

Kentlands East/West Y3055

Kentlands, Maryland

10k and 5k Walks

TABLE OF CONTENTS

YRE Description	1
AVA Special Programs	2
Registering for the walk	3
After you have completed the walk	3
Driving Directions to the trail start	3
Kentlands East Trail	
5k (3.1 miles) - AVA rating 1A	5
Kentlands West Trail	
5k (3.1 miles) - AVA rating 1A	8
Muddy Branch/Lakelands Trail	
5k (3.1 miles) - AVA rating 1A	11



In Case of Emergency: Dial 911
For Event Assistance: Dave Fenster 301-520-6507

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Kentlands East/West Y3055

YRE Description

This event has three 5 km trails. These walks are on moderately hilly, mostly paved sidewalks/trails in the interesting and attractive residential and mixed-use neighborhoods of Kentlands/Lakelands. The Kentlands/Lakelands East walk goes past Lake Varuna and passes the Kentlands Mansion, Arts Barn and old fire house. The Kentlands/Lakelands West walk goes around or near three lakes (Helene, Inspiration, and Nirvana). The Muddy Branch/Lakelands walk goes through residential neighborhoods on a wooded asphalt trail and on the natural surface Muddy Branch trail.

All trails share the same start/finish point and can either be walked singly for 5 km credit or combined for 10 km or 15 km credit.

Kentlands is built on a former farm estate that had its origins in a 1723 land grant to Joseph West. In the mid-18th century, Henry Clagett, a prosperous farmer, acquired much of this land for his holdings.

The Tschiffely family began to farm the land in 1852, when Frederick A. Tschiffely purchased more than 200 acres of land from a Clagett heir. He was then 34 years old and owned a prominent wholesale pharmaceutical business in Washington. In 1900, his son, also named Frederick A. Tschiffely, built the impressive brick mansion, barn, gatehouse, overseer's house, greenhouse and chicken coop that gave the property the nickname of "The Bricks". The family called their estate Wheatlands, after the wheat that was grown on the farm.

In 1942, a prosperous Washington lawyer, Otis Beall Kent, purchased the by-then 600-acre estate and renamed it Kentlands. He expanded the farm with the purchase of adjoining land, enlarged the mansion to hold his art and music collections, and built and rebuilt brick outbuildings to house his farm manager and staff, the farm equipment, and his many vehicles. Concerned about protecting his estate, he maintained his own fire company in the firehouse, where he housed a collection of vintage fire engines.

The most dramatic change to the property occurred in 1944, when Mr. Kent began construction of the chain of lakes that bordered his mansion on three sides. The lakes were intended for irrigation, for flood control, and most importantly as habitat for the birds, fish and wildlife he was determined to shelter and preserve.

AVA Special Programs

Trail	Special Program(s)
East Trail 5k	Par for the Course, Step to the Beat
West Trail 5k	Par for the Course, Step to the Beat
Muddy Branch/Lakelands 5k	Par for the Course, Step to the Beat

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Kentlands East/West Y3055

Registering for the walk

The Seneca Valley Sugarloafers Volksmarch club charges all participants over 12 a \$4 fee. When you register for your walk event, please DO NOT check the “No Credit” checkbox for any participant over 12 years of age. When you register for the walk you can download the PDF file with walk information. The PDF includes directions to the walk start and walk instructions. The fee for the download is \$2. You will be credited for this fee if you complete the walk and pay the walk participant fee within 60 days.

After you have completed the walk

Please remember to log back into the OSB’s “Finish Table” after completing the walk. Completion information includes the date the event was walked, the distance walked and applicable special programs. If you are a member of the Sugarloafers Volksmarch Club then select the Sugarloafers Challenge programs.

Driving Directions to the trail start

Address: Java Nation, 121 Market St, Gaithersburg, MD 20878

GPS Coordinates of the Java Nation are **39.12218, -77.23519**

Plus code is **4QC7+VW Gaithersburg, Maryland**

Plus codes are based on latitude and longitude. By using a simpler code system, they are intended to be shorter and easier to use than traditional global coordinates.

