



The Wood and Dale Wanderers Volksmarch Club
 Welcomes You to
The 2021 Dale City Neighborhood 6/11K Walk
 An AVA Sanctioned Year Round Event (Credit only)



This walk provides a 6 km and an 11 km stroll through neighborhoods in Dale City, Virginia. What the heck is Dale City? Paraphrasing from Wikipedia and a Washington Post article, Dale City was the idea of real estate developer Cecil Don Hylton, who chose the term because it described the "hills and dales" of the rolling Virginia Piedmont. When I-95 opened in 1958, Hylton was a chicken farmer in Woodbridge, Virginia, who owned about 6,500 acres of land just west of the new interstate, but it was scrubland and not suitable for farming. So Mr. Hylton invented Dale City in 1965. Dale City is an annex of Woodbridge, hence the name "Wood" and "Dale" Wanderers.

Dale City is divided into neighborhoods, in which street names tend to begin with the same letter. You will primarily be visiting the Silverdale and Lindendale neighborhoods on this walk, along with a portion of the Neabsco Greenway along the Andrew Leitch Trail. Enjoy the trail, and take a look at the houses. In many places, power lines are buried (how forward thinking for these homes built mostly in the 1970s and 1980s!), but most homes have no garage or a single-car garage, indicative of the times.

The entire trail is rated 2B, though the 6 km route is mostly on pavement. The walk start/finish point is the parking lot of the Food Lion grocery store in the Staple Mills Plaza shopping center. There are **restrooms** inside the store, which is open 7 am – 11 pm, with some closures for major holidays. Call if uncertain: 703-878-4564.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

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Driving Directions and Walk Info**Starting Point Location:**

Parking lot of the Food Lion
 5592 Staples Mill Plaza
 Woodbridge, VA
 GPS: 38.632363, -77.373788

From I-95, Rt 234 (Exit 152B) W to Manassas. Continue on Rt. 234 about 3.5 miles to Spriggs Rd. Right on Spriggs Rd. about 1.5 miles to Minnieville Rd. Staples Mill Plaza is at the intersection of Minnieville Rd. and Spriggs Rd.

Parking: Park in shopping center lot. Distance is measured from the end of the lot closest to the light at Spriggs and Minnieville.

Restrooms:

- Inside Food Lion (6/11K) at start/finish.
- Portable toilets at soccer fields across Mapledale Ave (6K)
- Possibly portable toilets at Andrew Leitch Park. Restrooms there are closed unless the water park is open (11K).
- McDonald's (11K)

Special Programs:

Little Free Libraries (2019-2021), only on the 11 km route.

Mayflower (2020-2022) "Neabsco" is derived from a Doeg village recorded as Niopsco by early English colonists. The Doeg were a Native American people who lived in Virginia.

Rockin' Around the Clock (2020-2022). Program POC approved digital display at VFW.

Walking with America's Veterans (2021-2023)

50 States / 51 Capitals (no end date):
 Virginia

COVID Info:

- Wear a mask inside buildings and when distance cannot be maintained on the trail.
- Bring your own hand sanitizer and water.

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 IS FOR
 WALKING
 LOVERS™**

Emergency Numbers:

In case of Emergency: Dial 911
 Event related assistance:
 Celia Miner: 571-212-0329

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Walk Directions:

1. With your back to Food Lion, → **RIGHT** on sidewalk along Minnieville Rd. to light at intersection with Spriggs Rd. (WATCH OUT for traffic turning right. They don't watch you.)

2. Turn ← **LEFT** to cross Minnieville Rd. with the walk signal, then ← **LEFT** to walk on the right side of Minnieville Rd. Pass VFW Post 1503 (*The General Lewis B. (Chesty) Puller post bills itself as "The Largest VFW Post in the World." It advertises breakfast open to the public Sundays 9 am to noon.*) **Walking with America's Veterans, Rockin' Around the Clock** (digital time display on info sign with rotating messages approved by POC),

3. At Courtland Heights Rd./Silverdale Dr., turn ← **LEFT** to cross Minnieville Rd. with the light and walk on Silverdale Dr. (*Silverdale neighborhood of Dale City, 1K before Sudberry Ln.*)

4. Turn → **RIGHT** on Lindendale Rd. (2K) for 1.5 blocks. After crossing a stream and just after a green utility box, ← **LEFT** on the path (may be muddy in spots) at the Lindendale Trailhead of the Neabsco Greenway (*This is the Andrew Leitch Trail*) to the trail intersection under the large power lines.

DECISION POINT:**6K:**

→ **RIGHT** on trail under large power lines.

→ **RIGHT** at street (Mapledale Ave.)

(*Portable toilets in lot across street*)

Cross and turn → **RIGHT** on Lindendale Rd.

(*3K across from Lindendale Trailhead*)

Continue with instruction 12.

11K: Continue with next instruction.

5. **11K walkers** continue straight on the path under smaller power lines. Neabsco Creek will be on your left. The trail will bend left across a footbridge for a smaller creek, then bend right again under the power lines (3K *past this bridge*). Ignore intersecting trail from left.

6. Cross second footbridge across Neabsco Creek, which will now be on your right. Continue straight past intersecting trails.

