

Albany Pine Bush Preserve

The Discovery Center
195 New Karner Rd., (NY155)
Albany, NY 12205
(518) 456-0655

Welcome to the Albany Pine Bush Preserve. The Albany Pine Bush is one of the best remaining examples of inland pine barrens in the world. This gently rolling sand-plain is home to a unique variety of rare plants and animals including the federally endangered Karner Blue Butterfly. Walks and hikes (or snowshoeing) can be done 24/7/365. However, the free public interpretive center is only open daily 9-4, and 10-4 on weekends/holidays except New Year's Day, Thanksgiving, Christmas Eve and Christmas. Inside and outside restrooms, but call first. Many public restrooms are located along the NY5 & NY20 commercial corridors.

We are offering 5k and 10k walks or hikes on each of six different trails: Two trails are rated 1A, which are mostly in abutting residential neighborhoods. Most are rated 2B due to the unpaved rolling sandhill terrain. Two of the trails begin at the Discovery Center. The other four are accessed via a short drive from there. Directions to each starting point are at the top of each set of directions.

DIRECTIONS TO THE DISCOVERY CENTER: From I-87 take exit 2W (Rt 5 West, Central Avenue). Follow Rt 5 for about 2 miles, then turn left onto Rt 155 (New Karner Rd). Continue on Rt 155 for about 1.2 miles. Turn left at a traffic light in front of The Discovery Center, 195 New Karner Road. From Route 20 (Western Avenue), go north on Rt 155 (New Karner Road) for 1.9 miles. Turn right at the light to the Discovery Center at 195 New Karner Road.

AFTER YOUR WALK, please be sure to log back into the OSB system to “finish/complete” your online registration. The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event walked, the distance walked and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, the \$2 coupon for the downloaded pdf will expire in 60 days).

The following maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Emergency - call 911

POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298



LOLITA & THE BUTTERFLY

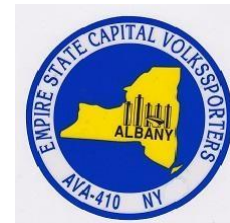


What do *Lolita* and the Karner Blue Butterfly have in common?

It is common knowledge that *Lolita* was written by Vladimir Nabokov. But who knew that he was also a lepidopterist. In 1944 Nabokov first identified and described a subspecies of butterfly and named it after the New York hamlet in which it was discovered, Karner.

The Karner Blue Butterfly can be found within the Albany Pine Bush Preserve, one of the best remaining examples of an inland pine barrens in the world. The preserve is known for its gentle rolling sand dunes formed by the drainage of glacial Lake Albany 10,000 years ago. It is home to a unique variety of rare plants and animals, including the federally endangered Karner Blue Butterfly, which feeds on blue lupine that matures in late May. There are two generations of Karner Blues per year, the first in late May to mid-June, and the second from mid-July to mid-August.

When you visit the Pine Bush you probably won't see Lolita, but maybe you'll spot a Karner Blue Butterfly!



**Albany Pine Bush
Karner Barrens 5k Hike**
The Discovery Center at
195 New Karner Road (NY155)
Albany, NY 12205

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Rating: 2B - unpaved rolling sandhills with some roots, rocks, soft sand. Boots/poles optional.

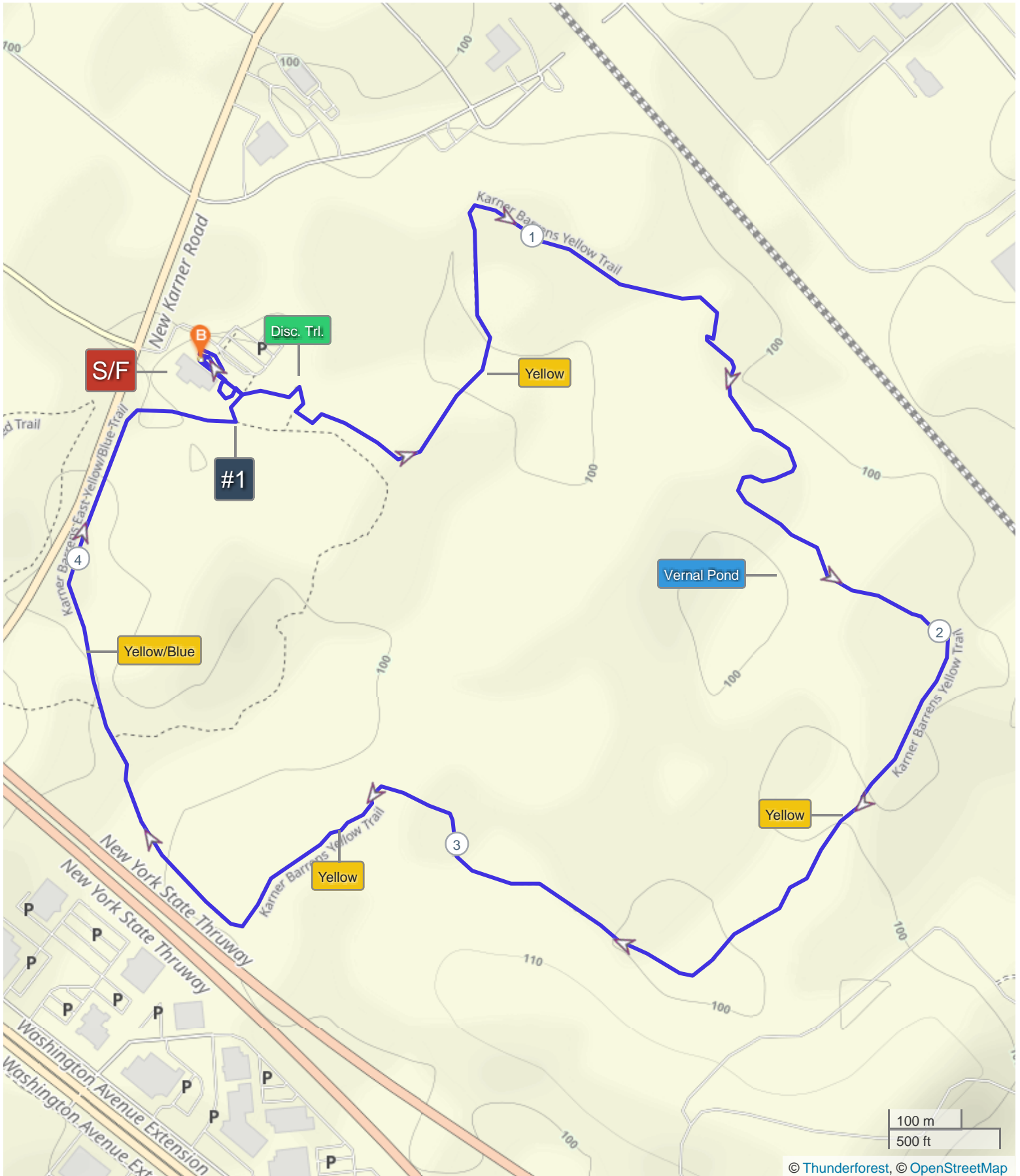
Directions to Starting Point: From Albany, take NY5 west, then NY155 south for 1.2 miles to a traffic light, then turn left into the Discovery Center. From Schenectady take NY5 east, then NY155 south for 1.2 miles to a traffic light, and turn left into the Discovery Center.