Directions from the North via (I-270):

Take Exit 11 for MD-124/Quince Orchard Rd

Bear RIGHT onto MD-124/Quince Orchard Rd

LEFT onto MD-119 S/Great Seneca Hwy.

RIGHT onto Kentlands Blvd.

At the traffic circle, take the 3rd exit onto Market St. Java Nation is on the right at the intersection with Center Point Way. Large parking lots are available one block away, either to the left or to the right on Center Point Way.



Kentlands East/West Y3055

Directions from the South via (I-270):

Take Exit 9B toward I-370 W/Sam Eig Hwy

RIGHT onto MD-119 N/Great Seneca Hwy

LEFT onto Kentlands Blvd

At the traffic circle, take the 3rd exit onto Market St. Java Nation is on the right at the intersection with Center Point Way. Large parking lots are available 1 block away, either to the left or to the right on Center Point Way.



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Kentlands East Trail

5k (3.1 miles) - AVA rating 1A

Restrooms are available at the Java Nation (when open), Michaels, and Whole Foods.

There will be some streets without sidewalks. Please use sidewalks when available. Otherwise, walk on the left facing traffic. Use crosswalks, when available.

From the start point at Java Nation.

1. **Cross and LEFT** onto Center Point Way to Market St East (no sign) toward the Cinépolis Luxury Cinemas.
2. **Cross and RIGHT** onto Market St East.
3. **LEFT** onto Main St.
 - a. Cross Heathwalk Mews.
 - b. Pass Cross Green St (on right)
 - c. Cross Heathwalk St.
4. **LEFT** onto Lake Varuna Dr. Lake Varuna Dr bends right twice.
 - a. Cross Lake Varuna Mews.
5. **LEFT** onto Gatestone St.
6. **RIGHT** onto Lakelands Dr.
7. **LEFT** onto Linslade St.
 - a. Pass Gentlewood Mews (on right).
8. **RIGHT** onto Danbridge St.
 - a. Cross Linslade Close.
9. **LEFT** onto Gentlewood St.
 - a. Pass Featherstone Mews (on right).
10. **RIGHT** onto the left side of Stonemason Dr.
 - a. Pass Featherstone St (on right).
11. **RIGHT** onto the left side of Rockborn St.
 - a. Pass Rockborn Mews (on right)
 - b. Cross Still Creek Ln
 - c. Cross Pheasant St.
12. **Cross and LEFT** onto Bright Meadow Dr.
 - a. Pass Lakelands Park Middle School (on left).
 - b. Cross Leaning Oak St.
13. **RIGHT** onto Main St.
 - a. Cross Market St East.
14. **RIGHT** onto Chestnut Hill St.
 - a. Cross Linslade St.
 - b. Pass Chestnut Hill Mews.
15. **LEFT** onto Gatestone St.
16. **LEFT** onto Main St.
17. **RIGHT** onto Golden Ash Way (use crosswalk).
 - a. Cross Market St East Mews.
 - b. Pass Cross Green Mews.
 - c. Pass Cross Green St.
18. **LEFT** onto Market St. E.
 - a. Pass Clayhall Mews twice.
 - b. Cross Market East Mews.
19. **RIGHT** onto Kersten St (use first crosswalk).
 - a. Pass Helene St.
 - b. Cross Clayhall St.
 - c. Pass Main Mews.
 - d. Cross Lynette St.
20. **RIGHT** onto Placid St.
 - a. Cross Lynette Mews twice.
21. **RIGHT** onto Nirvana St.
22. **Cross and RIGHT** onto Lynette St.
23. **Immediate LEFT** onto Golden Ash Mews.
 - a. Golden Ash Mews bends left.
24. **Cross and LEFT** onto Inspiration Ln (no sign). The sidewalk here is brick.
 - a. Cross Firehouse Lane.
 - b. Cross Kent Square Rd.
 - c. Cross Inspiration Mews twice.
25. **RIGHT** onto Selby St.
 - a. Pass Kentland Mansion (on left).
 - b. Cross Kent Square Rd.
 - c. Pass Gaithersburg Arts Barn (on left) **(restrooms available when open)**.
26. **Cross and LEFT** onto Firehouse Ln.
27. **RIGHT** onto Hart Rd.
 - a. Cross Golden Ash Way.
 - b. Pass Booth St (on left).
 - c. Cross Hart Mews.
28. **RIGHT** onto Midtown Rd. around pavilion
29. **RIGHT** onto Main St.

