the tennis courts ahead.
- 13.) At the tennis courts, turn **RIGHT** and walk to the gravel path on your left which leads uphill.
- 14.) **LEFT** on the gravel path. Walk to the top.
- 15.) At the top, (view of Mt. Rainier on a clear day), **RIGHT** through the opening in fence to street (45th Ave. S.).
- 16.) Continue on 45th Ave. S., one block, to S. 182nd St.
- 17.) **RIGHT** on S. 182nd St. Walk 1 short block to 46th Ave. S.
- 18.) **LEFT** on 46th Ave. S. Walk five blocks to a parking lot.
- 19.) **RIGHT** on the sidewalk for a short distance, then **LEFT** to **CROSS** the parking lot.
- 20.) Pass between the yellow gate post and chain link fence, and continue to street beyond (S. 176th St.).
- 21.) **LEFT** on S. 176th St., and continue on left side of 176th.
- 22.) **CROSS** 42nd Ave. S. (flashing signal). Then **RIGHT** to **CROSS** 176th. Then turn **LEFT** and continue on 176th.
- 23.) At International Blvd., turn **RIGHT** and walk to the elevators for the skybridge going over the street. (6K) (For those walking with a pet, skip to step 45 now).
- 24.) Go **UP** the elevator to the skybridge, and **CROSS** International Blvd. This is SeaTac Light Rail station.
- 25.) Continue straight, then turn **LEFT** after the escalator.
- 26.) Follow sign for “Airport Terminal” and veer **RIGHT** onto the next skybridge, crossing an airport road below.
- 27.) Where the skybridge joins the parking structure, follow the green and blue stripes on the floor (parking lot is on left, glass wall on right) to the terminal ahead.
- 28.) At the end of the green and blue stripes on the floor, go **RIGHT** onto the skybridge marked “6” and “Alaska.”
- 29.) After the skybridge, go **UP** the escalator to Ticketing. Note the “Arrivals & Departures” screens directly in front of you, at the top of the escalators.
- 30.) Veer **LEFT** into the short hallway between those screens and Alaska ticketing. Look for the brown door on right for “Stair” (label on door: MT-5804-T)
- 31.) Open the door, and go **UP** one flight to “Mezzanine” (open to the public – it is ok to be here).
- 32.) Exit the stairwell, and turn **RIGHT**. Follow the mezzanine walkway (TSA lines below on right).
- 33.) Continue on the mezzanine to the large open stairwell. **RIGHT** to go **AROUND** the stairwell. Continue walking on the Mezzanine to the end at a Conference Center.
- 34.) At the Conference Center, take the wide stairs down.
- 35.) Walk ahead to the balcony rail. Look across the lobby below for exit doors marked “00.” This is your next destination. Take the escalator down (escalator is next to the freight elevator), to the lobby.
- 36.) Turn **LEFT** to walk across the lobby to the “00” doors.
- 37.) **RIGHT** on the sidewalk. Continue to International Blvd.
- 38.) **RIGHT** on International Blvd. Walk 2 blocks to S. 188th St.
- 39.) **RIGHT** on S. 188th St. Walk one block to 28th Ave. S.
- 40.) At 28th Ave. S., turn **LEFT** to **CROSS** S. 188th St.
- 41.) Continue on 28th Ave. S., several blocks.
- 42.) Where the road veers right and the raised Light Rail structure continues on straight (and tall blue-striped garage is ahead), **CROSS** the unmarked road. Turn **LEFT**.
- 43.) Continue on this road, right side, one block, to S. 200th St. (Light Rail now above, and blue-striped garage on right).
- 44.) Return to start, at S. 200th St., at Angle Lake Station.
- 45.) Alternate for walkers with a pet: instead of step 24, continue straight on Intn’l Blvd. up to S. 170th St. Then turn around and walk back on Intn’l Blvd. (passing the airport on right), to S. 188th St. Resume at step 39.

