

Salem – Dent County – Missouri

5 & 10 K

Pace Setters Volkssport Club

Start Point: Dent County Courthouse, 400 N main St, Salem MO. GPS 37.64633961604275, -91.53573889370502

Directions: From I-44 at Rolla MO, take MO-72 E heading south for approx. 24 miles. Turn left on State Hwy J for 1.3 miles, Turn left on W Rolla St, Turn right on N Main St. Courthouse is between E 5th & E 4th St. Parking is around the courthouse.

Restrooms: Restrooms are available at the courthouse M – F. Weekends and holidays, there is a Caseys Convenience store at 201 S Main St. Along the route there may be restrooms in the Salem City Park.

Trail is rated 2A. Mostly on sidewalks and roads. 10K has a stretch on mowed grass paths.

Special Programs: Par-For-The-Course, Town Halls/City Halls, Walking with America’s Veterans, Missouri County Program – Dent County

POC: Barb Ramsay 819-694-8598 (texting works best) or Chris Ramsay 816-517-8512

RD: : Teresa Arnold 918 - 630 – 6206

In case of emergency call 911

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.).



This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited.

**Salem MO – Dent County – 5K
Pace Setters Volkssport Club**

1. With back to courthouse turn right on N Main St
2. Turn right on E 5th St
3. Turn left on N Iron Street
4. Turn right on E Rolla Street
5. Turn right on N Pershing Street
6. Turn right on E 4th Street.
Carefully cross Main Street and continue on W 4th Street to N McArthur Avenue
7. Turn right on N McArthur Ave
8. Bear left on W Rolla St
9. Go 3 ½ long blocks to the sidewalk into the park.
10. Stay on trail keeping the pool on your left. Cross parking lot towards skateboard ramp.
Take 2 lefts so playground is on your right. Take path back towards W Rolla St.
11. Turn left on W Rolla St a short distance.
12. Turn right on N Park St
carefully crossing W Rolla St to W Franklin Street
13. Turn left on W Franklin Street
14. Turn Left on South McArthur Avenue
15. Turn right on West 3rd Street
16. Turn left on Main Street back to the courthouse

Special Programs: Par-For-the-Course, Town Halls/City Halls, Walking with America's Veterans, Missouri County program: Dent County