Kentlands East - 5k

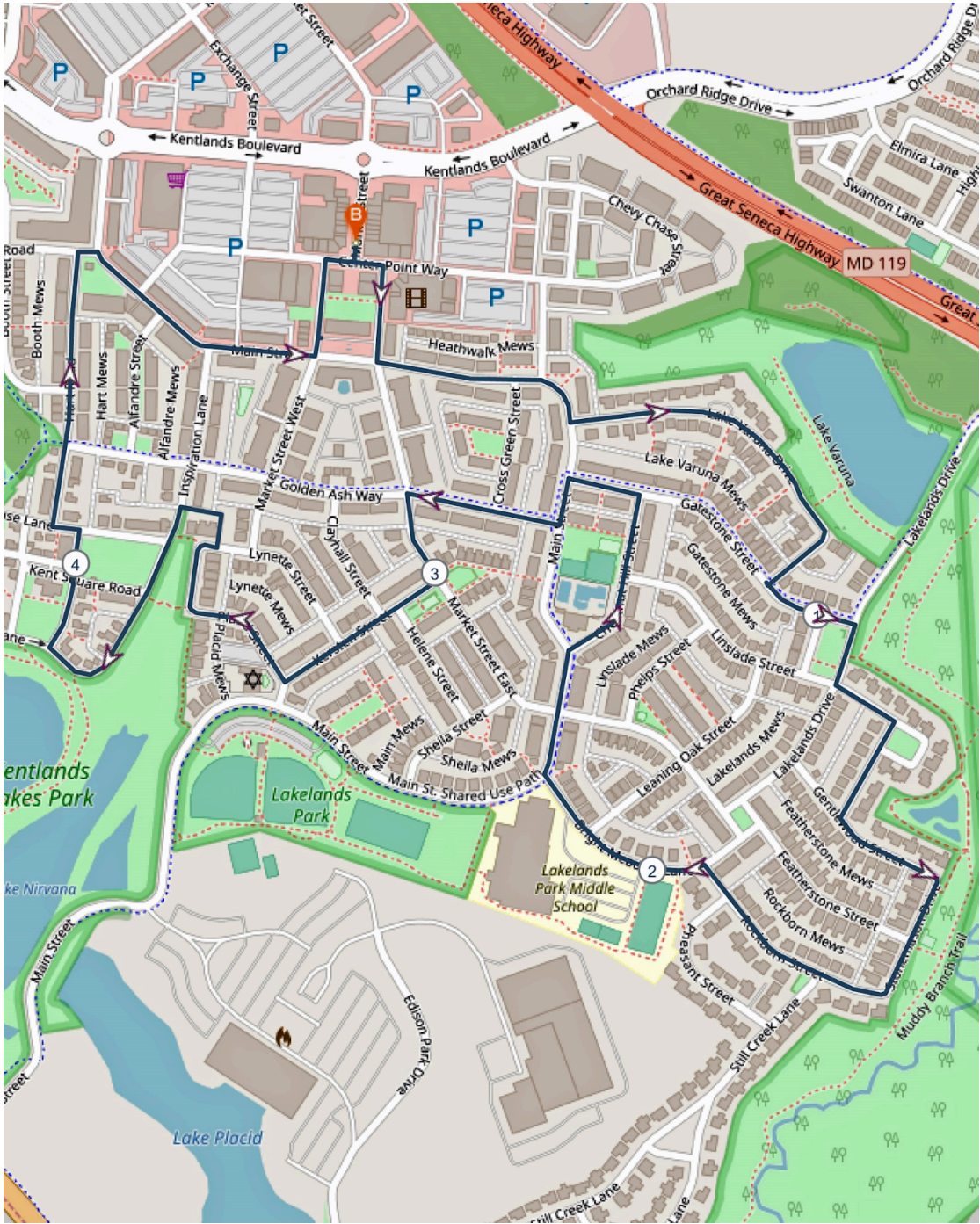
- a. Pass Center Point Way (no sign)(on left).
 - b. Cross Alfandre St.
 - c. Cross Inspiration Ln.
30. **LEFT** onto Market St West.
31. **RIGHT** onto Center Point Way (Opticians across street).
32. **LEFT** at Market Sq. return to our start/finish point.

