

**Instructions for  
NE Salem Grant & Highland Neighborhoods YR3223  
Salem, Oregon  
5/10 Km, rated 1A**

Walk Start Location: Salem, OR GPS Coord: 44.9229, -123.03006

Driving Directions: 1300 Broadway St NE, Salem OR 97301, (503)-581-2129. Notebook binder to the right at Information Desk when entering from the parking lot. Binder is on a ledge at the far end of the Desk. Driving directions: I-5, exit 256, Market Street. LEFT (northbound), RIGHT (southbound) to Market St. GO 2 miles to Broadway, RIGHT on Broadway to next traffic light at Hood. RIGHT on Hood & immediate RIGHT to enter parking lot behind Broadway Commons. Can also park on nearby streets. From OR22 West: LEFT on Liberty St after crossing Center Street bridge; GO about half a mile to intersection with Broadway. LEFT on Broadway to Hood St (2nd street after Market at next traffic light), Follow above directions.

Park : On nearby Streets.

Restrooms: Available at Start

“This map and direction may only be used in conjunction with a signed American Volkssport athletic waiver. All other uses are prohibited.”

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WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

“Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.”

**WATCH OUT FOR UNEVEN SIDEWALKS! Restrooms only at Broadway Coffeeshop**

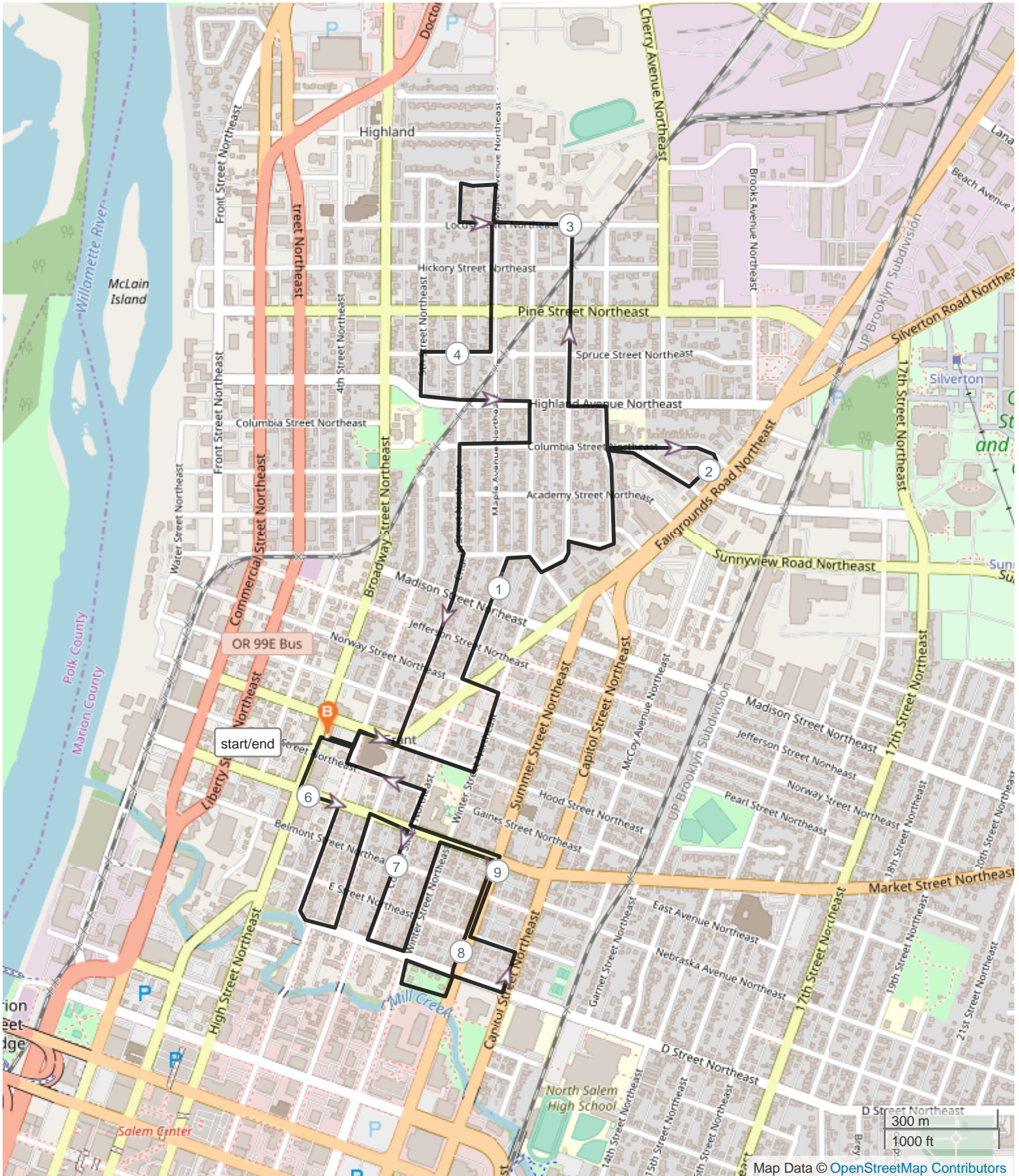
- 1) **EXIT** Broadway Coffeeshop at the parking lot, **CONTINUE** to 5th & turn **LEFT**;
- 2) **RIGHT** on Hood;
- 3) **LEFT** on Winter;
- 4) **CROSS & LEFT** on Norway & **CROSS** Fairgrounds; (Option for Peace Pole: continue on Winter to end of parking lot to Peace Pole & return to Norway, turn **RIGHT**);
- 5) **RIGHT** on Cottage; Madison is a boundary street between Grant & Highland neighborhoods. See Heritage sign on street sign; **1K**
- 6) **RIGHT** on South which will curve to right;
- 7) **CROSS & LEFT** on Laurel;
- 8) **RIGHT** on Tamarack which will curve to end at Myrtle;
- 9) **LEFT &** then **STRAIGHT** on Myrtle (ignore Myrtle on right);
- 10) **RIGHT** on Columbia;
- 11) **RIGHT** into alley before Fairgrounds; **2K**
- 12) **CROSS & RIGHT** on Donna and continue **STRAIGHT** to Myrtle;  
for 2K option **LEFT** on Donna
  - (A) **RIGHT** on Fairgrounds Rd.
  - (B) **LEFT** on Academy to cross Fairgrounds Rd.
  - (C) **STRAIGHT** on Sunnyview.
  - (D) **CROSS & LEFT** on 17th.
  - (E) **LEFT** on Silverton Rd.
  - (F) **LEFT** on Fairgrounds Rd to crosswalk.
