



**Administrative Information for the Mid-Florida Milers
Orlando-Downtown 5K and 10K Walks
Event Y2753**

The walk is sponsored Paul Erickson

DIRECTIONS: GPS: GPS: 28.5316611,-81.3755015.
To the walk starts at Beardall Senior Center at 800 N Delaney Av., Orlando.

Strollers and wheelchairs permitted. Leashed pets allowed. Please carry water.
Contact: JoAnne, (407) 222-8118, beachfan10478651@aol.com.

This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Use either the Online Start Box (**OSB**) or Physical Start Box (**PSB**) to register and complete the event. **Do NOT mix and match**, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Log into the OSB system (my.ava.org) to “finish/complete” your online registration after the walk. You pay the \$4 fee (effective January 2024) by credit card and have access to the walk instructions/directions immediately. When you later enter ‘completed’, you can download the printable stamped insert card.

AVA Special Programs: Par for the Course; Rails-to-Trails (Gertrude’s Way); Step to the Beat; Town/City Halls; Walk the USA A-Z: O.

As with all remote start walks your assistance to keep the route and information current is requested. Issues, comments? Email POC: beachfan10478651@aol.com. Current status of Mid-Florida Milers YREs will be found on our web site: www.midfloridamilers.org. or see our [Facebook page](#).

Special thanks to MFM member and Point of Contact JoAnne Cross for developing historical data provided on the Downtown and South walks. Data courtesy of “Orlando Lake Lucerne Historical Trail” by Steve Rajtar.



Mid-Florida Milers Walking Club

Orlando Downtown 5K Year-Round Event

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Restrooms are available at Start Point (Senior Center), Lake Eola Park and Publix on E. Central Blvd.

