

# Northwood Seasonal Event: Parks and Gardens – 2 5K Loops

May 1-Sep 30

**Special Programs:** Rockin' Around the Clock, Veteran's Memorial, City Hall, Worth County

**Registration:** Online Start Box only

**Start/Finish:** Casey's, 101 8th St N, Northwood, IA 50459

**Description:** This walk is through a small town with beautiful gardens, county fairgrounds, parks, and Shell Rock River. Northwood will be the one of three walks at the Northern Iowa Weekend special event May 20-22.

**Driving Directions:** Northwood is 7 miles east of I 35, Exit 214, on IA-105. Casey's is one block north of IA-105.

**Restrooms:** Casey's and Swensrud Park

**OSB Directions:** Log back into the OSB system to "finish/complete" your online registration after doing the event within 60 days AND before the end date of the walk.

- A \$2 fee for the PDF directions is deducted from your Event Bank when you download the instructions.
- The event fee is deducted from your Event Bank when you submit the date the event was walked, the distance walked, and the special programs you participating in.
- The \$2 fee for the instructions is credited back to your account if you finish/complete the walk within 60 days.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**POC:** Marge Oehlke 507.720 4105

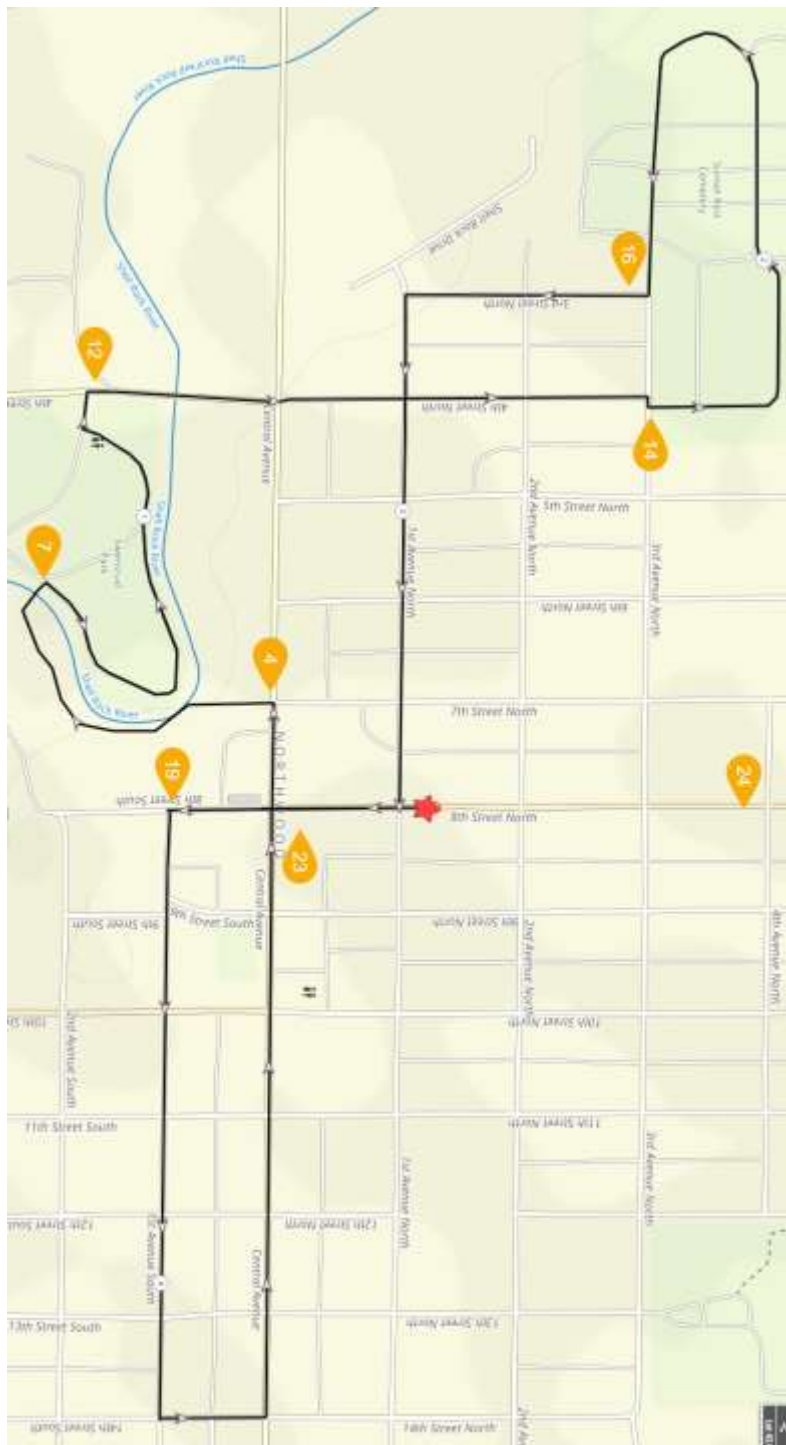


Emergency: Call 911

## South Loop Distance/Rating: 5k 2C

Start at Casey's

1. L on 8<sup>th</sup> St.
2. Cross Central Ave.
3. R one block on Central Ave.
4. L into Swensrud Park. City Hall will be on your right.
5. Go down steps.
6. Before the bridge, turn L onto a dirt path. ("Old Indian Trail"). Shell Rock River is on your right.
7. At the swimming pool, turn R and cross the river.
8. L onto the road.
9. Turn R just before the restroom building. Pass playground on the left.
10. Follow the road to the left. The river is on the right. **(1K)**