Restrooms: Inside restrooms and water and outside compost toilets. The cover page lists days and times of operation, but call first. NY5 and NY20 commercial corridors have many public restrooms along the way.

Hike Directions:

1. Exiting the Discovery Center building, take a **SHARP LEFT** on a macadam path that winds through an outdoor native flora exhibit, until it returns to the front entrance.
2. Facing the front entrance, turn **LEFT** on a red paver walkway, reading the signs along the way.
3. First **RIGHT** on slate pavers toward the outdoor compost toilets.
4. **LEFT** before the toilets and walk underneath a canopy.
5. After the canopy, **LEFT** on red pavers to a "T" at the Discovery Trail.
6. **RIGHT** on the Discovery Trail, then walk diagonally left across the road, as the trail goes uphill on a winding ramp.
7. **LEFT** on the Yellow perimeter trail for 2.17 miles, where there's a nice vernal pond viewing platform along the way.
8. **CONTINUE STRAIGHT** on the Yellow/Blue Trail for 0.39 miles.
9. **LEFT** to exit the Yellow/Blue trail at Trailhead #1, returning to the Start/Finish at the Discovery Center.

APB Karner Barrens 5k Map





Albany Pine Bush
Karner Barrens 10k Hike
The Discovery Center at
195 New Karner Road (NY155)
Albany, NY 12205

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POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298

Rating: 2B - unpaved rolling sandhills with some roots, rocks, soft sand. Boots/poles optional.

Directions to Starting Point: From Albany, take NY5 west, then NY155 south for 1.2 miles to a traffic light, then turn left into the Discovery Center. From Schenectady, take NY5 east, then NY155 south for 1.2 miles to a traffic light, then turn left into the Discovery Center.

Restrooms: Inside restrooms and water, plus outside compost toilets. The cover page lists days and times of operation, but call first.

Hike Directions:

1. Exiting the Discovery Center building, **RIGHT** on the red paver walkway.
2. **RIGHT** at the next red paver walkway toward Karner Barrens East Trailhead #1.
3. Walk up the short path and take an immediate **RIGHT** on the Blue/Yellow trail.
4. **CONTINUE** on the Yellow perimeter trail for 2.17 miles in a counter-clockwise direction until the end.
5. **LEFT** on the Discovery Trail for a short distance over a footbridge to the end.
6. **LEFT** on the Blue trail, down a series of log steps, to the end.
7. **RIGHT** on the Blue/Yellow trail, and walk past Trailhead #1 for a short 0.04 miles.
8. **LEFT** on the Discovery Trail, back over the footbridge onto the macadam path for a short distance.
9. **RIGHT** on the perimeter Yellow trail for 2.17 miles until reaching the Blue trail on the right.
10. **RIGHT** on the Blue trail, back up the series of log steps, until reaching the green Discovery Trail on the right
11. **RIGHT** on the Discovery Trail as it winds down a ramp back to the Discovery Center.

APB Karner Barrens 10k Map





**Albany Pine Bush Preserve
Truax & Kings Barrens Trails
5k & 10k Hikes**
The Discovery Center at
195 New Karner Rd. (NY155)
Albany, NY 12205

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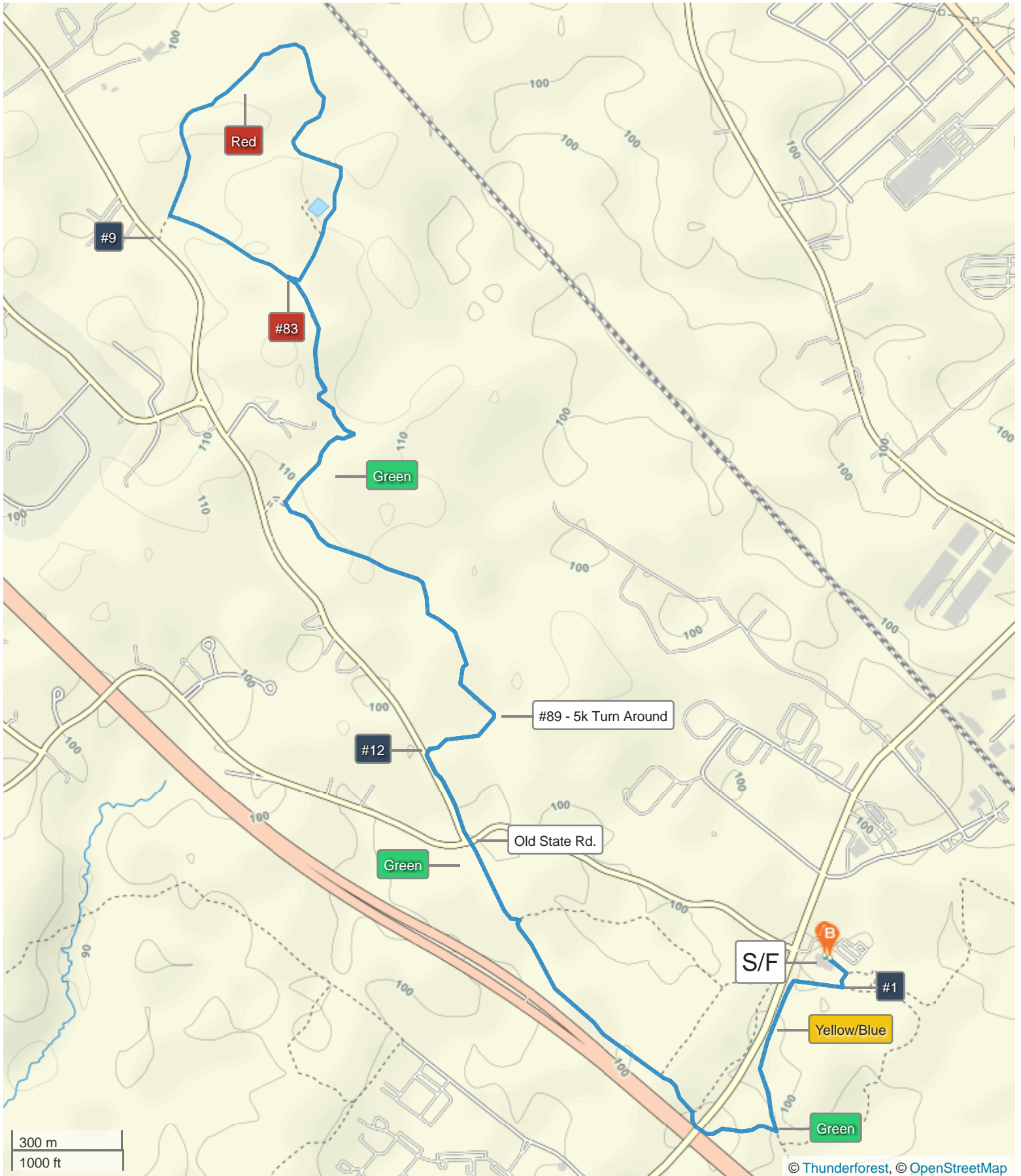
Rating: 2B - unpaved rolling sandhills.