  - (G) **RIGHT to CROSS & LEFT** on Fairgrounds Rd.
  - (H) **RIGHT** on Donna and continue **STRAIGHT** to Myrtle.
  - (I) **GO** to #13;
- 13) **RIGHT** on Myrtle;
- 14) **LEFT** on Highland;
- 15) **RIGHT** on Laurel – **CROSS** RR tracks to continue on Laurel;
- 16) **CROSS & LEFT** on Locust passing School for the Deaf. Campus is closed when in session; **3K**
- 17) **RIGHT** on Maple;
- 18) **LEFT** on Johnson. Jane Goodall Environmental Middle School is further up on Maple on right;
- 19) **LEFT** on Church;
- 20) **LEFT** on Locust;
- 21) **RIGHT** on Maple & **CROSS** Pine to continue on Maple;
- 22) **RIGHT** on Spruce; **4K**
- 23) **LEFT** on 5th;
- 24) **LEFT** on Highland;
- 25) **RIGHT** on Hazel but first notice house at NW corner. Look for the ground plaque which states this house was the home of President Herbert Hoover & his aunt/uncle after they moved to Salem after living in Newberg (that house is seen on the club's Newberg walk). This is an example of what can happen when a historic house isn't saved;
- 26) **RIGHT** on Columbia, passing Salem's second street mural;
- 27) **LEFT** on Church (**5K**) & veer to **RIGHT** at South to **CONTINUE** on Church;
- 28) **CROSS** Fairgrounds carefully and go **RIGHT**;
- 29) **LEFT** on 5th and enter Broadway Coffeeshop (restrooms);
- 30) **EXIT** the Coffeeshop at front entrance and **LEFT** on Broadway;
- 31) **CROSS & LEFT** on Market; **6K**
- 32) **RIGHT** on 5th;
- 33) **LEFT** on D;
- 34) **LEFT** on Church;
- 35) **RIGHT** on Market;
- 36) **RIGHT** on Cottage. Street mural at Belmont. Salem's first street mural & honoring Salem's nickname the Cherry City; **7K**
- 37) **LEFT** on D;
- 38) **LEFT** on Winter;
- 39) **RIGHT** on Market;
- 40) **RIGHT** on Summer. This street is one of the architectural gems in the Grant neighborhood; **8K**
- 41) **CROSS & RIGHT** on D to see North Capitol Mall Heritage Park of 7 former residences with 5 residences moved here due to Capitol North Mall expansion. State agencies now occupy these houses;
- 42) **LEFT** on Winter;
- 43) **LEFT** on path north of bridge to go through the North Capitol Mall Heritage Park;
- 44) **LEFT** on Summer;
- 45) **RIGHT** on D;
- 46) **LEFT** on Capitol. Capitol & Summer Streets used to be quiet, pleasant streets before becoming major arterial roads;
- 47) **LEFT** on E;
- 48) **RIGHT** on Summer;
- 49) **CROSS & LEFT** on Market; **9K**
- 50) **RIGHT** on Cottage;
- 51) **LEFT** on Gaines;

