



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

AVA CHAIR'S NATIONAL SWIM EVENT

Please note: Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the swim. The OSB system does not deduct any fee from a user's Event Bank until they have submitted swim completion info including the date swam. (NOTE: The \$2 fee for event PDF Download is deducted from the user's Event Bank when the pdf is downloaded. This prepaid fee is applied against the credit fee(s) at the OSB "Finish Table" when you submit the swim completion info. However, the \$2 "coupon" for the downloaded PDF expires 60 days from download.)

Start Location: The event takes place in any approved swim facility in the United States. Approved swim facilities are those accredited with the AFO (Aquatic Facility Operators), certification from the National Recreation and Parks Association, the CPO (Certified Pool Operator), accreditation from the Pool and Hot Tub Alliance; and/or be part of a known and approved list of facilities that currently include the YMCA, university or school recreation facilities, government-provided community recreation facilities or centers. Participants must have their own memberships or authorization to use these facilities and pay whatever fee is required to swim there. The swim must be done when the pool is open for swimming with lifeguard supervision. The swim event may be part of water rehab training. Participants may sign up in the Online Start Box (OSB) only **once** in a calendar day. This is not an AVA club-sanctioned event as pool activity is unsupervised by an AVA club and participants are swimming at their own risk.

Please contact the Point of Contact (POC) if you have any questions about the conditions where you wish to use this event: Tim Miner, thminer@aol.com, (571) 212-0804.

Event Description: This event has been sanctioned to promote the popular sport of swimming. The IVV requirements for a swim are that the participant must swim in whatever manner they are able, a distance of 300 meters. There is no requirement that this must be in water over the participant's head. Please determine how 300 meters can be accomplished in the pool you wish to use.

Restrictions: The swim must **not** be advertised by a local club as part of a Volkssport festival, challenge, weekend single or multi-day event, etc. Clubs must seek their own swim-event sanctions for these activities. The event may not be used for any special program other than the Centurion Program.