Special Programs: Par for the Course, Step to the Beat and Walking the USA AZ: O



Emergency-911; Injury? 407-375-2387
Questions? call Jo Anne 407-222-8118

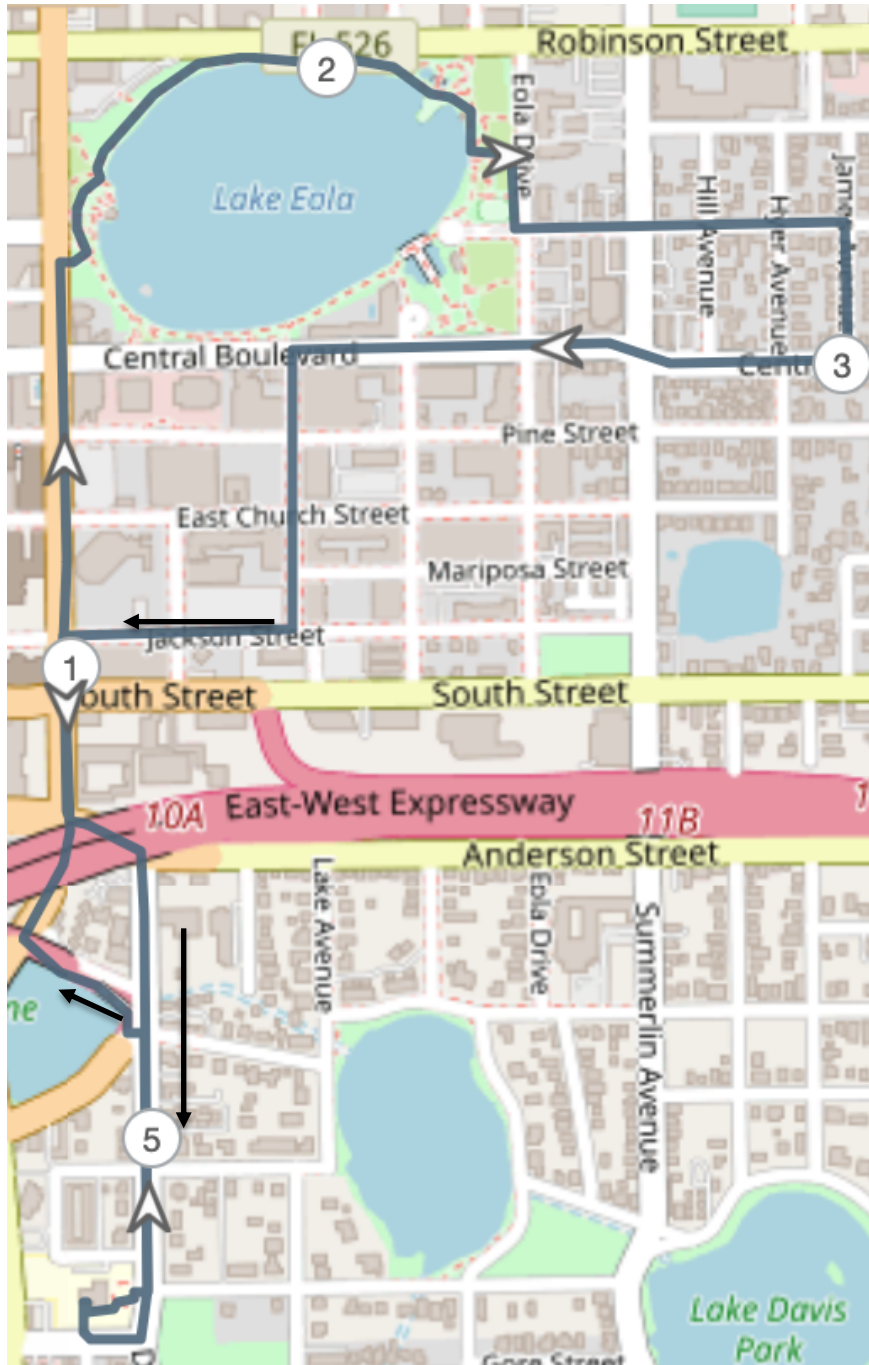
1.	Exit Beardall & LEFT on sidewalk around building, past statue, and bear left to Delaney Ave. <i>POI</i>
2.	Turn LEFT on Delaney Ave., crossing Bay St. <i>POI</i>
3.	Cross & RIGHT on Lucerne Circle. Continue on walkway around Lake Lucerne, keeping lake on left. <i>POI</i> .
4.	Turn RIGHT at Rosalind Ave. (no sign), walking under bridges.
5.	Cross Anderson Ave and continue on Rosalind Ave.
6.	Cross South St. and then E. Central Blvd. <i>POI</i>
7.	Turn RIGHT at Wall St. into the walkway toward the bandshell and Lake Eola. <i>POI</i>
8.	Turn LEFT on the walkway around the lake. Walk clockwise slightly over halfway around the lake (lake on your right). Pass the Japanese Pagoda.
9.	At the 3 Flags, Turn LEFT to street then TURN right . (Restrooms on right)

10.	At corner, Turn LEFT & Cross Eola Dr. Continue on Washington St. <i>POI</i>
11.	Turn RIGHT on James Ave.
12.	Turn RIGHT on Central Blvd.
13.	Turn LEFT on Lake Ave.
14.	Turn RIGHT on E. Jackson St.
15.	Turn LEFT on Rosalind Ave. <i>POI</i>
16.	Cross and Turn LEFT on Anderson St. and proceed under the East-West Expressway.
17.	Turn RIGHT on Delaney Ave. <i>POI</i>
18.	Turn RIGHT on Gore Street to the Start/Finish at the Senior Center.
19.	Thanks for Walking in Orlando with the Mid-Florida Milers. Congratulations on completing the Downtown walk. Link to all MFM YRE walks: 



Mid Florida Milers Walking Club

Orlando Downtown 5K Year Round Event



Map Data © [OpenStreetMap Contributors](#)



