



Lake Charles - Calcasieu Parish Walk  
The East Texas Trekkers  
Welcomes You to  
**Lake Charles - AVA-2745**

AVA Sanctioned Year Round Event



This walk is composed of 6km and 11km routes. The walk is rated 1A and is along city sidewalks and passes the historic buildings, parks, and the lake shore. The walk start/end point is at the Veterans Memorial on Lakeshore Dr. Parking available next to the memorial.

**Walk Registration:**

Please use the Online Start Box (OSB) to register for the walk. Complete the walk online as indicated below.

**Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

**Driving Directions to Start Point:**

The walk starts at the Veterans Memorial located on Lakeshore across from the Quality Inn (401 Lakeshore). From I-10, take Exit 29 if coming from the west or Exit 30 if coming from the east toward Lakeshore Blvd. Follow Lakeshore to the south side of the interstate to the park on the right next to the lake. Look for the flags and military equipment. Restrooms available at businesses along the route.

**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

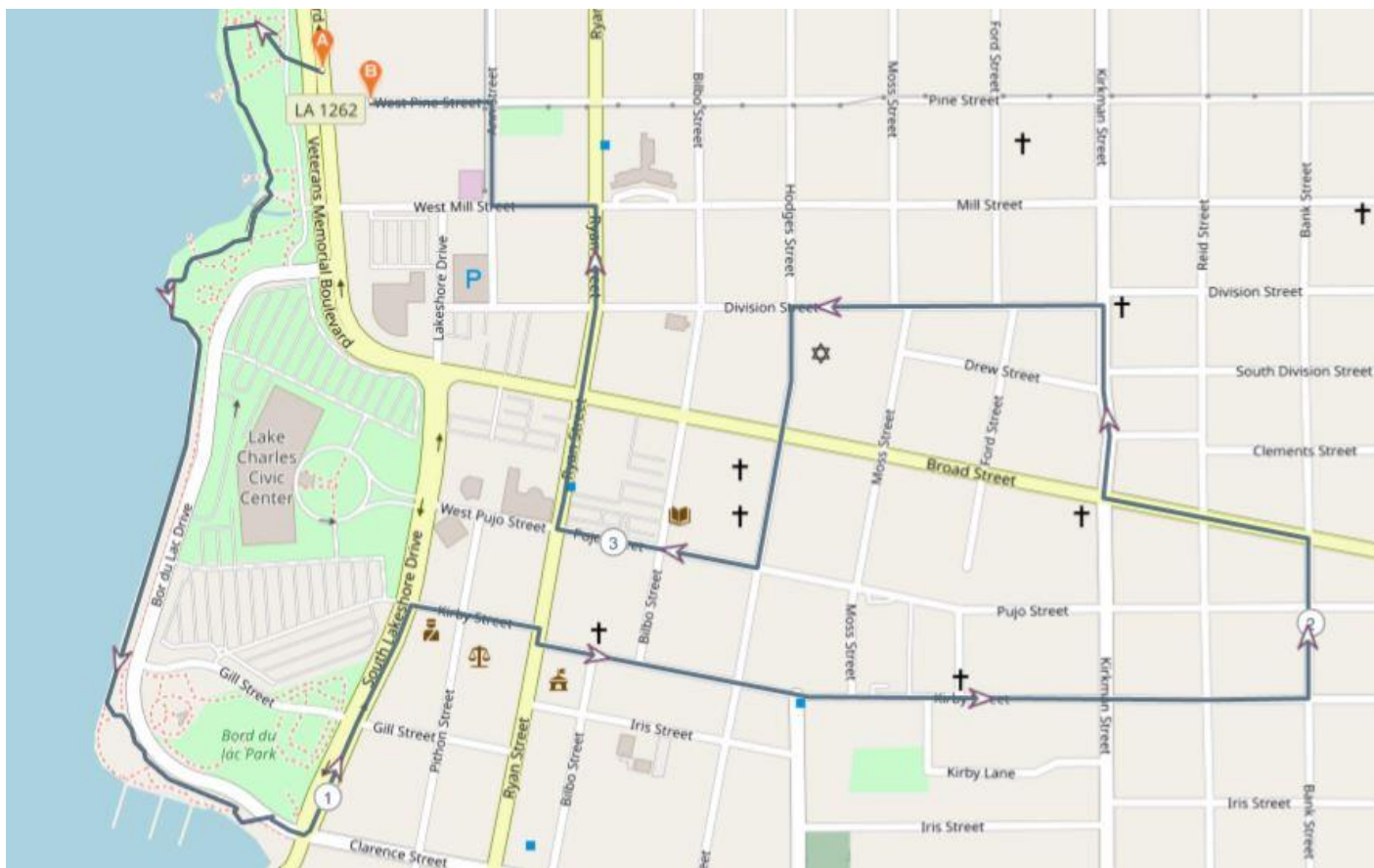
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Lake Charles – 6K