7. Cross a third footbridge (over Neabsco Creek) and continue past intersecting trail under power lines. At next trail intersection (bench) (4K), turn → **RIGHT** and follow trail, bearing left at intersecting trail to next intersection (*sign "Adopt-a-Trail, BSA Troop 1195*). Turn → **RIGHT** across footbridge into Andrew Leitch Park (*There may be portable toilets for the ball fields. If the water park is closed, usually the restrooms are, too.*)

8. Angle ← **LEFT** through the parking lot and turn → **RIGHT** on the park road past the water park to the street (*Dale Boulevard – the "main street" of Dale City*).

9. Turn → **RIGHT** on Dale Blvd. for about 1 km (5K *just before McDonald's – food/restrooms*).

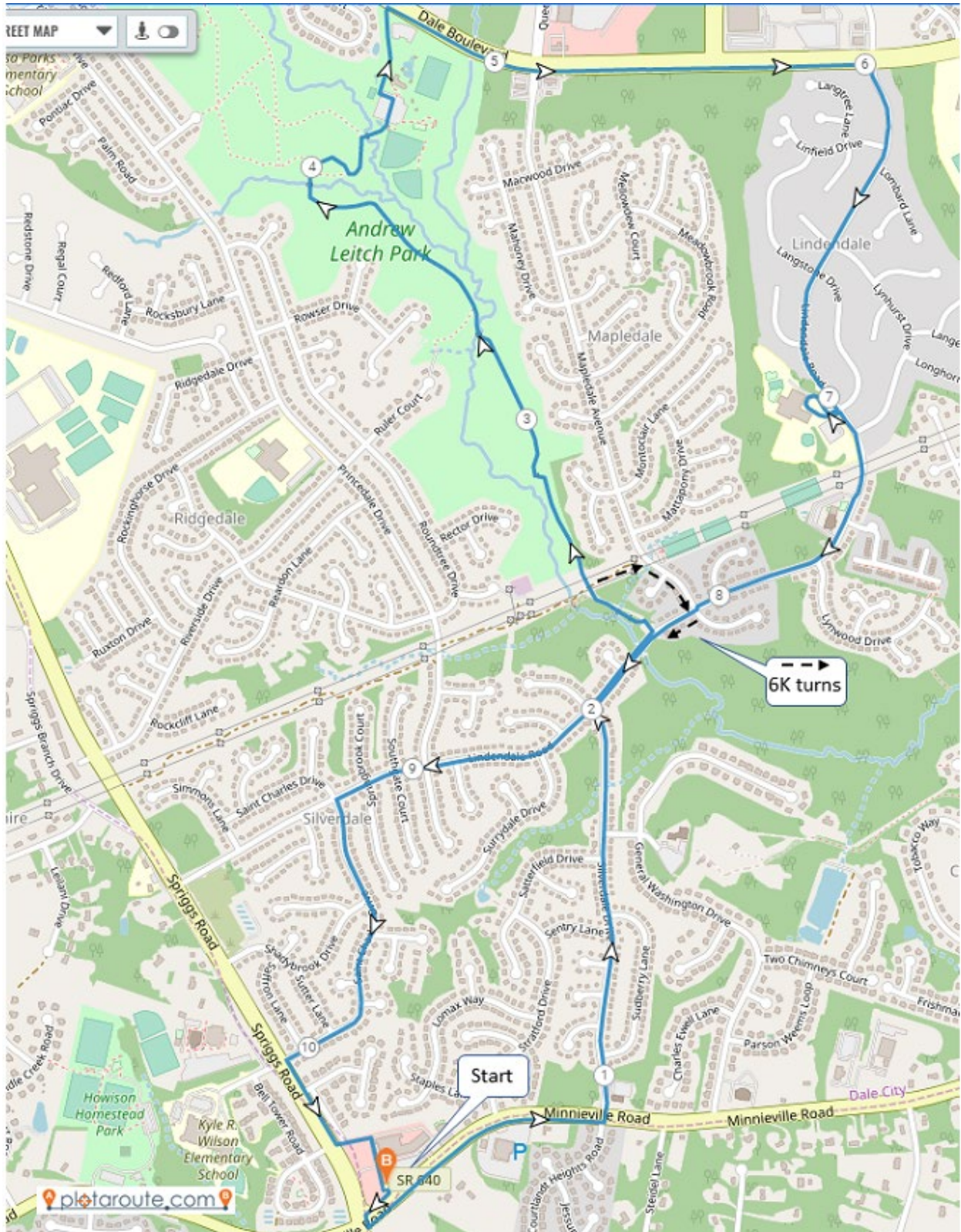
10. Turn → **RIGHT** on Lindendale Rd. (6K) for about 1 km (*Lindendale neighborhood*).


11. At Enterprise Elementary School (7K), turn → **RIGHT** on sidewalk to bus loop. In the shady middle of the bus loop is **Little Free Library # 55545**. Return to Lindendale Rd. and turn → **RIGHT** on Lindendale. At your convenience, cross to the other side of Lindendale and continue in the same direction on the left side (8K *at Morrison Ct.*). You will pass the path for the Lindendale Trailhead on your right.

12. Continue on Lindendale Rd. past Silverdale Dr. Turn ← **LEFT** on Saint Charles Dr. (4K/9.2K).

13. Turn ← **LEFT** on Spriggs Rd. (4.9K/10.1K), then ← **LEFT** at Staples Mill Plaza. Turn → **RIGHT** into the parking lot to finish.

Thank you for walking with us. Please check out our other YREs at Leesylvania State Park, Prince William Forest Park, Dumfries/ Montclair, the Quantico Marine Corps Museum, Dale City, Manassas Battlefield Park, and Potomac Mills Mall.



 In case of Emergency: Dial 911
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