

Scotia Northside Walks, NY

There are two walks available, a **5K** and a **10K**. Both walks are **rated 1A**.

Starting Point: Scotia Village Plaza
154 Sacandaga Rd.
Scotia, NY 12302

Scotia Village Plaza is an outside strip mall and there are no public rest rooms available in the plaza. Please use restrooms at Stewart's or Cumberland Farms along the route.

DIRECTIONS TO START: Scotia is located in eastern New York State, 12 miles northwest of Albany and on the opposite side of the Mohawk River from Schenectady.

From the East: Use Exit 25 of the I-90 (New York State Thruway) and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St. (Route 5). Left onto State St. and pass over the Mohawk River on the Western Gateway Bridge. Right on Sacandaga Rd. (Route 147). Right into Scotia Village Plaza parking area.

From the North or South: Use Exit 6 of the I-87 (Northway). Head west on Route 7 towards Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Route 5). Left onto State St. and pass over the Mohawk River on the Western Gateway Bridge. Right on Sacandaga Rd. (Route 147). Right into Scotia Village Plaza parking area.

OR alternate route from the North: Using Route 50 south from Saratoga Springs/Ballston Spa, continue to the end at Mohawk Ave/Route 5. Right on Mohawk Ave. Right on Sacandaga Rd. (Route 147). Right into Scotia Village Plaza parking area.

From the West: Use Exit 25A of the I-90 (New York State Thruway) and take the ramp towards Route 5, Scotia. At the stop light continue straight across Route 5 onto Vley Rd. (County Route 30). Just after the underpass bear right to the tee intersection with Route 147 (Sacandaga Rd.) Left onto Sacandaga Rd. After approximately 1 mile turn left into Scotia Village Plaza parking area.

Course Description: Located just west of Schenectady, crossing over the Mohawk River by way of the Western Gateway Bridge, is the Village of Scotia. In the 1650's, Alexander Lindsey bought this land from the Iroquois Indians. He named his estate Scotia, in memory of the Scottish hills of his native country.

The walk is on Village Streets and sidewalks through neighborhoods.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

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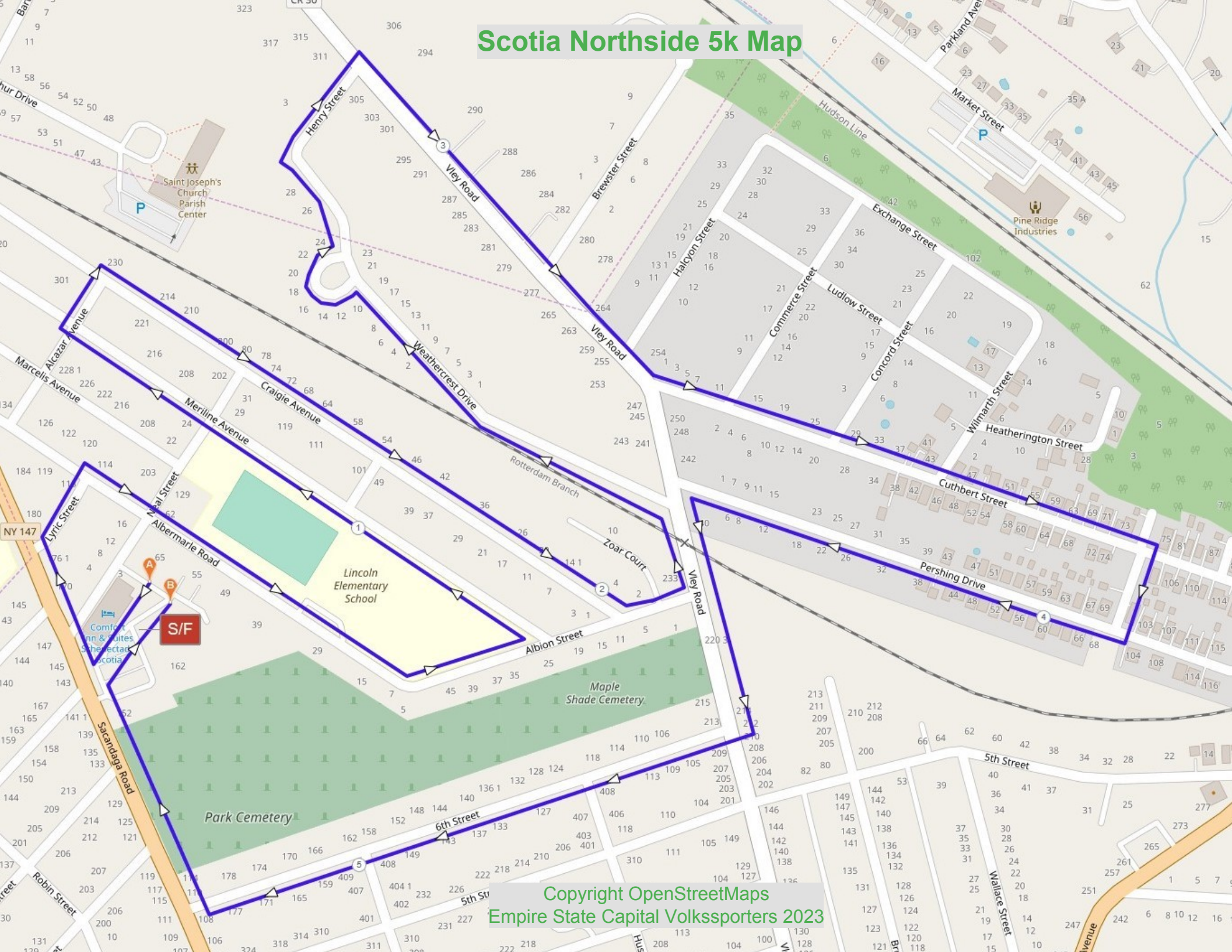
Scotia Northside, NY 5K Walk – 1A

