



The York White Rose Wanderers  
Welcomes You to  
**THE YORK HERITAGE RAIL TRAIL**  
**DOWNTOWN YORK 5K & 10K**  
An AVA Sanctioned Year-Round Event



This walk is composed of a 5K out and back and a 10K out and back. Both walks are rated at 1A.

**York Heritage Rail Trail-** Established in 1992 and covering 176 acres, the Heritage Rail Trail County Park is 27 miles long and runs north from the Mason Dixon line just south of the Borough of New Freedom through Glen Rock, Hanover Junction, and Seven Valleys, through the Howard Tunnel to the Colonial Courthouse in the City of York. The trail continues through the City of York on the Northern Extension to John Rudy County Park. The trail connects to Maryland's 20-mile-long Torrey C. Brown Trail. In addition to the Colonial Courthouse, three historic structures are located on the trail; Hanover Junction and New Freedom Train Stations and Howard Tunnel. YWRW has 8 walk and 2 bike routes along the Heritage Rail Trail. See our website for more information. [ywrw.org](http://ywrw.org)

**York City-** Founded in 1741, York served as the temporary base for the Continental Congress from September 1777 to June 1778, during which the Articles of Confederation were drafted. During the American Civil War (1861–1865), York became the largest Northern town to be occupied by the Confederate army from June 28–30, 1863. York remained a regional center for local agriculture, but increasingly became an important industrial center, with such industries as steam engines, railroad manufacturing, and papermaking achieving dominant status. Although currently produced by the Hershey Company, the York Peppermint Pattie was created in York in 1940. To this day, York still features unique architecture, ranging from colonial era buildings to large gothic churches.

**Walk Registration:**

Registration takes place online using that AVA Online Start Box, on [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

**Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

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## 5K and 10K Walking Directions for the Downtown York Rail Trail Walk

### Starting Point Location:

#### York Heritage Rail Trail Northeast Extension Parking-Rt 30 Lot

I-83 to east on Rt. 30, take Loucks Mill Rd South.  
Immediately turn right into parking lot.

### Restrooms:

Seasonal port-o-johns are available in the parking lot.

### Emergency Numbers:



These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

### Abbreviations: C&P- Cross and Pass

### Walk Directions:

- (1) From the parking lot, take the steps on the right to cross the bridge and back down to the trail on the other side of the Codorus Creek.
- (2) Follow the trail south.
- (3) When the trail ends, continue straight onto Hamilton Avenue, passing Smalls Athletic Field, to North George Street.
- (4) Turn LEFT onto North George St and head south over the bridge.
- (5) C&P Arch Street- **10K jump to direction #10**

### **5K Walkers**

- (6) At East North Street turn around.
- (7) Re-cross the bridge.
- (8) Turn RIGHT at Hamilton Avenue and continue until Hamilton Ave takes you to the Rail Trail
- (9) Rejoin the rail trail and follow back to the parking lot.

### **10K Walkers**

- (10) C&P- East Gay Avenue, East Gas Avenue, East Philadelphia Street, & East Clarke Avenue.
- (11) Turn RIGHT on East Market Street to carefully cross over George Street (this is the square).
- (12) Turn RIGHT on Cherry Lane (Pedestrians only).
- (13) C&P- West Clarke Avenue
- (14) Turn LEFT on West Philadelphia Street to go past Central Market on your left (stop in for some delicious food when open).
- (15) Turn LEFT onto N Beaver St, C&P West Clarke Avenue, and walk to W Market St.
- (16) At W Market St, turn RIGHT, cross North Beaver Street, and continue on West Market Street.
- (17) C&P- North Pershing Avenue and continue to the Rail Trail crosswalk at the end of the wooden fence.
- (18) Turn LEFT and carefully cross West Market Street to continue on the Rail Trail.
- (19) Follow the Trail, C&P- West King Street, West Princess Street, and Kings Mill Road, to Grantley Road.
- (20) TURN AROUND at Grantly Road.
- (21) Follow the Trail C&P- Kings Mill Rd, West Princess Street, West King Street, West Market Street, West Philadelphia Street, RR Tracks, North Beaver Street to North George Street.
- (22) Cross North George Street and turn left to go North across the bridge.
- (23) Turn RIGHT at Hamilton Avenue and continue until Hamilton Ave takes you to the Rail Trail.
- (24) Rejoin the rail trail and follow to the parking lot.

### **Special Programs:**

- Rails-To-Trails
- Walking the United States- States (PA)
- Walking the USA- A-Z (Y)

Much of this walk is in full sun. Make sure to bring plenty of water. Central Market is usually open Tuesday, Thursday, and Saturdays 9AM-2PM, with a variety of food options for 10K walkers.

\*\*\*WALK ONLY IN DAYLIGHT HOURS\*\*\*



10K (Map 2)



10K Turnaround