

## Club Picnic Walk in Lincoln Woods, Rhode Island

10km route comprised of two 5km loops

**WALK DATE:** August 20, 2022

**EVENT ID:** 121632 - 2022 / Y3101

**START TIMES:** 10km walkers: 9:00-10:00 a.m. 5km walkers: 10:00-10:45 a.m.

**FINISH TIME:** by Noon.

*Times are staggered so walkers will finish shortly before noon to enjoy a bring-your-own picnic. If you do not wish to stay for the picnic, you are nonetheless invited to join the walk event and start anytime between 9:00 and 10:45 a.m.*

**TRAIL DESCRIPTION:** Lincoln Woods State Park is one of Blackstone Valley's great treasures and is located north of Providence.

Walk route is comprised of two 5km loops that take you around Olney Pond, named for one of the families whose land was acquired as part of the 627 acres that make up the park.

The **Pond Loop** follows the park road directly around the pond. The park road is divided, with one side for walkers and one side for cars. It is all paved, so the surface is even. However, there are parts where it is hilly with many ups and downs. The park is heavily wooded, and there are many lookout points where you can see the pond and observe kayakers and waterfowl. You may also see people on horseback from the stables just outside the park entrance. Loop is rated 2A.

The **Covered Bridge Loop** is partly a reverse of the first loop. It starts by going in the reverse direction around the pond and then branches off to the covered bridge at the other entrance to the park. At this point, the road is open to cars in both directions. You will pass some picnic areas and some trail heads. It is a long hill down from the pond to the bridge which you will walk back up to finish the loop by going the rest of the way around the pond. This loop is rated 3A.

**ACCESSIBILITY:** Both loops are doable for strollers and wheelchairs.

**AVA SPECIAL PROGRAMS:** Walking the USA A – Z: L for Lincoln Woods

**REGISTRATION:** IVV Credit is available with online registration only (<https://my.ava.org>). The online system does not allow Free walkers, a minimal charge is incurred for directions.

**AWARD:** The “B” award is a fully embroidered patch from a prior event in Lincoln Woods. **To purchase an award, please add a \$1.00 donation** to your OSB registration and alert POC Mary Frink ([mfwalks2010@verizon.net](mailto:mfwalks2010@verizon.net)) so a patch can be reserved for you.

**START ADDRESS:** The walk routes begin from **Lincoln Woods State Park (Twin River Gate)**

1 Twin River Road, Lincoln, Rhode Island 02865

[riparks.com/Locations/LocationLincolnWoods.html](http://riparks.com/Locations/LocationLincolnWoods.html)

**RESTROOMS:** Available near start/finish; no facilities elsewhere along the trail.

**CLUB PICNIC at Noon!** Following the walk, please join in the festive picnic and camaraderie with fellow walk participants around the pavilion. All are welcome! **Bring your own picnic lunch & drink** to enjoy at noon. Dessert will be provided. Club meeting follows with annual volunteer appreciation awards and other announcements. Several picnic tables available in pavilion and you may also bring your own chair/blanket to use if wanted.



**SAFETY PRECAUTIONS:** Please follow any active city and/or state COVID-19 mandates when at this event and all points along trail.

### **DRIVING & PARKING DIRECTIONS:**

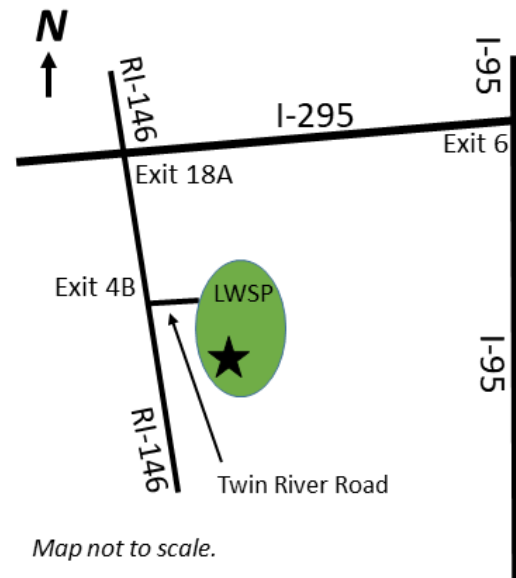
**For GPS: use 1 Twin River Road, Lincoln, RI** to enter park through preferred gate entrance. Then follow our instructions for parking.

#### **From North to Lincoln Woods State Park:**

1. I-95 S to exit 6 for I-295.
2. I-295 to exit 18A for RI-146 S to Lincoln.
3. Exit 4B for Twin River Road.
4. **RIGHT** at end of exit to Park Entrance.

#### **From Park Gate to Parking/Walk Start:**

1. At Twin River Road entrance to park, turn **RIGHT** on Les Pawson Loop.
2. Continue to **LEFT** at “Beach Parking” sign.
3. Park at far end of parking lot, closest to pavilion (walk start point).



