

## Dickinson County 5K & 10K

**Directions to start:** Follow Hwy 71/Hwy 9 to intersection with Hill Ave. in downtown Spirit Lake. Start is at the Dickinson Co. Courthouse: 1802 Hill Ave, Spirit Lake IA 51360

Lat: 43.422533, Lng: 95.102265

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**Restrooms** are available in the courthouse 8:00-4:30 M-F. Also at midway of walk.

**Parking** (free) is available next to the courthouse.

**Steps 1-6 are the same for both 5K & 10K**

**Numbers on the map do not correspond to numbers on the printed instructions.**

1. Begin on the east side of the Dickinson County Courthouse.
2. Walk toward the intersection of Hill Ave and Hwy 9/Hwy 71 (aka 18<sup>th</sup> St.).
3. Cross the street and go 3 blocks on Hill Ave.
4. Turn left (W) at 15<sup>th</sup> St. Go about 4 blocks.
5. Turn right (N) onto the Great Lakes Spine Trail (just past the American Legion @ 1102 15<sup>th</sup> St). This is a paved trail, but there is no signage here.
6. Follow the trail (N/NE) for 1.8K. (About 1.5K there is a trail going to L, stay on main trail N) Shortly after is a trail "roundabout". Turn right. Follow path (E) about .5K to Hill Ave. Here you will have a view of East Lake Okoboji and Isthmus Park. **NOTE: the 5-K and 10-K split.** *(Restrooms available in Isthmus Park, across the street and to your left).*
7. At the intersection of Hill Ave: **5-K walkers turn right (S) and continue along Hill Ave. all the way back to the Courthouse.**

8. 10-K walkers turn left for about ½ block and then right across Hill Ave. into Isthmus Park (past the restrooms).
9. Continue on the path for .4 K (E/NE). Stay right at the "Y", and continue past the Spirit Lake Fish Hatchery (122 252<sup>nd</sup> Ave).
10. Cross M56 (also known as 252<sup>nd</sup> Ave/Pioneer Ave). Turn right (S). Follow the path along M56 for 1.2K.
11. Just before the intersection with Hwy 9/Hwy71, turn right and cross M56. Continue on the path (S/SW).
12. Enter Memorial Park, turning left at the shelter.
13. Exit the park through the parking area toward Lake St.
14. Turn right (W) at Lake St. Go about 5 blocks to Gary Ave.
15. Turn left (S) onto Gary Ave. After one block, cross Hwy9/Hwy71.
16. Continue (S) on Gary about 5 blocks to 23<sup>rd</sup> St.
17. At 23<sup>rd</sup> St, turn left (E) for 2 blocks to Erie Ave.
18. At Erie Ave., turn right (S) 5 blocks to 28<sup>th</sup> St.
19. Cross 28<sup>th</sup> St., turn right (W) for one long block to Hill Ave.
20. Cross Hill Ave, turn right (N). Go (about 10 blocks) back to the Courthouse.



**Emergency: Call 911**  
**POC: Sheila Condon, 515-291-7782**  
**Iowa's Walking Club**

**These walk instructions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other users are prohibited.**

**Be sure to log back into the OSB system to finish/complete your online registration by entering their participation date, distances, and any special programs.**

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