

**Ruby Beach - Olympic Nat'l Park - Ocean Beach Hike**  
**Seasonal Hikes - 6K, 9K, and 10K EVENTS - Y3320**  
**Evergreen State Volkssport Association - In Jefferson County, WA - Rated 1C**

This on-line packet contains the following 4 pages of information:

1. This Table of Contents page including Driving Directions to the hike start point (1 page).
2. Safety and other Important information (1 page).
3. Hike Directions for the 6K, 9K, and 10K events (1 page).
4. Map for the 6K, 9K, and 10K events (1 page).

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**Driving Directions to the start point**

You will drive to the Ruby Beach parking lot at the north end of where US 101 goes along the ocean in Olympic Nat'l Park. Parking lot is at: N 47.42' 35.25" W 124.24' 49.68"

**From Kalaloch Lodge**, drive north on US 101 - 7 1/2 miles. Turn LEFT onto the Ruby Beach parking lot road (signed) to the parking lot. **From Forks on US 101 at the Division Street stop light**, drive south on US 101 - 26 3/4 miles. Turn RIGHT onto the Ruby Beach parking lot road (signed) to the parking lot. A Permit or Pass to park in the parking lot is required. Vault toilets are at the parking lot.

We hope you enjoy your hike on the wild NW Washington coast.

POC: J. Blazek

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12/14/24

# **Ruby Beach - Olympic Nat'l Park - Ocean Beach Hike - Y3320**

## **Safety Information and Other (Good-to-know) Stuff**

### **Evergreen State Volkssport Association**

#### **Hike Description:**

This is a wilderness beach hike on a beautiful portion of the wild Northwest Washington coastline in Olympic National Park. There are sandy beaches, rocky islands and sea stacks on this coastline with sand and cobble covered beaches to hike on. Cedar Creek is crossed as part of this hike. Usually there is a walk log that someone has placed in the stream to use as a crossing or the creek can be forded easily when the tide is out and the stream widens out on the beach sands. The Destruction Island Lighthouse is visible off the coast on a clear day.

The trail that goes from the parking lot down to the beach consists of well maintained gravel on an easy to walk grade down to the beach. Near the high tide line, the beach consists of soft sand, cobble, and beach logs. Below the high tide line, the 6K, 9K, and 10K hikes are almost entirely on flat, hard sand beaches for the most part. Elevation gain and loss is about 75 feet from the parking lot to the beach.

#### **Over night accomodations and Restroom Information:**

There is a National Park campground at Kalaloch and there are cabins and rooms in the Kalaloch Lodge area you can rent. Inquire before going if you intend to camp or stay in the Kalaloch area as it is popular year round. Vault toilets are available at the trailhead parking lot.

#### **Safety and Ocean Tide Information:**

**Hike this event on an outgoing or low tide.** It is recommended that you wear sturdy shoes or hiking boots. Take trekking poles (for balance) for crossing any beach logs and Cedar Creek (if you cross the creek on a walk log). Any big rocks or sea stacks that you might want to walk or climb on could be slippery if they are wet or if they have any algae or seaweed growing on them.

Check tide tables before going as you must do the hike when the tide is low or is outgoing. At high tide, the beach can be covered by water and is unwalkable. You want to hike when the tide is low anyway because the beach is easier to walk on and is more scenic when the tide is out than when it is covering most of the beach. NOAA Tide Tables for La Push can be used for this area.

#### **Supplemental Information    Words to the Wise:**

The beach portion of this hike consists of hard sand to walk on for the most part. Near the high tide line there is soft sand, cobble, rocks, boulders and beach logs that makes for a more difficult hike. Plan extra time to do the hike as your progress will probably be somewhat slower than a normal walking pace with the sand to walk on and the scenery to look at.

This hike is exposed to the weather elements. The weather can change from warm and sunny to foggy or windy and cool very quickly, so plan accordingly. Don't leave any valuables in your car.

If there are any issues with the information, maps or directions provided for this event, please email [joeblazek1@gmail.com](mailto:joeblazek1@gmail.com). Thank you.

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**If an emergency, try 911 or contact rangers at the Kalaloch Ranger Station**

6K, 9K, and 10K start the same. Read and heed the Safety information before starting this hike.

1. Facing the kiosk at the edge of the parking lot, go down the concrete steps and **STRAIGHT** ahead on the gravel trail that descends down the hill to Ruby Beach.
2. The trail will end at the gravel portion of the beach with some beach logs. Pick your way through the logs to the open sand beach and turn **RIGHT** (north) on the beach. The ocean will be on your left.
3. **CROSS** Cedar Creek. *At maximum flow, the creek is usually ankle or shin deep on the beach. Usually there is a log that someone has put in the creek for a dry crossing or if the tide is low, you can ford the creek on the flat portion of the beach where the creek spreads out and is only shoe top high.*
4. Hike past some seastacks just past Cedar Creek and **CONTINUE** on the beach to the small point of land that connects with Abbey Island when the tide is out. *Abbey Island has a few small trees growing on it.*
5. Turn **AROUND** at Abbey Island and hike south on the beach. **RECROSS** Cedar Creek and continue south on the beach.
6. **CONTINUE** on the beach past some short, rocky seastacks and big rocks on the beach.
7. **CONTINUE** on the beach to a small, rocky headland that is connected to the mainland by a low saddle. **6K hikers do #8 and #9. 9K and 10K hikers skip to #10.**
8. **6K hikers**, turn **AROUND** at the small, rocky headland and retrace your steps back (north) up the beach to the gravel trail.
9. Turn **RIGHT** on the gravel trail back up to the parking lot.
10. **9K and 10K hikers**, **CONTINUE** past the small, rocky headland (south) on the beach.
11. **CONTINUE** past the first small creek to the second small creek. *Watch for where the creeks come out of small, forested valley drainages onto the beach.*
12. Turn **AROUND** at the second small creek (Steamboat Creek) and return (north) up the beach to the area where the gravel trail goes up to the parking lot.
13. **9K hikers** turn **RIGHT** and go up the gravel trail to the parking lot.
14. **10K hikers** **CONTINUE** (north) up the beach, **CROSS** Cedar Creek and hike to the small point of land at Abbey Island.
15. Turn **AROUND** and hike south on the beach. **RECROSS** Cedar Creek.
16. Turn **LEFT** on the beach to the gravel trail and back up the gravel trail to the parking lot.