SPECIAL PROGRAMS: Rockin’ Around the Clock

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

1. Walk to the Veterans Memorial and flag. Continue thru the memorial to the path along the shore.
2. **LEFT** on path to the end stopping at various points to view memorials and sculptures.
3. **CROSS, then LEFT** on Lakeshore 2 blocks to Kirby.
4. **RIGHT** on Kirby for about ½ mile to Bank St (note Museum with Mardi Gras display at 809 Kirby).
5. **LEFT** on Bank 2 blocks to Broad, then **LEFT** on Broad 2 blocks to Kirkman.
6. **RIGHT** on Kirkman 2 blocks to Division, then **LEFT** on Division 3 blocks to Hodges.
7. **LEFT** on Hodges 2 blocks to Pujo, then **RIGHT** on Pujo 2 blocks to Ryan.
8. **RIGHT** on Ryan 3 blocks to Mill St, then **LEFT** on Mill 1 block to Ann St.
9. **RIGHT** on Ann 1 block to Pine, then **LEFT** on Pine to Lakeshore.
10. **CROSS** Lakeshore and veer right to return to your car. **END OF 6K.**



## Lake Charles – 11K

## SPECIAL PROGRAMS: Rockin' Around the Clock

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

1. Walk to the Veterans Memorial and flag. Continue thru the memorial to the path along the shore.
2. **LEFT** on path to the end stopping at various points to view memorials and sculptures
3. **RIGHT** on Lakeshore (which becomes Shell Beach Drive) about 1 mile to Lake St.
4. **LEFT** on Lake St 3 short blocks to Dr Michael Debakey, then **LEFT** on Dr Debakey (which becomes Ryan St) for over a mile to Gill St. The street gradually curves to the left).
5. **LEFT** on Gill St 2 short blocks to Lake Shore, then **RIGHT** on Lake Shore 1 block to Kirby.
6. **RIGHT** on Kirby for about ½ mile to Bank St (note Museum with Mardi Gras display at 809 Kirby).
7. **LEFT** on Bank 1 block to Pujo, then **LEFT** on Pujo 7 blocks to Ryan.
8. **RIGHT** on Ryan 1 block to Broad, then **RIGHT** on Broad 5 blocks to Kirkman.
9. **LEFT** on Kirkman 2 blocks to Division **passing South Division St**, then **LEFT** on Division 1 block to Ford St.
10. **RIGHT** on Ford 2 blocks to Pine St, then **LEFT** on Pine 1 block to Moss St.
11. **LEFT** on Moss 2 blocks to Division, then **RIGHT** on Division 3 blocks to Ryan.
12. **RIGHT** on Ryan 1 block to Mill St, then **LEFT** on Mill 1 block to Ann St.
13. **RIGHT** on Ann 1 block to Pine, then **LEFT** on Pine to Lake Shore.
14. **CROSS**, then right on Lakeshore returning to your car. **END OF 11K.**

**Event related assistance:  
Helen Hull – 972-530-1026**