POC: Barb Ramsay 816 - 694 – 8598
(please text) or Chris Ramsay 816 – 517 – 8512

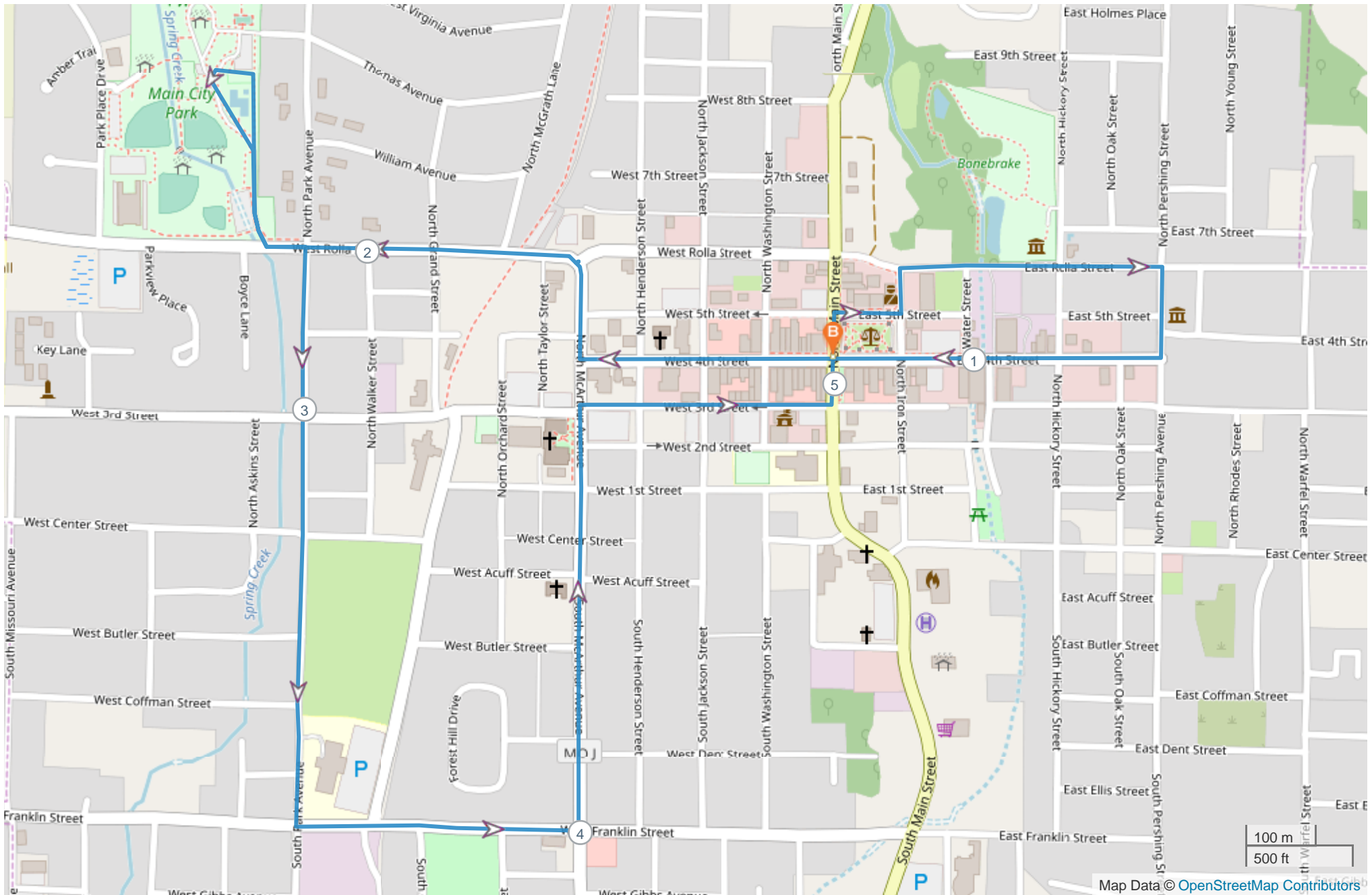
RD: Teresa Arnold 918 - 630 – 6206

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Thank you for walking with the Pace Setters

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Salem MO 5k



Salem MO – Dent County – 10K
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1. With back to courthouse turn right on Main Street to E 5th St
2. Turn right on E 5th St
3. Turn left on N Iron St
4. Turn right on E Rolla St 4 blocks to N Warfel St
5. Turn left on N Warfel St
6. Turn Left on E 7th St
7. Turn right on N Hickory St and then an immediate left on the driveway towards the Bonebroke Center.
8. Walk downhill from log cabin and bear right at the bottom of the hill. Bear left after wood pallets and continue clockwise on trail. At top of hill go right at large meadow walking on the right side. Take left in middle of meadow & head back to the parking lot. (See map)
9. Take driveway back to N Hickory St and turn right to E 4th St
10. Right on E 4th St 7 blocks to N McArthur Ave
11. Turn right on N McArthur Ave and bear left onto W Rolla St
12. Go 3 ½ long blocks to the sidewalk into the park.
13. Stay on trail keeping the pool on your left. Cross parking lot towards skateboard ramp. Take 2 lefts so playground is on your right. Take path back towards W Rolla St.
14. Turn right on path parallel to W Rolla St to end. Then bear left to Carefully cross W Rolla St and turn right to continue on W Rolla St
15. Go past the high school sports fields and turn left on N Dilworth Ln
16. Turn left on W 3rd St
17. Turn right on loop road by high school & middle school, and back to W 3rd St
18. Right on W 3rd St then right on S Missouri Ave
19. Left on W Center St 3 blocks to S Park Ave
20. Right on S Park Ave
21. Left on W Franklin St for several blocks to S Pershing St
22. Right on S Pershing St then immediate Left on E Gibbs Ave
23. Right on S Warfel St
24. Left on E Jack St
25. Left on S Carty St
26. Left on E Hawkins St
27. Right on S Warfel St
28. Left on E Center St
29. Right on N Iron St
30. Left on E 2nd St
31. Right on N Main St back to the courthouse

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