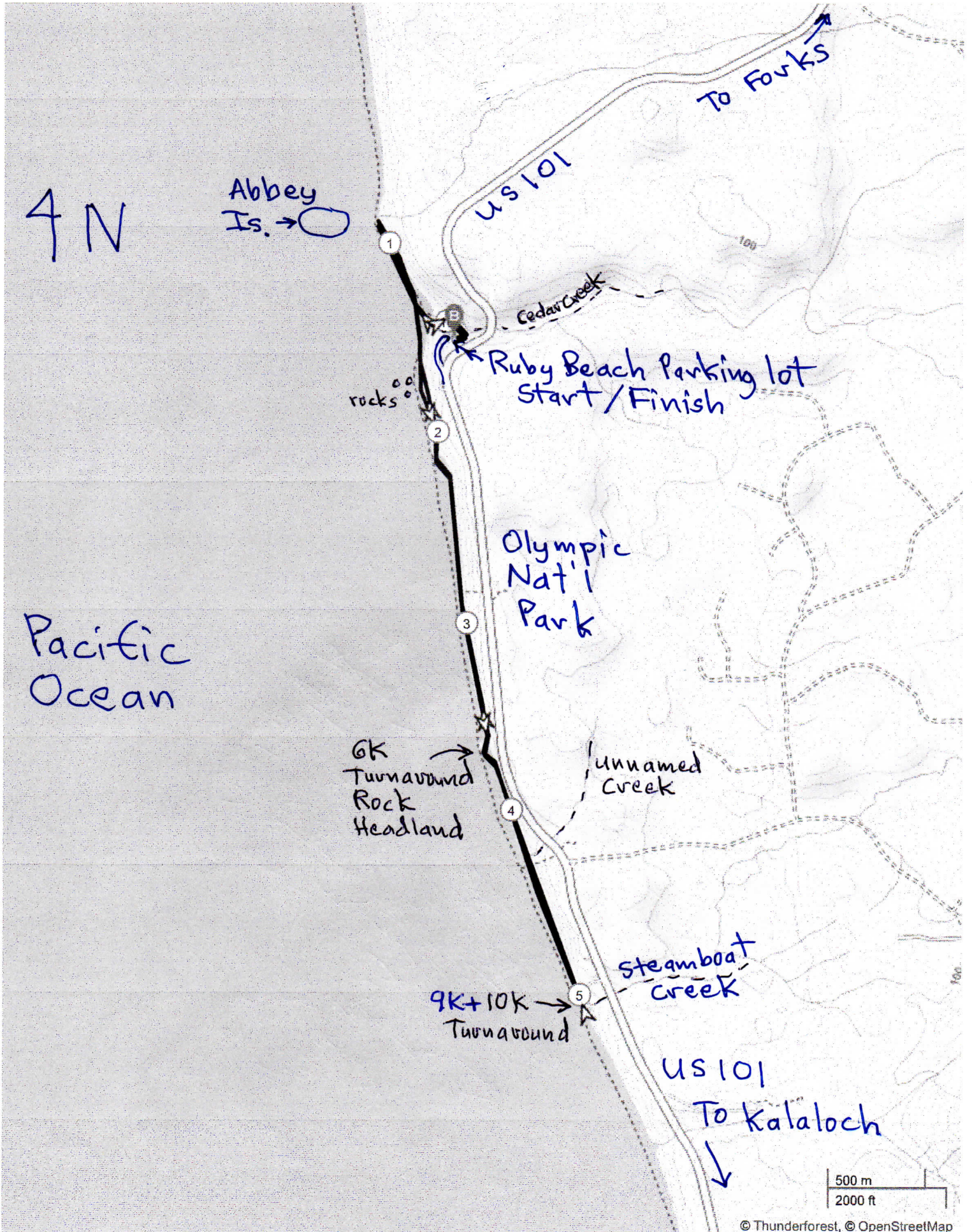
We hope you enjoyed your hike on the NW Washington coast. POC: [jblazek1@gmail.com](mailto:jblazek1@gmail.com)

*The hike directions and map may only be used in conjunction with a signed AVA athletic waiver. All other uses are prohibited.*

Be sure to log back into the OSB system ([my.ava.org](http://my.ava.org)) to finish/complete your online registration after doing the hike. The OSB system does not deduct any hiking fee from a hiker's event bank until they have submitted hike completion info the date the event was hiked, the distance hiked, and the selection of applicable special programs that hiker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a hiker's Event Bank when he/she submits the hike completion info as a paying for credit hiker.) The \$2 "coupon" for the downloaded pdf expires in 60 days.

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# Ruby Beach/Abby Island



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Abbey Is. → ○

US 101

To Forks

Cedar Creek

Ruby Beach Parking lot Start/Finish

rocks

Olympic Nat'l Park

Pacific Ocean

6K Turnaround Rock Headland

unnamed Creek

Steamboat Creek

9K+10K Turnaround

US 101 To Kalaloch

500 m  
2000 ft