

AVA: America's Walking Club

Twin Cities Volkssports

Bredesen Park/Edina Minnesota 10k

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Walk Directions - 5K Park/Creek Segment

Numbers in [] are approximate meters on the walk route.

0. [0000] 3Mile (5K) city loop: Begin at Info-kiosk at north end of park's parking lot in Edina, MN
1. [0001] Standing at the kiosk, face north (the direction from which you entered) and walk along Olinger Rd back towards the park entrance.
2. [0100] Just before the entrance, take 1st left (WNW), and use the walking (not biking) trail in the park paralleling Olinger Blvd (the park north boundary) until just before Vernon Ave. You will have a fence on your left surrounding the nature area throughout much of your walk in the park.
3. [0600] Left (SW) on path just before park NW boundary (parallels Vernon Ave)
4. [0750] Left (SE) on path paralleling Schaefer Rd15. (1mile sign once on path)
5. [1600] Right (ESE) on path paralleling MN62 (Crosstown highway) on your right.
6. [1800] Many paths join. Turn right, then left (E) to take the 9-mile creek (3-Rivers) path (towards the bridge) continuing to parallel MN62.
7. [2000] Right (S) across the bridge over MN62.
8. [2100] Left (E) on path and walkway paralleling 9-mile creek. Soccer fields on right.
9. [3000] Pass single soccer field. Reach rocks along the path at base of hill with Edina High School at top of hill.
10. [3000] Turn around (N, then W) and retrace steps (WNW) back towards Hwy 62 bridge.
11. [3850] MN62 Bridge. Right (N),cross MN 62 on bridge.
12. [4000] Right (ENE) off the bridge, paralleling Hwy 62 on your right.
13. [4200] Path splits. Follow waking path curving left (NE), along the park boundary, paralleling Villa Lane and then Olinger Blvd.
14. [4900] After passing Jeff Pl on your right, and before W 61st Street, turn left (W) taking trail back toward parking lot.

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15. [5000] Trail ends at parking lot kiosk.

Your total elevation gain on this segment is 16 meters.


Walk Directions - 5K City Segment

0. [0000] 3Mile (5K) city loop: Begin (S) at Info-kiosk at north end of park's parking lot in Edina, MN
1. [0010] Cross parking lot (E) at crosswalk, then turn right (S) to walk away from park entrance, walking on path alongside E side of parking lot.
2. [0400] Beyond end of parking lot, turn left (E) at 2nd fork exiting park to bicycle trail paralleling Olinger Blvd.
3. [0410] Turn right (S) onto bicycle trail.
4. [0425] Left (E) on cement sidewalk to Colonial Way
5. [700] Right (S) onto Colonial Way, as it curves left (E) in front of Colonial Church to Tracy Ave.
6. [1200] Left (N) on Tracy to stop-sign at Olinger.
7. [1400] Cross Tracy (E) in crosswalk, left (N) on Tracy.
8. [1800] Little Free Library on E side.
9. [1800] Continue (N) on Tracy to Grove St.
10. [2200] Left (W) in crosswalk, then on Grove to Wycliffe.
11. [2500] Right (N) on Wycliffe to Merid Dr.
Note: Another Little Free Library @2550. Walk the event a 2nd time in order to log 2nd LFL as well as first LFL.
12. [2700] Left (W) on Merid, which winds (S) and becomes Grove (S) & (W).
13. [3200] Right (N) on Olinger Road to Vernon Ave S.
14. [3500] Left (SW) on Vernon to park corner at Olinger Blvd
15. [4200] Cross Olinger, turn left, then right, entering the park.
16. [4275] Turn left (SE) following the walking path.
17. [4800] Right (S) on Olinger Rd to parking lot and finish.

Your total elevation gain on this segment is 33 meters.

Thank you for walking in Hennepin County, Minnesota.

