

**ALLENTOWN/DUWAMISH RIVER TRAIL
WALK5K and 10K EVENT Y2898
King County, Washington**

5K and 10K are rated 2B due to trails through park and Duwamish Hill.
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Welcome! Thank you for your interest in this walk we are proud to present.

This on-line packet contains the following 4 pages of information:

1. This information page.
2. Walk directions and map for 5K and 10K which you can print double sided on one page, if you choose.
3. A list of qualifying AVA and Washington State (ESVA) Challenges.

Thank you for participating and we hope you enjoy your walk in Tukwila in Allentown/Duwamish River Trail.

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's event bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to walker's Event Bank when he/she submits the walk completion info as a paying for credit walker.). The \$2 "coupon" for the downloaded PDF expires in 60 days.

These walk directions and map may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**Start Location: Tukwila Community Center
12424 42nd Ave South
Tukwila, WA 98168**

DRIVING DIRECTIONS: I-5 Northbound: Take exit #156 for WA-599N toward Tukwila. Keep right following signs for Interurban Avenue. Turn left onto Interurban Ave South. Turn right onto S. 115th St, which becomes 42nd Ave S, as it curves right. Left into the Tukwila Community Center parking area at the end of the road.

I-5 southbound: Take exit #156 for Interurban Avenue S. Turn right onto Interurban Ave S. Continue as above.

**POC: Dick and Jeremy Williamson
206-450-1231
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**Allentown/Duwamish
River Trail Y2898
5K & 10K. Rated 2B**

Start Location:

Tukwila Community Center

12424 42nd Ave South

Tukwila, WA 98168

Restroom in Community Center

1. Leaving the entrance of the CommunityCenter, **TURN LEFT** to stop sign.
2. **TURN RIGHT** on 42nd Avenue (unmarked).
3. **Continue straight** crossing South 116th St and follow sidewalk as it curves left into South 115th St.
4. **TURN RIGHT** uphill on 40th Ave South.
5. **TURN RIGHT** on South 114th St.
6. **TURN LEFT** on 41st Ave South
7. **TURN LEFT** on South 113th St.
8. **Enter** path at the end of the street and go up the stairs to your **left**.
9. **TURN LEFT** at the "T" and enjoy the view. (You can see Mt. Rainier on a clear day.)
10. **Continue right** on the path with more views to the North. Circle back to the "T".
11. **TURN LEFT** and go downhill, away from the viewpoint and S. 113th St.
12. **Continue** down more stairs to a bench with numerous shell pictures on it. Here you have an **OPTION**: You may **TURN LEFT** at "Y" to a small amphitheater and another view from the lower hilltop. Return to the main path and turn **LEFT**.
13. Wind your way down the hill. At the bottom, **SHARP RIGHT** onto gravel path toward native plant garden. Loop around the garden and return to South 115th St.
14. **TURN RIGHT** to East Marginal South (unmarked) and cross very carefully and enter Duwamish Garden Project.
15. Facing the kiosk, **TURN RIGHT** to the path then **TURN LEFT** to follow the path to the end. Turn around and return to the park entrance and the kiosk.
16. **TURN LEFT** to street (E. Marginal Way) and **TURN RIGHT** on sidewalk to cross the river on right side of the bridge
17. **TURN RIGHT** on the first path through four wooden posts and **TURN RIGHT** toward the river to a path, circling **right** back under bridge. Follow the path along river and through woods.
18. **(IF THE PATH UNDER THE BRIDGE IS CLOSED**, return to E. Marginal Way and cross to S. 116th St. Follow S. 116th for a short distance and **turn right** on trail.)
19. Trail will wind and cross S. 116th St. Note sign stating it is the Green River Trail.
20. **5K WALKERS: TURN LEFT** on S. 119th St/40th Ave S and stay on middle street marked Dead End (S. 119th St.) At street end cross pedestrian bridge over the river and **TURN RIGHT**, carefully crossing 42nd Ave S to walk on sidewalk. **TURN LEFT** into the Community Center parking area to finish.
21. **10K WALKERS: Continue** on the Green River Trail as it passes by office parks on the right and follows the river until it reaches Interurban Ave S
22. **TURN LEFT** on Interurban (busy road not marked).
23. **TURN LEFT** on 56th Ave South. Cross river.
24. **TURN RIGHT** on South 133rd St.
You can view pocketpark at end of street on the river.
25. **TURN LEFT** on 57th Ave. South.
26. **TURN LEFT** on S. 130th Pl/Railroad Ave. Pass under I-5. Street blends into 50th Pl S.
27. **TURN LEFT** onto path into Codiga Park and continue through Park merging onto 50th Pl S.
28. **TURN LEFT** on South 125th St.
29. **TURN RIGHT** on 46th Ave. South.
30. **TURN LEFT** on South 124th St.
31. **TURN SHARPE LEFT** into TukwilaCommunity Park.
32. **Follow left fork** along the river.
33. **Return** to parking lot, and you are finished!