Directions to Starting Point: From Albany, take NY5 west, then NY155 south for 1.2 miles to a traffic light, then turn left into the Discovery Center. From Schenectady, take NY5 east, then NY155 south for 1.2 miles to a traffic light, and turn left into the Discovery Center.

Restrooms: Inside restrooms and water, plus outside compost toilets. See cover page, and call first.

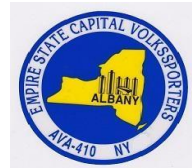
1. Exiting the Discovery Center Building, turn **RIGHT** on red pavers through the informational signs.
2. **RIGHT** on red pavers to Karner Barrens Trailhead #1.
3. Walk up a short ramp and make an immediate **RIGHT** on the Blue/Yellow trail for 0.36 miles until the first trail on the right, the Green Trail.
4. **RIGHT** on the Green trail, entering the Truax Trail Barrens. You will walk beneath Route 155 (New Karner Road) and along the right side of the New York State Thruway (1-90).
5. **CONTINUE** to Old State Road.
6. **CAREFULLY CROSS** Old State Road to the right side of Kings Road.
7. **CONTINUE** on the path along the right side of Kings Road to Trailhead #12.
8. **RIGHT** at Trailhead #12 until coming to Location Marker #89 at a sharp left bend.
9. **5K WALKERS:** At Location Marker #89 (first sharp bend to the left), **5k walkers** **REVERSE** course back to the Blue/Yellow Trail.
10. At the Blue/Yellow Trail, **5k Walkers** skip to #14.
11. **10K WALKERS:** **CONTINUE** on until the Green trail ends at Location Marker #83 and meets the Red trail (Kings Barrens).
12. **RIGHT** on the Red Trail as it circles counterclockwise all the way around until returning to Location Marker #83 and the Green trail on the right. (Be sure to stay left all the way around the Red Trail - don't go out to Trailhead #9).
13. **RETURN** on the Green trail until it "T's" with the Blue/Yellow trail.
14. **5k & 10k walkers**, turn **LEFT** on the Blue/Yellow Trail for 0.36 miles back to Trailhead #1 on the left.
15. **EXIT LEFT** at Trailhead #1, back to the Discovery Center and the Start/Finish.

APB Truax/Kings Barrens 5k & 10k Map





**Albany Pine Bush Preserve
Great Dune 5k Directions
Trailhead #7, 100 Madison Ave. Ext.
Albany, NY 12203**



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Emergency - call 911

POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298

Rating: 2B due to mostly gentle rolling sand hills. Boots/poles optional.

Directions to the Starting Point: From Albany or Schenectady, take NY5 to NY 155 (New Karner Road). Go south on NY155 to a light at Washington Ave Ext/Madison Ave Ext. West on Madison Ave Ext and proceed 0.2 miles to a stop sign (water tower on left). Proceed straight ahead for another 0.25 miles until the road dead-ends at Trailhead #7, just past 100 Madison Avenue Extension. Park along either side of the road.

Restrooms: None. The nearest ones are at the Discovery Center, 195 New Karner Rd. (NY155) - see cover page for days and times of operation, but call first. There's a new Stewarts on the east side of NY155, just north of NY20. And there are many restrooms along the commercial corridors of NY5 and NY20.