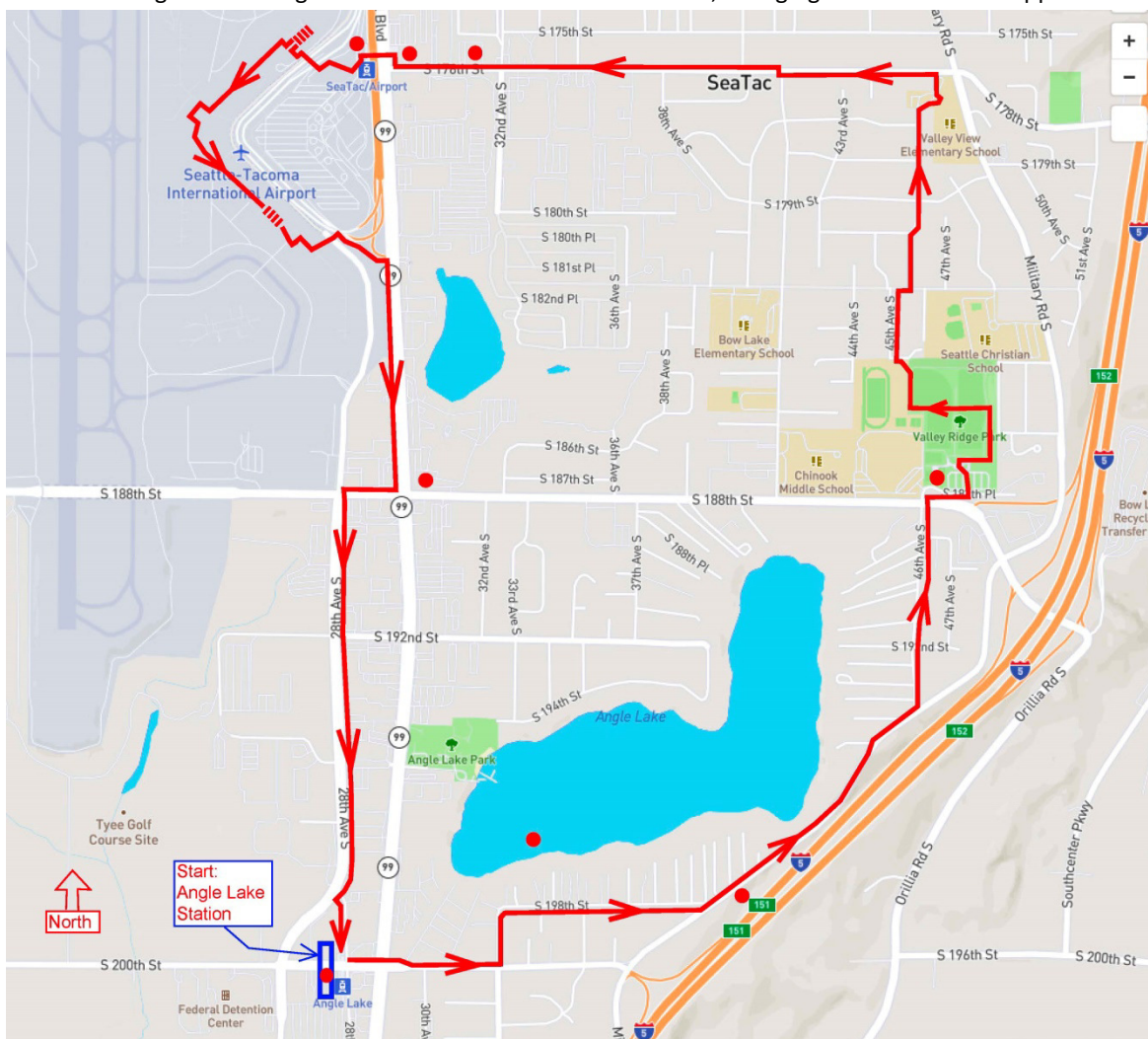
Points of Interest & Map – Angle Lake Light Rail Station – Y2394 – 10K – 2A

Sea-Tac Volkssports Club © 2022 Issue date: March, 2022. POC: Fran Carson 206-788-7969 In case of Emergencies: dial 911.

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

All other uses are prohibited. (numbers for “Points of Interest” below correspond to the number on walk directions and to dot on the map below)

- 4.) Angle Lake is a natural spring-fed lake, 52 feet deep. In 1989, two ancient Native American dugout canoes were discovered at the lake bottom. They are estimated to be 200 - 300 years old, likely from either the Muckleshoot or Duwamish tribes. A park at the west end offers public access to the lake for swimming, a boat launch, and fishing (stocked with rainbow trout and bass).
- 5.) Military Road is one of the oldest roads in the Northwest. The stretch from Steilacoom to Seattle took 8 years to build, finishing in 1860, the same year Lincoln was elected President. The full length of the road went from Vancouver (WA) to Bellingham.
- 13.) Tye Educational Complex (adjacent to tennis courts) is organized into two specialized programs, as part of a national movement called the “Coalition of Essential Schools” whose mission is to create small “personalized, equitable, and intellectually challenging schools.” Notable alumni: Steve Pool, weather anchor for KOMO-TV, and Adam Smith, US House of Representatives.
- 25.) Art installation (at plaza near elevator to bridge): “Celestial Navigation” by Portland-based artist Fernanda D’Agostino, is a landmark by day, and projection screen by night, with videos on area history and cultures, and images of the mysteries of flight. At the bridge over International Blvd.: “Restless” sculpture by artist Christian Moeller, artist and UCLA professor. An elongated red metal panel, floating above walkway at bridge, with twelve “Bird Repellers” gently rotating over the top.
- 25.) SeaTac Station art: “Flying Sails” stainless steel sculpture by artist Werner Klotz, working in New York City and Berlin. Abstract sails consisting of wind-activated panels. Northwest native tribe names on one side, and cities which are on the same longitude or latitude as Seattle on the other side.
- 38.) The DoubleTree at the corner of S. 188th St. & International Blvd. was designed by Seattle architect, Roland Terry, who also designed The Canlis, a Seattle restaurant known as an early icon of Northwest-inspired architectural design. The DoubleTree’s design is a modernist take on Native American motifs and forms, and is laid out with several interior courtyards for guests.
- 44.) Angle Lake Station art: “Cloud” kinetic sculpture by Seattle-based artist team, Laura Haddad and Tom Drugan. Over 6,000 pink, violet, yellow, orange, white and silver discs suspended above the platform shimmer in the sky, like a “sculptural barometer of local weather.” At night colored lights illuminate the discs in sunset hues, changing to blue as a train approaches.



For an interesting article on the history of the SeaTac area, check out this History Link article: www.historylink.org/File/4181