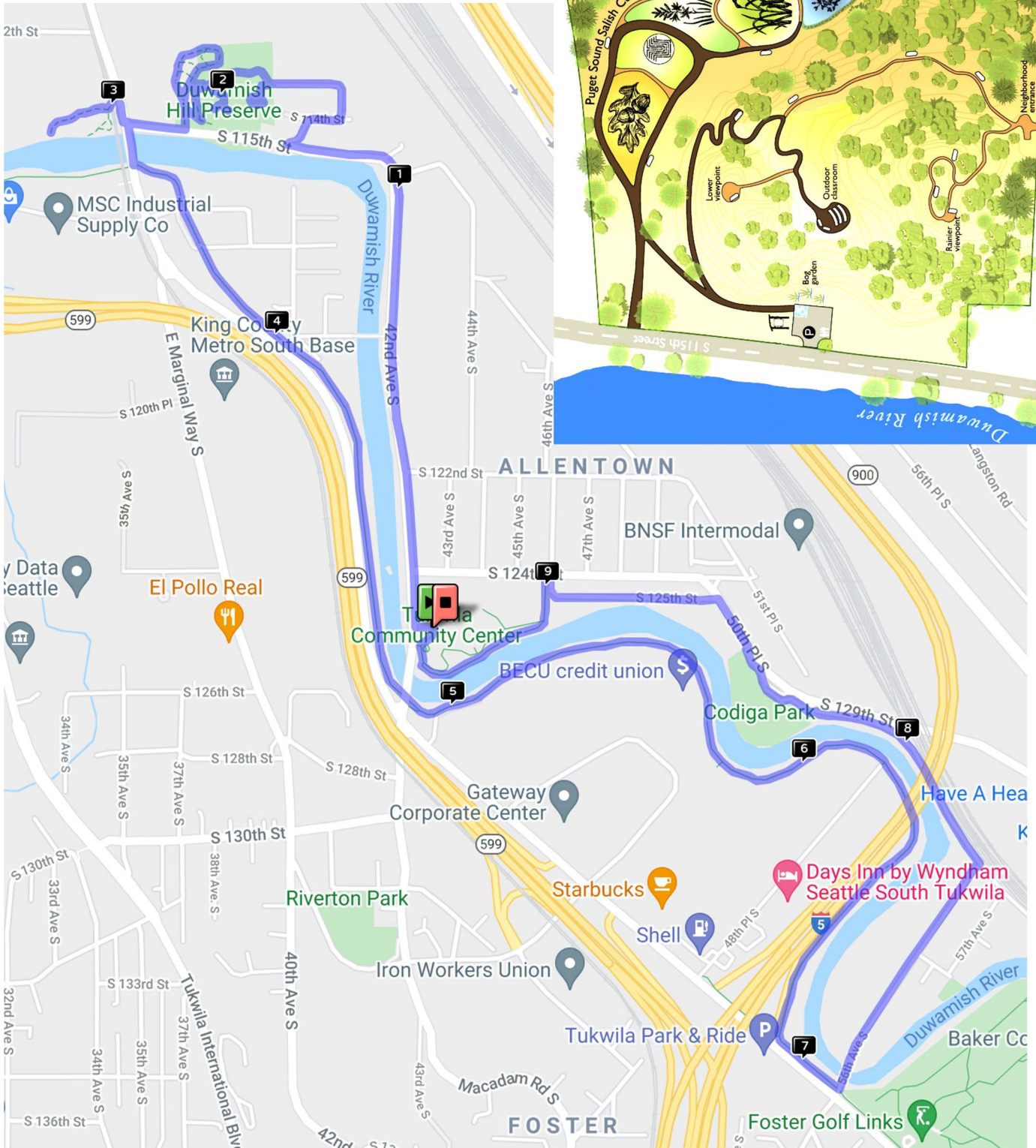
(In case of emergency, call 9-1-1)

Event Issues: Dick and Jeremy Williamson

(253) 854 -1477

Allentown / Duwamish River Trail

4+ Foolhardy Folks © 2021



Start Location:

Tukwila Community Center
12424 42nd Ave. S.
Tukwila, WA 98168

NORTH

AVA/ESVA SPECIAL CHALLENGE PROGRAMS 2022-23

WALK NAME /NUMBER: Allentown/Duwamish River Trail YRE #2898

ESVA SPECIAL PROGRAMS

39 COUNTIES (ONGOING)	King			
Historic Depots (2019-2021)				
Honoring ourFrontline Heroes [2021-2024]	MEDICAL FACILITIES	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES Fire Station

OSTVA SPECIAL PROGRAMS

Zodiac Pisces (Fish)				
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AVA SPECIAL PROGRAMS

50 STATES/51 CAPITALS	ONGOING	Washington
WALK THE USA A-Z	ONGOING	Tukwila
AIRPORTS-CELEBRATE FLIGHT	[2020-2022]	
BORDER CROSSING	[2014-2023]	
CAROUSELS ACROSS AMERICA	[2019-2021]	
LITTLE FREE LIBRARIES	[2019-2021]	
MAYFLOWER - 400THANNIVERSARY	[2020-2022]	Duwamish River – Native American Tribe Name and location of villages along the river.
RAILS TO TRAILS	[2022-2025]	
ROCKIN' AROUND THE CLOCK	[2020-2022]	
TOWN HALLS/CITY HALLS	[2022-2024]	
WALKING WITH AMERICA'S VETERANS	[2021-2024]	
WALK LIKE AN OLYMPIAN	[2018-2020]	