Thank you for walking our Sugarloafer Year-Round Event today!

We hope you enjoyed this trail.

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Kentlands East - 5k



Kentlands East 5k map - Created using plotaroute.com, map data by OpenStreetMap Contributors

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Kentlands West Trail 5k (3.1 miles) - AVA rating 1A

Restrooms are available at the Java Nation (when open), Michaels, and Whole Foods.

This walk is moderately hilly, on mostly paved sidewalks/trails in the interesting and attractive neighborhood of Kentland/Lakelands and going around or near three lakes (Helene, Inspiration, and Nirvana).

From the start point at Java Nation.

1. **Cross and RIGHT** onto Center Point Way to the first left (Market St. West) (no sign).
2. **Cross and LEFT** onto Market St. West.
3. **Cross and RIGHT** onto Main St.
 - a. Cross Inspiration Lane
 - b. Cross Alfandre St. to the Main St. Pavilion.
4. **LEFT** onto Hart Rd.
5. At Golden Ash Way, **Cross to the other side** of Hart Rd and turn **RIGHT** to Booth St.
6. **LEFT** onto Booth St.
7. Just before stone wall on left, turn **LEFT**, then **RIGHT** to follow path around Lake Helene (lake on left)
8. At the path intersection at the dam, **Bear RIGHT** and go up to road, Firehouse Lane (no sign). **Cross** using the crosswalk.
9. Just **AFTER** the wooden fence, turn **LEFT** onto the paved path to go down to Inspiration Lake.
 - a. Cross wooden bridge and continue around lake (lake on right).
10. At the far end of the lake, **EXIT** to the playground straight ahead. (bulletin board on your right).
11. **LEFT** at playground and straight onto paved path with Lake Nirvana on left. (2km)
12. **RIGHT @** two benches on the right, go through the arch and follow the brick path to road, Lake St. (no sign).
13. **RIGHT** onto Lake St.
14. **RIGHT** onto Kent Oaks Way (no sign) onto brick sidewalk.
 - a. Cross Kent Oaks Mews twice.
15. **RIGHT @** Stop sign onto Massbury St (no sign) that curves left.
16. **RIGHT** onto Tschiffely Square Rd.
 - a. Cross Leekes Lot Way
 - b. Cross Thurgood St.
 - c. Cross Tschiffely Square Mews.
17. **RIGHT @** Stop sign onto Tschiffely Square Rd.
Note: playground and Community Center across street in Tschiffely Square.
18. **LEFT** onto Chestertown St (tennis courts on left).
19. **RIGHT** at first crosswalk onto right side of Tschiffely Square Rd.
20. **RIGHT** onto Kentlands Blvd.
 - a. Cross Booth St. (4km)
21. **Cross and RIGHT** onto Main St.
22. **LEFT** onto Market St. West.
23. **RIGHT** onto Center Point Way.



24. **LEFT** @ first crosswalk, to return to our start/finish.

