



The First State Webfooters
Welcomes You to
The Milford Delaware Walk
"Exploring the Mispillion River"



Welcome to the historic town of Milford, Delaware! Come experience the riverwalk along the Mispillion River which meanders through town as well as the Goat Island Nature Trail where you should see birds and waterfowl. Along the in-town portion of the walk, you will pass lovely historic homes, quaint shops, charming cafes, and local historic sites. Both a 5km and 10km walk is offered both with a trail rating of 1B

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

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Use the following table to guide what portion of this document you may wish to print out.

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10km and 5km Walking Directions

Starting Point Location:

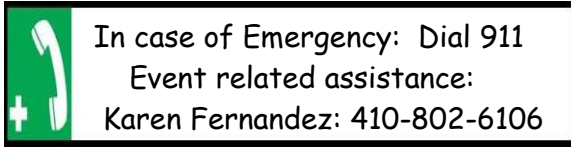
Start/Finish point located at Bicentennial Park, a small park in downtown Milford. 206-218 NE Front Street Milford, DE 19963

(Lat: 38.91457, Lng: -75.42589 of parking lot)

Restrooms:

There are no restrooms in the park at the start. There are restrooms along the trail (port-a-potties) and in commercial businesses near the start and on the trail.

Emergency Numbers:



Walking Instructions:

Abbreviations used:

ns - No Sign. There is no street sign.

SP - Special Program.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Walk Directions:

- 1) Starting at the Veterans Monument (SP), follow brick path to second pedestrian bridge, Cross over Mispillion River.
- 2) LEFT on Mispillion Riverwalk. Pass Playgrounds (SP - Par for Course).
- 3) Continue straight through church parking lot, paralleling the fence line behind the church.
- 4) At end of parking lot (near the white short columns), LEFT on Columbia St (ns).
- 5) Enter paved path straight ahead near Milford Shipyard business.
- 6) At river, RIGHT to continue on Mispillion Riverwalk. Follow Riverwalk (river will be on your left), pass a dog park on your right and boat ramp on your left. Continue on the trail, passing trees and benches, across bridge to Goat Island.

7) Immediately after crossing bridge over river, RIGHT on the trail, then follow the nature trail (boardwalk and then natural surface) as it circles Goat Island and returns to the bridge.

8) Now RETRACE your steps on the Riverwalk, returning to town (the river will be on your right).

9) Continue to follow the trail to Mispillion St. (ns - Milton Shipyards on the right)

10km WALKERS Go to Step 10)

5km Walkers Only

- a) Continue straight on Mispillion St (ns).
- b) After a short distance, RIGHT into church parking lot (near short white poles). Follow fence line of parking lot behind church to reenter Riverwalk just before playground.
- c) Continue straight on the trail, DO NOT CROSS the river, passing the playground on the left.
- d) Go to Step 18)

10km Walkers Only

10) LEFT on Mispillion St (ns).

11) Second RIGHT on Marshall St (Stop Sign).

12) Carefully cross SE Front St then continue on Marshall St.

13) RIGHT on SE Second St. Walk on right side of the street passing Carlisle St after which there is initially no sidewalk for $\frac{1}{2}$ block.

14) After several blocks, RIGHT on Pearl Alley (one block after Washington St).

15) RIGHT on SE Front ST. At Washington St, LEFT to cross SE Front St on crosswalk and RIGHT to continue walking in same direction on Front St (you are now walking on left side of street). Note murals on left.

16) Just before the Calvary church, LEFT into the church parking lot. Follow to the back corner of the lot.

17) LEFT onto Mispillion Riverwalk, passing the playground on the left. DO NOT CROSS THE BRIDGE, instead continue straight on the trail.

5 and 10 km Walkers

18) Continue on the trail with river on right, passing basketball courts on left and crossing Washington St (ns). Continue on the trail, passing behind the library, and going through the parking lot.

19) At next street, Walnut St (next to a small red building which looks like a Santa house), LEFT on N. Walnut St. Walk on the left side of the street.

10km WALKERS Go to Step 20)**5km Walkers Only**

- a) At end of block at intersection with Front St, RIGHT to cross Walnut at crosswalk and then RIGHT to walk on Walnut in OPPOSITE direction. (Note, if you are looking for a yummy bakery, after crossing Walnut go up Front St for a $\frac{1}{2}$ block. Then return to Walnut.)
- b) Go to Step 27)

10km Walkers Only

20) RIGHT to cross N. Walnut St at brick crosswalk just before Milford Museum. Then LEFT to continue walking on Walnut in the same direction. You are now walking on the right side of the street. Continue for a few blocks.

21) CROSS and RIGHT on Kings Highway.

22) Almost immediate LEFT on Plum Street (a narrow lane similar to an alley).

23) At end, RIGHT on Clarke Ave (ns).

24) At end, RIGHT on Lakeview Ave. Continue walking on the right side of Lakeview for several blocks.

25) Cross railroad tracks and continue straight as Lakeview Ave becomes Causey Ave.

26) At end, LEFT on Walnut St. (Jesus Love Temple on left). Walk on left side of street for a short distance. (Note, if you are looking for a yummy bakery, take a very short detour to My Sister's Fault Bakery by making a left on Front St.)

5 and 10 km Walkers

27) Just past the Riverfront Theater (SP- Step to the Beat), LEFT on Riverwalk. River will be on your left.

28) Continue on Riverwalk boardwalk as it goes past homes and businesses and becomes a boardwalk. Immediately after it becomes a boardwalk, look at gardens on the right for small gnome statues (SP - Walking with Wild Things)

29) Continue on Boardwalk until it ends, bypassing other side exits.

30) At end of Boardwalk, RIGHT (ns - Thrift shop on corner).

31) LEFT at stop sign.

32) Almost immediately, RIGHT to cross the street (ns). Go straight through the parking lot behind "Mobile Attic" business to reach the next section of the boardwalk (bright blue turquoise building is in far distance).

33) Follow the Riverwalk boardwalk, until just before the bridge on the left, STRAIGHT to exit the boardwalk. DO NOT CROSS THE BRIDGE.

34) Proceed through small parking lot and proceed straight to access road (note yellow duck sign).

35) At end of access road, RIGHT on Front St (ns). A barber's shop in a small house is on your right.

36) Follow Front St for several blocks, walking on the right side of the street to N. Walnut St. Enjoy the historic homes.

10km WALKERS Go to Step 37)**5km Walkers Only**

- a) Cross N. Walnut and continue to the start/finish in Bicentennial Park on the right.

10km Walkers Only

37) LEFT on N. Walnut St. Walk on right side of street.

38) RIGHT on NE 4th St. Follow 4th Street until it ends at NE Front St.

39) CAREFULLY cross Front St at crosswalk (delicious breakfast/lunch restaurant directly across street).

40) RIGHT on Front St to return to the start/finish at Bicentennial Park on the left (just past Walls Service Center).

