



## Wabash Trace Nature Trail Seasonal Walk

TRAIL RATED 1A - 5K AND 10K ROUTES

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SPECIAL PROGRAMS: Rails to Trails



An easy stroll along the Wabash Trace, a Rails-to-Trails Conservancy Hall of Fame rail-trail. The Wabash Trace Nature Trail earns its title—providing an amazing trip through the rural forests and countryside of southwest Iowa along a crushed rock hike bike trail.

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*This walk is also available through a physical walk box—please do not register at that location or use any materials from that walk box.*

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### **Walk Registration:**

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

### **Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

### **Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

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# Wabash Trace Nature Trail Seasonal Walk

## **Starting Point Location:**

41.21901, -95.81697

Iowa West Foundation Trailhead Park  
Intersection of Harry Langdon Blvd. & E. S. Omaha  
Bridge Rd.

**Start Point/Driving Directions:** From I-80, take I-29 south. From I-29, use exit 47 to HWY 275/92. Right (e) on Hwy 275/92 to Harry Langdon Blvd. (not marked, 1st traffic light just past the Storage Mart on your right). Right at light (appx. 3/4 mile) to E. S. Omaha Bridge Rd. Right (w) on E. S. Omaha Bridge Rd. a short distance to the Trailhead on your right. Parking available at Trailhead.

## **Restrooms:**

Restrooms at trailhead. None on trail. There are also restrooms at the Taylor Quick Pik gas station on Harry Langdon Blvd. before turning onto E. S. Omaha Bridge Rd.

## **Emergency Numbers:**



In case of Emergency: Dial 911  
Event related assistance:  
Tim & Julie (402)812-5103

The Wabash Trace Nature Trail is a converted railroad right-of-way running 63 miles and over 72 bridges through the scenic Southwest Iowa countryside. The corridor was purchased in 1989 and the trail was completed and dedicated in 1997. Establishment of the trail has required dedication from individuals, families, businesses, service organizations, and local, state, and federal grant programs.

On the north end of the trail, you will travel through the picturesque Loess Hills, which run along the western edge of Iowa. These hills were formed 14,000 years ago by windblown loess (pronounced "luss"), a fine and fertile soil, which built up over the years to heights of 200-300 feet. While loess soils are common, the unusual depth and extent of this formation are most prominent here and in northern China.

The trail is not supported by tax dollars, so every Trail Pass fee and donation is greatly appreciated. Trail pass fee of \$2 is recommended payable at the trailhead.

# Wabash Trace Nature Trail Seasonal Walk


## 5k Directions

1. Leave the parking lot, carefully crossing the road and enter the trail.
2. Carefully cross Overland Trail (traffic does not stop)
3. 5K: walk to tunnel, turn and retrace route back to start point.
4. Great job! Reward yourself with a sweet treat from Tastee Treet!



## 10K Directions

1. Leave the parking lot, carefully crossing the road and enter the trail.
2. Carefully cross Overland Trail (traffic does not stop)
3. Continue walking on trail, carefully crossing Berryhill Avenue, Bluebird Lane and Rolling Hills Loop (traffic does not stop at any of these intersections).
4. Turn around at Childrens Square bridge and retrace steps back to the start point.
5. Great job! You deserve some yummy ice cream from Tastee Treet!

	<p><b>Emergency: Call 911</b> <b>NWFT Club:</b> Lori Anderson 402-641-1771 <b>Regional Director:</b> Susan Pinneke 515-423-8427</p>
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# Wabash Trace Nature Trail Seasonal Walk

## Wabash Trace Nature Trail Seasonal Walk – 5 & 10 K

START POINT – Iowa West Foundation Trailhead Park

Intersection of Harry Langdon Blvd. & E. S. Omaha Bridge Rd.

41.21901, -95.81697



*These walk directions and maps may only be used in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.*