



The East Texas Trekkers
 Welcomes You to
Houma - Terrebonne Parish
 AVA Sanctioned Year Round Event



This walk is composed of 6km and 10km routes. The walk is rated 1A and is along city sidewalks and passes the parish courthouse, historic homes, churches, and cemeteries. The walk starts at the back parking lot of the US Post Office at 425 Lafayette and High St.

Walk Registration:

Please use the Online Start Box (OSB) or contact the POC register remotely. If using the OSB, then complete the walk online as indicated below. If registering remotely, insert cards will be mailed to you. Directions and stamp will be available during the MLK weekend events Jan 12-16 from the POC.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Driving Directions to Start Point:

The walk starts at the back parking lot of the Post Office at 425 Lafayette. From Thibodaux, take LA-24 south to Houma. In Houma, LA-24 becomes Main St and runs along the south side of Bayou Terrebonne. Continue to Lafayette St. Turn right (south) on Lafayette to the Post Office on the left. Continue to rear of Post Office to the big parking lot. Please park at the back of the parking lot.

Restrooms available at various businesses along the route but not at the start point.

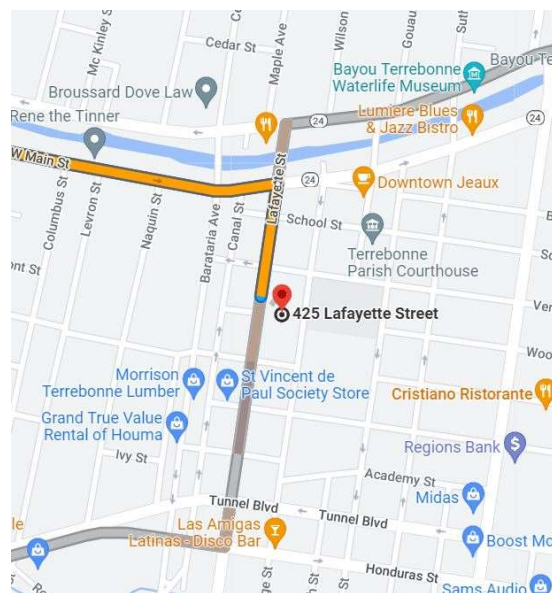


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Houma – Terrebonne Parish – 6/10K

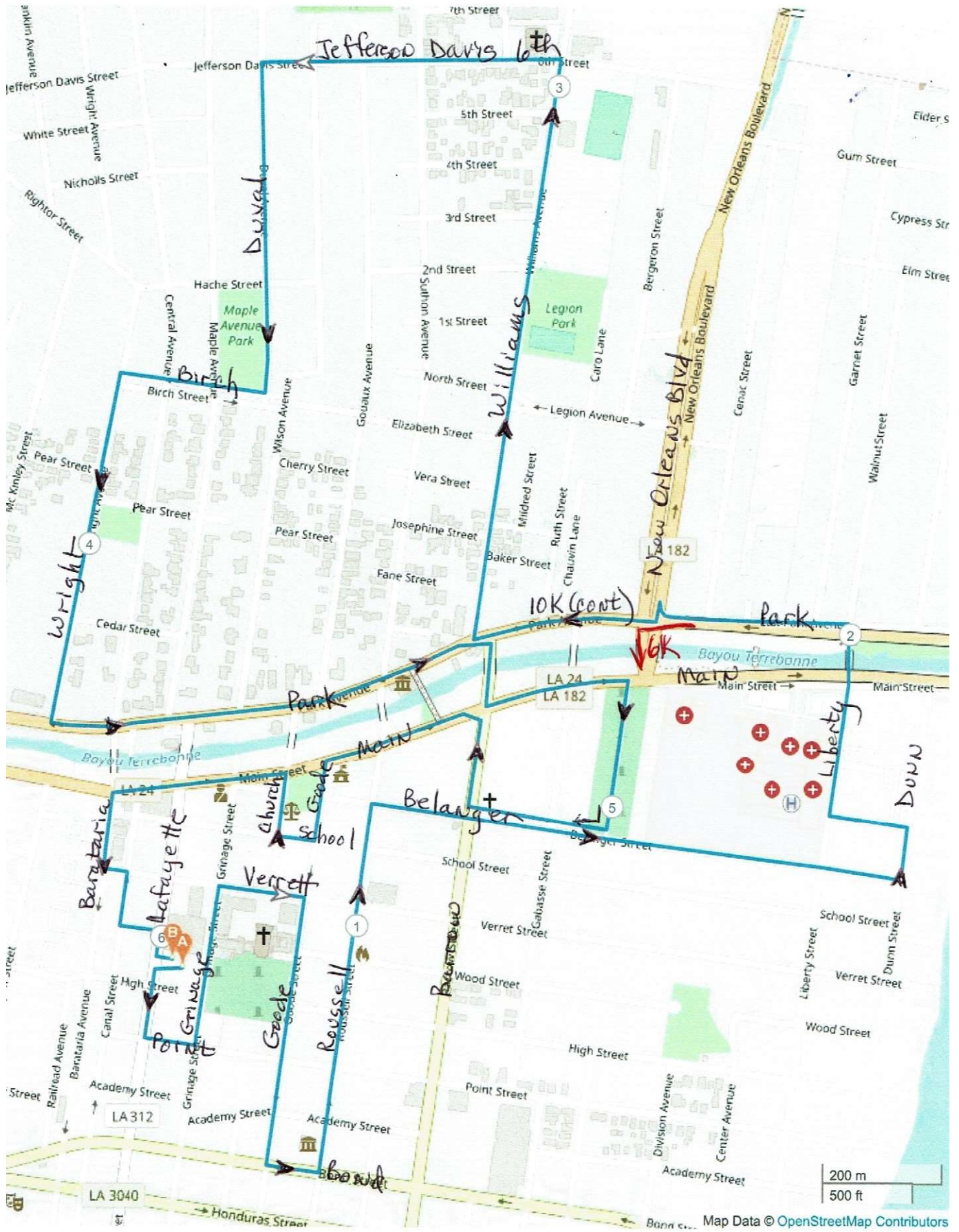
Drive to the parking lot at the Houma Post Office at 425 Lafayette.