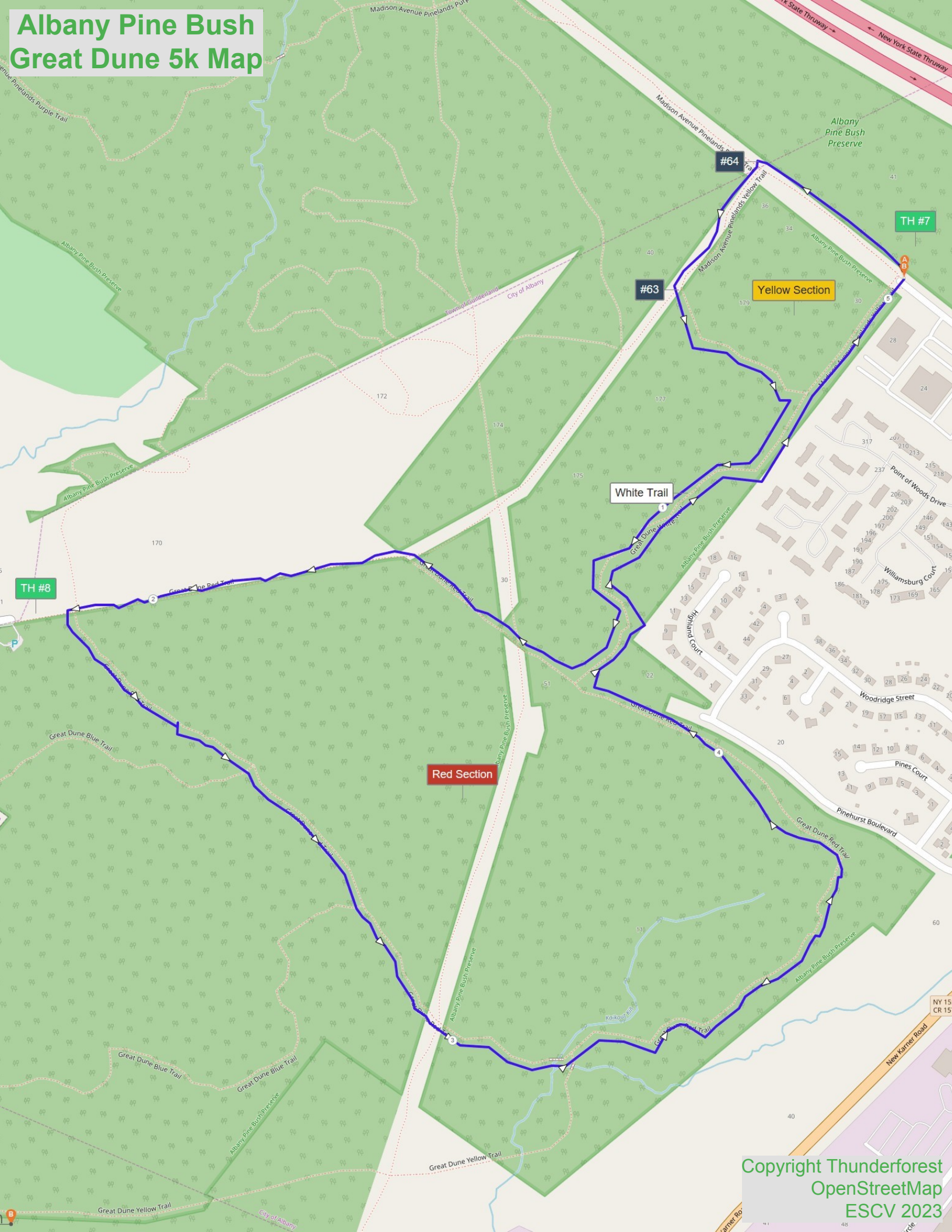
Hiking Directions:

1. From Trailhead #7, **walk west**, away from the parking area, **along the Yellow/Purple Trail** for a short 0.25k, to the first trail on the left.
2. **LEFT** at marker #64 on the Yellow Trail, to the next trail on the left.
3. **LEFT** at marker #63 to stay on the yellow trail, to a T at the White Trail.
4. **RIGHT** on the White Trail until it ends at aT at the Red Trail. You're now in the Great Dune section.
5. **RIGHT** on the Red Trail.
6. **CONTINUE** on the Red Trail in a counterclockwise loop until returning to this spot. The loop is 2.9k long.

Along the way you'll:

- Bypass the chute to Trailhead #8.
 - Cross the Kaikout Bridge and bypass the Blue Trail on the right.
 - Continue on the Red Trail until returning to the White Trail on the right.
7. **RIGHT** on the White Trail for 0.63k until it becomes the Yellow Trail at marker #61.
 8. **STRAIGHT** on the Yellow Trail for 0.2k to the Start/Finish at Trailhead #7.

Albany Pine Bush Great Dune 5k Map



TH #8

TH #7

White Trail

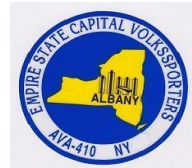
Yellow Section

Red Section

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OpenStreetMap
ESCV 2023



**Albany Pine Bush Preserve
Great Dune 10k Directions
Trailhead #7, 100 Madison Ave. Ext.
Albany, NY 12203**



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POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298

Rating: 2B due to gentle rolling sand hills. Boots/poles optional.

Directions to the Starting Point: From Albany or Schenectady, take NY5 to NY 155 (New Karner Road). Go south on NY155 to a light at Washington Ave Ext/Madison Ave Extension. West on Madison Ave Ext and proceed 0.2 miles to a stop sign (water tower on left). Go straight ahead for another 0.25 miles until the road dead-ends at Trailhead #7, just past 100 Madison Avenue Extension. Park along either side of the road.

Restrooms: None. The nearest ones are at the Discovery Center, 195 New Karner Rd. (NY155) - see cover page for days and times of operation, but call first. There's a new Stewarts on the east side of NY155, just north of NY20. And there are many restrooms along the commercial corridors of NY5 and NY20.

Hiking Directions:

1. From Trailhead #7, walk west, **AWAY** from the parking area, along the Yellow/Purple trail for a short 0.25k, to the first trail on the left denoted by marker #64.
2. **LEFT** at marker #64 on the Yellow trail, to the next trail on the left denoted by marker #63.
3. **LEFT** at marker #63 to stay on the yellow trail, to a T at the White trail, marker #61.
4. **RIGHT** on the White trail at marker #61 until it ends at the Red trail. You're now in the Great Dune section.
5. **RIGHT** on the Red trail.
6. **CONTINUE** straight ahead under a power line and the trail curves left towards Trailhead #8.
7. **SHARP LEFT** to stay on the Red/Blue trail. (*Do not enter the chute for TH #8*)
8. **CONTINUE** on the Red/Blue trail for 1.0k and cross the Kaikout Kill Bridge.
9. Immediate **RIGHT** on the Blue trail to cross another bridge, continuing for 2.5k until reaching Willow St.
10. **RIGHT** on Willow, pass TH #8, to the first trail on the right.
11. First **RIGHT** on the Red/Blue trail (for the second time) and again walk for 1.0k until just past the Kaikout Kill Bridge.
12. **BEAR LEFT** up the hill on the Red trail. (*Do not turn right on the Blue trail this time*)
13. **CONTINUE** on the Red trail for 1.0k and bypass the White trail until reaching the power lines.
14. **RIGHT** at the power lines to the first trail on the right, staying right until marker #63.
15. **RIGHT** at marker #63 at the Yellow trail.
16. **FOLLOW** the Yellow trail left around marker #61 to the Finish. (*Do not turn right on the White trail*)



**Albany Pine Bush Preserve
Madison Avenue Pinelands, Trailhead #7
Purple Trail 5k, 10k, 12k
(just past) 100 Madison Ave. Ext.,
Albany, NY 1203**



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Directions to the Starting Point: From Albany or Schenectady, take NY5 or NY20 to NY155 (New Karner Road) in between. From NY5, turn south on NY155, from NY20, turn north. At Washington Avenue Extension, turn west at the light, which becomes Madison Avenue Extension. Proceed 0.2 miles to a stop sign (you'll pass a large water tower). Then proceed straight ahead for another 0.25 miles until the road dead-ends at Trailhead #7, just past 100 Madison Avenue Extension. Park along either side of the road at the dead end.