11. Continue to the paved road (4<sup>th</sup> St).
12. R on 4<sup>th</sup> St.
13. Continue across Central Ave to 3<sup>rd</sup> Ave N.
14. Enter the Sunset Rest Cemetery. **(2K)**  
Continue straight.
15. Follow the road around the perimeter. Exit cemetery.
16. Right on 3<sup>rd</sup> St N
17. At 1<sup>st</sup> Ave N turn L. **(3K)**
18. R on 8<sup>th</sup> St N.
19. Cross Central Ave.
20. Left on 1<sup>st</sup> Ave S.
21. Turn L on 14<sup>th</sup> St S. **(4K)**
22. Cross Central Ave. Follow Central Ave back to 8<sup>th</sup> St.
23. Follow Central back to 8<sup>th</sup> St. Turn right.
24. Casey's will be on your right.



# Northwood Seasonal Event: Parks and Gardens - North Loop

Distance/Rating: 5k 1A

Start at Casey's

1. Turn right onto 8<sup>th</sup> St.
2. R on 6<sup>th</sup> Ave N. **(1K)**
3. L on 10<sup>th</sup> St N.
4. R on 9<sup>th</sup> Ave.
5. R on 11<sup>th</sup> St.
6. L on 8<sup>th</sup> Ave.
7. R on 12<sup>th</sup> St N.
8. At 6<sup>th</sup> Ave N, L into the gate for the Worth County Fairgrounds
9. Turn left onto the path past the flower gardens. **(2K)**
10. Make the loop on the path, returning to the gate.
11. L on the street inside the fairgrounds.
12. L between the buildings.
13. Admire the 4H sculpture at the S gate.
14. Still in the fairground, go to the left of the Shelter House, then follow the path behind the bleachers back to the N gate. **(3K)**
15. At the gate, exit, turn left on 12<sup>th</sup> St.
16. Follow 12<sup>th</sup> St along the fence to 3<sup>rd</sup> Ave N.
17. Left on 3<sup>rd</sup> Ave N.
18. R on 14<sup>th</sup> St N. **(4K)**
19. R on 1<sup>st</sup> Ave.
20. L onto 11<sup>th</sup>. Go around the courthouse to see the veteran's memorial.
21. R on Central Ave. 1 blk
22. R on 10<sup>th</sup> St.
23. L onto 1<sup>st</sup> Ave N.

Caseys will be on your right.