Emergency Note



In case of Emergency: Dial 911
 Event related assistance:
 Val Stachour 612-805-7790
 Regional Director:
 Jerry Wilson...608-695-6449

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Driving Directions:

-From Minneapolis: Take MN62 west to Tracy Avenue exit in Edina. Turn left off the exit onto Tracy, then left on Olinger Blvd at stop sign. Follow winding Olinger Blvd along the edge of the park, then turn left on Olinger Rd into Bredesen Park. Park in the parking lot about 1/10th mile into the park.

Walk Description

Date: 2020-April 1 through 2020-Sept 30

City/State: Edina, Minnesota

Event-Name: Bredesen Park Edina (Hennepin-County, MN)

Start/Finish times: Dawn til Dusk

Start/Finish Location: Bredesen Park, 5901 Olinger Blvd, Edina, MN 55436

Event-Type: Walk

Event-Id: Y2609

Distance - Trail ratings: 10k 1A

Description: Walk in Bredesen Park, 9-Mile Creek trail, and through the city of Edina.

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Special Programs: MN Counties: Hennepin County, MN
Cities A-Z= E (Edina), Parks, Little Free Libraries

Amenities:

Strollers (Easy) & Wheelchairs (Minor Inclines): Allowed

Pets: Pets on leash OK

Restrooms: Next to kiosk at N end of parking lot.

Awards & Fees: IVV Credit only, \$3.00; Non-Credit \$2.00

Host Club: Twin Cities Volkssports, AVA-114

Club Contacts: Val Stachour (Eden Prairie) 612-805-7790

Local (City of Edina) data: [952-927-8861](tel:952-927-8861)

Local Contact: Vera (Edina Parks & Rec) 952-826-0437.

Club Website: www.tcvwalking.com

Note: No physical start-box, this is an online start-box only.

Waiver Notice

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

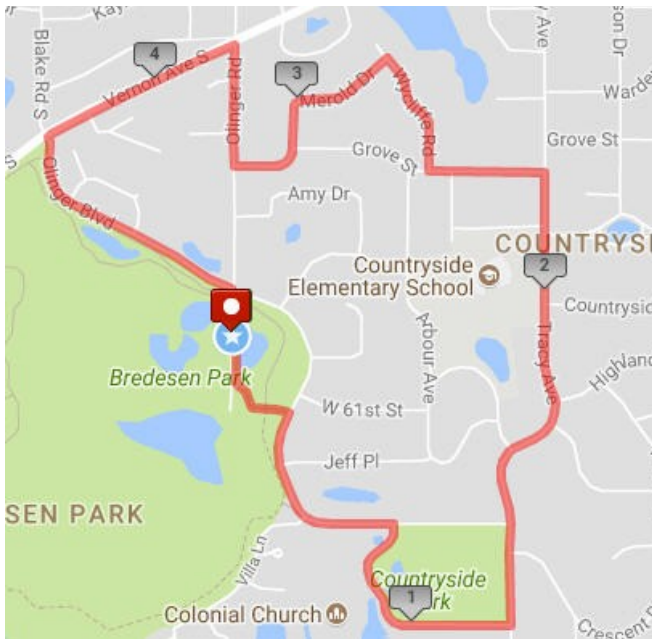
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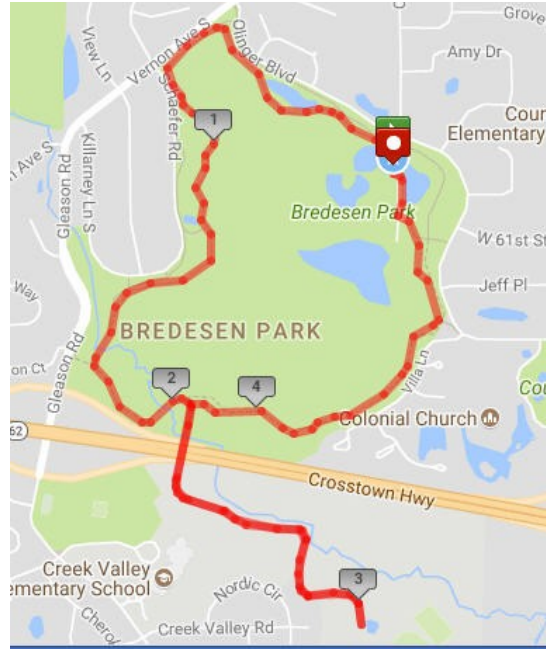
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Detailed maps provided by Map-My-Run

