



Tickfaw State Park Walk - Livingston Parish  
The East Texas Trekkers  
Welcomes You to  
Tickfaw (Livingston Parish)  
AVA Sanctioned Year Round Event



This walk is in the Tickfaw State Park along natural surface trails, boardwalks, and some park roads. The trails and roads are fairly level with very little change in elevation. The walk is rated 1B due to the natural surface. This is Louisiana with mosquitoes present from April thru Oct and maybe beyond. Also keep an eye out for snakes. Most of the walk is on boardwalks, and the nature trails vary from 3-10' wide.

**Walk Registration:**

Please use the Online Start Box (OSB) or contact the POC for remote registration to register for the walk. If using the OSB, then complete the walk online as indicated below. If registering remotely, insert cards will be mailed to you. Directions and stamps will be available during the MLK weekend, Jan 13-17, 2022 at the events. Restrooms available in the day-use area and at other points along the route.

**Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

**Driving Directions to Start Point:**

Drive to the start point in Tickfaw State Park at 27225 Patterson Rd, Springfield. From Springfield, take LA-1037 southwest to the park entrance. After paying entry fee (\$3 adults, free for over 62), follow park road to the Nature Center and Gift Shop on the left.

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**Tickfaw State Park – Livingston Parish – 6/10K**

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1. **From the parking lot**, enter the visitor center and exit thru the back door to the boardwalk trail. Follow the boardwalk and return to the visitor center. (If the center is closed, walk around the building to the back.)
2. **Return** to the parking lot and proceed to the Cut Thru Trail on the left.
3. **ENTER** the trail and follow it to the Soggy Bottom Trail on the left.
4. **LEFT** on the Soggy Bottom Trail as it curves around back to the main trail.
5. **LEFT** on the main trail to the playground and restrooms.
6. **6K ONLY: U-TURN** on the boardwalk or follow the park road right back to the nature center. **END of 6K.**
7. **10K ONLY:** Look for Gum Cypress Trail behind the restrooms and follow it as it circles back to the restrooms.
8. **LEFT** on road in front of the restrooms to the circle drive. Look for the Pine/Hardwood Trail on the right.
9. **RIGHT** on the Pine/Hardwood boardwalk and circle back to the road.
10. **RIGHT** on the park road to a gravel path (River Access and River Trail) on the right. Follow the trail

along the wide trail until it bends and becomes a smaller trail on the left.

11. **LEFT** on the River Trail as it roughly follows the river. Continue until the trail gets very close to the river and appears to branch toward the river to the right, but the trail continue to the left. (see picture)



12. **U-TURN** back to the park road, then turn right. Continue to the Bottomland/Hardwood Trail on the right.
13. **RIGHT** on the trail and follow back to the park road.
14. **RIGHT** on the park road back to the playground area. Reenter the boardwalk trail or follow the park road back to the nature center. **END of 10K.**

**POC: Helen Hull – 972-530-1026**

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