Mid-Florida Milers Walking Club

Orlando Downtown 5K Year-Round Event

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Step #	Point of Interest
1.	Delaney Elementary School was opened in 1920. It was phased out as a school in 1975. The city bought it from the county school board in 1983 and converted it to the Beardall Senior Center.
2.	713 Delaney Ave. Joe McCormick had this house built in 1924. He was president of the Lake County Manufacturing Co. McCormick and F. A. Peppercorn built the Delaney Elementary School. 705 Delaney Ave. Built in 1920, this was the home of Dr. J. S. McEwan, a founder of Orange Memorial Hospital and president of the Association of Surgeons of the Atlantic Coast Line Railroad. During the mid-1910's he and Dr. C. D. Christ raised money to build a new hospital to replace St. Luke's Hospital, which closed in 1916. They founded Orlando General Hospital in 1918, which is now known as Orlando Health.
3.	As you go around Lake Lucerne there are 3 historic homes on the right. (a) Norment House (1885), built by Judge Richard Norment of Maryland, later owned by Catherine Parry. It was relocated here from further west along Lake Lucerne and converted to a bed and breakfast. (b) Wellborn Apartments, built in 1947 for \$140,000, the new 2-story building had 16 apartments which allowed nearly every living room a view of the lake. (c) The Peleg Peckham House was built in 1893 as a wedding gift for Mr. Peckham's daughter, who married Judge Archibald MacCallum. It cost \$375,000. In 1912 Dr. P. Phillips added the massive portico, a cellar, several bedrooms, and converted the gas lights to electricity. In 1974 Howard Phillips offered the house to the city as

	a gift then 6 years later (1980) the city sold the house for \$75,000 to Sam Meiner.
6.	24 N. Rosalind Ave has been the St. George Orthodox Church since 1975 when it purchased the building from the Christian Science Church. Christian Science came to Orlando around 1917 and met at the Lucerne Theater until this structure was completed in 1928.
7.	Walt Disney World Co donated the bandshell to the city in 1989. It is almost as much an icon of Orlando as is the fountain that was placed there a part of the 100 th anniversary of Orlando. Lake Eola is actually a sinkhole, which is 23.8 feet deep. The walkway around the lake is .9 miles long and is a popular walking spot any time of the day.
9.	The buildings along Lake Eola Dr. used to be Embassy Row. Today there are 14 consulates scattered around the Greater Orlando area, but none on Eola Dr.
10.	Thornton Park features upscale eateries, neighborhood bars and trendy boutiques. This hip, urban area hosts community-driven events, live music, and diverse entertainment on a nightly basis.
15.	On your right, between South St. and Anderson, lies the Dr. Phillips Performing Arts Center, named after the Dr. Phillips who is mentioned in POI 3. (c)
17.	Kinneret Towers. This Jewish apartment house opened in 1969 for a cost of \$2,100,000. Construction of the second tower resulted in the demolition of several early 1920's bungalows.
17.	Hovey's Court, 545 Delaney Ave. This cluster of 9 bungalows was built in 1913-19 by C. A. Hovey.



Mid Florida Milers Walking Club

Orlando Downtown 10K Year Round Event

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Restrooms are available at Start Point (Senior Center), Lake Eola Park, and Publix on E. Central Blvd.

Special Programs: Par for the Course, Step to the Beat, Town Halls/City Halls and Walking the USA
AZ: O



Emergency-911; Injury? 407-375-2387
Questions? call Jo Anne 407-222-8118

1.	Exit Beardall & LEFT on sidewalk around building, past statue, and bear left to Delaney Ave. <i>POI</i>
2.	Turn LEFT on Delaney Ave., crossing Bay St.
3.	Cross & RIGHT on Lucerne Circle. Continue on walkway around Lake Lucerne, keeping lake on left. <i>POI</i>
4.	Turn RIGHT at Rosalind Ave., walking under bridges.
5.	Cross Anderson Ave and continue on Rosalind Ave. <i>POI</i>
6.	Cross South St.
7.	Turn RIGHT on Central Blvd.
8.	At Lake Ave. turn LEFT , crossing Central, and walk to Lake Eola. (Publix-restrooms).
9.	Turn RIGHT at walkway, lake on left.
10.	Turn RIGHT after brick bridge onto cul-de-sac (Washington St.) Playground on left. <i>POI</i>
11.	Continue on Washington St. <i>POI</i>
12.	Cross & turn RIGHT on Summerlin Ave.
13.	Turn LEFT on E. Pine St
14.	Turn RIGHT on S. Thornton Ave. (Lake on left).

