

Glens Falls, NY Seasonal Walks

A 5K and 10K walk are available and they are both **rated 1A**.

Please use either the Online Start Box (OSB) or the Physical Start Box (PSB) to register and complete the event. DO NOT mix and match, for example, by registering using the OSB then completing your event by using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Starting Point: SPOT COFFEE GLENS FALLS Phone: (518) 223-0192
221 Glen St.
Glens Falls, NY 12801
Website: <https://www.spotcoffee.com/map-location/glens-falls/?mpfy-pin=704>

The coffee shop is open 7 days a week (7:00 am – 4:00 pm) CLOSED CHRISTMAS DAY. There is on-street parking and various close-by lots. Google City of Glens Falls Parking Map for more info. Restrooms should be available at the SPOT COFFEE shop. Restrooms are available at several businesses, including Stewarts Shops, along the routes (Corinth Rd/Broad St. or Glen St.) to the Start Point.

DIRECTIONS TO START POINT: Glens Falls is located approximately 50 miles north of Albany NY off of the Adirondack Northway, Interstate 87 (I-87).

From Albany and South: Take I-87 (Adirondack Northway) North to EXIT 18. At the end of the exit ramp turn RIGHT onto Main St. Continue on Main St. as it becomes Broad St. Bear RIGHT onto Hudson Ave. At the traffic circle take the fourth exit onto Glen St/US9. SPOT COFFEE GLENS FALLS will be on your right just before the Crandall Public Library.

From the North: Take I-87 (Adirondack Northway) South to EXIT 19 towards Route 254/Glens Falls. Turn RIGHT onto Aviation Road (Route 254). Turn RIGHT onto Glen St. (0.6 miles). Continue on Glen St. for 2 miles. Arrive at SPOT COFFEE GLENS FALLS on the left side of the street just past Crandall Public Library.

Course Description: Walk will be on city sidewalks, through neighborhoods and the downtown district as well as trails through a wooded City Park with wooden bridges that cross over a pond. The outskirts of Glens Falls include a Mall and many restaurants and businesses along the main thoroughfare of Route 9. There is a large complex of outlet stores located off I-87 about 8 miles north at Exit 20.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

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POC: Ginger Ireton (518) 488-8899

E-mail: glensfallswalk@walkescv.org

Website: www.walkescv.org

Glens Falls, NY 5K Seasonal Walk

Note: *Parts of the walk may be blocked by snow in early spring or late fall. Follow the directions in parenthesis to bypass these areas.*

Start: Stand in front of Spot Coffee facing Glen St./Route 9.

1. **RIGHT** onto Glen St. from Spot Coffee. Pass Crandall Library to the end of the building.
2. **RIGHT** at the end of the library and walk along the front of the library towards the City Park.
3. **Continue straight** on sidewalk across park to the convergence of several sidewalks at a brick circle next to Maple St.
4. **RIGHT** on sidewalk back thru park around gazebo to roadway, Lapham Place. (no street sign)
5. **LEFT** on Lapham to Ridge St.(no street sign) The yellow brick building on the right is Glens Falls City Hall. (Town Halls/City Halls)
6. **LEFT** on Ridge St. to Maple St. Queensbury Hotel is across the street.
7. **LEFT** at Maple St. to Bay St.
8. **LEFT** on Bay St and walk to Glen St. **CROSS** Glen St.
9. **RIGHT** on Glen St. for several blocks to Horicon Ave. Cross Horicon Ave.
10. **LEFT** onto Horicon. Continue until you see the sign that reads *Park Entrance Crosswalk*. This is a paved pathway that is enclosed with a chain link fence.
(This section may be wet in early spring if there is still snow on the ground. If it is not easily passable, bypass this section of the walk. Skip to direction 15, remain on Horicon).
11. **RIGHT** to enter Crandall Park on the walkway and proceed to the roadway.
12. **RIGHT** on the roadway and look for a wooden bridge.
13. **LEFT**, cross two wooden bridges to the roadway.
14. **LEFT** onto the roadway. Walk the short distance to that *Park Entrance Crosswalk* path you were on earlier (may not be a sign), leading back to Horicon. Cross Horicon. Crandall St. begins here.
15. **CONTINUE** straight onto Crandall St. using the left sidewalk. Walk a number of blocks to Sherman Ave.
16. **RIGHT** crossing Crandall then **immediate LEFT** crossing Sherman to continue down the right side of Crandall.
17. **Continue** down Crandall to Pine St (no street sign)
18. **RIGHT** on Pine which becomes New Pruyn St. Continue to South St.
19. **LEFT** to cross New Pruyn and then **immediate RIGHT** to cross South St.
20. **CONTINUE** straight a short distance to and **cross** Hudson Ave.
21. **LEFT** on Hudson to School St.
22. **RIGHT** on School to and **CROSS** Park St.
23. **LEFT** on Park St. Look for the newly refurbished Park Theater on the right.
The theater opened on December 23, 1911 as the first movie theater in Glens Falls where the town gathered to watch silent films and vaudeville shows. Visit inside if it is open and see the beautiful chandelier in the lobby and the ornamental wrought iron décor of the spiral staircase. (Step to the Beat)
24. **RIGHT** leaving the theater (facing Park St.), and walk to Glen St.
25. **LEFT** on Glen St to traffic circle.
26. **LEFT** at traffic circle **crossing** Glen and Hudson, to pick up Glen St. again.
27. **Continue** on Glen St. to Exchange St. where Davidson Brothers Brewery and Pub is located. Look for the crosswalk.
28. **RIGHT** at the crosswalk to other side of Glen St.
29. **LEFT** on Glen St. and walk the short distance back to the Start Point.