Restrooms: None. The nearest ones are at the Discovery Center, 195 New Karner Rd. (NY155) - but call (518) 456-0655 first for current hours of operation. There's also a new Stewarts on the eastside of NY155, just north of NY20. And there are many restrooms along the commercial corridors of both NY5 & NY20.

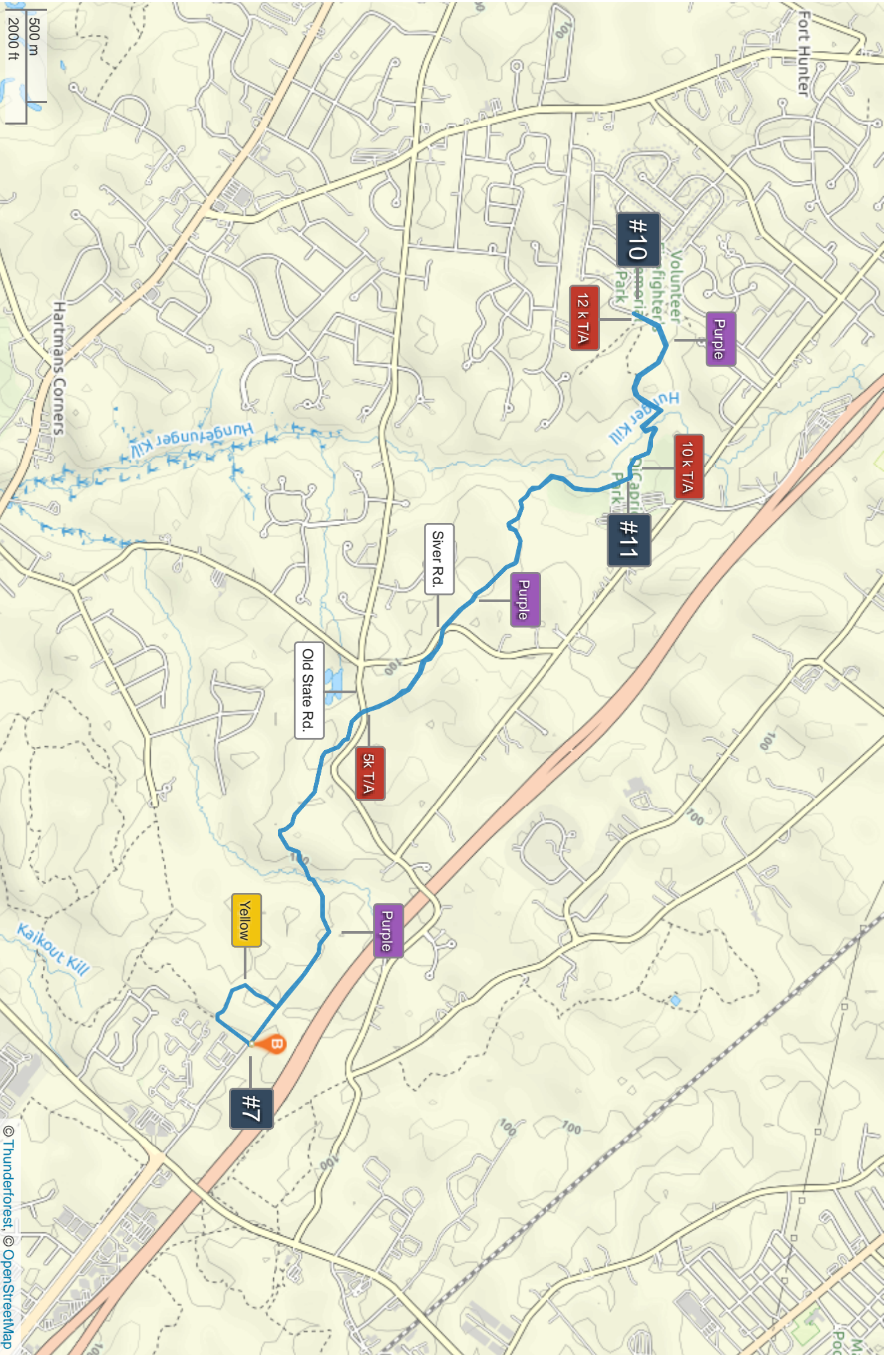
Rating: 2B due to rolling sand hills, possible roots, rocks and moderate elevation changes. Boots and poles are recommended for the 10k & 12k hikers due to elevation changes through ravines. During your hike, you might notice areas of downed Aspen trees, an invasive species. The preserve is being restored to the original pine barrens to promote growth of blue lupine, the Karner Blue Butterfly's only food source.

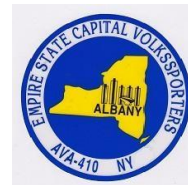
- **5k** - From Trailhead #7 with your back to the parking area, walk **STRAIGHT** ahead, which is west along the Purple Trail. You will cross the East Branch of the Hunger Kill before reaching Old State Road. At Old State Road, **TURN AROUND** and retrace your steps to Trailhead #7. (See note at end)
- **10k** - From Trailhead #7 with your back to the parking area, walk **STRAIGHT** ahead, which is west on the Purple Trail. You will cross the East Branch of the Hunger Kill, Old State Road, Siver Road, and the Hunger Kill until reaching Trailhead #11, DiCaprio Park. At Trailhead #11, **TURN AROUND** and retrace your steps to Trailhead #7. (See note at end)
- **12k** - From Trailhead #7 with your back to the parking area, walk **STRAIGHT** ahead, which is

west on the Purple Trail. You will cross the East Branch of the Hunger Kill, Old State Road, Siver Road, and the Hunger Kill until reaching Trailhead #11 DiCaprio Park. **CONTINUE** past Trailhead #11 along the left side of the field until the purple trail re-enters the woods on the **LEFT**. **CONTINUE** on the Purple trail, crossing another section of the Hunger Kill until ending at Trailhead #10 Hunger Kill Barrens. Then, **TURN AROUND** and retrace your steps to Trailhead #7. (See note at end)

(Note) For an extra 0.4k at the end of your hike, just before returning to Trailhead #7, take a right at the yellow trail which loops counter-clockwise back to the Start/Finish.