52) **RIGHT** on 5th and return to finish at  
Broadway Coffeehouse. **9.7K**

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Note: Grant was Salem's first Heritage Neighborhood; Highland is Salem's third. Heritage Neighborhoods are less restrictive to property owners than in National Historic Districts.

# 2025 NE Salem June Revised 10K



# NE Salem: Grant & Highland Neighborhoods, Y3222, 2023, 5K South, Rated 1A

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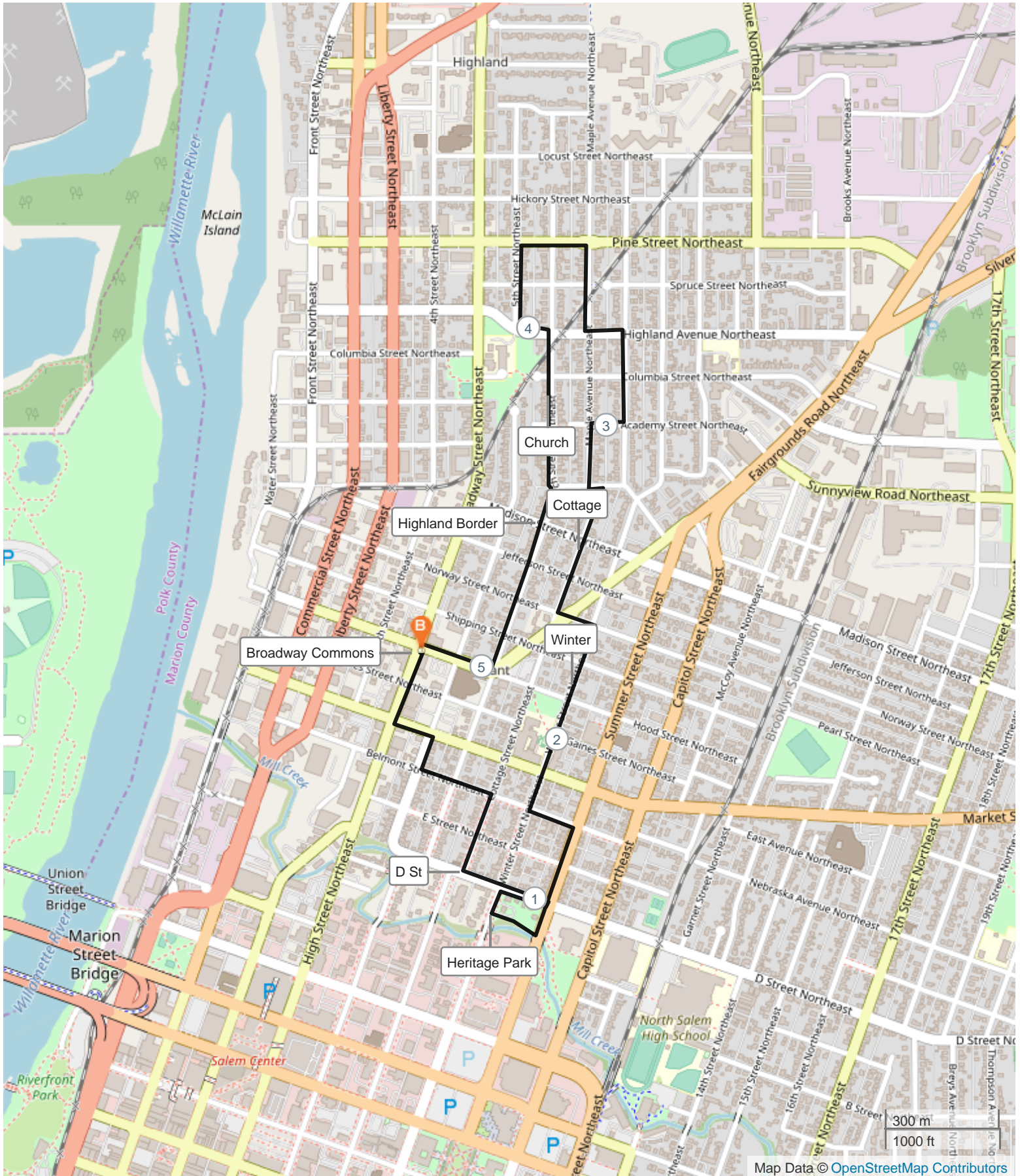
AVA & Oregon Challenges are listed on Challenges Table