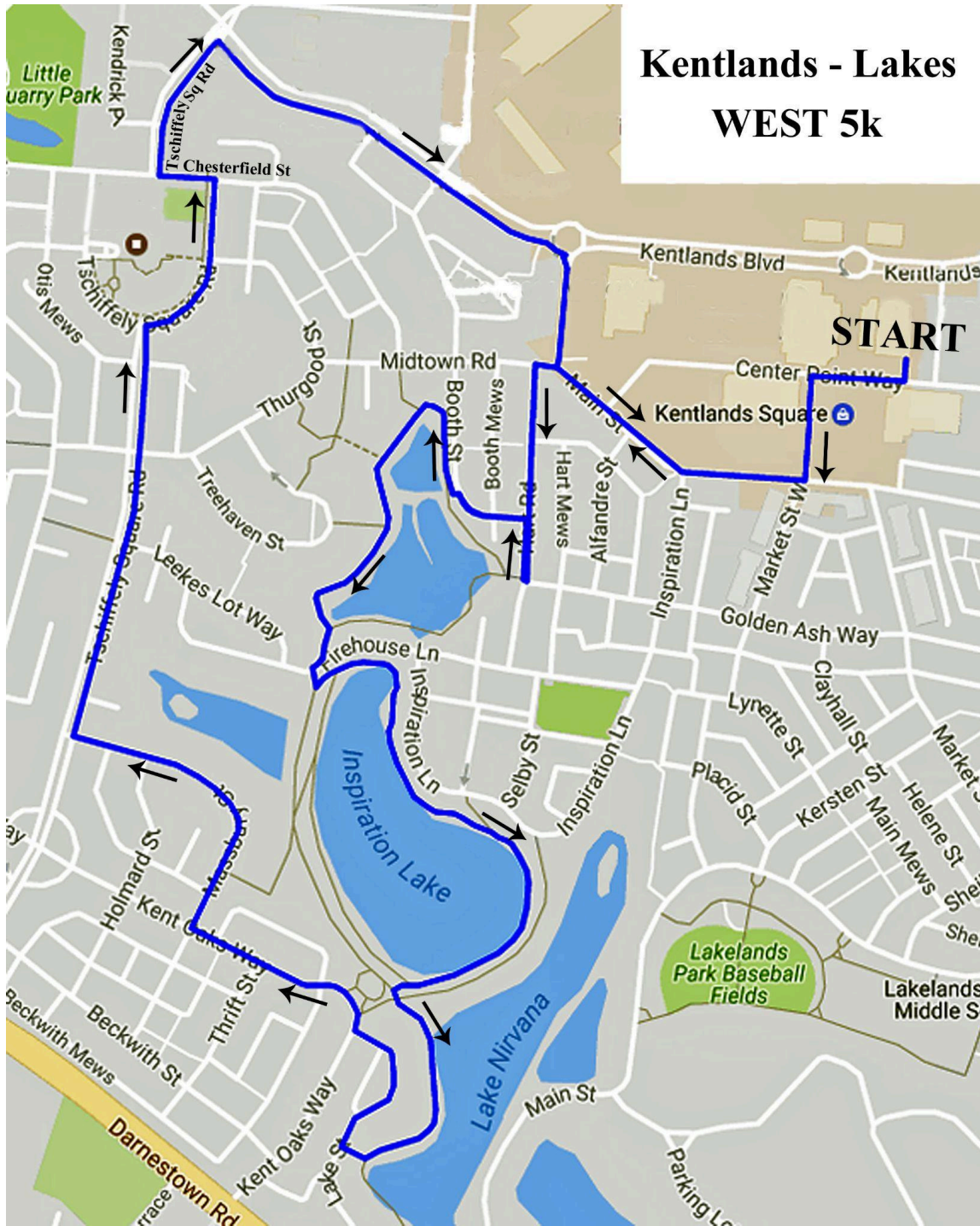
Thank you for walking our Sugarloafer Year-Round Event today!

We hope you enjoyed this trail



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Muddy Branch/Lakelands Trail

5k (3.1 miles) - AVA rating 1A

Restrooms are available at the Java Nation (when open), Michaels, and Whole Foods.

This walk uses sidewalks in the attractive Kentlands and Lakelands neighborhoods and both natural and blacktop trails that are part of the Muddy Branch Trail. We'll have a view of Lake Veruna and will walk past the ever-changing Lake Sheila. We'll see some interesting features of the Muddy Branch stream such as eroded stream banks, old meander channels and wetlands.

