

Renton – Coulon Park and Eastrail (Eastside Rail Trail) YR3041

5K/10K/18K Rated 1B



**Interlaken Trailblazers welcomes you to Renton-Coulon Park and North Renton
(Please note dogs are not allowed in Coulon Park)**

Starting Point: Gene Coulon Park, 1201 Lake Washington Blvd N, Renton, WA 98056

GPS Location for parking: 47.5039, -122.2037

Restrooms at Start, other restrooms in this park, Kenndale Beach, Newcastle Beach and seasonal porta-potties on the trail

Driving Directions: 1201 Lake WA Blvd, Renton. From I-405. Take exit 5 (Southport Dr) downhill. RIGHT at Southport Dr/Lake WA Blvd. Left Lane to Gene Coulon Park. Left then Right into the park. Left at the traffic circle toward the children’s play area (you will be in the south end of the park).

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Special Programs: AVA – A-Z , Rail to Trail, Par for the Course



Emergency Dial 911

The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the users Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days

POC:
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History: Renton Coulon Info. This route takes you through the park to Eastrail passing the Seattle Seahawks practice center to Newcastle Beach if you want 18K.

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YR3041 RENTON – Coulon Park and Eastside Corridor Trail 5K/10K/18K Trail Rating 1B

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Restrooms at Start, Coulon Park. Newcastle Beach Park (18K route)

1. At the end of the children’s play area **TURN LEFT** to walk on the paved path to the small bridge leading to Bird Island. (May be seasonally closed)
2. **CONTINUE** around the island on the new boardwalks to the end.
3. **TURN AROUND** and walk back crossing the bridge again.
4. At the end of the bridge **LEFT** on the paved path then **RIGHT** as it routes around the children’s swim area sandy beach.
5. Near the end of the path (before the water walkway) **RIGHT** and **CROSS** a small bridge.
6. Continue on this path to cross the driveways of the boat launch area.
7. **TURN LEFT** then **RIGHT** (you will be on the lower walkway by the water).
8. **CONTINUE** toward Ivar’s but **TURN LEFT** to enter the Water Walk to walk on the loop around the water area in front of Ivar’s..
9. At the end of the Water Walk loop continue up the incline to the main paved path.
10. **LEFT** (north) on paved path to the end of Coulon park. Pass through the neighborhood gate proceeding on Mt View Drive (not marked) to nearly the end at Lake Washington Blvd.

5K TURN AROUND here and follow road back entering the park. Go to direction 19.

11. **10K/18K TURN LEFT** to enter the Eastrail Trail. **CONTINUE** to Kennydale Beach (**seasonal restrooms** are located here) (*Note Clint Eastwood was a lifeguard here in the late 1950’s!*) (2K)
12. **CONTINUE** on trail to N 41st St.

13. **CROSS** N 41st St., **LEFT** on sidewalk. Road curves to become Wells Ave N. Continue to N. 40th Pl.
14. **RIGHT** one short block to Williams Ave.
15. **RIGHT** and continue to the pond with fountain on your right side. (Beach Club, 4205 Williams) will be across the street on your left.
16. Just past the pond **RIGHT** and walk on the pathway keeping the pond to your right. At the end (N 41st Pl) **CROSS** the street and Turn **LEFT**.
17. At N 42nd Pl **RIGHT** following the sidewalk as it curves to the left then right back to Eastrail.
18. **LEFT** on trail passing the Seahawks training center and continue to cross the next overpass (Ripley Lane, not marked).

10K At the end of the overpass turn around continuing on the trail back to Mt View Drive where you entered the trail. Continue with direction 19.

18K Continue on Eastrail to Newcastle Beach Park, loop around the park (restrooms) and return to trail. Continue back to Mt View Drive.

19. Walk on Mt View Drive re-entering the park to Kidd Valley Restaurant (Restrooms).
20. **CONTINUE STRAIGHT** ahead across the patio re-entering the path you came out on.
21. **CROSS** the bridge, **TURN LEFT** keeping on the path as it loops around the beach to the children’s play area and your car.

Hope you enjoyed this walk!

Renton-Coulon Park YR3041 5K/10K/18K

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