City segment map with kilometer-markers



Park/Creek segment map with Kilometer markers



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Minnesota Volksmarch Club Contact Information

Club	Name	Contact	Email	Phone	Web
TCV	Twin Cities Volkssports	Ken Johnson	johnsonck@centurylink.net	(651) 774- 9607	www.tcvwalking.com
LCW	Lake Country Wanderers	Bonnie Johnson	bonjohn@comcast.net	(763) 571- 8041	http://lakecountrywanderers.wix.com/lcw
CMV	Central Minnesota	Lois Head	lmhead@stcloudstate.edu	(320) 252- 7348	centralmnvolkssports.wix.com/cm
NSTT	North Star Trail Travelers	Wally Swanson	peterscartwright@gmail.com	(507) 362- 8760	www.nstt.org/
RR	Red River	Tom Eaves	apostletm@earthlink.net	(701) 340- 8324	[None listed]

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Minnesota Volkssport Clubs Traditional Walks for 2020

Month	Date	Club	Event
Jan	4	LCW	Northtown Mall Walk
	11		
	18		
	25		
Feb	1		
	8	TCV	Mall of America Walk
	15	NSTT	Wild River State Park Snowshoe/Walk
	22		
Mar	14	TCV	St Paul YMCA Skyways Walk
Apr	4		
	11		
	18		
	25	CMV	Melrose Celebration Walk
May	2	TCV	Brooklyn Center Girl Scout Walk
	9	NSTT	St Croix State Park Walk
	16		
	23		
Jun	6		
	13	TCV	White Bear Lake Walk
	20		
	27		
Jul	4		
	12	TCV	Woodbury Thrives Family Volksmarch
	18	NSTT	Forestville State Park Walk
	19	NSTT	Lake Louise State Park Walk
Aug	1		
	8	TCV	French Regional Park Walk
	15		
	22		
Sep	5		
	12		
	19	TCV	Battle Creek Walk
	26	NSTT	Frontenac State Park Walk
Oct	3		
	10	TCV	Maplewood Cemetery Walk/Annual Meeting
	17		
	24	NSTT	Lake Maria State Park Guided Walk / Annual Meeting
Nov	7		
	14	TCV	Rosedale Walk
	21		
Dec	5	TCV	Minneapolis Skyway Holiday Walk
	12		

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Edina began as part of Richfield Township, Minnesota. In 1888, the residents voted to separate themselves and found a new village. After a contentious vote, the name Edina was chosen, with a vote of 47 for and 42 against.

Edina serves as headquarters for several large companies: UnitedHealthCare, Jerry's Foods, Lund Food Holdings, Edina Realty, Regis Corporation, Dairy Queen and Orange Julius. It is home to Southdale Center, the first fully enclosed, climate controlled shopping mall in the United States, opened in 1956 and designed by Victor Gruen.

Bredesen Park is one of 44 parks overseen by the Edina Park and Recreation Department. The 206-acre park features over 2 miles of walking, jogging and biking paths. Nature trails weave through the center of the park.

The Nine Mile Creek Regional Trail takes users across 1.7 miles of wooden boardwalk and 14 miles of paved trail connecting Hopkins and the Minnesota River Bluffs LRT Regional Trail with the cities of Edina, Minnetonka and Richfield.

Information taken from:

<https://www.threeriversparks.org/ninemilecreekrtr>

<https://www.edinamn.gov/Facilities/Facility/Details/Bredesen-Park-5>

https://en.wikipedia.org/wiki/Edina,_Minnesota

Be sure to log back into the OSB system (my.ava.org) to “finish/complete” your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker’s Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user’s Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker’s Event Bank when he/she submits the walk completion info as a paying for credit walker.) Note however that the \$2 “coupon” for the downloaded PDF expires in 60 days.