Sturdy walking shoes or boots are recommended. Walking poles may be helpful on parts of the natural trail.

From the start point at Java Nation.

1. **Cross and LEFT** onto Center Point Way to Market St East (no sign) toward the Cinépolis Luxury Cinemas.
 - a. Cross Market St East.
2. **Cross and RIGHT** onto Heathwalk St.
3. **LEFT** onto Main St.
4. **LEFT** onto Lake Varuna Dr. Lake Varuna Dr bends right twice.
 - a. Cross Lake Varuna Mews
5. **LEFT** onto Gatestone St.
6. **LEFT** onto Lakelands Dr.
7. **RIGHT to CROSS** Lakelands Dr in brick crosswalk.
8. **RIGHT** on asphalt path,
9. **LEFT** at T-intersection. Follow the path to the fork just before the small pond.
10. **Veer LEFT** at Y-intersection to "Lake Sheila" info board on left.
11. At the next Y-intersection in the asphalt path look for BLUE blazes on path and on tree to the left; **LEFT** into the woods on the natural path, following the blue blazes.
 - a. Pass "Stream Bank Erosion" info board.
 - b. Pass "Ox Bow/Old Channel" info board.
 - c. Pass "Water Cycle" info board.
 - d. Follow the path across the dam.
12. **LEFT** at the T-intersection with the pond on right.
 - a. Pass "Wetlands" info board on left.
 - b. Pass "Turtle Pond" info board on right.
 - c. Cross a small wooden bridge over a stream with a bench ahead on right.
 - d. Pass a new trail post with a small Muddy Branch sign on the reverse side; go uphill to a paved path.
13. **RIGHT** on the paved path.
 - a. Pass 3 posts.
14. At the end of the path, turn **RIGHT** walking on the left side of the road past a No Parking Anytime sign.
15. After ~20 meters, **Veer LEFT** to follow the path.
 - a. Cross a road and continue on the path.
16. At the end of path, **Cross and RIGHT** onto Still Creek Ln (no sign).
 - a. Pass Turtle Pond Ln (on right).
 - b. Pass Short St (on right).
 - c. Cross Pheasant St.
17. At T-intersection, **RIGHT** onto Rockburn St.
 - a. Follow Rockburn St as it curves left and becomes Stonemason Dr.
 - b. Pass playground on right
 - c. Follow Stonemason Dr as it curves to the left and becomes Gentlewood St.
 - d. Pass Danbridge St.
 - e. Pass Gentlewood Mews.
18. **RIGHT** on Lakelands Dr.
19. At Stop Sign, **Cross and LEFT** on Linslade Dr.
 - a. Cross Gatestone Square St.