Emergency: 911; POC: Lin Crimshaw, [linell49@q.com](mailto:linell49@q.com), 971-599-0778

## WATCH OUT FOR UNEVEN SIDEWALKS!

- 1) **GO** to Broadway Commons exit on Broadway and turn **LEFT**;
- 2) **CROSS & LEFT** on Market;
- 3) **RIGHT** on 5th;
- 4) **LEFT** on Belmont. Street mural at Cottage is Salem's first street mural & honoring Salem's nickname as being the Cherry City;
- 5) **RIGHT** on Cottage;
- 6) **LEFT** on D; **!K**
- 7) **RIGHT** on Summer to cross D Street to walk on the other side of D;
- 8) **RIGHT** on D to pass North Mall Heritage Park of 7 former residences with 5 residences moved here due to Capitol North Mall expansion. State agencies occupy these houses;
- 9) **LEFT** on Winter;
- 10) **LEFT** on path north of bridge to walk through the Park;
- 11) **LEFT** on Summer. This street is one of the architectural gems in the Grant neighborhood;
- 12) **LEFT** on Belmont;
- 13) **RIGHT** on Winter **2K**
- 14) **CROSS & LEFT** on Norway & **CROSS** Fairgrounds; (Option for Peace pole continue on Winter to end of Parking Lot to Peace Pole & return to Norway turn Right)
- 15) **RIGHT** on Cottage. Madison is a boundary street between Grant & Highland neighborhoods. See Heritage sign on street sign;
- 16) **LEFT** on South;
- 17) **RIGHT** on Maple;
- 18) **RIGHT** on Academy; **3K**
- 19) **LEFT** on Hazel. Mural at Columbia & Hazel is Salem's 2nd street mural;
- 20) **CROSS & LEFT** on Highland but first notice house at NW corner. Look for the ground plaque which states this house was the home of President Herbert Hoover & his aunt/uncle after they moved to Salem after living in Newberg (that house is seen on the club's Newberg walk). This is an example of what can happen when a historic house isn't saved;
- 21) **RIGHT** on Maple;
- 22) **LEFT** on Pine;
- 23) **LEFT** on 5th;
- 24) **CROSS & LEFT** on Highland; **4K**
- 25) **RIGHT** on Church;
- 26) **VEER** to **RIGHT** or **CONTINUE** on Church at South;
- 27) **RIGHT** on Hood; **5K**
- 28) **LEFT** on Broadway to finish walk at Broadway Commons. **TOTAL: 5.2K**

