

**La Push 2nd and 3rd Beach Ocean Hikes  
Seasonal Hikes - 7K and 7K Events (14K total) - Y3307  
Evergreen State Volkssport Association - In Clallam County, WA - Rated 2C**

This on-line packet contains the following 5 pages of information:

1. This Table of Contents page including Driving Directions to the trailheads (1 page).
2. Safety and other Important information (1 page).
3. Hike Directions for both of the 7K events (1 page).
4. Individual maps for the two 7K events (2 pages).

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**Driving Directions to the trailhead parking areas**

**3rd Beach parking lot** is in Olympic Nat'l Park.    N 47.53' 26.01"    W 124.35' 57.27"

From the traffic light in Forks at Division Street and Hwy 101, drive 1 1/2 miles north (toward Port Angeles) on Hwy 101. Turn LEFT on the La Push Road (Road 110). Drive west on the La Push Road 11 1/2 miles to the 3rd beach parking lot on the left side of the La Push Road. There are vault toilets at the parking lot and there is a privy where the trail comes down to the beach. A Permit or Pass to park in National Parks is required for the 3rd Beach parking lot. The trail to the beach begins at the east end of the parking lot.

**2nd Beach parking lot** is on tribal land.    N 47.53' 53.41"    W 124.37' 21.34"

Continue past the 3rd Beach parking lot 1.4 miles to the 2nd Beach parking lot on the left side of the La Push Road. There are porta-potties at the parking lot. The trail begins at the west end of the parking lot. If the parking lot is full, there is an overflow parking lot (signed) a little way back up the highway.

If you drive to the town portion of La Push down on the ocean, you have gone too far.

We hope you enjoy your hike on the wild NW Washington coast. Don't leave any valuables in your car.

POC: J. Blazek

joeblazek1@gmail.com

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## **La Push 2nd and 3rd Beach Ocean Hikes - Y3307 Safety Information and Other (Good-to-know) Stuff**

### **Hike Description:**

These are wilderness trail and sandy beach hikes. Both consist of two 7K out and back hikes (14K total) on well maintained forest trails through cedar and spruce trees to two sandy wilderness beaches on a beautiful portion of the wild Northwest Washington coastline in Olympic National Park. The beaches consist of sand to walk on for the most part with sea stacks, rocky islands and headlands along the coastline. The only potentially difficult portions of these hikes are the last 200 feet of the hiking trail that descends steeply (with some steps) down to the beach. At the very highest tideline on the beach are large and small beach logs that have to be walked through and sometimes climbed over to get to the sandy part of the beach.

You can hike one or both hikes and you can shorten up the beach hike portions of them if you wish. The trail from the parking lot to 3rd Beach is a little over 2K in length with 300 feet of elevation loss to the beach. The walk on 3rd Beach from end to end and back to the trailhead is 3K. The trail to 2nd Beach is a little over 1K in length with 250 feet of elevation loss to the beach. The walk on 2nd Beach from end to end and back to the trailhead is 5K.

Both beaches are well worth exploring and each is different in its own way. 2nd Beach has a small hole-in-the-wall in the rocky headland at the northwest end of the beach and 3rd Beach has a very small waterfall at the east end of the beach. Both beaches have sea stacks, rocky islands, headlands and (when the tide is out) tidepools to explore.

### **Places to Stay and Restroom Information:**

There are private resorts in the area. There are motels in La Push and Forks and there is a National Park campground at Mora.

A vault toilet is available at the 3rd Beach trailhead parking lot and there are porta-potties at the 2nd Beach trailhead parking lot. There is a privy just above where the trail comes out on 3rd Beach.

### **Safety and Ocean Tide Information:**

Wear very sturdy shoes or hiking boots. Take trekking poles for balance as you might need them to climb over some beach logs at the high tide line where the trail comes down to get to the sandy beach.

The beach part of the hike is on sand for the most part. They should be done on a low or outgoing tide. You can hike both of the beaches when the tide is in (not an extreme high tide) but the beach is much more scenic and enjoyable when the tide is out because it is easier to walk on the exposed hard sand versus walking on soft sand next to the beach logs when the tide is covering most of the beach. Also, there is much more beach to see and explore when the tide is low including exposed seastacks, rocks and tidepools near the headlands at each end of the beaches. Rocks can be slippery if wet or if they have algae or seaweed growing on them. NOAA Tide Tables for La Push are used for this area.

### **Supplemental Information    Words to the Wise:**

These beaches are directly exposed to the weather on the coast. Here, the weather can change very quickly from warm and sunny to foggy or windy and cool, so plan accordingly. Check the weather forecast for La Push before you go. Don't leave any valuables in your car.

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**Seasonal Hikes - 7K and 7K EVENTS - Y3307**  
**Evergreen State Volkssport Association - Rated 2C**  
**911 may not work on the beach.**

**If an emergency, contact tribal police in La Push at the Police Station**

**3rd Beach Hike (7K)**

1. The trail starts at the near (east) end of the linear parking lot along the La Push Road. The well-maintained 2K trail winds through a Spruce and Cedar forest to just above the beach.
2. The last 200 feet of the trail down to the beach is a steep descent (with some steps). You will have to cross several beach logs that are piled up at the extreme high tide line to get onto the sand beach. **Note where you came down to the beach in order to find the trail again when you head back. There should be one of the round red and black trail signs on a tree as a reference point.**
3. Turn **RIGHT** (west) and walk to the end of the sand beach at the Teahwhit headland.(2.7K)
4. Turn **AROUND** and walk (east) to the other end of the sand beach. (4.2K).
5. Turn **AROUND** and walk (west) back to where the trail comes down to the beach (4.9K)
6. Turn **RIGHT** and cross the beach logs to the trail and return up the trail to the parking lot.