Muddy Branch/Lakelands - 5k

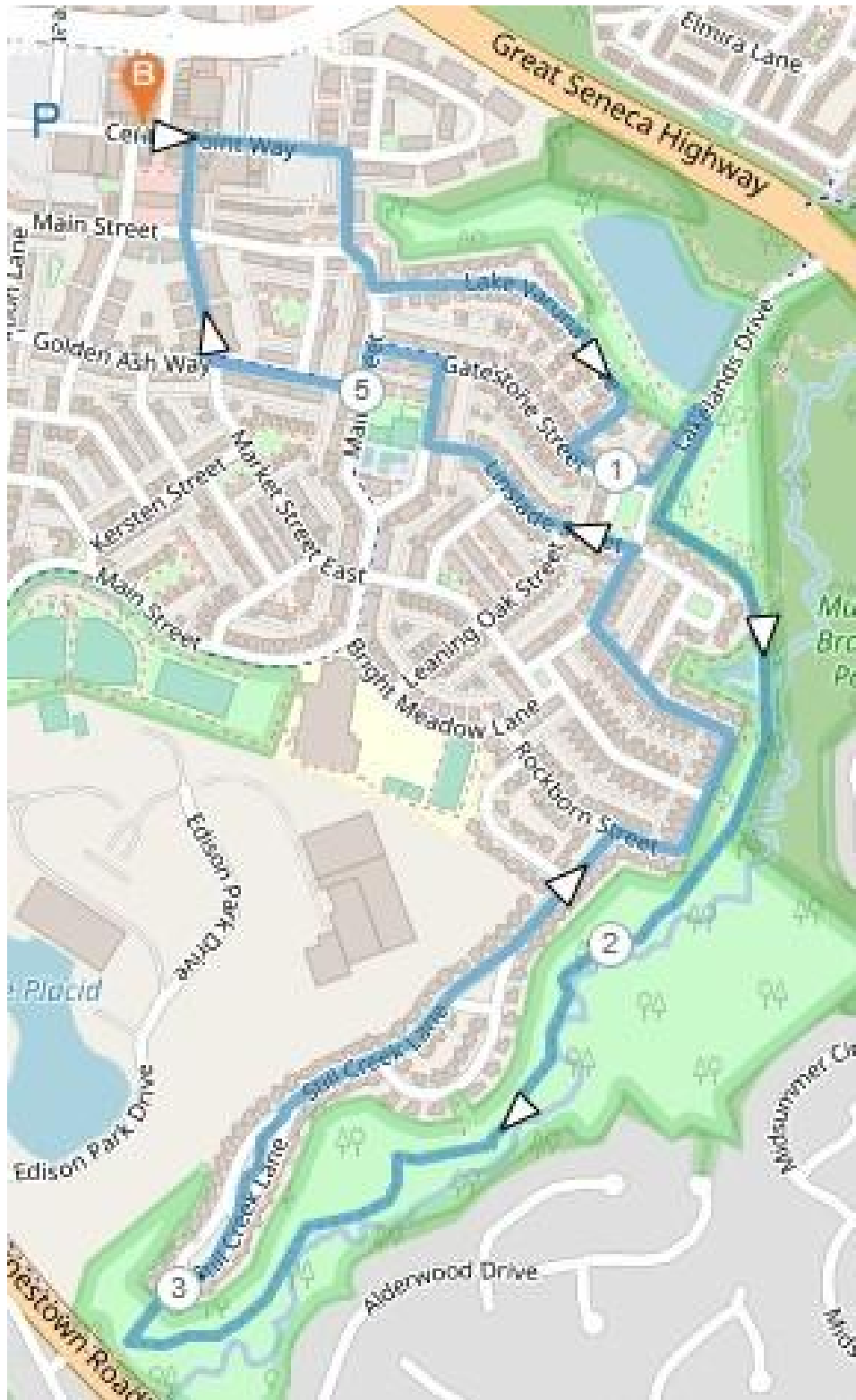
- b. Cross Gatestone Mews.
 - c. Cross Gatestone Mews a second time.
20. At Stop Sign, **Cross and RIGHT** on Chestnut Hill St.
21. At Stop Sign, **LEFT** onto Gatestone St.
22. At Stop Sign, **LEFT** onto Main St.
23. Just before the park, **RIGHT** to cross Main St onto the right side of Golden Ash Way.
24. **Cross and RIGHT** onto Market St East.
- a. Cross Main St.
25. **LEFT** onto Center Point Way to return to Our start/finish point.

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Muddy Branch/Lakelands - 5k



Muddy Branch/Lakelands 5k - created using plotaroute.com, map data by OpenStreetMap Contributors

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13

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Internet Resources

Kentlands, Maryland: https://en.wikipedia.org/wiki/Kentlands,_Gaithersburg,_Maryland

Historical Perspective of Kentlands, Gaithersburg, Maryland:
<https://kentlandsfoundation.org/home/about/23-2/>

Kentlands Lakes: <https://www.gaithersburgmd.gov/recreation/parks-fields/kentlands-lakes>

Geographic region: [https://en.wikipedia.org/wiki/Piedmont_\(United_States\)](https://en.wikipedia.org/wiki/Piedmont_(United_States))

Piedmont Geologic/Geographic region: <http://www.mgs.md.gov/geology/index.html>

Club Information: [Sugarloafers Walking Club](#)