# 2023 NE Salem: Grant-Highland 5k



**NE Salem: Grant & Highland Neighborhoods, 2026, Y3223, 5K North, Rated 1A**

**Willamette Wanderers of Salem/Keizer, Oregon ©January 2026**

**AVA & Oregon Challenges are listed on Challenges Table**

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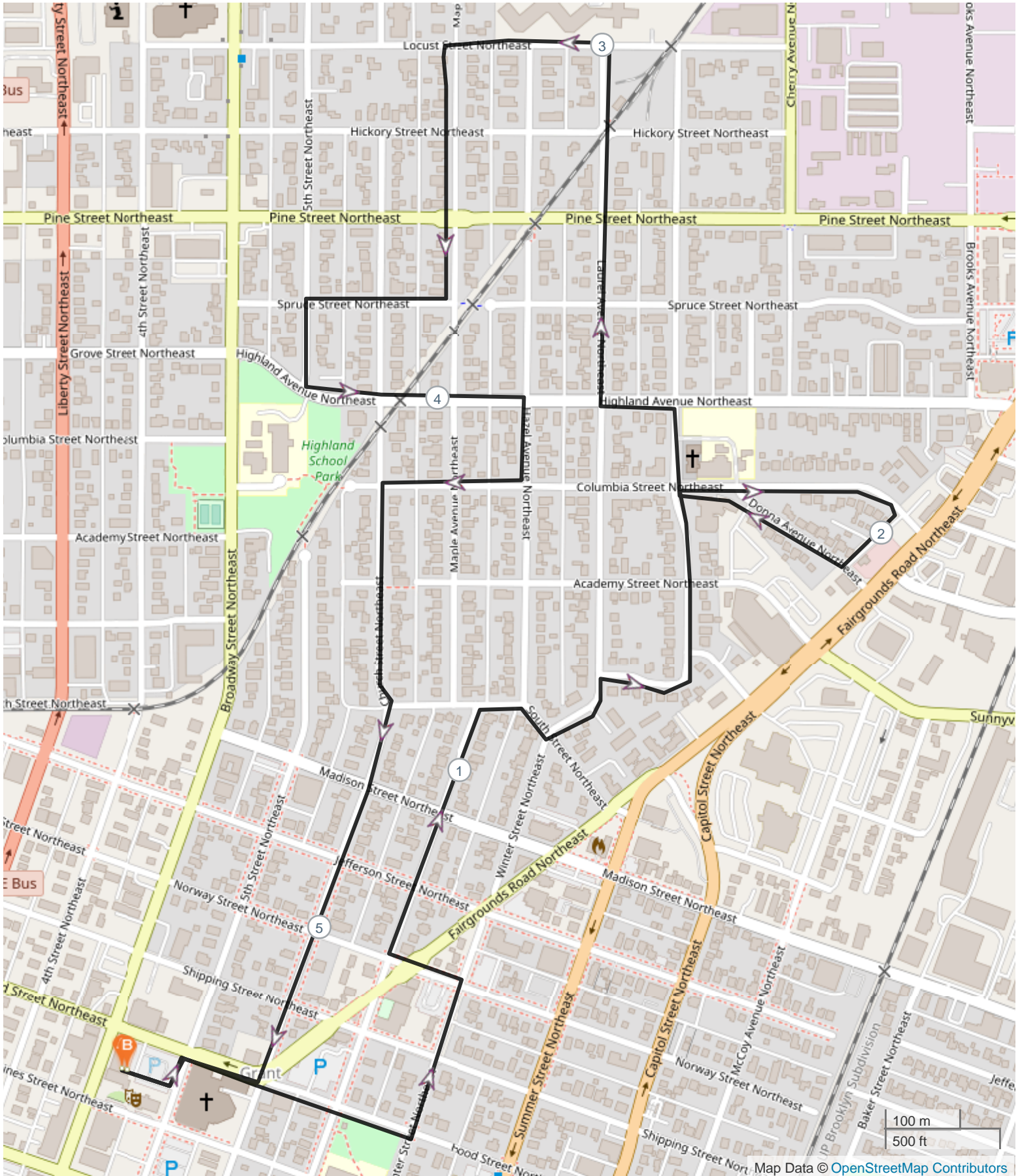
**WATCH OUT FOR UNEVEN SIDEWALKS. Restrooms only in Broadway Coffeeshop**