1. **RIGHT** on Sacandaga Rd. to Lyric St.
2. **RIGHT** on Lyric St. to Albermarle Rd.
3. **RIGHT** on Albermarle Rd.
4. Bear **LEFT** as Albermarle Rd. becomes Albion St.
Note playground as you pass Lincoln Elementary School on your left. (Par for the Course) (Step to the Beat)
5. **LEFT** on Merline Ave. to Alcazar Ave.
6. **RIGHT** on Alcazar Ave. to Craigie Ave.
7. **RIGHT** on Craigie Ave. to Albion Ave.
8. **LEFT** on Albion Ave. to Vley Rd.
9. **LEFT** on Vley Rd. to Weathercrest Dr.
10. **LEFT** on Weathercrest Dr. to Henry St. (walk around the Cul Du Sac)
11. **RIGHT** on Henry St. to Vley Rd. (Weathercrest Dr. curves right to become Henry St)
12. **RIGHT** on Vley Rd. to Y intersection at Cuthbert St.
13. **CROSS** Vley Rd. and turn **RIGHT** to continue on Cuthbert St.
14. **RIGHT** on Sherwood Ave. to Pershing Dr.
15. **RIGHT** on Pershing Dr. to and **CROSS** Vley Rd.
16. **LEFT** on Vley Rd. to Sixth St.
17. **RIGHT** on Sixth St. to Sacandaga Rd.
18. **RIGHT** on Sacandaga Rd. to return to Start/Finish.

SPECIAL PROGRAMS:	
Par for the Course	Step to the Beat

AFTER YOUR EVENT: Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable Special Programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying-for-credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Scotia Northside 5k Map



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Scotia Northside, NY 10K Walk – 1A

1. **LEFT** on Sacandaga Rd. to Fifth St.
2. **LEFT** on Fifth St. to Vley Rd.
3. **RIGHT** on Vley Rd. to Fourth St.
4. **RIGHT** on Fourth St. to Sacandaga Rd.
5. **LEFT** on Sacandaga Rd. to Third St.
6. **LEFT** on Third St. to Vley Rd.
7. **RIGHT** on Vley Rd. to Second St.
8. **RIGHT** on Second St. to Sacandaga Rd. passing Meekel Christian Academy with the playground on the right. (Par for the Course)
9. **LEFT** on Sacandaga Rd. to First St.
10. **LEFT** on First St. to Vley Rd.
11. **RIGHT** on Vley Rd. to Catherine St.
12. **RIGHT** on Catherine St. to Ten Broeck St.
13. **LEFT** on Ten Broeck St. to Mohawk Ave.
14. **LEFT** on Mohawk Ave. to N. Ballston Ave.
(The Scotia Village Hall (Town Halls/City Halls) is behind the Fire Station. You'll also pass Payette Music Traders on the other side of Mohawk Ave. (Step to the Beat))
15. **LEFT** on N. Ballston Ave. (Route 50) to Cuthbert St.
16. **LEFT** on Cuthbert St. to Lindberg Court.
17. **LEFT** on Lindberg Court to Pershing Dr.
18. **BEAR RIGHT** on Pershing Dr. to Vley Rd.
19. **RIGHT** on Vley Rd. to Henry St.
20. **LEFT** on Henry St. (road curves to become Weathercrest Dr.)
21. **LEFT** on Weathercrest Dr. (walk around the Cul du Sac) to Vley Rd.
22. **RIGHT** on Vley Rd. to Albion Ave.
23. **RIGHT** on Albion Ave. to Craigie Ave.
24. **RIGHT** on Craigie Ave. to Alcazar Ave.
25. **LEFT** on Alcazar Ave. to Meriline Ave.
26. **LEFT** on Meriline Ave. to Albion Ave.
27. **RIGHT** on Albion Ave. passing Lincoln Elementary School playground on the right. (Par for the Course)
28. **Road Curves** to the right and becomes Albermarle Rd.
29. **LEFT** on Lyric St.
30. **LEFT** on Sacandaga Rd. to return to Start Point.

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