

Instructions for Maplecrest 5/10km Walk
VUSAV: Vancouver Walking Club

Walk Start Location & Driving Directions:

For 10km Walkers: Starbucks at 1900A NE 162nd Ave, Vancouver, WA 98684 (GPS: 45.6366, -122.5066). From I-5 and I-205 take SR-14 east. Take Exit 8, NE 164th Ave. Continue to NE 18th St. (164th becomes 162nd.) Turn left on NE 18th St, then immediately right into shopping center. Continue straight ahead, then right to Starbucks.

For 5km Walkers: (GPS: 45.6440, -122.4952) From I-5 and I-205 take SR-14 east. Take Exit 8, NE 164th Ave. Continue to NE 18th St. (164th becomes 162nd.) Turn right on NE 18th St to NE 172nd Ave and left to NE 29th Ave. At NE 29th St turn right into neighborhood and park immediately anywhere possible.

Restrooms available at Starbucks and Pacific Community Park along 18th St.

Walk Completion and Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

Challenges:

Take a Walk in a City Park
Walk Like an Olympian
A-Z: V

Washington Challenges: Clark County; WVB-Brewery, (McMenamins near Starbucks), Nurseries

We hope you enjoy this walk in the northeast neighborhoods and will explore more of our Vancouver Walking Club events. See us at VUSAV.club for more details.

These walking directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. For emergencies contact 911. Walk event owner is Dorothy Steedle 517-879-7602



Maplecrest and Pacific Community Park
Sponsored by Vancouver USA Volkssporters
10K and 5K – Rated 1A, YRE #2477



KEY: TR = Turn Right TL = Turn Left SA = Straight Ahead CR = Cross TA = Turn Around

5K Walkers must drive to start point at 29th St and 172nd Ave. Take 18th St to 172nd Ave, turn left and continue to 29th St. TR into neighborhood. Park anywhere possible on that street.

10K WALKERS (All streets/avenues are in NE)

1. Leave Starbucks and walk to 162nd Ave. **TL** to 23rd St.
2. **CR** 23rd St and 162nd Ave. **TR** on 23rd St and go half a block to 163rd Ave. **TL** to 25th St.
3. **TR** on 25th St. **TL** on 166th Ave.
4. **TR** on 26th St. **TL** on 166th **PLACE**
5. **TR** on 32nd St. **TR** on 168th Ave.
6. **TL** on 31st Way. **TR** on 170th Ave.
7. **TL** on 30th St. **TR** on 171st Ave.
8. **TL** on 29th St. **TL** on 172nd Ave.
9. **SA** on 172nd Ave and continue for several blocks to 39th St. (Also named Edmunds Rd.)
10. **CR** 39th St and stay on 172nd Ave to Stoney Meadows Drive. **TR**
11. Stay on SMD to where it dead ends, then **TA** to 40th St. **TL** back to Edmunds Road.
12. **TL** on Edmunds Rd to 38th Way.
13. **TL** on 38th Way and continue, past houses and open fields with blackberry bushes, until that street ends at 182nd Ave. (No sign) **TR**
14. Continue to 39th St. (Edmunds Rd.) **CR** and **TL** to Harmony Ridge Park. Enter the park and follow the trail around the periphery. Return to Edmunds Road.
15. **TL** and follow Edmunds Road for about a block to 29th St.

16. **TL** on 29th St and continue to roundabout at top of hill. **TR** onto trail into wooded area. (**5K WALKERS:** note instruction 4. below.)
17. Stay on this trail, as it twists and turns for some distance, crossing one street, to the exit at 174th Ave and **NE** 31st St.
18. **TR** on 174th Ave; **TR** on 30th St, which immediately becomes 173rd Ave; **TL** on 29th St; **TR** on 176th Ave.
19. **TL** on 26th Way (becomes 27th St).
20. **TR** on 179th Ave and proceed through little park. Continue on 179th Ave to 18th St.
21. **TR** and enter grounds of Buddhist Center at the corner. Explore signs and statuary, then return to 18th St.
22. **TR** and continue to 172nd Ave.
23. **CR** 172nd Ave and go into Pacific Community Park. Take the trail past the community gardens to the exit of the park at 164th Ave.
24. **CR** 18th St and **TL** to 162nd Ave. **CR** 162nd Ave and **TR** to Starbucks.

5K WALKERS

1. Walk back to 172nd Ave and **TR**.
2. **CR** 39th St and go into the Stoney Meadows neighborhood on 172nd Ave.
3. Continue at **Instruction 10** of 10K directions.
4. **At Instruction 16**, leave the trail at 176th, **CR** and **TL** on 176th. Continue **SA** to 29th St. (**Do not cross 31st and re-enter the trail!**)
5. **TR** on 29th and return to your car.

