

# Little Rock AR Capitol

## 5k

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Start point: Curran Visitor's Center, 615 E. Capitol  
Parking in back, restrooms available

Visitor Center Hours: Mon-Sat 9 to 4  
For Visitor Center Information: 501-371-0076

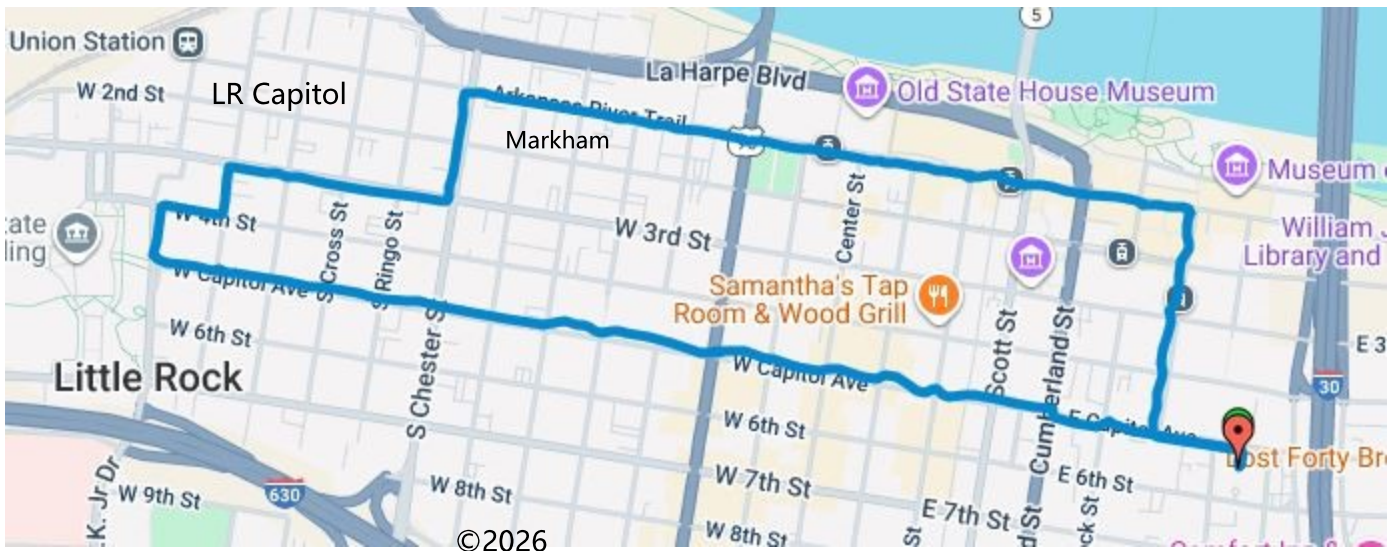
1. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.
2. WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying for credit participant. Note however that the \$2 coupon for the downloaded PDF expires in 60 days.

Walk begins at the Visitor's Center. Those walking 10k will do both 5k's in any order.

1. At front of Visitor's Center, down the steps to Capitol Ave
  2. **L** on Capitol. Continue for 1.5 miles towards the Capitol
  3. **R** on the street in front of the Capitol Bldg (no sign but it is Woodlane) \*
  4. **R** on 4<sup>th</sup> St
  5. **L** on S. Victory
  6. **R** on 3<sup>rd</sup> St
  7. **L** on Chester
  8. **R** on Markham
  9. **R** on River Market Ave
  10. **L** on E. Capitol to return to the Visitor's Center
- To enter the Capitol, cross the street and go up the first set of steps. R on sidewalk. L to go into the tunnel and doors to enter to Capitol. This is not a part of the 5k distance.
- The statues of the Little Rock Nine are just to the north of the Capitol Building.

In case of emergency: Dial 911  
Event related assistance:  
Pat Golden 479-381-9366

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# Little Rock AR Bridges

5k

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Walk begins at the Visitor's Center. Those walking 10k will do both 5k's in any order.

1. At front of Visitor's Center, down the steps to Capitol Ave
2. **L** on Capitol
3. **R** on River Market Ave
4. Cross President Clinton Ave
5. **R** on President Clinton Ave to front of Clinton Presidential Library
6. **L** on cement ramp that leads to the pedestrian bridge
7. Veer Left at end of bridge to follow the sidewalk along River Front Dr
8. After the sign for the Downtown Riverside RV Park, take the 2<sup>nd</sup> cement drive
9. **L** on cement drive to parking lot
10. **R** thru parking lot. Go straight towards the next bridge
11. Go under the bridge to end of cement wall
12. **R** at end of cement wall to stairs
13. Go up the stairway
14. **R** at top of stairs to cross bridge
15. Take steps on right side to the top and walk across the bridge
16. Take stairs on Left to go down
17. At end of steps, keep Left of blue fence to first cement walk
18. **L** on walk; follow toward river
19. **L** to enter walk
20. Follow walk along river to the "Y"
21. **L** at "Y"; follow to rabbit and orange sculptures
22. **R** at walk by sculptures to parking lot
23. Cross parking lot to sidewalk to President Clinton Ave
24. Cross street to continue straight on Cumberland
25. Cross Cumberland at 2<sup>nd</sup> St. Go Right immediately to cross Cumberland again to join sidewalk on right side of street
26. Continue on Cumberland
27. **L** on E Capitol Ave
28. **R** towards Sherman to cross Capitol
29. **L** on Capitol to return to Visitor's Center

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