Special Programs: Rockin' Around the Clock, Walking with America's Veterans, City Hall

1. **From the parking lot**, return to Lafayette St and turn **LEFT**.
2. **CONTINUE** on Lafayette 1 block to Pointe St.
3. **LEFT** on Pointe 1 block to Grinage.
4. **LEFT** on Grinage 2 blocks to Verrett.
5. **RIGHT** on Verrett 2 blocks to Goode.
6. **RIGHT** on Goode 5 blocks to Bond.
7. **LEFT** on Bond 1 block to Roussell.
8. **LEFT** on Roussell 7 blocks to Belanger.
9. **RIGHT** on Belanger 4 blocks to Dunn.
10. **LEFT** on Dunn 1 block to St Anthony.
11. **LEFT** on St Anthony 1 block to Liberty (front on the Terrebonne General Medical Center.
12. **RIGHT** on Liberty 1-2 blocks to Main St. **CROSS** Main St and the bridge to Park Ave on the north side of the bayou. (Stay on left side of street.)
13. **LEFT** on Park 1 long block to the New Orleans Blvd bridge.
14. **6k ONLY: CROSS to the far lane, then LEFT** over the bridge to Main St. **CROSS** Main St, then **JOG RIGHT** a short distance to the entry to the Magnolia Cemetery **GO TO STEP 24**.
15. **10k ONLY: CROSS** to right side of Park St and continue several blocks to Williams Ave.
16. **RIGHT** on Williams 8-10 blocks to 6th St (Jefferson Davis).
17. **LEFT** on 6th St 4 blocks to Duval.
18. **LEFT** on Duval 3 long blocks to Birch passing the Maple Avenue Park.
19. **RIGHT** on Birch 3 blocks to Wright.
20. **LEFT** on Wright Ave 2 long blocks to Park Ave.
21. **LEFT** on Park about 6 blocks to Williams.
22. **RIGHT** over the bridge to Main St.
23. **CROSS then LEFT** on Main 1 ½ blocks to the entrance to the Magnolia Cemetery.
24. **6k rejoins the 10k route here: ENTER** the cemetery and continue to Belanger.
25. **RIGHT** on Belanger 2 blocks to Barrow.
26. **RIGHT** on Barrow 1 block to Main St.
27. **LEFT** on Main 2 blocks to Goode.
28. **LEFT** on Goode 1-2 blocks to School.
29. **RIGHT** on School 1 block to Church.
30. **RIGHT** on Church to Main.
31. **LEFT** on Main 4 blocks to Barataria.
32. **LEFT** on Barataria 1 block to Verrett.
33. **LEFT** on Verrett 1 block to Canal.
34. **RIGHT** on Canal 1 block to Wood.
35. **LEFT** on Wood 1 block to Lafayette.
36. **RIGHT** on Lafayette 1 block to the Post Office parking lot and your car. **END of 6k**.

POC: Helen Hull – 972-530-1026

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



Houma