**REMEMBER:** For OSB registrants of this event in Lincoln Woods, please remember to download/print/bring your event packet as it includes the walk instructions needed. We ask that you please swing by the on-site start table upon arrival to identify yourself as an OSB registrant and participant so we know you’re out on the trail.

Once you’ve completed the walk route, you’ll need to return to the OSB (<https://my.ava.org>) to officially finish this event. This should be done within 10 days of completing the walk.

As state park regulations prohibit sales on their grounds, **Event and Distance Books will NOT be available to purchase** at the Start/Finish in Lincoln Woods; please contact Beate Hait (774-292-9098 or [beateh1@aol.com](mailto:beateh1@aol.com)) to order books for delivery at this event.

### **In case of Emergency Dial 911**

**POC:** Mary Frink    **Cell:** 617-966-0267    **Email:** [mfwalks2010@verizon.net](mailto:mfwalks2010@verizon.net)

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**Thanks for attending our walk!** If you are interested in other nearby AVA events, in Rhode Island or Massachusetts, please see our website: <https://walknmass.org>

# Lincoln Woods State Park, Lincoln RI

## August 20, 2022

### Pond Loop 5K – Walk Instructions

In General: Stay on the water side of the road.  
When the yellow line is single, car traffic is one way on the far side of the road.  
When the yellow line is double, car traffic is two ways.

1. Leave pavilion at the back, heading towards the parking lot. Turn **RIGHT** and head towards water.

2. **LEFT** at the water.

*Olney Pond is named after one of the principal families and is more man-made than natural. The Olneys had impounded the meadow at the eastern end of their property to create a dam offering a fall of water sufficient to run a thread mill about a century earlier than the park development.*

3. **LEFT** at first Y-intersection.

4. **RIGHT** at next Y-intersection, heading for the buildings.

5. Bear **RIGHT** towards building with outdoor showers. (**Bathrooms** are inside. Entrance on beach facing side of building.)

6. Bear **LEFT** on sidewalk as it curves to the left between beach and snack bar.

7. Bear **LEFT** just after flag pole with American flag and cross wooden bridge.

8. **RIGHT** at end of path. Carefully walk on left side towards entrance to the parking lot.

9. **LEFT** at entrance. Follow the road, staying on the left side. Follow single yellow line, ignoring all side roads.

*Lincoln Woods State Reservation is named for President Abraham Lincoln and started officially on his birthday on February 12, 1909.*

10. **LEFT** at the stop sign (2.5K). Follow the road, staying on the left side. Follow single yellow line, ignoring all side roads.

11. At yellow gates, single yellow line will become double and 2-way car traffic is now allowed. Stay on left side of road and follow double yellow line.

12. Double yellow line will become single again after first parking area on left.

13. **LEFT** into parking lot at “Beach Parking” sign.

14. Carefully follow parking lot back to the pavilion.

Mary Frink cell phone: 617-966-0267

Emergency: 911

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**Lincoln Woods State Park, Lincoln RI**  
**August 20, 2022**  
**Covered Bridge Loop 5K – Walk Instructions**

In General: Stay on the water side of the road.  
When the yellow line is single, car traffic is one way on the far side of the road.  
When the yellow line is double, car traffic is two ways.

1. Leave pavilion at the back, heading towards parking lot. Turn **RIGHT** and head for water.

2. **RIGHT** at the water.

*Until the acquisition of the gift of Goddard Memorial State Park in 1927, Lincoln Woods was the centerpiece of the state park system. It was the largest of the ring of state parks and reservations scattered in a six to eight-mile radius of the center of Providence, connected by spoke-like scenic parkways.*

3. Bear **LEFT** at stop sign. Follow the single yellow line, staying on the left side of the road.

4. At stop sign (1.7K), go **STRAIGHT** to cross road.

5. Turn **RIGHT** and go straight, staying on left side of the road. Car traffic is 2-way. Follow double yellow line, ignoring all side roads.

6. **TURN AROUND** at covered bridge (2.6K). Continue back the way you came, staying on left side of road. Follow double yellow line, ignoring all side roads.

*A mill, directly on the Mosshassuck, now memorialized only by its name, Manchester Print Works, was on the entrance road to the park, near the park headquarters, very near the new ranger booth and covered bridge. This mill, that finished cloth by adding colors and designs, was a 'hard luck' business, having at different times burned down twice and blown up once due to a defective boiler.*

7. At end of double yellow line (speed limit sign across the road), cross side road and turn **LEFT**. Follow the single yellow line, ignoring all side roads, staying on the right side of the road.

8. At Y-intersection with "Do not enter" sign on left, bear **RIGHT**, passing "Field E" sign on right. Water will be on the right.

9. **LEFT** at next intersection to return to the pavilion.

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