



**The First State Webfooters
Welcomes You to
Rehoboth Beach, Delaware
AVA Sanctioned Year Round Bike**



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Come enjoy a beautiful bike ride on the Delaware Shore! Starting in Rehoboth Beach you will join the Junction and Breakwater Trail through Cape Henlopen State Park and the Gordons Pond Trail. Recommend stopping at Herring Point in the Park to check out the view of the Atlantic Ocean.

Registration:

Registration takes place online using the AVA Online Start Box (OSB) or Physical Start Box (PSB). Please use either the OSB or PSB to register and complete the event---do not mix the two registration formats. For the Online Start Box register on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Event Completion and Credit:

Once you have physically completed the bike ride, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.


Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

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Start/Finish Point Location: YMCA 20080 Church Street, Rehoboth Beach

- **Restrooms** are available at the start/point at the YMCA, at the Ferry Terminal, and along the trail in Cape Henlopen State Park
- **Parking** is available at the YMCA
- There is a restaurant inside the Lewes-Cape May Ferry Terminal. There are also numerous wonderful restaurants in Rehoboth Beach a short distance from the trail.
- **Special Programs:**
 - Walking the United States
 - Walking the USA A-Z
 - Par for the Course
 - Rails to Trails
- **Directions:** From DE-1 Coastal Highway, turn onto Rehoboth Avenue and then right on Church Street to the Start point at the YMCA

A green square icon containing a white telephone handset and a white medical cross symbol.

In case of Emergency dial 911.
Event-related questions, contact
Karen Kaufman at 302-233-6615

These route directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Rehoboth Beach 25K BIKE Directions

1. LT out of YMCA parking lot onto Church St.
2. CR Rehoboth Ave at light to Church St.
3. LT on Canal Crossing Road
4. LT on Hebron Road
5. RT onto Junction & Breakwater Trail (surface changes to crushed stone) (1.6K)
6. CR Holland Glade Rd
7. RT at T
8. LT at For
9. CR Wolfe Neck Rd (5.6K)
10. LT on Golden Eagle Blvd (resume paved surface, 6.9K)
11. RT at Triangle at Gills Neck Rd
12. LT and CR Gills Neck Rd
13. RT on Junction & Breakwater Trail parallel to Theo C. Freeman Hwy/Rte 9 (9.8K)
14. Move left from trail to ride on road's shoulder bike lane
- 15. CR over Rehoboth-Lewes canal**
16. RT on bike path (Cape Lewes Trail) along Cape Henlopen Drive. Pass Cape May Ferry Terminal on left (rest rooms and restaurant in terminal). (12.1K)
17. RT on paved path just before Cape Henlopen State Park sign (14.1K)
18. Continue uphill through park. It's worth making a short diversion to the around Herring Point parking lot. (Herring Point Lookout, restrooms at end of parking lot, crushed stone)
19. Straight on Gordon's Pond Loop (there may be water on the trail)
20. RT at Trailhead parking lot on park road (resume paved surface) becomes Ocean Drive (21.3K)
21. CR N. Surf Ave (which becomes Henlopen Ave)
22. LT on Grove St then RT on Columbia St
23. RT on Rehoboth Ave (over the canal)
24. At light CR Church Street then LT crossing Rehoboth Ave to continue on Church St to return to YMCA

Directions Key: LT-Left Turn; RT-Right Turn; CR-Cross

Rehoboth Beach 25K Bike Map