- 1) **EXIT** Broadway Coffeeshop at the parking lot, **CONTINUE** to 5th & turn **LEFT**;
- 2) **RIGHT** on Hood;
- 3) **LEFT** on Winter;
- 4) **CROSS & LEFT** on Norway & **CROSS** Fairgrounds; (Option for Peace Pole: continue on Winter to end of parking lot to Peace Pole & return to Norway, turn **RIGHT**);
- 5) **RIGHT** on Cottage; Madison is a boundary street between Grant & Highland neighborhoods. See Heritage sign on street sign; **1K**
- 6) **RIGHT** on South which will curve to right;
- 7) **CROSS** South & go **LEFT** on Laurel (Winter St is on the Right);
- 8) **RIGHT** on Tamarack which will curve to end at Myrtle;
- 9) **LEFT &** then **STRAIGHT** on Myrtle (ignore Myrtle on right);
- 10) **RIGHT** on Columbia;
- 11) **RIGHT** into alley before Fairgrounds Rd; **2K**
- 12) **CROSS & RIGHT** on Donna and continue **STRAIGHT** to Myrtle;
- 13) **RIGHT** on Myrtle;
- 14) **LEFT** on Highland;
- 15) **RIGHT** on Laurel – **CROSS** RR tracks to continue on Laurel;
- 16) **CROSS & LEFT** on Locust passing School for the Deaf. Campus is closed when in session; **3K**
- 17) **LEFT** on Maple;
- 18) **RIGHT** on Spruce;
- 19) **LEFT** on 5th;
- 20) **LEFT** on Highland; **4K**
- 21) **RIGHT** on Hazel but first notice house at NW corner. Look for the ground plaque which states this house was the home of President Herbert Hoover & his aunt/uncle after they moved to Salem after living in Newberg (that house is seen on the club's Newberg walk). This is an example of what can happen when a historic house isn't saved;
- 22) **RIGHT** on Columbia, passing Salem's second street mural;
- 23) **LEFT** on Church & **VEER RIGHT** at South to **CONTINUE** on Church; **5K**
- 24) **CROSS** Hood carefully and go **RIGHT** on Hood;
- 25) **LEFT** on 5th and enter Broadway Coffeeshop to finish the walk. **TOTAL 5.4K**

Note: Grant was Salem's first Heritage Neighborhood; Highland is Salem's third. Heritage Neighborhoods are less restrictive to property owners than in National Historic Districts.

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# 2026 NE Salem 5k North



2026 CHALLENGES	NE Salem - Grant 10K	NE Salem - Grant 5K (NORT)	NE Salem - Grant 5K (South)
Par For The Course	530 Highland Ave. Highland School Play ground	530 Highland Ave. Highland School Play ground	
ROCKIN' AROUND THE CLOCK			
WALKING WITH AMERICA'S VETERANS	Church & Hood	Church & Hood	Church & Hood
WALK WITH THE WILD THINGS	1925 Church St. Maole & Hickory St.	1925 Church St. 2162 Church St. 2240 Maple St.	
Anniversaries Hurrah	Clubs 40th Anniversary	Clubs 40th Anniversary	Clubs 40th Anniversary
2026 OTSVA CHALLENGES			
GALLERY			
GARDENS			
GARGOYLE/GNOME			
GAZEBO	X		
HIGH SCHOOLS	Down D St. at Capitol	Down D St. at Capitol	
ITALIAN			
JUSTICE (COURTS LAWYERS, Etc)	901 Capitol	901 Capitol	
JAPANESE			
JEWELRY			
JAVA	Start Point	Start Point	Start Point
NATURE			
OVERLOOKS			
PALM TREES	X		
PARKS	Heritage Park	Heritage Park	Heritage Park
PEDESTRIAN BRIDGES			
PLAYGROUND STRUCTURES	530 Highland Ave. Highland School	530 Highland Ave. Highland School	
QUAD			
QUALITY			
QUEEN			
QUILT SHOPS			
RAILROADS	Tracks on Highland Ave.	Tracks on Church St.	
RECREATION CENTERS			
TOTEMS			
TRAILS	X		
Vegetables	X		
Veterinarian			
Victorian	Along the route	Along the route	Along the route
Expo/Fairgrounds			
Zero (in Sign)	X		
Zoo/Aquarium			
Zodiac			
Zones - Hospital, School	D St. & Capitol	D St. & Capitol	
Peace Pole	Near Jason Lee Church	Near Jason Lee Church	
	In alley @ Dir. #11 / 990 Tamarack / 2631 Laurel / right on Collage @ Gaines	In alley @ Dir. #11 / 990 Tamarack / 2631 Laurel / right on Collage @ Gaines	
Butterflies			
2026 ESVA CHALLENGES			
Sustenance Providers	X		
Strolling Along the River	Mill Creek along Heritage Park	Mill Creek along Heritage Park	
Tell Me A Story	LFL_2050 Myrtle Ave.		