APB Purple Trail 5k, 10k, 12k





**Albany Pine Bush
Hunger Kill Neighborhoods 5k Directions
Trailhead #10, (just past) 1046 DiBella Dr
Schenectady, NY 12303**

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Emergency - call 911

POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298

Rating: 1A - mostly residential streets with an easy trail through a park and woods.

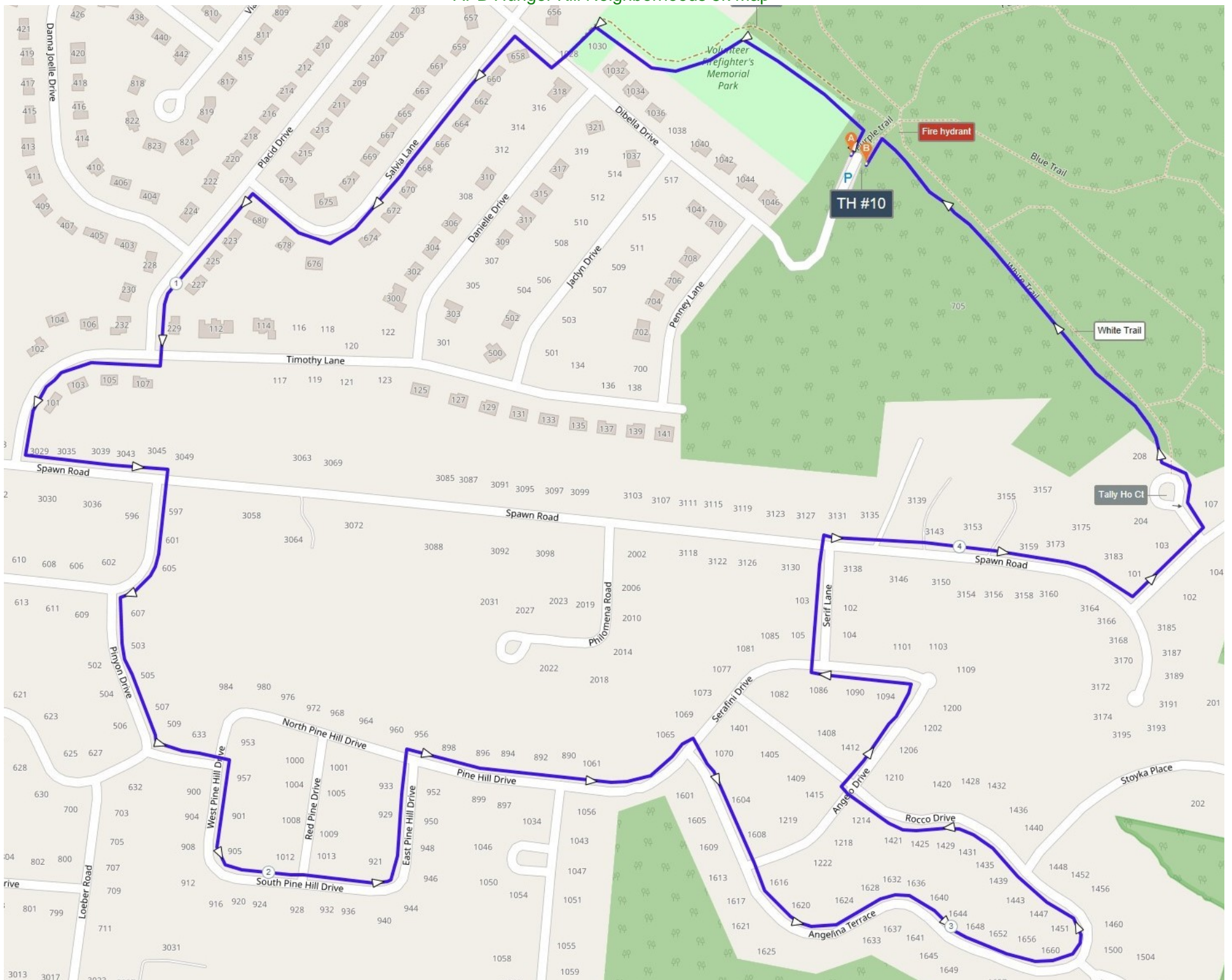
Directions to the Starting Point: ***From Albany, take NY20 west. Pass NY 155, pass NY146W on the left, right on NY146E for 1.3 miles, right on Spawn, left on Timothy, left on Penny, ending at DiBella Dr. Right on DiBella past a “Dead End” sign across from 1046 DiBella Dr., entering a rubble road into the Pine Bush. Drive to the end at a parking lot and Trailhead #10 - Hunger Kill Barrens. ***From Schenectady, take NY146W south past I-90. At the second traffic light, turn left onto Coons Road, right on Gregory Lane. Cross Lone Pine where Gregory becomes DiBella. Drive to the end of DiBella, past the “Dead End” sign across from 1046 DiBella Dr. to a parking lot at Trailhead #10 - Hunger Kill Barrens.

Restrooms: None. Stewarts and Cumberland Farms are located on NY20 & NY146W. A Cumberland Farms is at the roundabout at NY146 and Curry Rd. Dunkin Donuts is on NY146 near the 1-90 entrance.

Walk Directions:

1. Facing the Trailhead #10 sign, walk past it on the White/Blue/Purple trail for a short distance.
2. **LEFT** on the first path to the left (unmarked) toward a white basketball backboard in the distance. You will walk along the right side of an open field.
3. **CONTINUE** on a blacktop path past the backboard and into a baseball field.
4. **CONTINUE** on the blacktop path along the left side of the baseball field, until the path ends at DiBella Drive.
5. **RIGHT** on DiBella Drive to Salvia Ln.
6. **LEFT** on Salvia to Placid Dr.
7. **LEFT** on Placid to Timothy.
8. **RIGHT** on Timothy to Spawn.
9. **LEFT** on Spawn to Via Ponderosa.
10. **RIGHT** on Via Ponderosa to Pinyon.
11. **LEFT** on Pinyon to another section of Via Ponderosa.
12. **LEFT** on Via Ponderosa to W. Pine Hill Dr.
13. **RIGHT** on W. Pine Hill Dr., as it curves left to become S. Pine Hill, then E. Pine Hill, until ending at Pine Hill Dr.
14. **RIGHT** on Pine Hill Dr. to Angelina Terrace.
15. **RIGHT** on Angelina Terrace until it becomes Rocco Dr. at Huck Ct.
16. **CONTINUE** on Rocco as it goes uphill to Angelo Dr.
17. **RIGHT** on Angelo Dr., as it curves left and becomes Serafini Dr.
18. **RIGHT** on Serif Ln.
19. **RIGHT** on Spawn Rd.
20. **LEFT** on Fox Run Dr.
21. **LEFT** on Tally Ho Ct. to the White Trail of the Pine Bush Preserve.
22. **ENTER** the White Trail and continue until you see a red fire hydrant on the right.
23. After the fire hydrant, take the first **LEFT** on the White/Blue/Purple trail back to Trailhead #10 and the Start/Finish.