15.	Turn LEFT on E. Jackson St., then bear left onto S. Brown Ave. as it merges on south side of lake
16.	Continue on S. Brown Ave. to E. Pine St (lake on left).
17.	Turn RIGHT on E. Pine St.
18.	Turn LEFT on S. Lawson Blvd.
19.	Turn LEFT on E. Washington St.
20.	Turn LEFT on James Ave. <i>POI</i>
21.	Turn RIGHT on E. Central Blvd.
22.	Turn RIGHT on N. Hyer Ave. <i>POI</i>
23.	Cross & RIGHT on E. Jefferson St. for short distance.
24.	Turn LEFT on Hyer Ave.
25.	Turn LEFT on Robinson St.
26.	Turn RIGHT on N. Summerlin Ave.
27.	Turn LEFT on E. Amelia St.
28.	Turn LEFT on Cathcart Ave.
29.	Turn RIGHT on E. Harwood St.
30.	Cross & LEFT on Highland Ave.
31.	Turn Right on E. Livingston St
32.	Turn LEFT & cross E Livingston at Magnolia Ave, continue on Magnolia <i>POI</i>
33.	Turn RIGHT on W. Central Blvd. <i>POI</i>
34.	Under I-4, Turn LEFT on S. Division Ave.
35.	Cross & LEFT on South St. <i>POI</i>
36.	Turn RIGHT on Orange Ave. <i>POI</i>
37.	Turn LEFT & cross Orange Ave. at Gore St.
38.	Turn LEFT up driveway to Beardall & FINISH.
39.	Thanks for Walking in Orlando with the Mid-Florida Milers. Congratulations on completing the Orlando-Downtown walk. Link to all MFM YRE walks: 



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Orlando Downtown 10K Year Round Event

Step #	Point of Interest
2.	The school and road were named for early settler James Delaney, who arrived in Orlando from Covington, GA in 1875.
3.	Lake Lucerne. James P. Hughey of GA arrived in 1855 in a covered wagon and settled on the south and west of the Lake. He homesteaded 160 acres from Lake Lucerne to Parramore Ave. This lake was originally called Lake Lucindy for the wife of Bernard Hughey.
5.	On the corner of Church and Rosalind is the Orange County Administration Building.
10.	512 E. Washington St. is only house remaining on the cul-de-sac. Four others were torn down to make room for Lake Eola Park. George Marsh, who was very influential in the citrus industry, had the home built in 1924. It is now called the Eola House and can be rented by the hour for various events.
11.	Thornton Park has developed as a community of neighborhood bars and restaurants, interspersed with upscale boutiques and coffee shops. Popular gathering spot for locals, and the occasional tourist.
22.	Lake Eola Heights Historic District has been on the National Register of Historic Places since 1992. In the 1800's Jacob Summerlin bought 200 acres around Lake Eola. When the citrus were frozen out, he sold off parcels, and today 487 homes in

	the District were built between 1825 and 1949.
31.	The Orange County courthouse complex includes a 23-level tower, two 5-story office buildings for the State Attorney and public defenders, and a 1,500-car parking garage. Before you cross Livingston to Magnolia, check out the Veteran's Memorials which are before the steps leading to the front entrance of the Courthouse.
32.	Orlando's earliest post offices were located in homes, then businesses. The first post office building was erected in 1917 on Central Blvd. The federal government bought this land from the Catholic Church. This post office/courthouse was opened in 1941.
33.	The old Orange County Courthouse was completed in 1927. It is now the Orange County Regional History Center. Across Magnolia from History Center is the Orange County Public Library
35.	On the corner of Division and South St. is the Wells Built Museum. Originally a hotel for African-American entertainers in the 1920's, now an historical collection of life in the south. The Kia Stadium is home to the Orlando Magic basketball team, the Solar Bears ice hockey, and various big entertainment events.
36.	Located on the corner of South St and Orange Ave. Orlando's City Hall is situated on 5 acres of land known as City Hall Commons.



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Across Orange Ave from City Hall is the Dr. Phillips Performing Arts Center, which opened in 2014. It features 3 theaters—one seating 2,700; one seating 300; and the third, 1,700 people.

Next to City Hall, on Orange Ave., is the Aloft Hotel. Originally this was Orlando Utilities Commission Administration Building, which was opened in 1967. It was placed on the National Register of Historic Places in 2012.

Originally both parts of Lake Lucerne were joined, and traffic had to go around to leave downtown to go south. This ended in 1956 when the J. Rolfe Davis Causeway opened. Mayor Davis was in the first car to drive across the new causeway.