Glens Falls, NY 5K Seasonal Walk

SPECIAL PROGRAMS	
Town Halls/City Halls	Step to the Beat

AFTER YOUR EVENT: Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable Special Programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying-for-credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Glens Falls, NY Seasonal Walk – 5K Map



Glens Falls, NY 10K Seasonal Walk

Note: *Parts of the walk may be blocked by snow in early spring or late fall. Follow the directions in parenthesis to bypass these areas.*

Start: Stand in front of Spot Coffee facing Glen St/Route 9.

1. **RIGHT** along Glen St. Walk a short distance to pass Crandall Library. Walk to the end of the building.
2. **RIGHT** at the end of the library and walk along the front of the library towards the City Park.
3. **Continue straight** on sidewalk across park to the convergence of several sidewalks at a brick circle next to Maple St.
4. **RIGHT** on sidewalk back through park around gazebo to roadway, Lapham Place. (no street sign)
5. **LEFT** on Lapham to Ridge St. (no street sign) The yellow brick building on the right is Glens Falls City Hall. (*Town Halls/City Halls*)
6. **LEFT** on Ridge St. crossing Maple St. (Queensbury Hotel is on your left) to and **Cross** Washington St.
7. **LEFT** on Washington to Bay St.
8. **RIGHT** on Bay St where the **first Bell House (blue)**, is located on the corner of Washington and Bay. (See Step 9 Note)
9. **CONTINUE** along Bay for several blocks to the intersection of Bay St and Sanford St. **Cross** Sanford and on the right is The Bell House Inn (153 Bay St).
Notice the lovely façade and other details of the building. The top of the tower is shaped like a school bell. The story behind the bell is: A contractor who was proud of his three daughters who were teachers designed and built towers that resemble a school bell on three houses in Glens Falls. We can't be sure if any of those daughters lived in the house or if it was an architectural design used by the contractor. Either way it adds an elegant and fun fact to the house.
10. **LEFT to CROSS** Bay St at the intersection with Sanford.
11. **LEFT AGAIN to CROSS** Sanford and continue down the other side of Bay St. for several blocks to Glen St, across from the City Park. **CROSS** Glen St.
12. **RIGHT** on Glen St to Horicon Ave.
13. **CROSS** then **LEFT** on Horicon. Continue until you see the sign that reads *Park Entrance Crosswalk*. This is a paved pathway that is enclosed with a chain link fence and leads to Crandall Park.
(This pathway may be wet in early spring if there is still snow on the ground. If it is not easily passable, it may be best to bypass this section of the walk. Skip to direction 23, continuing straight on Horicon.)
14. **RIGHT** to enter Crandall Park and walk to the roadway.
15. **RIGHT** on the roadway and look for a wooden bridge.
16. **LEFT**, cross two wooden bridges, some grass, go to the roadway.
17. **RIGHT** onto the roadway. Bear right at each of the next two intersections. Continue to Glen St.
18. **LEFT** on Glen St to Fire Rd.
19. **LEFT** on Fire Rd. Look for the side of the YMCA building and look to the left for a park road.

Glens Falls, NY 10K Seasonal Walk

20. **LEFT** onto the park road to the first intersection.
21. **LEFT** at that intersection. Soon there is a right turn (remain on the road) and pass a pavilion on the left. Continue to the second intersection.
22. **LEFT** at the second intersection and very soon a quick **RIGHT**. The ponds with the bridges will soon be seen on the left. Walk the short distance to that “*Park Entrance Crosswalk*” path you were on earlier, leading back to Horicon.
23. **RIGHT** onto Horicon staying on the *right* sidewalk crossing Kensington. Continue to walk on Horicon towards a small roundabout. Stay on the *right* and bear *right* onto a sidewalk. Walk towards a small neighborhood park. Continue on the *right* sidewalk to remain on Horicon (no sign).
24. **LEFT** onto sidewalk at Roosevelt and walk along to the park’s end.
25. **RIGHT** to cross Roosevelt onto Broadacres. Walk for several blocks and the road loops to the left to become Coolidge Ave.
26. **CONTINUE** on Coolidge, cross Ashley Pl, (sidewalk on the *right*), and walk to Western Ave. **Cross** Western Ave.
27. **RIGHT** on Western Ave and continue to Sherman Ave. **CROSS** Sherman Ave.
28. **LEFT** on Sherman Ave and walk several blocks to Crandall St.
29. **RIGHT** on Crandall to Pine St. (no street sign)
30. **RIGHT** on Pine which becomes New Pruyn St. Continue to South St.
31. **LEFT** to **cross** New Pruyn and then **immediate RIGHT** to **cross** South St.
32. **CONTINUE** straight a short distance to and **CROSS** Hudson Ave.
30. **LEFT** on Hudson to School St.
31. **RIGHT** on School to and **CROSS** Park St.
33. **LEFT** on Park St. Look for the newly refurbished Park Theater.

The theater opened on December 23, 1911 as the first movie theater in Glens Falls where the town gathered to watch silent films and vaudeville shows. Visit inside if it is open and see the beautiful chandelier in the lobby and the ornamental wrought iron décor of the spiral staircase. There is more information about the history in a file in the walk box. (Step to the Beat)
34. **RIGHT** leaving the theater (facing Park St), and walk to Glen St.
35. **LEFT** on Glen St to traffic circle.
36. **LEFT** at traffic circle **crossing** Glen and Hudson, to pick up Glen St. again.
37. **Continue** on Glen St. to Exchange St. where Davidson Brothers Brewery and Pub is located. Look for the crosswalk.
38. **RIGHT** at the crosswalk to other side of Glen St.
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Glens Falls, NY Seasonal Walk – 10K Map



Glens Falls, NY Seasonal Walk – 10K MAP INSERT