APB Hunger Kill Neighborhoods 5k Map





Albany Pine Bush
Hunger Kill Barrens 5k Directions
Trailhead #10, (just past) 1046 DiBella Dr.,
Schenectady, NY 12303

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POC: Wayne Knapp, pinebushwalk@walkescv.org, (518) 469-7298

Rating: 2B - mostly rolling sand hills and one ravine. Boots/Poles optional.

Directions to the Starting Point: Take I-90 to Schenectady exit 25, then NY146W over I-90. At the second traffic light, turn left onto Coons Road, right on Gregory Lane. Cross Lone Pine Road where Gregory becomes DiBella Drive. Continue to the end of DiBella, past the “Dead End” sign across from 1046 DiBella, to a parking lot at Trailhead #10 - Hunger Kill Barrens.

Restrooms: None. Stewarts and Cumberland Farms are located on NY20 & NY146W. A Cumberland Farms is at the roundabout at NY146 and Curry Road. Dunkin Donuts is on NY146 near the I-90 entrance.

1. Facing the Trailhead #10 sign, walk past it on the **White/Blue/Purple** trail for a short distance until coming to a convergence of trails.
2. Walk past the White Trail on the right and immediately turn **RIGHT** on the Blue Trail to the Purple Trail.
3. **RIGHT** on the Purple Trail as it meanders downhill, crosses a footbridge at the Hunger Kill, and continues uphill to a soccer field. [1k]
4. **RIGHT** at the soccer field and walk along the edge to remain on the Purple Trail until reaching Trailhead #11 at DiCaprio Park.
5. At TH #11, **CONTINUE** on the Purple Trail, along the right side of the lacrosse fields.
6. **LEFT** at the end of the lacrosse fields to the other side, then another left along the other side of the fields, until reaching a parking lot on the right. [2k]
7. **CONTINUE** left of the parking lot to a blacktop path. You’ll see the park’s main building on the left and in-season porta-potties.
8. **CONTINUE** along the blacktop path on the left side of another parking area, as the path curves right to the DiCaprio Park entranceway.
9. **LEFT** on the entranceway to E. Lydius St.
10. **LEFT** on E. Lydius St. along the sidewalk, crossing the Hunger Kill, to the first street on the left, Woodfield Dr. [3k]
11. **LEFT** on Woodfield to Westwoods Ct.
12. **LEFT** on Westwoods to a cul-de-sac, and look for a fire hydrant on the other side.
13. **CONTINUE** past the hydrant on a narrow rubble path, as it curves right past a wrought iron fence.
14. **RE-ENTER** the preserve on the White Trail, as it curves left to the Blue/Purple Trail. [4k]
15. **FIRST LEFT** on the Blue/Purple Trail. This Blue/Purple trail will slowly curve to the right and climb over a rise.
16. About half-way down the other side, **CLOSELY WATCH FOR** the Blue Trail on the right, as the Blue Trail marker is partially obscured. **Do not** continue straight on the Purple Trail.
17. **SHARP RIGHT** on the Blue Trail, to the intersection of the White, Blue and Purple Trails.
18. **STRAIGHT** on the White/Blue/Purple Trail to the Start/Finish. [5k]

APB Hunger Kill Barrens 5k Map





Albany Pine Bush Neighborhoods 5k
Pine Bush Elementary School
3437 Carman Rd. (NY-146)
Schenectady, NY 12303 (Guilderland)

Directions to Start Point: From Albany, take route 20W. Right on Carman Rd. (NY-146E) for 2.2 mi. Right at light on Coons Rd., then 2nd left into the parking lot. From Schenectady, take I-890E. Take exit 9B toward NY-146 W/Carman Road. Left on NY-146W/Carman Rd. for 1.0 mi. Left at light onto Coons Rd., then 2nd left into the parking lot.

Restrooms: The nearest restrooms are at Cumberland Farms, Carman and Curry Roads in Rotterdam, or Stewarts at NY-20 and NY-146 in Guilderland.