**2nd Beach Hike (7K)**

7. The trail starts at the far (west) end of the linear parking lot along the La Push Road. The well maintained trail winds through a Spruce and Cedar forest to just above the beach. (1K)
8. The last 200 feet of the trail down to the beach is a steep descent (with some steps). You will have to cross several beach logs that are piled up at the extreme high tide line to get onto the sand beach. **Note where you came down to the beach in order to find the trail again when you head back. There should be one of the round red and black signs on a tree as a reference point.**
9. Turn **RIGHT** (northwest) and walk to the end of the sand beach at the headland.(1.5K).
10. Turn **AROUND** and walk (southeast) to the other end of the sand beach at Teahwhit Head. (3.8K).
11. Turn **AROUND** and walk (northwest) back to where the trail comes down to the beach. (5.9K).
12. Turn **RIGHT** and cross the beach logs to the trail and return up the trail to the parking lot.

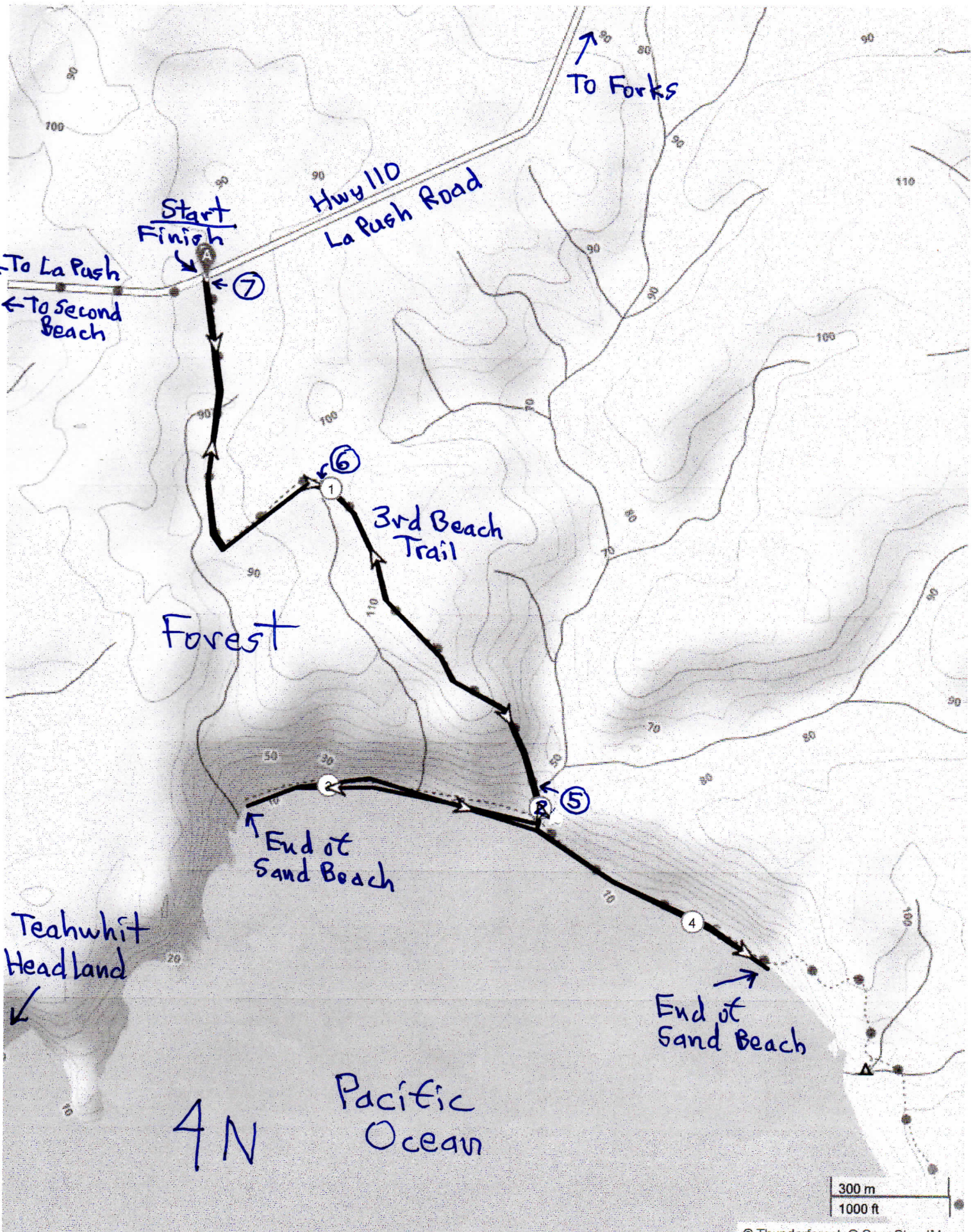
We hope you enjoy your hikes on the NW Washington coast. POC: jblazek1@gmail.com

*The hike directions and map may only be used in conjunction with a signed AVA athletic waiver. All other uses are prohibited.*

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Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the hike. The OSB system does not deduct any hiking fee from a hiker's event bank until they have submitted hike completion info including the date the event was hiked, the distance hiked, and the selection of applicable special programs that hiker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a hiker's Event Bank when he/she submits the hike completion info as a paying for credit hiker.) The \$2 "coupon" for the downloaded pdf expires in 60 days.

# Third Beach Ocean Hike



# Second Beach Ocean Hike