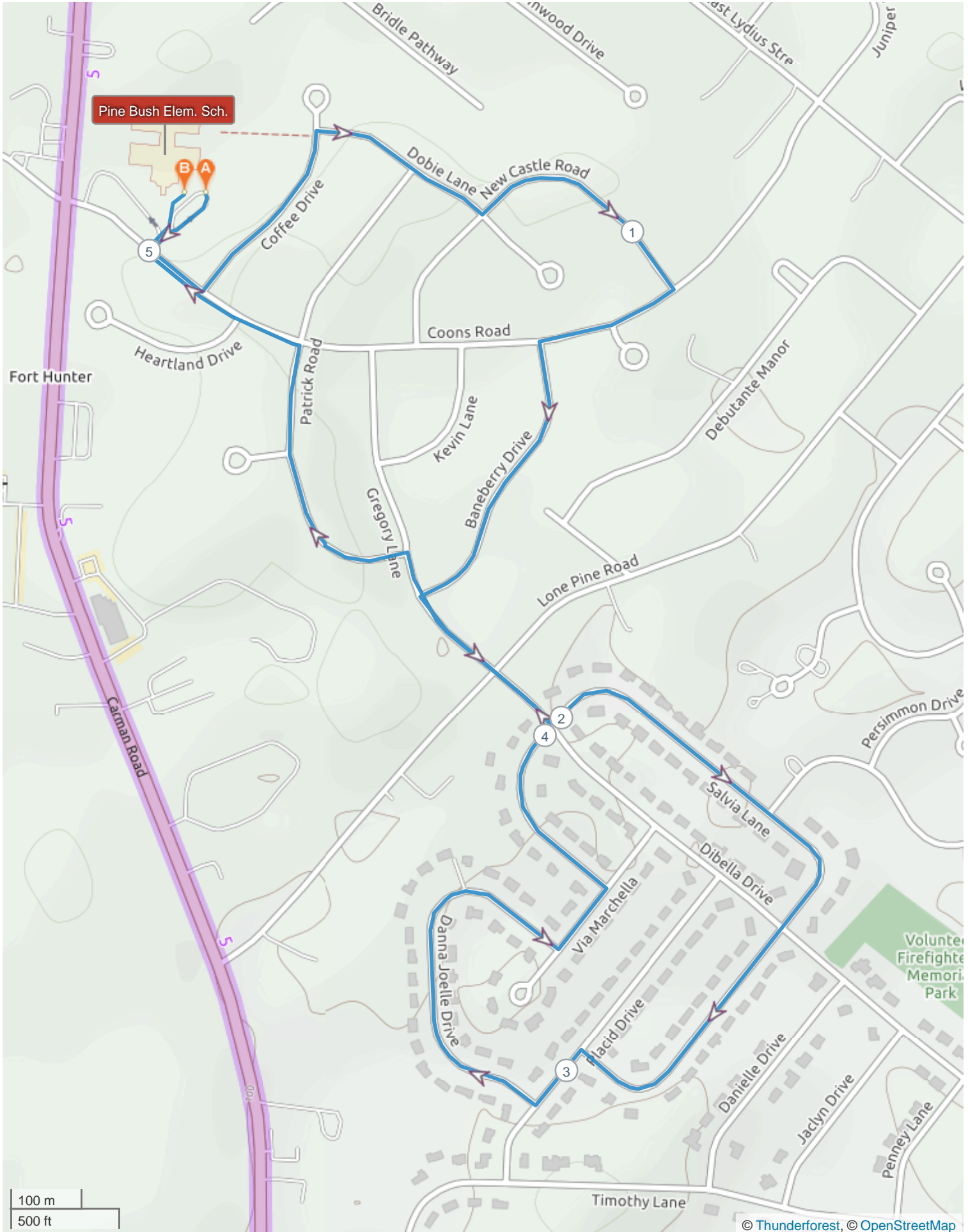
EMERGENCY: CALL 911

1. From the school parking lot, turn **LEFT** onto Coons Rd. (no sign) to Coffee Dr on the left.
2. **LEFT** on Coffee.
3. **RIGHT** on Dobie Ln.
4. **LEFT** on New Castle Rd, ending at Coons Rd. (no sign).
5. **RIGHT** on Coons Rd.
6. **LEFT** on Baneberry Dr.
7. **LEFT** on Gregory Ln, to Lone Pine Rd.
8. **CAREFULLY CROSS** Lone Pine Rd, where Gregory becomes DiBella Dr.
9. **LEFT** on Salvia Ln, passing Benjamin Dr, crossing DiBella Dr, ending at Placid Dr.
10. **LEFT** on Placid.
11. **RIGHT** on Danna Joelle Dr.
12. **LEFT** on Via Marchella.
13. **LEFT** on Salvia.
14. **LEFT** on DiBella to Lone Pine.
15. **CAREFULLY CROSS** Lone Pine, where DiBella becomes Gregory.
16. **LEFT** on Patrick Rd., passing Jennifer, to Coons (no sign).
17. **LEFT** on Coons back to the start/finish.

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POC: Wayne C. Knapp
WayneCKnapp@Gmail.com
(518) 469-7298

APB Elementary 5k Map





Albany Pine Bush Neighborhoods 10k
Pine Bush Elementary School
3437 Carman Rd. (NY-146)
Schenectady, NY 12303 (Guilderland)

Directions to Start Point: From Albany, take NY-20W. Right on Carman Rd (NY-146E) for 2.2 mi. Right at light on Coons Rd, then 2nd left into the parking lot. From Schenectady, take I-890E. Take exit 9B toward NY-146/Carman Rd. Left on NY-146/Carman Rd for 1.0 mi. Left at light onto Coons Rd, then 2nd left into the parking lot.

Restrooms: The nearest restrooms are at Cumberland Farms, Carman and Curry Roads in Rotterdam, or Stewarts at NY-20 and NY-146 in Guilderland.

EMERGENCY: CALL 911

1. From the school parking lot, turn **LEFT** onto Coons Rd. (no sign) to Coffee Dr on the left.
2. **LEFT** on Coffee.
3. **RIGHT** on Dobie Ln.
4. **RIGHT** on Patrick to the first street, which is Coons Rd (no sign).
5. **LEFT** on Coons.
6. **RIGHT** on Gregory Ln.
7. **LEFT** on Kevin Ln.
8. **LEFT** on Coons (no sign).
9. **RIGHT** on New Castle Rd, in a semicircle back to Coons (no sign).
10. **RIGHT** on Coons.
11. Second **LEFT** on Baneberry Dr.
12. **LEFT** on Gregory to Lone Pine Rd.
13. **CAREFULLY CROSS** Lone Pine, where Gregory becomes DiBella Drive.
14. **LEFT** on Salvia Ln.
15. **LEFT** on Benjamin Dr, passing Persimmon, Traber and Persimmon (again), to Trinacria Ct.
16. **LEFT** on Trinacria to the end as it goes around a cul-de-sac and returns to Benjamin.
17. **LEFT** on Benjamin, past Joanne and Amanda, to Marilyn.
18. **RIGHT** on Marilyn.
19. **RIGHT** on Traber to Benjamin.
20. **RIGHT** on Benjamin.
21. **LEFT** on Persimmon.
22. **RIGHT** on Benjamin (again).
23. **LEFT** on Salvia Ln.
24. **LEFT** on DiBella three blocks to Penney Ln.
25. **RIGHT** on Penney, walking along the edge of the Pine Bush Preserve.
26. **RIGHT** on Timothy Ln, passing Jaclyn and Danielle, to Placid Dr.
27. **RIGHT** on Placid.
28. **LEFT** on Danna Joelle Dr.
29. **LEFT** on Via Marchella.
30. **LEFT** on Salvia.
31. **LEFT** on DiBella to Lone Pine.
32. **CAREFULLY CROSS** Lone Pine, where DiBella becomes Gregory.
33. **LEFT** on Patrick Rd., passing Jennifer, to Coons (no sign).
34. **LEFT** on Coons back to the start/finish.

These directions and maps may only be used in conjunction with a signed American Volkssporters Association athletic waiver. All other uses are prohibited.

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